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AN
INVESTIGATION
OF
HOMŒOPATHY.



AN
INVESTIGATION
OF
HOMŒOPATHY.

BY
WILLIAM SHARP, M.D. F.R.S.

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"I claim that liberty, which I willingly yield to others, the permission, namely, in subjects of difficulty, to put forward as true such things as appear to be probable, until proved to be manifestly false."—WILLIAM HARVEY.

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PREFACE.

It is at once a privilege and ~~an~~ honour to be engaged in the study and interpretation of nature. Nevertheless, to follow truth, even in natural knowledge, with a cautious but unflinching step, and to own it with a modest but undaunted sincerity, is to undertake an enterprise of difficulty and hazard.

The earnest student in the department of medicine must experience this difficulty and run this hazard. In the discharge of his duty, he is in the search of truth for the benefit of those who are suffering from disease. He is anxious to become acquainted with what others have learned before him, and have it in their power to teach ; he is also anxious to look with his own eyes upon the page of Nature's book which lies open to his view. The aspirations of the medical student not only embrace an acquaintance with the discoveries and experience of his predecessors ; they extend beyond, so that, if possible, he may " add his mite to the treasury of physic."¹

These aspirations are not only justified but encouraged when it is ascertained that the science of medicine, notwithstanding the discoveries and experience of preceding ages, is still unsettled and uncertain ; its theoretical teaching only speculations, and its practical precepts only contradictions. It is

¹ Sydenham.

surely well to look around for light when the path is darker and more devious than the untrodden tracks of a vast forest, and when the guides are occupied in interminable feuds about the track which shall be followed.

I have shared in these aspirations. It was with feelings towards my seniors bordering upon reverence that I commenced my professional career; I sat at the feet of the most eminent teachers in Europe, and listened to their instructions with respectful attention; when they were obscure, I attributed their obscurity to my misapprehension of their meaning; when they were inconsistent, I laboured to reconcile them; when they were dogmatic, I tried to believe them. It was not till I had faithfully followed many masters, and diligently studied many systems, that I reluctantly came to the conclusion that the masters were zealous but mistaken, and that the systems were ingenious but fanciful, and little better than pleasing dreams.

I was thus driven to join the ranks of those who rely upon experience alone, and have no theory whatever; and from being energetic in my procedure, addicted to bleeding, and all the forms of what is called active treatment, I became sceptical and cautious. For seven years I used the lancet only once, and that once I afterwards regretted. I tried to make useful observations. If medicine could not be theoretically advanced, I hoped it might be practically improved.

When, therefore, Hahnemann was held up to me as "a sage," and his system as "perfect and complete,"¹ I felt incredulous and despairing; and when urged to undertake the study of the novelty, I had little heart for the work. The call of duty, however, once more prevailed, the resolution was taken, and the work was commenced. The results are now in my reader's hands, and are commended to the attention of an unbiassed mind.

¹ Dr. Dudgeon's Preface to his Translation of the 'Organon.'

He will see that, in my opinion, Hahnemann is very little of a sage, and his system very far from being perfect and complete ; but he will also see that I have found some useful truths which have rewarded the research,—truths which have been buried in speculations, defaced by intemperate language, and almost converted into errors by indefinite expansion and excessive exaggeration. These are grains of gold which have turned up in the diggings, and I have striven to wash away from them the sand and the dirt.

One of these truths is none other than a law of healing. It is known and confessed that, up to the present hour, physicians have had no law of healing to guide them. The majority of physicians would, I think, acknowledge with Professor Simpson, that a “law in therapeutics, applicable to all diseases, would constitute the greatest imaginable discovery in medicine.”¹ If, therefore, such a discovery has been made, it is worthy of the closest attention of all medical practitioners.

This discovery, often noticed since the days of Hippocrates, but never clearly understood, I have endeavoured to exhibit in the simplicity of naked truth ; and in this form I trust it will possess more attractive charms than it has hitherto done under the adornment of hypothetical clothing. I have laboured to give it an exact definition, and to restrict it within its legitimate limits.

It is true that in doing so I have gone counter to the current of homœopathic writers up to the present moment. This current sets strongly in the direction of indefinite amplification, both in respect to the principle and to the small dose. If the adoption of Homœopathy by the intelligent members of the medical profession be the object to be desired and aimed at, I think the efforts of these writers are made in a wrong direction. The thing needed by the profession was expressed

¹ Simpson's ‘Homœopathy,’ p. 238.

by Sydenham, two centuries ago,—“ a *methodus medendi*, fixed, definite, and consummate.” It seems to me that labour directed towards the attainment of this object is more likely to be rewarded by gaining the attention of thoughtful practitioners than any other.

Since this volume was printed, I have read Dr. Geddes Scott's address at the meeting of the Congress of Homœopathic practitioners, in London, on the 30th of May last. He is one of the ablest writers on Homœopathy in England. It is worthy of notice that Dr. Scott, in his address, goes even beyond Hahnemann in the extent of his application of the principle of Homœopathy. “ It seems to me,” he says, “ the great curative law indicated by Hahnemann throws a flood of light and guidance over questions unconnected with medicine, but analogous to it in the single feature of aiming to correct permanently some evil, or, in still more general terms, to effect some permanent change of mode without interfering with the permanence and identity of being. Let it be once thoroughly understood and heartily received in all its varied forms, and in all the modes by which it may be expressed, whether it be regarded as ‘ the expulsive power of a new affection,’ or as the result of reaction, or as the fundamental explanation of the force of habit, and let it be brought with honesty and intelligence into all the regions of morals, politics, and education, and if I err not, it will appear that the very same ray which guides us in our dealings with the sick, will also guide us in our efforts to instruct the ignorant, to raise the fallen, to emancipate the oppressed, and to regulate the free.”¹

I have been struggling to ascertain what is precise and definite, and feeling comfortable only when I could answer any question which might come before me, with “yes” or “no.” Dr. Scott has been delighting himself by contemplations on

¹ ‘ British Journal of Homœopathy,’ July 1856, p. 360.

the vast and the indefinite, and has been trying to see, not the extent to which our sun illuminates and governs its own planetary system, but whether it can throw any light into other systems which have other suns to irradiate the surface and guide the movements of the bodies which belong to them. I admire his talents, and respect his labours; but there is a time for everything, and I doubt the wisdom of pursuing such a train of thought at the present moment.

Another truth which has presented itself in this enterprise is the power of drugs in minute doses. This truth is not a corollary of the law of Homœopathy. The facts which prove the truth of the principle do not prove the efficacy of the small dose. Some may therefore receive the one and reject the other;—may own and adopt the principle, while they hesitate to acknowledge, or are unwilling even to try, the effects of such small quantities of drugs. The law is worthy of study, and will well reward any labour bestowed on it; the dose also is worthy of a trial, and will, if I mistake not, astonish and delight every unprejudiced mind that condescends to observe it. The results of my inquiries upon this subject will be found in the Essays. I will confine myself in this place to the following observation:—

A large number of cases of both acute and chronic disease, of a more or less serious nature, some of them highly dangerous, which have had no medication except that of the small dose, have got well in my hands, during the last seven years. This is an undeniable fact, and one of these two consequences follow,—either they have got well by the *vis medicatrix nature* alone—in plain English, have got well of themselves, or, the small doses of drugs have aided in curing them. I am charged by my medical colleagues with credulity and folly for believing the latter alternative; to my mind it argues a greater amount of credulous assent to acknowledge faith in the former.

I have seen an almost immediate change follow the admi-

nistration of the dose; I have observed that a small dose of one medicine has been followed by improvement in the symptoms, when a similarly small dose of another medicine has not been so followed; I have found that the small dose of the same drug is followed by amendment in similar cases, when small doses of other drugs are not followed by a similar amendment; so that not *any* small dose, but only the small dose of the appropriate remedy is followed by the recovery of the patient; and *I have observed these facts so often*, that it is impossible for me to doubt, whatever may be the opprobrium of acknowledging my belief, that there is power and efficacy in the small doses I have given.

Other truths have resulted from this inquiry which will be found explained and illustrated in these Essays.

I have also read with attention what has been written against the new method, and have replied to such statements as seemed to deserve notice. I see that Sir Benjamin Brodie now refers¹ to an article written by him in the 'Quarterly Review,' fourteen years ago, for his refutation of Homœopathy. The article is called "Brandy and Salt—Homœopathy—Hydropathy," and will be found in the number for December, 1842.² I will briefly notice this article here.

It seems to me a good maxim in controversy, to commence with some proposition in which both parties are agreed—some common ground upon which both are standing; in this way the steps in the diverging lines can be readily traced, and accurately defined. Sir Benjamin starts from this platform,—“important practical knowledge derived from the only true source of all knowledge—observation and experience.” The investigation, the results of which are given in this volume, was undertaken upon the same basis,—that medicine is a science of observation and experiment, and that no statements

¹ In a letter printed in the 'Medical Times and Gazette,' May 10th, 1856.

² 'Quarterly Review,' vol. lxxi, p. 84.

in relation to it can be received, except such as are the expression of facts well observed, or of experiments carefully made. Here then we are agreed, and stand together.

The first step in Sir Benjamin's direction is to pass judgment upon the new method, and to pronounce its condemnation as an imposture, and this, so far as I can learn, without waiting to try a single experiment himself, or being willing to listen with patience to any account of the experiments or experience of others. The first step in the direction I have taken, was to give two years to a careful trial of the method, and an unprejudiced observation of the results of the trial. I hope I may remark, without impertinence, that previously both were equally ignorant of the new method. I put it to others to say whether Sir Benjamin, with his imperfect information, does not step beyond right and justice when he puts his medical colleagues, who, after trial of Homœopathy, have adopted it, into the "list of medical impostors."

Sir Benjamin's second step is to adopt the ancient artifice of attempting to vilify and disgrace individuals or subjects, by associating them with what is known or supposed to be disreputable and vile. Before arriving at Homœopathy, in the article of the 'Quarterly,' a long list of quackeries is introduced, with no other apparent motive but that of pouring contempt and ridicule upon the subject intended to be added to the list; with any other view such an enumeration is irrelevant and out of place. The corresponding step taken by myself has been to admit the evidence of qualified medical practitioners upon a question on which they have gained sufficient experience by observation and experiment, to give credibility to their testimony, and, after a full trial, to add myself to their number. I will leave others to judge whether this is not more modest and becoming than the course pursued by Sir Benjamin, who has not met the question at issue on its own merits, but has attempted to get rid of it by covering

it with aspersions, a procedure similar to the mob argument of pelting one with mud.

The fact of numerous recoveries under homœopathic treatment not admitting of denial, Sir Benjamin's next step is to insist upon "spontaneous recovery." Because patients have many attacks of disease from which they do not die, but, under any treatment, recover, the inference is suggested that all cases treated homœopathically, get well of themselves; and that all who think otherwise, are as credulous as Dr. Johnson, who is ridiculed for believing in the Cock-lane ghost. On the other hand, I have very carefully tried the remedies, and diligently observed what has followed their administration, and this care and diligence have made me think it more rational to believe in their efficacy, than in the supposition that my patients have got well without the use of means, or by spontaneous recovery. I agree with Sir Benjamin that "we are all credulous on subjects of which we have no actual knowledge." He has no actual knowledge of Homœopathic treatment, and, consequently, he is credulous enough to believe that it does no good. Others will, perhaps, think that he exhibits more credulity upon this subject than I do, and be reminded of his own sentence, "there is nothing so absurd that it may not be believed by somebody; and it is not the smaller intellects alone that are thus credulous."

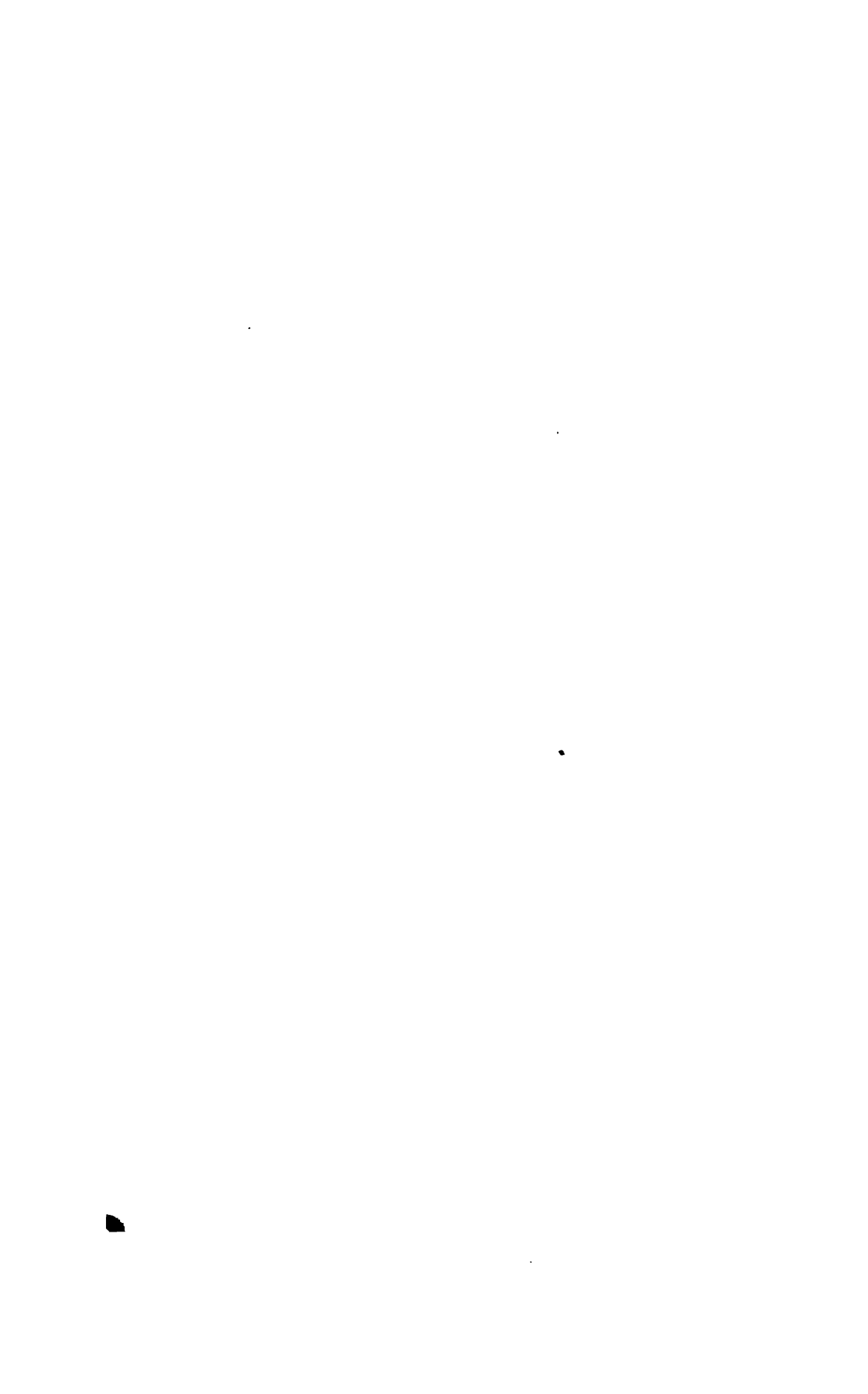
The fourth step taken by Sir Benjamin betrays his want of practical information on the subject with painful clearness, and shows how far the first false step has led him away from his starting point—"important practical knowledge must be derived from the only true source of all knowledge, *observation and experience*." When speaking of the dilutions or preparations of drugs used by Homœopathists, he says, "here we meet with a very great difficulty as to the method by which this extreme degree of dilution of medicinal agents is to be determined; nor does the most diligent examination of the

homœopathic writings enable us to get over it." Sir Benjamin is then greatly troubled at the contemplation of the thousands of hogsheads of alcohol which the dilutions must require. In this trouble of mind his successor in these calculations, Professor Simpson of Edinburgh, has greatly sympathised. The step taken by myself in this matter seemed to me a very obvious one,—*to make the dilutions*, as well as to use them. I thus learned that the process is the simplest and easiest possible, and that, in addition to the drugs, a few small bottles, and a few ounces of alcohol, are sufficient for the preparation of all the dilutions of all the remedies needed.

Such is the divergence between Sir Benjamin Brodie and myself. I am content to leave it to others to decide betwixt us—"to foreign nations, and the next ages,"—being well assured that, sooner or later, judgment will be given in my favour.

Let the subject be investigated fairly, with as much scrupulosity as may be desired; let it be done without prejudice and without hurry; and let the result of the investigation determine its merits. Medicine is not in a state to allow its professors to rest upon their oars; it must not remain *in statu quo*. "Whatever we do, let us not sit still;—there is time enough for that when we lose the use of our legs."¹

¹ Edward Daniel Clarke, 'Life and Remains,' by Rev. W. Otter, vol. ii, p. 74.



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ESSAY I.

WHAT IS HOMŒOPATHY?

“We ought to seek the truth which is before us, and forsake the errors of the past.”—HERRING.



ESSAY I.

WHAT IS HOMŒOPATHY?

“True philosophers, who are only eager for truth and knowledge, never regard themselves as already so thoroughly informed, but that they welcome further information from whomsoever and from whencesoever it may come; nor are they so narrow-minded as to imagine any of the arts or sciences, transmitted to us by the ancients, in such a state of forwardness and completeness, that nothing is left for the ingenuity and industry of others.”—

WILLIAM HARVEY.

Among the many important topics of the day, none, having reference to this life only, can possess higher claims to calm inquiry and earnest attention than the various resources which are available to mankind, when suffering from bodily disease;—a trial which few, if any, at all times escape.

In the present age of discovery and invention, it would be remarkable if, while every branch of art and science is progressively and rapidly improving, the resources of medicine remained stationary. Would it not be surprising if, while all around are sailing forward, we saw that the physician alone was becalmed? But this has not happened; the onward wave has reached the healer's barque, the breeze has caught his sail, and he also is gallantly in motion upon the mighty waters of natural science.

There are, indeed, many who would stoutly stand upon the "old paths," but here we have no inspired prophets and apostles, as happily we have in an affair of higher moment, upon whom to rest as upon a firm foundation. The opinions of mere men, however venerable by their antiquity, are like shifting sands;—they are not stable because they are not true. The intelligent and thinking people of the present times do not, in physical science, remain content to echo the sentiments of a master. Nature's laws and nature's facts alone are able to stand the rigid scrutiny to which all teaching is now unreservedly exposed.

Some men's minds, under such an apparently unsettled and disorderly state of things, become sceptical and faithless. This arises from indolence; they will not give themselves the necessary trouble to investigate, and thus they throw truth and falsehood overboard together, and vainly try to rest upon a negative. But to the more active and industrious mind the same condition is stimulative to exertion. Truth is sought after with earnestness, and when found, is embraced with satisfaction and delight.

Among the medical inquiries of the day, Homœopathy, in the judgment of many, is the most important which has yet appeared, while it is condemned by the voices of many more as a great and dishonest fallacy. It is proposed to consider, in a few words, what Homœopathy is not, and what it really is.

1. Homœopathy *is not a novelty*. In a Sanscrit poem called Sringāra Tilaka, written by Kālidāsa, who was one of the ornaments (or *gems*, as they were commonly called) of the court of Vikramāditya, king of Ujjain, whose reign, used as a chronological epoch by the Hindus, is placed about fifty-six years before the Christian era, the following line occurs, which shows that the fact involving the principle of Homœopathy, had, in the East, even at that early period of time, passed into a proverb :—

“श्रुयते हि पुरा लोके विषस्य विषमोषधं”

* “It has been heard of old time in the world, that poison is the remedy for poison.”

Hahnemann observes that “the author of the book *περὶ τόπων τῶν κατ’ ἄνθρωπον*, which is among the writings attributed to Hippocrates, has the following remarkable works:—*διὰ τὰ ὅμοια νοῦσος γίνεται, καὶ διὰ τὰ ὅμοια προσφερόμενα ἐκ νοσεύντων ὑγιαίνονται*, &c.¹ “By similar things disease is produced, and by similar things, administered to the sick, they are healed of their diseases. Thus the same thing which will produce a strangury, when it does not exist, will remove it when it does.”

These sentiments are thus expressed by Cornarius in his translation, in 1564: “*Per similia morbus fit, et per similia adhibita ex morbo sanantur. Velut urinæ stillicidium idem facit si non sit, et si sit idem sedat.*”²

The learned Dr. Francis Adams, in his Translation of the works of Hippocrates, published in 1849, by the Sydenham Society, thus comments upon this passage: “The treatment of suicidal mania appears singular,—‘Give the patient a draught made from the root of mandrake, in a smaller dose than will induce mania.’ . . . He then insists, in strong terms, that, under certain circumstances, purgatives will bind the bowels, and astringents loosen them. And he further makes the important remark that, although the general rule of treatment be ‘*contraria contrariis curantur*,’ the opposite rule also holds good in some cases, namely, ‘*similia similibus curantur*.’ It thus appears that the principles both of *Allopathy* and *Homœopathy* are recognized by the author of this treatise. In confirmation of the latter principle he remarks the same substance which occasions strangury will also sometimes cure it, and so also with cough. And further, he acutely remarks, that warm water, which, when drunk, generally excites vomiting, will also sometimes put a stop to it by removing its cause.”³

Hahnemann further observes that “later physicians have also felt and expressed the truth of the homœopathic method of cure.” As for instance, Boulduc, Detharding, Bertholon, Thoury, Von Störck, and especially Stahl,—all these during

¹ Organon, translated by Dudgeon, p. 106.

² Hippocratis Opera Juno Cornario interprete, 1564, pp. 87, 88.

³ Works of Hippocrates, translated by Francis Adams, LL.D., Sydenham Society, 1849, vol. i, p. 77.

the eighteenth century. But their observations were slightly made, and produced no permanent impression, either on their own minds or on those of others. We are indebted to Hahnemann for a fuller discovery and development of the law, and for forcing it with sufficient perseverance upon the attention of the world.

It has been asked if Shakspeare makes any allusion to this method of cure. We have one in the following passage:—

“ In poison there is physic ; and these news,
Having been well, that would have made me sick,
Being sick, have in some measure made me well.”

HENRY, Part II, Act i, Scene 1.

3. Homœopathy *is not quackery*. The essence of quackery is secrecy. The individual practising it pretends to the possession of some valuable remedy—a nostrum—which he sells for his own private gain, but which he will not disclose for the public good. Homœopathy has no secrets—no nostrum—it courts inquiry, it entreats medical men to investigate it. This is not quackery.

Homœopathy, in its present form, was discovered by a regular physician (Hahnemann), and was first published in the leading medical journal of Europe (Hufeland's), in 1796. It has been studied and adopted by several thousands of regularly educated and qualified practitioners, some of them professors in universities, and others leading men in their profession, who urgently call upon their colleagues to follow their example. They offer every facility in the way of instruction, by hospitals and dispensaries, and by private information which it is in their power to give. This is not quackery.

Homœopathy is no field for the St. John Longs and the Morisons—the patent medicine vendors. The unsettled, unsatisfactory, and unsuccessful course of the educated physician leads his patients to try quacks and quackery, whose means, it must be acknowledged, are very similar to his own, and sometimes more successful. Nothing would so effectually drive away all real charlatanry as the adoption, by the profession, of a recognised law of healing, and the carrying this out fully and fairly, so as to derive from it all the success which can in reason be looked for.

3. Homœopathy *is not globulism*. Globules are a particular mode of preparing medicinal doses, invented by Hahnemann, and recommended by him; but Homœopathy is in no way dependent upon their reception for its successful practice. The association is accidental, and is simply a matter of convenience.

4. Homœopathy *is not an uncertainty*. It is surprising how the opponents of Homœopathy, and even some of its friends, bewilder both themselves and others, when they endeavour to explain what Homœopathy is. The impression is thus produced that the new doctrine is nothing more than a wild theory, very vague, and very worthless. The most common mistake is thus stated: "A medicine, or a poison, which will produce a disease, will cure it." "If I am fatigued with a long walk I must take a short one!" This is the same curing the same—not *like curing like*. *Similis* is not *idem*. The remark about being fatigued was made by an eminent Greek scholar, but Greek scholars ought not to fall into such an error as to confound ὁμός with ὁμοιος; they may be reminded of the controversy between Athanasius and Arius, in the fourth century, and the difference between ὁμοούσιος and ὁμοιούσιος.

Let me try to set this matter in a clear light. "Give," says Hippocrates, in a particular case of insanity, "a draught from the root of mandrake, in a smaller dose than will induce mania," that is, if taken in health. In both cases there is an alienation of mind, the symptoms are similar, but the causes are different, and the cases are not identical.

The preparation of mercury, called corrosive sublimate, is one of the most violent poisons; two or three grains are sufficient to destroy life, as has happened when it has been given by mistake for calomel. The symptoms it produces are well known to be those of inflammation of the stomach and bowels, accompanied by diarrhœa with bloody stools; in the words of Taylor,¹ symptoms "like those of dysentery, tenesmus, and mucous discharges mixed with blood, being very frequently observed." In March, 1852, I saw J. C., a tall spare man, about thirty, suffering from a severe attack of dysentery; his

¹ Medical Jurisprudence. Article, Corr. Subl.

countenance much distressed, a great many stools for three days consisting of blood and jelly-like mucus, with considerable pain in the abdomen increased by pressure, and a quick pulse. I dissolved one grain of corrosive sublimate in half an ounce of water, put four drops of this solution into two drachms of dilute alcohol, and gave him six drops of this tincture in four ounces of water, directing him to take a dessert spoonful every three hours till the symptoms abated. He immediately improved, had no other treatment, and in three days he was quite well. Here the symptoms of the dysentery were like those which this preparation of mercury produces, but they had not been occasioned by corrosive sublimate, *therefore* it was a proper remedy on the principle of similia,—that like is to be treated with like.

Every one knows that the Spanish fly, cantharides, even when only applied externally in the form of a blister, very often acts injuriously upon the bladder, causing strangury and other painful symptoms connected with that organ. I hold in my hand a little book with the following title—"Tutus Cantharidum in Medicinâ Usus Internus, per Joannem Groenevelt, M.D., e Coll. Med. Lond. Editio Secunda. 1703." This book is full of interesting cases of strangury and other affections of the bladder very successfully treated by the internal use of cantharides. Here is a special case of Homœopathy,—of like curing like—or in the words of the old translator of Hippocrates already quoted, "*Velut urinæ stillicidium idem facit si non sit, et si sit idem sedat.*" The drug produces the complaint *if not there*, but *if it be there*, (arising from another cause), it cures it. For this method of treatment, the author tells us in his preface *he was committed to Newgate*, on the warrant of the President of his own College—The Royal College of Physicians of London—"Chartâ quâdam manibus propriis signatâ, sigilloque firmatâ me sceleratorum carceri (*Newgate* vulgo dicto,) malæ praxeos reum asseverantes, tradiderunt!" This happened in 1694—just a century before Hahnemann. It is worthy of remark, before quitting Dr. Greenfield, that the dose of cantharides which he gave was such as to oblige him to give camphor along with it, as an antidote to correct the otherwise aggravating effect of the fly. The present method of reducing the dose, which we owe to Hahnemann, enables

us to cure similar cases of diseased bladder without the addition of the camphor, and without fear of aggravating the symptoms.

One instance more. Belladonna, when swallowed as a poison produces a scarlet rash, a sore throat, fever, headache, &c., all which symptoms appear in scarlet fever. Belladonna, as was first discovered by Hahnemann, not only generally cures, but often preserves from scarlet fever. *Belladonna does not produce or cause scarlet fever, but it does produce symptoms similar to those of scarlet fever.* Whoever will carefully study these examples will no longer charge the doctrine of Homœopathy with vagueness and uncertainty.

5. Homœopathy *is not an infinitesimal dose.* This is another popular mistake, diligently, though perhaps ignorantly, fostered by the opponents of Homœopathy. Like curing like—*similia similibus curantur*—says nothing about the dose. All that is essential to the carrying out of this principle—all that the general fact or law of nature requires for its fulfilment is announced by Hippocrates; give the poison in a *smaller dose* as a remedy in the natural disease, than would be sufficient to produce similar symptoms in a healthy person. A smaller dose—how much smaller is a matter of experience. If twenty grains of ipecacuanha will make a healthy person sick, the twentieth part of a grain may be required to cure a similar sickness. If twenty grains of rhubarb will act as a purgative, one grain may cure a similar diarrhoea. If two grains of arsenic or corrosive sublimate might bring on fatal inflammation of the stomach or bowels, the thousandth, or the ten-thousandth part of a grain may be sufficient to cure—not that inflammation brought on by itself—but a similar inflammation arising from other causes.

It should not be forgotten that Homœopathy, as a principle, was discovered by experiments made with ordinary doses, and a man may be a true homœopathist though he never prescribe any other. The nature and effect of the so-called infinitesimal doses, are separate questions; those who make use of them find that they are (from whatever cause) efficacious, and generally sufficient, but no man is pledged to use them exclusively, though many do, being satisfied from their experience that they are the safest and best mode of administering

medicine. No one will deny that they are the pleasantest, and, if success follow their use, why should they not be used ? Because, it is said, they appear absurd, and their action cannot be explained. *But if a fraction of a grain will cure a disease, is it not more absurd to give a larger and, perhaps, injurious dose ? And who can explain the mode of action of the large dose any more than of the small one ? If diseases disappear of themselves under suitable diet and regimen, or if the small doses afford all the aid required, why should patients be "encumbered with assistance," or their recovery be retarded or jeopardised by the unwieldy and often hurtful interference of large doses of poisonous drugs ? Why has it so often been said that "the remedy proved worse than the disease ?"

6. Homœopathy *is not a single remedy*. It does not propose, as hydropathy does, to treat all diseases with one panacæa. It is not a remedy, but a method ; it is not a box of tiny preparations, but a rule by which to use all medicinal substances. The Homœopathist says, with the celebrated Boerhaave, "Nullum ego cognosco remedium, nisi quod *tempestivo usu* fiat tale." I know of no remedy except that which becomes so by opportune application.

7. Homœopathy *is not magic*. It does not pretend to charm away disease. It is not mysterious ; it does not work through the imagination, nor by producing moral impressions on its patients. It is not a popular delusion, as its opponents think ; nor has it any relations with the moon, as some of its adherents imagine. Homœopathy has no connection with mesmerism, though it is true that Hahnemann himself and some of his followers have associated mesmerism and homœopathy in their practice. This proceeding is, I think, greatly to be regretted, for it has brought upon homœopathy a needless addition of opprobrium and dislike. If homœopathy be a true branch of science, it has a claim to be investigated by itself ; and if it possess the merits which its advocates contend for, it is able to stand alone ; and while it is on its trial, it should be permitted to do so.

8. Homœopathy *is not a dishonest fallacy*. Neither are those who practise according to its teaching, deceivers. Were it a fraud, it is not likely to have had the steady success which its

opponents are constrained to acknowledge attends its practice. A short time would be sufficient to expose its untruthfulness. An ingenious and plausible advocate might make an *hypothesis* popular, but he never could obtain extensive belief in the statement of a supposed *fact* which every day's observation proved to be untrue. As to abusive words, they are not arguments, and must remain unanswered, except by the observation that such language generally betrays a weak cause on the side of those who use it. Men conscious of integrity can afford, under such circumstances, to remain silent. They feel no inclination to return railing for railing ; what they wish is, that their medical brethren would study their science, and instead of abusing them help to improve it, for the benefit of their own and future generations. When any one speaks disrespectfully of things of which he is ignorant, he may be very fitly rebuked, as Dr. Halley was by Sir Isaac Newton, "*I have studied these things, you have not.*"

9. *Homœopathy is a general fact,—a principle, or law of nature.* All nature is exquisitely arranged and governed by perfect laws, the result of infinite wisdom and almighty power. The discovery of these general facts has marked epochs in the annals of mankind. What consequences have followed the discovery that a magnetized steel bar, when free to move horizontally, always turns one of its extremities towards the north pole of the earth, as is seen in the mariner's compass ? And what will follow from the further fact, so recently discovered by Œrsted, that when this bar is surrounded by a current of electricity, its direction is altered at will, to the right hand or to the left, as is seen in the electric telegraph ? Who attempts to *explain* or *ridicule* these things ? They are facts. Newton discovered that the force of gravity is in direct proportion to the mass of matter in the attracting bodies, and in inverse proportion to the square of their distances. Doubtless many other proportions are *possible*, but this is the one fixed upon by the wisdom of the Great God. Dalton discovered that the elements of matter, when combining chemically with each other, always do so in certain fixed proportions ;—for example, oxygen combines with hydrogen in the proportion of eight parts by weight to one ; this is an interesting particular fact, but it becomes much more important

when it is known to be a general fact, that oxygen will combine in the same proportion of eight parts by weight with a fixed weight of every other element ; as with six of carbon, sixteen of sulphur, fifteen of phosphorus, thirty-five of chlorine, twenty-seven of iron, thirty-one of copper, &c., and these likewise with each other in the same proportions in which they combine with oxygen ; as thirty-five of chlorine with one of hydrogen, twenty-seven of iron, thirty-one of copper, &c. &c. Here is a law of nature, absolutely unalterable by us, and yet it is most evident that these proportions of combinations *might* have been very different ;—they are so arranged by infinite wisdom—we cannot explain why—*shall we ridicule the arrangement ?* So we can imagine many laws of healing, but our business is to discover, if possible, the actual one. The evidence in favour of *similia similibus curantur* is already great, and is increasing daily. It claims to be received as a *general fact* unless it can be set aside by good *evidence* to the contrary. Let it be borne in mind that ordinary medicine is without a rule, and even, as contended for by the present President of the Royal College of Physicians, “incapable” of receiving one. It is, consequently, in the condition of ships before the discovery of the mariner’s compass. If then a rule be found, how great must be its value ! It is not possible to overrate the value of a well-founded principle in any branch of science, for “principles built upon the unerring foundation of observations and experiments, must necessarily stand good, till the dissolution of nature itself.”¹

10. *Homœopathy is a practical fact.* It is not a speculative theory to be reasoned upon in the closet, but a fact to be observed at the bedside ; it is no metaphysical subject, to be logically shown by *à priori* reasoning to be absurd ; it is no piece of presumption and impudence to be put down “by authority,” as the council of our Royal College of Surgeons happily acknowledges ; it is a fact to be examined, like the statement of any other fact, *upon evidence*. We are not called upon to sit down and imagine its possibility, or its impossibility, but we are urgently pressed to observe whether it be true or not. Hundreds of credible witnesses tell us that all curable

¹ Emerson, in Newton’s *Principia*, vol. iii, p. 86.

diseases are, for the most part, readily cured by the new method. This is asserted as a fact. Is it true? This is the question. Try the medicines—Why should you not? The interests of humanity require it. If they succeed, it is a great blessing; if they fail, publish the failures. This is the only fair and honest way to oppose Homœopathy, and in no other way is it likely to be opposed with success.

11. *Homœopathy stands upon its comparative merits.* This must be the test of all methods of treating disease. There is no absolute preservation from suffering in a sinful world, nor any deliverance from death. "There is no discharge in that war." And as all generations have died under the old method, so, should the new one prevail, all generations will continue to die under it. This consideration should render disputants on both sides sober-minded. Medical men are engaged in an unequal contest; the great enemy will always conquer at last; but the question is a fair and a rational one, from which class of means do we actually obtain the greatest amount of relief from bodily suffering, and by which is the apparent approach of death most frequently warded off? This reduces the whole matter to what would seem to be its proper shape—a practical question—What will do me most good when I am ill?

12. *The old method is unsatisfactory.* This is admitted by almost all medical authorities. It is not necessary to bring forward quotations in support of this statement; they might be had in abundance, but the fact is so notorious that the differing of doctors has become a proverb; in short, there is no opposition of sentiment, or of practice, too great not to be frequently met with. I well remember the reply made to me by an eminent and old practitioner when I was a pupil, who saw the distress I was in on perceiving the uncertain condition of medical knowledge, "If there be nothing true in medicine, there is in surgery, so you must give your mind to *that*!" The old medicine is in the condition which astronomy was in before Newton, and in a worse condition than chemistry was in before Dalton; many valuable isolated facts known, but no golden thread, no law of nature discovered, by which a host of conflicting conjectures might be dissipated, and facts reduced to an intelligible order.

13. *Homœopathy is simple and intelligible.* However ab-

surd the rule may appear to some, it is practically a plain one, and becomes, to those who follow it, more easy and more satisfactory every day. It is not pretended that it can be carried out without serious labour. The law of gravity is abundantly plain and simple, but there are plenty of difficulties, notwithstanding, in working out the inequalities of the moon's motions.

14. *Homœopathy gains by comparison.* It is more successful than the old system. This comparison can be instituted in two ways—by the statistics of public institutions, and by those converts from the old practice who have tried it long enough to be able to compare with each other the results, in their own hands, of the two methods. As an illustration of the former mode of comparison, the following abstract, drawn from Dr. Routh's statistics (in the 'Fallacies of Homœopathy'), may be given :

HOMŒOPATHIC TREATMENT.			ALLOPATHIC TREATMENT.		
Deaths per cent.			Deaths per cent.		
Pneumonia	.	5·7	.	.	24·
Pleuritis	.	3·	.	.	13·
Peritonitis	.	4·	.	.	13·
Dysentery	.	3·	.	.	22·
All diseases	.	4·	.	.	10·5

When, in 1836, the Asiatic cholera attacked, as an awful scourge, the city of Vienna, all the hospitals were fitted up to receive cases indiscriminately, as they occurred; one was a Homœopathic hospital, but under the inspection of two Allopathic physicians. The authorized report, when the epidemic had done its work of death, was this :—

Mortality in the Hom. Hospital.	Mortality in the Allo. Hospital.
33 per cent.	66 per cent.

Two-thirds recovered in the one, and two-thirds died in the other.¹

When, in 1849, Edinburgh was visited with this pestilence, there was a general mortality of one-half of those attacked,

¹ See the well-known book, 'Austria and its Institutions,' by Mr. W. R. Wylde, M.R.I.A.

and the proportion of recoveries under Homœopathic treatment was three-fourths. The entire returns were :—

Cases.	Cured.	Died.
817	271	546

Those treated Homœopathically :

Cases.	Cured.	Died.
236	179	57

Mortality under Hom. treatment.	General mortality.
25 per cent.	66 per cent.

When, in the same year, Liverpool was attacked, 5,098 deaths took place between May 20th and October 6th :—

Mortality under Hom. treatment.	General mortality.
25 per cent.	46 per cent.

It will be understood that, if the cases treated by the new method had been deducted from the entire cases in Edinburgh and Liverpool, the per-centage of deaths under allopathy would have been greater than that stated as the general mortality.

When, in 1853, the cholera broke out with alarming suddenness, and with more than its usual virulence, in Newcastle the mortality during September and the early part of October reached 1500. Dr. Hayle has kindly informed me that he and Mr. Elliot treated, during these few weeks, eighty-one cases of cholera, and lost sixteen, being a mortality of twenty per cent., or one fifth, while it is believed that the general mortality considerably exceeded fifty per cent, or more than one half of the persons attacked. A large number of deaths took place from diarrhœa. Dr. Hayle and Mr. Elliot treated 280 cases of diarrhœa without one death. The Royal College of Physicians has repeatedly stated that it is in *this* stage of cholera that treatment is successful, and that if it be neglected the case often terminates fatally. *If these 280 cases had no efficient treatment, how is it that they all recovered ?*

The second mode of comparison rests in the bosom of each private practitioner. Thus much, however, may be stated, so far as I am at present informed, every practitioner who has, with sufficient care and perseverance, studied Homœopathy, has

embraced it; and I have not yet heard of one who has deserted its ranks because he has been disappointed as to the efficacy and superiority of this mode of treatment. For myself, I may be permitted to say that, having practised the old method for many years with success, and having now devoted myself for some time to the new mode, while I at once acknowledge that the study is laborious and not without its difficulties, I am persuaded that it is a change for the better, and I venture to engage that if my medical brethren will try such plants as the following, prepared as Homœopathists use them, in the cases for which they are indicated by the law of similia, they will be greatly surprised and gratified by their beneficial effects:—

Aconitum Napellus,
 Bryonia Alba,
 Matricaria Chamomilla,
 Ipecacuanha,

Atropa Belladonna,
 Arnica Montana,
 Pulsatilla Pratensis,
 Nux Vomica, &c. &c.

15. Homœopathy is *medical treatment*. It is not the “do-nothing system” which it is represented to be by opponents who thus only betray their ignorance. When fever and dysentery were desolating many parts of Ireland, in 1847, one of the places which suffered most was Bantry, near Skibbereen, in the county of Cork. During ten weeks one hundred and ninety-two cases were treated homœopathically by Mr. Kidd, at their own homes, amid all the wretchedness of famine; the mortality from fever was less than two per cent., and from dysentery fourteen per cent. During the same period many were treated on the old method in Bantry Union Hospital, with the advantages of proper ventilation, attendance, nourishment, &c., and from the report of Dr. Abraham Tuckey, the physician, the mortality from fever was more than thirteen per cent., and from dysentery thirty-six per cent.

At the same time another fever hospital was opened for similar cases, occurring among the emigrants from Ireland to this country, in which the medical man tells us he abstained from all interference, and remained passively watching the cases, ordering them free ventilation, cleanliness, and confinement to bed; water, or milk and water, being given as drinks. He congratulates himself upon the success attendant upon

thus allowing the cases to take their natural course, undisturbed by medicine; the deaths from fever in this hospital were ten per cent. We have here, therefore, an opportunity of comparing together the results of the three methods; the ordinary system of medicine, no medicine at all, and the homœopathic medicine. The deaths from fever are thus reported:—under ordinary medicine, above thirteen per cent.; under no medicine at all, ten per cent.; under homœopathic medicine, less than two per cent.; a sufficient proof that *that* is doing something and gaining by it; while by the same comparison, giving large doses of medicines is doing something indeed, but losing by it.

16. Homœopathy *is a practical guide*. It is a rule to direct us in the use of remedies. The medical practitioner who, for years, has felt and mourned over the bewildered condition of his professional knowledge,—the contradictions of his theories, and the uncertainty of his facts, is the only person who can fully appreciate the value of any principle capable of affording him a light to guide his path. Few intelligent persons, however, can have failed to discover, from their intercourse with physicians, that ordinary medicine is in an unsettled and benighted condition. It has many valuable facts, it has many excellent remedies; but the facts are isolated, or connected only by false hypotheses, and the remedies are made use of in such a vague manner, and in such destructive doses, that the value of the one, and the excellence of the other, are either greatly impaired or converted into injuries.

17. Homœopathy *is a guide in the choice of the medicine, not of the dose*. The dose is, as yet, a question of experience. The law of similia is an admirable guide in the selection of an appropriate remedy in any case of disease; but the only information it affords in the choice of the dose is this, that it must be a *smaller* one than would be sufficient to produce similar symptoms in health. *How small* a dose this is, must be ascertained by trial, until some general fact or law can be discovered, which shall constitute a guide to the dose, as the law of similia does to the medicine. I venture to entertain a sanguine hope that this will be accomplished.

18. Homœopathy *aims at eradicating or permanently curing the disease*, wherever this is possible, not merely at affording

palliative relief. This constitutes another great feature of the new method, and again points out, in a striking manner, its superiority over the old mode. If the symptoms of an ailment are cured by the operation of the remedy upon the constitution, the cause of those symptoms, or the pathological condition, is, in all probability, permanently removed. In seeking to effect this, no other mischief is occasioned. How often has not this case occurred, a patient is suffering from cough, medicines called expectorants are prescribed; at the next visit, the cough is somewhat relieved, but the expectorants have unfortunately produced nausea, and the appetite is gone; mineral acids are ordered to improve the tone of the stomach, and to restore appetite; at the following visit, the appetite is better, but the acid has irritated the mucous membrane of the bowels, and has produced diarrhæa; to check this, astringents must be given, which have occasioned, by the time of the next visit, a return or aggravation of the cough, and thus the round has to be recommenced. Who does not see that there is room for improvement in such a system? But the greatest of all difficulties of the old mode of treatment is this, to decide the point whether depletion and lowering measures, antiphlogistics, as they are called, are indicated, or the opposite remedies, stimulants and tonics. The most eminent and experienced practitioners not unfrequently differ in their opinions upon this important point, even when, humanly speaking, the life of the patient hangs upon the decision. Now this acknowledged and grave difficulty is greatly mitigated, if not entirely removed, under the new method; the group of symptoms has to be taken, and a similar group found, belonging to any remedy; *that* is the remedy most likely to be useful, by whatever name it has been usual to designate it.

19. Homœopathy *economises the vital powers*. It does not, like bleeding, and purging, and salivating, and sweating, draw largely upon the remaining strength of the patient, already perhaps greatly reduced by his sufferings. Homœopathy lets well alone. Its medicines act only upon the diseased organ. If the head be sick, it does not add to this sickness, a complaint in the intestines, which strong purgatives must do; if the lungs be inflamed, it does not also bring on an inflamma-

tion of the skin, which a blister does. The beneficial consequence of this method is conspicuous in the speedy return of the patient to his accustomed health and occupation. When the acute disease is removed, which it often is in an unusually short space of time, the patient is well; he has no tedious convalescence, requiring wine and bark.

20. Homœopathy *is gentle and agreeable*. If the new mode of treatment be found, on trial, to be *only as efficacious* as the old one, it ought to be preferred on account of its gentleness and pleasantness; how much more if it succeed *better*. The action of the medicines, in point of fact, is found to be such as to supersede the necessity for the severe measures and nauseous doses hitherto had recourse to. The medicines are tasteless, or nearly so, themselves, and they do not need the aid of such formidable adjuncts as bleeding, and blistering, and setons, and issues, and cauterizations, and moxas. Already, indeed, the beneficial influence of homœopathy in this respect, upon general practice, has been greatly felt. In the year 1827, I attended the military hospital in Paris, which was in charge of Baron Larrey, Senior Surgeon to the Army of Napoleon. At every morning's visit, he had, among his numerous attendants, two "internes," or, as they are called at the London hospitals, dressers, accoutred in this manner: one carried a small chafing-dish with fire in it, and the other, a box containing a number of actual cauteries (irons like small pokers),¹ and a pair of bellows. As we passed from bed to bed, one or more of the suffering occupants were sure to be ordered the cautery, when one of the irons was immediately placed in the chafing-dish, the bellows were applied, and as soon as the instrument was brilliantly red hot, the Baron would take it in his hand, and deliberately draw two or three lines on the flesh of the patient, very like the broad arrow with which most of us are familiar, made by the ordnance surveyors, on our houses and pavements during their late labours in all parts of the country. Now, surely, to see banished for ever, not only such painful methods as this, but everything which approaches to it, must be a consummation to be wished for.

21. Homœopathy *administers one medicine at a time*. This

¹ See a representation of these in Essay XI.

is another great improvement. How was it possible ever to attain to satisfactory knowledge of the powers and properties of any drug, so long as several were always combined together when given to a patient? In the days of Sydenham, the father of English medicine, sixty or eighty medicines were mixed together in the favorite prescriptions; this number has been greatly reduced since the time of Sydenham, but, so long as two medicines are given together, it is impossible to ascertain with accuracy the effects of either.

22. The Homœopathic Physician *learns the properties of drugs by experiments upon himself, not upon his patients*. That the contrary has been the plan hitherto adopted is known to all. How many poor people have been deterred from availing themselves of the aid of our hospitals, lest they should have "experiences" tried upon them!

It is evident that the properties of medicinal substances must be ascertained by some kind of experiment; the question in dispute is this, is it best to try these experiments upon sick persons, or upon healthy ones? Shall the physician get his knowledge by experimenting *upon his patients, or upon himself*? The practitioners of the old school pursue the former method, those of the new one the latter.

Now it is certain that the only way of learning the real effects of drugs upon man's health is to administer them experimentally to *healthy* persons. None have thought of this method, so far as appears, except the illustrious Haller and Hahnemann;—none have attempted to carry it out except Hahnemann and his disciples.

23. Homœopathy *is applicable to acute, as well as to chronic diseases*. When the discovery was first announced to the world by Hahnemann, he did not carry its application further than to chronic diseases,—to ailments continuing for a long time. And the impression is still general that such treatment may possibly avail where there is abundance of *time*, but what is to be done in cases of emergency? Acute disease with immediate danger,—how can you trust to Homœopathy *then*? The answer to this grave question, which manifold experience gives, as indeed may be partly gathered from the statistics of Cholera and other acute diseases, given in the preceding pages, is this, that it is able to grapple with the most dangerous and sudden attacks of

disease, *more successfully than any other known method of treatment.*

24. Homœopathy *is prepared for any new form of disease* far better than the old method. This fact was very strikingly exhibited on the appearance of Asiatic Cholera in Europe. The various Colleges of Physicians were quite at a loss to know how to deal with the formidable stranger; and when called upon, in their respective countries, to issue advice and directions, nothing could be more painful than the visible inconsistencies and unsatisfactoriness of their multiform recommendations.

On the other hand, the Homœopathic practitioners, whether in Russia or in Austria, in France or in England, found the true remedies without co-operation and without difficulty, and they proved wonderfully successful. Hahnemann himself published a tract pointing out the proper treatment, from the description he had read of the disease before he had seen a case.

This point was with Sydenham a great source of perplexity. "This at least," says he, "I am convinced of; viz., that epidemic diseases differ from one another like north and south, and that the remedy which would cure a patient at the beginning of a year, will kill him, perhaps, at the close. Again, that when once, by good fortune, I have hit upon the true and proper line of practice that this or that fever requires, I can (with the assistance of the Almighty), by taking my aim in the same direction, generally succeed in my results. This lasts until the first form of epidemic becomes extinct, and until a fresh one sets in. *Then I am again in a quandary*, and am puzzled to think how I can give relief.

It is more than I can do to avoid risking the lives of one or two of the first who apply to me as patients."¹ This is the confession of a man entitled, for his truthfulness and genius, to the highest admiration. The difficulty, though not perhaps always so frankly acknowledged, has been always felt until now;—it is *not* a difficulty in Homœopathy.

25. Homœopathy *carries into detail what all medicine is in the general.* Medicines are not food, but poisons;—not materials which of themselves can preserve or produce health. They are all naturally inimical to the human body, but when

¹ Works of Sydenham, vol. i, p. 33. Sydenham Society's Edition.

that body is in a state of disease, they are found, as a matter of experience, sometimes to assist in restoring it to health.

Medicine *in the general*, is poison to the healthy frame of man, and a remedy to that frame when sick ; this is admitted by all, and this is Homœopathy in the general ; why not then have Homœopathy in detail ? Why not first ascertain what symptoms each poison produces, when taken in health ? and why not give it as a remedy for similar symptoms in natural disease ? Medical men have been experimenting in the treatment of disease for many centuries, why not try *this* experiment ? Our opponents admit, in general, what they ridicule, and oppose, when carried out, in particulars.

26. Finally, Homœopathy *relates only to the administration of remedies*, and detracts nothing from the value of the collateral branches of the science of medicine. It leaves Anatomy, Physiology, Chemistry, &c., unaffected. The Homœopathic physician ought to be as accomplished in these, and other departments of knowledge, as his fellow practitioner of the old school ; and he is more likely than the other to turn all such knowledge to the beneficial account of his patient.

It may, perhaps, be objected that this Essay deals more in assertion than in proof ; if so, it is replied that the proofs will be found in the Essays which follow. It was necessary to ascertain first what Homœopathy professes to be, and to give an exhibition in outline of its leading features. Some of these features might have been sketched with more elaborate detail, but it is hoped they have been delineated so plainly, that the points contended for by Homœopathists cannot remain doubtful.

The proofs upon which these statements rest have been thoughtfully and carefully examined, and will be found in the subsequent Essays distinctly explained. Opponents should meet them with facts and arguments, not with ridicule and abuse, for certainly any proposal, such as is explained in the foregoing pages, even if there be but a chance that it may be instrumental in diminishing the sufferings of our fellow men,

deserves to be received with something more decorous than ridicule. "Those who reject it, or who cast it out of the way, as unworthy of inquiry, must do so on their own responsibility." If they decline "to search all things that may present even the shadow of a chance of bringing them more nearly acquainted with the laws which the Creator has instituted for the government of the world, and especially with those upon which He has caused the preservation of health to depend, let them recognise that it will be vain for them, in any after hour of hopelessness, when it may be too late to avert their own premature death, or the death of a relative or friend, to rely on the hacknied consolation, that the calamity is to be regarded as a new instance of the inscrutable ways of Providence, and not as the penalty of having wilfully blinded themselves to any light beneficently set before them, the reception of which might have ensured their preservation."¹

* 'Truths and their Reception,' by M. B. Sampson, p. 97.



ESSAY II.

THE CONTROVERSY ON HOMŒOPATHY.

“The mind which is searching for truth ought to remain in a state of suspense, until superior evidence on one side or the other incline the balance of the judgment, and determine the probability or certainty to the one side.”

WATTS.

ESSAY II.

THE CONTROVERSY ON HOMŒOPATHY.

“Read not to contradict and confute, nor to believe and take for granted, nor to find talk and discourse, but to weigh and consider.”—LORD BACON.

THE Homœopathists are censured by their medical brethren of the old school for bringing professional discussions before the tribunal of the public, because, it is said, the public are incompetent judges of such matters. Some of their own party are disposed to join in this censure, and all are ready to admit that, in the present condition of medicine, an appeal to the public is in itself an evil.

But it must be observed that this evil did not originate with the Homœopathists. Hahnemann did not take this step; he published his first Essay in *Hufeland's Journal*, a periodical strictly professional, and of the highest character and standing in the profession. The step was taken by the physicians of the old school, and at the very commencement of the discussion; for instead of meeting Hahnemann, on their common ground, with arguments and facts wherewith to refute his opinions, they appealed to the public authorities, and by the aid of this pro-

fessional force drove him from city to city, and from village to village. And, moreover, this appeal to the public by the allopathic portion of the profession has been continued to the present hour, and is still continued. Occasions are eagerly sought on which to call for the inquest of the coroner, in the hope of committing the Homœopathist to prison, a hope which has more than once been realised; and the resolutions so frequently passed at public meetings of medical men, and published in the newspapers, declaring that they will not recognise, and cannot hold communion with Homœopathic practitioners, whom they stigmatise as quacks, knaves, and fools, are an appeal to the public to aid them in their endeavours to suppress the unwelcome novelty.

If then there be folly in bringing this matter before the public, the folly rests with the old school, not with the new; it is plain that the Homœopathists have no alternative; the affair is already before the public; it has been carried there by their opponents; they are compelled, however reluctantly, to plead the cause of Homœopathy before this tribunal. It is true indeed that they do this, without fear, though reluctantly, not doubting that, when magistrates are better acquainted with its truth and value, they will no longer expel it from their borders or imprison it in their gaols; nor that the public, when well informed upon the question, will fail to come to a satisfactory and wise conclusion.

Another justification of the course pursued by the Homœopathists arises out of the fact that every allopathic medical journal is closed to any paper containing an argument or a fact in favour of Homœopathy. Many medical men are not only deaf to their intreaties to investigate the new science, but, as is most evident, resolved, if possible, to crush it. They have imbibed a settled hatred of the whole subject, and will never study it *unless compelled by their patients to do so*.

It may be observed further, that though this public discussion of medical matters be an evil, good will come out of it. The veil of mystery which has hitherto shrouded medicine will be removed; the elements of the science will be expressed in plain and intelligible terms; unprofessional men will inform themselves more fully on these subjects than they have been

wont to do ; and the result will be, not that every man will be his own physician, for that is neither desirable nor possible, but that it will be in the power of every one to possess such knowledge, and to have such an intelligent appreciation of the subject, as will enable him to choose his medical advisers for better reasons than those by which he has hitherto been guided.

And again it may be remarked, that if medicine be really a science, there is no reason why every educated person may not understand its principles, as he ought to know the principles of chemistry, of astronomy, of agriculture, of mechanics, or of any other branch of natural knowledge.

Entertaining these views, I conceive myself justified in laying the whole case of Homœopathy, without reserve, *before the profession, if they will look at it*, and, if they will not, before the public ; the interests of the latter being even more concerned in it than those of the former. It seems to me desirable that the matter should be clearly explained in the simplest manner possible. Such is the object of these Essays. In this I purpose to point out the present aspect of what may be called the external features of the controversy. This will be accomplished by the discussion of the four following arguments—

- I. From *authority*.
- II. From *antiquity*.

- III. From the *majority*.
- IV. From *improbability*.

I. The argument from *authority*. This argument on the side of Allopathy may be thus stated :—various Universities, as the four in Scotland ; several Royal Colleges, as those of the Physicians of London and of Edinburgh ; and many other public bodies have pronounced their condemnation of Homœopathy in the strongest manner. They have rejected students and applicants for their degrees and diplomas, and have passed resolutions forbidding their members to hold any professional intercourse with those who adopt the new system of medicine.

I will give a few illustrations of these proceedings. The following is a letter written by the President of the Royal College of Physicians of London, in reply to an application for its license, made by a Homœopathic practitioner.

"Sir,—The foundation of the Royal College of Physicians was for the purpose of guaranteeing to the public skilful and safe practitioners.

"The College of Physicians regards the so-called Homœopathists as neither skilful nor safe.

"Therefore, the College cannot, without betraying a sacred trust, give its license to persons whom they regard as wholly unworthy their confidence, and with whom it is not possible they can hold any communion.

"I remain, &c.,

"JOHN AYRTON PARIS."

I give next the Declaration of the Court of Examiners of the Society of Apothecaries in London, the only public body authorised by act of Parliament, to give a legal qualification to practise medicine in England, namely, that—

"In their capacity of examiners they will refuse their certificate to any candidate who professes, during his examination, to found his practice on what are called Homœopathic principles."

As this Declaration was made about two years ago, I thought it well to learn whether the Society of Apothecaries, which, perhaps, it should be observed, is a mercantile company selling drugs, still adheres to its resolution. This I have ascertained by the following reply to a letter of inquiry addressed to their Secretary, which I received on the 28th of October, 1853.

"Sir,—The Court of Examiners still refuses to admit any person who calls himself a Homœopathist.

"I am, sir, yours, &c.,

H. BLATCH, Secretary.

An application made by a candidate to the University of St. Andrew's, Scotland, was, I understand, replied to by the following letter—

"Sir,—In answering the papers upon the practice of medicine, every candidate is required to specify the mode of treatment he is himself in the habit of adopting, and the average doses that should be prescribed.

"This being the case, no honest Homœopathist would seek to obtain a degree in this University."

The reply to a similar application made to Trinity College, Dublin, was as follows—

"Sir,—In answer to your letter, I beg to say, that I should not feel myself justified in presenting for his degree any person who adopted errors such as are introduced in the teachings of Hahnemann.

"I remain, your obedient servant,

"W. STOKES."

Other colleges have expressed themselves in a similar manner, and thus Homœopathy is put down with a high hand by the medical authorities of the United Kingdom; and in this they are only following the course pursued from the beginning by the similar authorities of Germany. It is well known that Hahnemann was expelled from Leipsic, and from several other places, on attempting to practise after his newly-discovered method. This opposition still survives, for, only a few months ago, an able practitioner, Dr. Kallenbach, who had been invited to Frankfort on the Maine by a number of distinguished citizens, was summarily expelled by the authorities, from that *free town*.

Such is the view of the argument on the side adverse to the new method;—Homœopathy is denounced by authority.

The reply on this argument is as follows—It is right both to feel and to express respect for authority, and it is a duty to render it obedience when put in exercise within its lawful limits; but it is equally a duty to resist it, in a lawful manner, when it is stretched beyond those limits. The question therefore arises, Is it within the lawful power of Colleges, *by a mere act of authority, without investigation*, to denounce Homœopathy, which professes to be a branch of natural knowledge founded upon observed facts?

It is easy to show that the case before us is one which authority cannot deal with in this manner, and consequently that, in this summary condemnation without inquiry, the influence of power is misplaced, and its exercise an act of tyranny.

For the matters are questions of science, not of authority;

they are to be answered by observation, not by command. A little consideration will make this very plain. What are the questions? Such as these—Which is the best method of learning the properties of medicinal substances? Which is the best mode of preparing the medicines, and the best quantity to give for a dose? Is it best, in treating disease, to combine several remedies together in one prescription, or to give a single remedy at a time? Is there any general principle in nature by which we can be guided in the choice of our remedies? Does the expression “*similia similibus curantur*,”—likes are to be treated with likes,—declare a natural fact, or is it merely a fancy of Hahnemann’s? Is the new treatment, when fairly and honestly carried out, more successful than the old?

It is most obvious that these are not questions which it is fitting for authorities to decide by a mere act of power. No man is born with such intuitive wisdom and knowledge as shall render him competent to answer them *ex cathedra*. They can be answered only by interrogating nature itself, and the only possible way to obtain answers from nature is the way of diligent and careful observation and experiment. It is incumbent upon private individuals to pursue this method of research before they assume themselves to be in a condition to declare an opinion; how much more then is it the bounden duty of public bodies, intrusted with the power of giving or withholding a license to practise, to take diligent heed to examine into these matters, before they pronounce a judgment gravely affecting, not only the profession, but the whole community.

No post of authority, nor even any amount of knowledge upon other subjects, can qualify men to answer and decide upon such questions as these, without previous investigation. The universities and colleges have not investigated experimentally these matters; they are in great ignorance respecting them; in this ignorance they have pronounced a condemnation; this condemnation, therefore, while it is an act of injustice towards men, is a harmless and insignificant proceeding towards Homœopathy.

Be it observed that the objection does not lie against authorities for coming to a decision upon these matters, but *for deciding in ignorance; for pronouncing judgment without enquiry*. Such conduct cannot but be unwise and damaging to the legi-

timate influence of properly constituted public bodies. Suppose, for the sake of illustration, that the Royal Society were to reply to an application to be admitted a Fellow by the following letter from the noble President ;—

“ Sir,—The foundation of the Royal Society was for the purpose of promoting natural knowledge.

“ The Royal Society regard the pretended operations of the Electric Telegraph as opposed to the established principles of natural knowledge.

“ Therefore the Royal Society cannot, without betraying a sacred trust, confer their Fellowship upon persons believing in or practising those pretended operations, since they regard such persons as wholly unworthy their confidence, and with whom it is not possible they can hold any communion.

“ I remain, &c.,

“ ROSSE.”

Such is the position in which the Royal College of Physicians has been placed by the letter of its president, Dr. Paris.

The University of Edinburgh has still further outstretched its lawful authority. It is well known that the examining bodies of our public institutions are appointed for the purpose of ascertaining that applicants for certificates and degrees have passed through an appointed course of study, and have acquired a certain amount of knowledge, and the certificate or degree, when granted, testifies to this fact, and nothing more. But the examiners of the University of Edinburgh refused to grant this testimonial to Mr. Alfred Pope, unless he would pledge himself never to practise Homœopathy, but only “that system of medicine” which he had been taught by the then professors in that university. Now even had the subject of Homœopathy been investigated by the examiners, and they had come to the conclusion that, in its present aspect, it was not a desirable mode of practice, still it cannot be doubted by any one that to reject a student for refusing to pledge himself for the future, would have been an unjust and tyrannical act ; for this reason, that *they could not know* what additional discoveries and improvements might be made, or what might become, even in their own judgments, the most successful method of relieving the sufferings of their fellow-creatures. How great then the

injustice, both towards Homœopathy and towards the student, to require such a pledge, not only without knowledge, but without inquiry !

There is another light in which this question must be viewed in order to see the fallacy of a comparison which Dr. Simpson and others are fond of drawing between medical and *clerical* students. It is well known that before admission into the ministry of the church, a young man is expected to profess his adoption of certain articles of faith, in which he undertakes to abide, and which his teachers have also acknowledged their assent to, and undertaken to teach. They are therefore bound to reject any student who refuses to express his belief in the articles of the church into which he aspires to enter. In the schools of medicine there are no such standards. Every teacher is at liberty to adopt and teach whatever medical doctrine and practice he thinks best ; and consequently, every student has to make a similar choice for himself, and, provided he pursues the prescribed course of studies, and acquires the stipulated amount of information, he has hitherto obtained his degree, with a mind unfettered as to the mode of practice he may afterwards see fit to adopt. Viewing the matter in this light, it was an unjustifiable act on the part of the authorities to agree together to condemn a particular mode of practice, while they agree in nothing else except in their ignorance of what that mode is, and of what it can accomplish.

That the greatest differences of opinion, both in points of theory and in matters of practice, prevail even among the teachers of the same university is admitted ; but Dr. Simpson contends that they are all governed by the "standard of common sense." Does he mean by this the kind of sense which decides a question in ignorance of it ? Which supposes the course of nature to be subject to human authority ? Which would make a young man pledge himself never to look at a natural fact which may possibly stare him in the face all the rest of his life ? And promise never to adopt a mode of treatment upon which his future professional success may possibly depend, and which *his examiners themselves are free to adopt any day they please* ? Surely this is the sense shown by the Inquisition when it put Galileo into prison for discovering that the earth moves, and for asserting his belief in it ; and is this

what Dr. Simpson means by the standard of common sense? Paley truly observes that "one of the ends of civil government is its own preservation;" but is this the mode by which the rulers of our universities and colleges hope to preserve their lawful authority over the next generation? Is it by excluding from their body the most inquiring minds, the most ardent spirits, and forcibly ranging them in opposing ranks, that they expect to hand down unimpaired to their successors, the venerable institutions of our country?

Happily, however, for the credit of our age, the course thus pursued by many of our public bodies *has not been pursued by all*. The Royal College of Surgeons of London have dealt with this matter after another manner. To the applications which have been made to the Council to join in putting down Homœopathy, the following decisive answer has been, on each occasion, returned—

"The Council of the Royal College of Surgeons of England have attentively and repeatedly considered the various communications which they have received on the subject of Homœopathy; and after mature deliberation have resolved that *it is not expedient for the College to interfere in the matter.*"

Having had the pleasure of being a member of this College for more than a quarter of a century, I cannot but rejoice in this determination of the Council. I believe it to be the course of justice and wisdom, and venture to entertain a confident expectation that it will not be long ere the same course is adopted by the other colleges also, which, for the moment, have been led into error by their present rulers. With a little time and patience a *national* reformation may take place, under the auspices of our established institutions; this will be far better than any *sectarian* one effected by a new charter.

Such is the view of the argument, from authority, on the side favorable to the new method. The condemnation of Homœopathy, by magistrates, universities, and colleges, has been done inadvertently, is devoid of force, and not likely to be long continued; it is a condemnation pronounced without knowledge, and without reason, and by an exercise of power beyond its lawful limits.

II. The argument from *antiquity*. On the side of allopathy : The present, or, as it is often called, the established and legitimate mode of treating diseases, is the result of thousands of years of observation and experience. A succession of talented men have been engaged, through many years, in the cultivation of the profession of physic. They have laboured diligently, amidst toils, and dangers, and discouragements of no ordinary kind. There has been put in exercise a large amount of philanthropy, of devotedness, of disinterested self-denial. And this labour and devotedness, extending through successive generations, has had for its great object the discovery of the most successful method of mitigating the sufferings of mankind from disease and death. And have all this labour and exposure to danger, this philanthropy and self-denial been in vain ? It is incredible. Surely, the best results have already been arrived at ; every mode of treatment must have been tried ; the faulty rejected, and the best retained in the hands of the well educated, legally qualified physician. Any upstart method of the present day must unavoidably come under the suspicion that it is one of mere pretension ; that it seeks popular favour by large professions, the hollowness of which is concealed only by their novelty, and by the audacious boldness with which they are put forth ; that its growth is that of the mushroom springing up and perishing with equal rapidity, its flash of light that of the meteor which is no sooner seen than it vanishes into darkness. Homœopathy thus viewed is one of the many kindred delusions which will have its brief existence, and then die away, to be heard of no more.

If such be the true state of the case, it is obviously vain to expect men of standing in their profession to investigate Homœopathy with care. It would be to call upon them to turn aside from their legitimate pursuits, to waste their time which might be better employed, and to draw them into a field of labour which would never be exhausted ; for no sooner would they expose the false pretensions of one form of quackery than another would appear. Hence it is concluded that Homœopathy must be contemned as unworthy of notice ; and those who, from a weak intellect, or from sordid motives,

are induced to adopt the hated novelty must be repelled and degraded.

On the side of Homœopathy it may be asked, is this the *true* view to be taken of the matter in hand?

What has been advanced relative to the meritorious efforts of the profession during many centuries is fully admitted. For this the meed of praise is offered with an ungrudging hand; the expression of thanks is tendered with a grateful heart; but the inference from these efforts, that the end has been achieved, cannot be admitted. The premises are true, but the conclusion does not follow. The imperfection, the confusion, the acknowledged absence of principle, of concord, of settledness in the actual condition of medicine, proclaim the fallacy of such a conclusion.

That there is room for improvement, therefore, cannot be denied; neither can it be doubted that an improved method is possible. It follows that the plea of waste of time against the examination of new methods must be looked upon as an excuse for indolence and indifference, and as such falls to the ground. This plea being removed, and improvement being possible, the leading members of the profession are held under obligation to give their time and attention to the investigation of new methods, and especially of one coming as Homœopathy presents itself, and which is pressed upon their notice by so many voices in their own body.

It is true that many worthless things spring up and soon die away, and that there are many pretenders and much quackery in the world; but it is not true that Homœopathy can be thus described. It has not sprung up with any mushroom growth, for it has been struggling to take root these fifty years; and, on the other hand, though it has been asserted, times without number, that it was dying away, by parties, doubtless, who believed that to be true which they desired to be so, yet Homœopathy does *not* die away.

But it will, perhaps, be contended that Homœopathy has been examined and found wanting, and Professor Andral referred to in proof. I have always entertained a high regard for Professor Andral, having known him long, and I cannot but regret, for his own sake, that he was induced to undertake such a trial of Homœopathy as must be designated by every

unbiased person as having been ignorantly and disingenuously made. I need not describe it in detail, this has been well done by Dr. Irvine,¹ but as a trial of Homœopathy it is altogether insignificant and valueless. All other trials which have been made, so far as I am acquainted with them, also prove nothing but the ignorance and the prejudice of those who have made them.

The plea, then, that medicine has come down to us settled of old time is a false plea.

The plea that medical men cannot be expected to examine new methods is also a false plea.

The plea that an investigation of Homœopathy may safely be neglected, because, like many other novelties, it will soon die away is also a false plea.

The plea that Homœopathy has already been examined by competent persons, and proved a fallacy by experimental demonstration, is also a false plea.

The plea of antiquity itself in support of the present mode of treatment is a false plea, for the present times are the ancient times, the true antiquity, in matters of this kind, as has been testified often. "What in common language," says Jeremy Bentham, "is called old time ought to be called young or early time. As between individual and individual living at the same time and in the same situation, he who is old possesses, as such, more experience than he who is young; as between generation and generation, the reverse of this is true, if, as in ordinary language, a preceding generation be, with reference to a succeeding generation, called old; the old or preceding generation could not have had so much experience as the succeeding. With respect to such of the materials or sources of wisdom which have come under the cognizance of their own senses, the two are on a par; with respect to such of those materials and sources of wisdom as are derived from the reports of others, the latter of the two possesses an indisputable advantage."

Lord Clarendon says, on this subject, "If wisdom and understanding be to be found with the ancient, that time is the oldest from which men appeal to the infancy of the world. . . . The

¹ See 'British Journal of Homœopathy,' 1844, and Henderson's 'Homœopathy fairly Represented.' Appendix.

young shall have much to answer, if, when they come to be old, they do not know more, and judge better, than they could who were old before them."

These eminent writers only confirm what Lord Bacon had long before declared.—"The opinion which men entertain of antiquity is a very idle thing, and almost incongruous to the word; for the old age and length of days of the world should in reality be accounted antiquity, and ought to be attributed to our own times, not to the youth of the world, which it enjoyed among the ancients; for that age, though with respect to us, it be ancient and greater, yet with regard to the world it was new and less. And as we justly expect a greater knowledge of things and a riper judgment from a man of years than from a youth, on account of the greater experience, and the greater variety and number of things seen, heard, and thought of by the person in years; so might much greater matters be justly expected from the present age than from former times, as this is the more advanced age of the world, and now enriched and furnished with numberless experiments and observations."

Thus the argument from antiquity, when rightly considered, turns out to be in favour of Homœopathy, as the discovery of the latest period of the world; as the result of long continued labour which was sure, sooner or later, to be rewarded with fruit.

The uncertain and unsatisfactory methods of healing, pursued during the early and middle ages of the world, were adopted, not because none better could be found, but, because, as yet, none better had been found. The better *is* now discovered, and as well might people refuse to travel by the railway, or to receive communications through the telegraph, because they were not in use in the times of our fathers, as refuse to avail themselves of the latest improvements in the treatment of their maladies.

III. The argument from the *majority*. In support of Allopathy it is urged that Homœopathy has now been before the profession more than half a century, and it is still rejected by a very large majority of medical practitioners, and especially by nearly all who occupy places of eminence and distinction. It has met with "a steady rejection on the part of the great

body of the profession, notwithstanding its claims have been perseveringly urged by its advocates." And it is to be "remembered that the profession which has so perseveringly and almost universally rejected Homœopathy, is composed of men who have every variety of opinions, and are not bound together by any particular set of doctrines." Again, "many of those who practise according to this system are poorly educated and irresponsible men. Unable to get any hold upon the profession, Homœopathy has received most of its votaries from the people."

The argument therefore against Homœopathy from numbers and personal character is this, it is still rejected by the majority of the medical profession, and condemned by the most distinguished teachers and practitioners of the art.

On the other side, it may be remarked, that a new fact or a new fancy must necessarily at first be known by a small minority of persons ;—nay, a fact observed for the first time, or a fancy newly imagined, must, in the first instance, be limited to a single individual. Until they have been communicated to others they can be known only to the mind which has observed or imagined them. Truth and error are in this respect upon an equal footing. Harvey's discovery of the circulation of the blood, and Sir Kenelm Digby's invention of the weapon-salve start from the same point,—each from the mind of an individual. The progressive reception by mankind of the one or the other may be rapid, or it may be slow ; little can be inferred from this progress in favour of the truth of the one, or the falsehood of the other. As therefore the rapid progress of Homœopathy would not prove it true, so neither does its slow advancement prove it false. There are many reasons which account for and explain its comparatively tardy reception by the profession, these will be noticed on a future occasion,¹ but there is a force in one circumstance connected with this argument of the highest value, the importance of which demands the serious attention of every intelligent person ;—the fact that the minority who have adopted Homœopathy have done so after having examined and tested it experimentally in their own hands, and have been thus led to embrace it from

¹ In Essay X.

conviction of its truth; while the majority who continue to reject it, have not examined it, will not examine it, and confessedly remain in ignorance of the nature and extent of the evidences in its favour.

Let this last consideration have its due weight and what becomes of the objection to Homœopathy that it has met with "a steady rejection on the part of the great body of the profession?" It tells as little against the truth of Homœopathy as the fact tells against Christianity that, after eighteen centuries, a large majority of mankind still unhappily reject its evidences and its blessings.

Having said thus much, I will not enlarge upon this topic. That numbers and great names often give us very little help in our search after truth, is an old observation. I shall discuss the difficulties which impede the progress of Homœopathy, in a future Essay, only remarking at present, that some men tell us at once that they studied when they were students, and their pride is wounded by the request to "go to school again;" some men *will not* give themselves the trouble either to read, to observe, to experiment, or to think; some men cannot do either to any useful purpose; while others agree with the Vicar of Wakefield in believing that "there are but few that can confute them in argument."

IV. The argument from *improbability*. This attaches to the *dose*. The novelty of the announcement that a drug may be divided, by rubbing in a mortar, into a million, or a billion, or even a decillion of parts is startling; but when it is further announced that these doses are sufficiently powerful to act as remedies in disease, the statement is so incredible as to appear absurd.

The Allopathist argues thus:—We have here two great improbabilities, and two observations in addition, which claim attention. The two improbabilities are first, that such doses can be prepared, and secondly, that they can have any efficacy in curing diseases; and the two observations are as follow:—

First—"The doses administered in Homœopathic practice, especially at the present time, have an exceedingly wide range. Hahnemann himself, although he recommended the thirtieth

dilution for common use, did sometimes resort to even allopathic doses, as for example, in the treatment of cholera with camphor." Many entertain the idea that the dose must be regulated by the different degrees of sensibility or impressibility of the patient; but "if medicines produce, in infinitesimal doses, such effects as are attributed to them, and if there be such wide differences in the susceptibility of the sick, it must be very important to fix upon, exactly, the right dose in each case." "If an error should chance to be committed, *the effect must be horribly destructive.*"

The second observation—"If both ordinary doses and infinitesimal ones cure disease, they must," it is said, "do it in different ways. The action of the potentised infinitesimal upon the system must be regulated by different principles from those which govern the action of the same article in its crude form." "Let me illustrate this truth in a familiar manner. You see a heavy weight raised by a rope; suppose now that some one take from that rope a filament so small that it is invisible, and with this raises the same weight. We should say at once the rope and filament do not raise the weight upon the same principles,—that some new power is given to the filament which is not possessed by the rope. 'True,' says the Homœopathist, 'that is clear enough, and we claim that a new power *is* given to medicine by trituration and attenuation!' Why then, I ask, do you not adhere to this view of the subject? You are not consistent with yourself. While you say that a new power is given to the infinitesimal which does not belong to the medicine in its crude state, and by this power it cures disease; you, at the same time, claim that the law, *similia similibus curantur*, is the principle on which both infinitesimal and crude medicines effect cures, which is as absurd as to say that the invisible filament raises the weight upon the same principle as the rope does."

Such is the view of the argument as advanced against Homœopathy; the efficacy of the infinitesimal dose is utterly wanting, it is thought, on the score of *probability*.

In reply to the first assertion, namely, the improbability that it is practically possible to divide anything into a decillion of parts, it can be shown that nothing is more easy. Suppose we take thirty new and clean half-ounce bottles, and place

them in a row; and put corks in them; and mark the corks with the numbers from one to thirty; and put into No. 1 ninety-eight drops of alcohol, and into each of the remaining bottles ninety-nine drops of alcohol; and put into No. 1 two drops of the "Mother Tincture" of any liquid medicine (which consists of the juice of the plant and alcohol in equal parts), and shake this bottle well; and put one drop of this first dilution into the bottle marked No. 2, and shake it well; and put one drop of No. 2 into No. 3, and shake it; and proceed in the same manner through the thirty bottles. By this time we shall have divided the original drop of the medicine so that the 30th dilution contains a decillionth part of it. This proceeding will not have occupied an hour, and the quantity of alcohol consumed will have been about *six ounces*; instead of the oceans of spirit required, according to the calculations of mathematicians and doctors.

Is not this quite simple and easy? And for a solid not less simple, though a little more laborious. A grain is to be carefully triturated with ninety-nine grains of sugar of milk in divided portions for an hour; a grain of this first trituration is to be rubbed in a similar manner for the second; and a grain of the second for the third trituration. After this the substance becomes soluble, and the remaining dilutions can be made as in the case of the tinctures; twenty-seven bottles being required to obtain the thirtieth dilution. For proofs that these dilutions retain the medicinal properties of the drug sufficiently to act upon disease, I must refer to Essay IX.

The accomplishment of the fact does away with the improbability.

In reply to the second assertion, namely, the improbability that these doses have any effect in curing disease, it can be shown that nothing is more true, if the testimony of every medical practitioner who is in the daily habit of administering them in disease can be relied upon. It is well known that the number of these witnesses now amounts to thousands; that they have been trained in medical studies and pursuits, as their brethren whom they have left in the ranks of allopathy; and it is as well known that none talk about the improbability of this medicinal action but those who have not been willing to witness it. The subject therefore stands in this position—

the efficacy of the small dose is a fact which "strikes the eyes of all who do not keep them shut."

The strong impression I have in my own mind of the certainty of this fact contrasts painfully with the inability I feel to convey that impression to another. From this we may learn the great difference which exists between physical science and mathematics or morality; the latter admit of demonstrations, the former does not. We cannot know the facts of natural philosophy except by the observation of our own senses. We may believe some things to be true on the testimony of others, which we have not ourselves observed, as that there are men and trees in parts of the world which we have not visited; but if the things told us are very unlike our observations, we have the utmost difficulty in believing them, until we can observe them ourselves; then we *know* to be true what before we could not *believe* on any testimony from others. When the Dutch ambassador told the King of Siam that in his country the water, in cold weather, sometimes became so hard that it would bear an elephant, the king replied, "Hitherto I have believed the strange things you have told me, because I look upon you as a sober fair man; *but now I am sure you lie!*"

Homœopathists are precisely in the predicament of the Dutch ambassador. What could he say to vindicate his truthfulness? Nothing short of a journey to Holland could clear him. What can the Homœopathists say to vindicate theirs? Nothing short of a trial of the medicines can produce in the minds of their opponents the conviction of their honesty, and of the truth of their assertion. My inability to produce conviction by argument arises out of the nature of the case, not from its doubtfulness; much therefore as I feel the importance of this point, I shall content myself with a simple illustration.

Ruckert reports eighty-four cases of cure of *headache* effected by fifty-one different physicians. Only one remedy was given in each case, and the exact dose used is mentioned. Most of the cases were chronic, and of several years' standing.

"Strong doses were used, viz., from the pure tincture to the third dilution in twenty-one cases; one dose sufficed to cure in five instances; one dose in solution was repeated in one instance; repeated doses were required in fifteen cases.

"The higher dilutions, viz., from the fourth to the thirtieth, were used in fifty cases; one dose sufficed to effect a cure in thirty instances; one dose in solution and repeated in three instances; repeated doses were required in seventeen instances.

"The very high dilutions were used in thirteen cases; single doses in ten instances; in solution repeatedly in three instances."

Is it possible that all these recoveries can have been mere coincidences—*post hoc*, not *propter hoc*? Have each of these fifty-one physicians uttered a falsehood?

In reply to the first observation that the doses in homœopathic practice have an exceedingly wide range, it may be remarked again that the dose is, as yet, an unsettled and difficult question. One of the main causes of this unsettledness and difficulty is the manner in which Hahnemann himself has dealt with it. When expounding his belief in the *principle* of Homœopathy, Hahnemann pursues the only scientific and legitimate course, he gives us the proofs which have satisfied his own mind of its truth; *we can examine these proofs*, and if they are as satisfactory to our minds as they were to his, we also assent to the principle, and believe it to be true for the reasons assigned. We believe it to be true, not because Hahnemann *said* it was true, but *because he has shown us the proofs of its truth*. We follow him in this as the astronomers follow Newton, and the chemists Ritcher and Dalton. Unhappily for Homœopathy, Hahnemann has not pursued the same course with reference to the dose. *He has not given us the means of judging how far his conclusions on this subject are well founded*. He *says*, indeed, very like a dictator, "It holds good, and will continue to hold good, as a homœopathic therapeutic maxim, not to be refuted by any experience in the world, that the best dose of the properly selected remedy is always the very smallest one, in one of the high dynamizations (30th), as well for chronic as for acute diseases."¹ Now I have no objection to adopt the thirtieth dilution for a dose, if it can be shown me that it is really the best, but I cannot take any man's mere word, without proofs on such a point. I am therefore under obligation to try the different dilu-

¹ 'Organon,' p. 289, note.

tions for myself. How would any one look when an intelligent interrogator inquired of him the reason why he always gave the thirtieth dilution, if he could give no better answer than this, "I follow the ipse dixit of the master, Hahnemann *said* it was the best."

Suppose the discoverer of the mariner's compass had proved to us experimentally the magnetic action which is its *principle*, and then told us, with a mysterious air, that the needle must always be five inches long, that no experience in the world could refute this, or prove that a needle four inches long, or one six inches long would answer as well; would it be wise and manly to submit to such dictation as this? So with the homœopathic dose, it must remain, not nominally, but really an open question, until sufficient proofs can be collected to show us which is best.

It is to be remembered that Hahnemann's own views on this subject underwent many changes; although on each occasion, when he published them, they were delivered in the same peremptory and oracular tone. Some would have us to follow him with blind obedience; they would place him in that seat in medicine which Galen occupied for fifteen hundred years, and which Aristotle held in philosophy for a still longer period. May I, without giving offence, remind them of Locke's observation, "'Tis not worth while to be concerned what he says or thinks, who says or thinks only as he is directed by another."

Let me be understood. The objection is not to the adoption of this or that dose, but to the adoption of it *without proof that it is the best*. Give us the proofs and it shall be thankfully adopted on the instant. We are told, indeed, by some Homœopathists, that the *onus probandi* that Hahnemann and his faithful disciples are in error lies on our shoulders. As it respects a *given dose*, the thirtieth dilution, for example, this is placing the matter in a false position; it is calling for proof of the *negative* before any proof of the *positive* has been advanced. On this point we have had a great deal of assertion but no proof. Now the first burden of proof clearly lies with the teacher, to show that he is right. Had Hahnemann given us the details of five hundred or a thousand cases, illustrating and confirming his directions regarding this dose, the latter

would have had weight; a dogmatic assertion without an attempt at proof, is not entitled to respect. As it regards the fixing upon *any dose* in the manner done by Hahnemann, I accept the challenge, and at once point out the error. "Hahnemann and his faithful disciples" are not entitled to choose a dose, and demand that every one shall adopt it, unless they give the reasons upon which the choice rests, in such a manner as will enable others to judge how far those reasons are adequate to support the choice. *This* is the error. A dose has been prescribed. I wait for such evidence in its favour as the nature of the case admits.

I am far from thinking the variety of doses an unimportant matter; on the contrary, I think it is the point to which Homœopathists should very much concentrate their attention, in the hope that a body of facts may be collected from which we may infer, in a truly scientific manner, which is the best dose, or series of doses. In this we must be guided by proofs, not by authority.

In the mean time, daily experience abundantly testifies the value and efficacy of the various small doses, and proves that so far from being "horribly destructive," no permanent evil results from their use.

The second observation is one of considerable interest and importance. It is said, "If both ordinary doses and infinitesimal ones cure disease, they must do it in different ways." And this statement is illustrated by supposing a rope and an invisible filament to raise the same weight. Now we know that a rope and a thread so fine as to be invisible, could not raise a heavy weight on the same principle; because we know something of the mechanical principles upon which the rope would raise the weight, and we know that the thread could not raise it on those principles,—it could have no mechanical power. If, therefore, the illustration were really a parallel to the point in question, it would make the conclusion evident; but the truth is, it is not a parallel, and therefore no illustration at all. We do not know the mode of action of the ordinary dose, neither do we know the mode of action of the small dose, consequently we cannot know that the modes are different—for anything we know to the contrary, the two doses may act in the same mode—on the same principle, and there-

fore the law of *similia similibus curantur* may apply to both. Thus both the observation and its ingenious illustration disappear.

The objection, however, is fatal to the dynamization hypothesis of Hahnemann, and may serve as a warning to some Homœopaths not to advocate that untenable notion to the extent they do. The *assumptions* of Hahnemann on this subject, in his 'Organon' are unwarranted, and consequently his *assertions* are of little value. For example, he assumes that "spiritual power is hid in the inner nature of medicines;" that "Homœopathic dynamizations" (rubbing the solid in a mortar, and shaking the liquid in a phial), "are real awakenings" of this power; and hence at one time he asserts that there must be ten shakes, and at another, only two. He is not afraid to venture upon what is evidently a shot quite at random. "I dissolved," he says, "a grain of soda in an ounce of water mixed with alcohol, in a phial, which was thereby filled two thirds full, and shook this solution continuously for half an hour, and this was in dynamization and energy equal to the thirtieth development of power!"

It would be very difficult for any one holding this hypothesis of "dynamization" or "spiritualization" to answer satisfactorily the objection now under consideration. It is highly improbable that the principle of Homœopathy can apply equally to the action of drugs in a crude state, and in infinitesimal doses, if the latter act in a "spiritual" manner, and, as supposed, not after the same mode as the former. Of course I mean the medicinal action; a large dose of a drug, *e. g.*, nitrate of silver, will have other actions, such as chemical ones, in addition to the medicinal effect. I shall adduce other reasons, in future Essays, why this hypothesis ought to be abandoned.¹

Hahnemann has discovered facts for which the human family owe him a debt of gratitude, but it is impossible to defend his speculations, or to apologise for his dogmatism. In some respects he resembles Kepler, whose name is had in grateful

¹ I must be understood to mean Hahnemann's Hypothesis of the *development of a new medicinal action* by trituration, distinct from the action of the crude medicine. There is a sense in which the word "dynamic" may be applied to the action of medicine in *all* doses.

remembrance by astronomers, for his discovery of three remarkable laws connected with the planetary system; while all his numerous speculations have passed into oblivion. Those of Hahnemann must have a like fate. They have greatly impeded the progress of Homœopathy, by hiding its truth. I doubt not also that many intelligent inquirers have been repelled from the study of it by his intolerable dictation.

To separate truth from fiction is generally a difficult and ungracious task, and seldom popular. The sentiments which Plato puts into the mouth of Socrates, "*τὸ γὰρ ἀληθὲς οὐδέποτε ἐλέγχεται*,"—"truth is never refuted," is the encouragement to this labour; the love of truth is the motive which constrains to it; and the discovery and exhibition of truth is part of its reward.



ESSAY III.

THE CONTROVERSY ON HOMŒOPATHY, (*CONTINUED.*)

“ That unwarlike learning, which is nourished by ease, and flourishes by praise and reward, which sustains not the vehemency of opinion, and is the sport of artifices and impostures, is overthrown by opposition.”

LORD BACON.



ESSAY III.

THE CONTROVERSY ON HOMŒOPATHY, (CONTINUED.)

“The thing plainly is that mankind are naturally endued with reason, or a capacity of distinguishing between truth and falsehood.”—BISHOP BUTLER.

THE subject of this Essay is the defence of Homœopathy, in reply to medical writers; and the book selected to be replied to is ‘The Fallacies of Homœopathy,’ by Dr. Routh.

In this book Dr. Routh commences by stating that it is “at the request of several distinguished friends,” that he has been “induced to publish in a separate form his researches on the subject of Homœopathy.” His book, moreover, has been frequently referred to by medical men attached to the old mode of practice, as containing their arguments against Homœopathy. It may therefore fairly be presumed, that it expresses the present views of that portion of the profession. A reply seems called for on the part of Homœopathy.

Dr. Routh then observes that “this system (of Homœopathy) has unfortunately lately made, and continues to make such progress in this country, and the metropolis in particular, and is daily extending its influence, *even amongst the most learned,*

and those whose high position in society gives them no little moral power over the opinions of the multitude, that *our profession is, I think, bound to make it the subject of inquiry and investigation.*" For this statement Homœopathists are obliged to Dr. Routh. It expresses in forcible words an important truth,—the rapid spread of Homœopathy among that portion of the community best able to appreciate its value; and it well seconds their own oft-repeated and urgent request that medical men would make Homœopathy the subject of inquiry and investigation.

Dr. Routh next proceeds to remark that "violent opposition to Homœopathy can do no good. Abuse, intolerance, cannot be accepted by the world as a fair and philosophical inquiry. These can only call forth new defenders. . . . All doctrines are founded on truth, or what is supposed to be truth. The way to disprove a doctrine is, therefore, not by assailing it as ridiculous or absurd,—a conviction of error can only follow when the foundations upon which it is based are shown to be untenable. Examples of such unphilosophical demeanour in refusing fair inquiry, or prosecuting an *ex parte* investigation are not wanting. . . . Thus the Homœopathist has reason on his side when he appeals to the history of the French Academy, as exemplifying intolerance and unfairness in inquiry. He tells us that in 1642, this assembly declared that the blood did not circulate in the body; in 1672, that it was impossible. In 1774, after having opposed inoculation for fifty years, it admitted its advantages, the moment three Princes of the Royal blood had been inoculated contrary to their permission. In 1609, it expelled one of its members for making use of, and curing his patients of ague by quinine. Even among ourselves, the great Harvey was persecuted for his discovery (of the circulation of the blood). The time was when the surgeon who had dared to bring together the edges of a cut surface to unite by the first intention (that is to heal immediately), or who had ventured to dress wounds by water dressings, in lieu of plugging by large pieces of lint and cerate (by which means the healing of the wounds was protracted for weeks, or even months), met with *the universal reprobation of the profession, and was accused of quackery.* Even in later years, with what opprobrious names was the discovery (of vaccination) by the

great Jenner assailed! Nay, but very recently, with what violence was the introduction of the stethoscope opposed! and in the present year how have not certain physician-operators been insulted by the ascription of motives, not certainly the most honorable." These parallels clearly exhibit the unfair reception which Homœopathy has hitherto met with from the bulk of the medical profession. I have only to thank Dr. Routh for having so well expressed the true state of the case.

Thus far for introduction. Dr. Routh next addresses himself to the investigation of Homœopathy. To this I will apply myself with all seriousness, and in such a manner that I trust neither Dr. Routh nor my readers will have just cause to complain of any impropriety on my part. I agree with Dr. Routh, that "he only is the true philosopher who can so far separate his mind from the bias of the day as to extricate it from the dazzling perplexities which surround him, and by adopting only those conclusions which logical reasoning deduces, is enabled, out of this labyrinth, to bring out truth."

Instead of adopting Dr. Routh's division of the subject, I shall prefer the following:

I. The consideration of the principle of Homœopathy—
"Similia similibus curantur."

II. The question of small doses.

III. The statistics upon which is founded a preference of Homœopathy, as the most successful method yet known of treating diseases.

I. The principle of Homœopathy, or the supposed law of nature upon which it is based. Dr. Routh observes that "this law is defined by Hahnemann as follows—'That in order to cure in a mild, prompt, safe, and durable manner, it is necessary to choose, in each case, a medicine that will incite an affection similar (*ὁμοιον παθος*) to that against which it is employed.' It was, it is said, discovered in 1790, by Hahnemann, while engaged in translating Cullen's *Materia Medica*."

Having endeavoured to explain this principle to some extent

in the first Essay, while answering the question, "What is Homœopathy?" and intending to enter fully into the consideration of it in the three following Essays, I will suppose for the present that my readers understand the basis of Homœopathy, the general fact or maxim "*similia similibus curantur*."

In all controversies it is well, I think, to ascertain first how far the parties are agreed. Let us see, therefore, how far Dr. Routh assents to this principle, before we consider his objections.

"Allopaths, admitting the occasional truth of this doctrine, '*similia similibus curantur*,' have given the larger dose. The experiments of Majendie have shown, that tartar emetic in doses of six to eight grains, will produce, amongst other lesions, pneumonia, if not rejected by vomiting. Every day's experience proves the efficacy of large doses of tartar emetic in curing pneumonia and other affections of the lungs. Arsenious acid, long continued, will produce a variety of cutaneous eruptions. The advantage of arsenic in many of these diseases is, on the other hand, well recognised. Certain peculiar eruptions which occur after taking mercury, have been described as produced by it, and which closely resemble those against which mercury is a specific. Here then are instances of the occasional truth of this law." (p. 6.)

Our thanks are due to Dr. Routh for such excellent examples of the law of Homœopathy. We have only to go on with other instances. Hippocrates, the father of medicine, two and twenty centuries ago, says that a drug which will produce strangury, will cure it, when it has arisen from another cause; and Dr. Greenfield, a member of the Royal College of Physicians in London, was sent to Newgate in 1694, by the President of his College, for giving cantharides (the blistering fly, which all know often produces complaints of the bladder), with great success in cases of this kind. Again, every one knows that cinchona (Peruvian bark), is a specific for ague; "Now," says Dr. Routh, "*bark certainly produces symptoms, as alleged by Homœopathists, very like those of ague*." Again, our thanks are due to Dr. Routh. Nitric acid is a great remedy for salivation,—Dr. Pereira (an eminent allopathic authority) says it excites or produces salivation. Sulphur often produces eruptions on the skin, as those who frequent baths like Harrogate well know: it is

notorious as a remedy for similar affections. Thus we might proceed, not only through the fifty medicines originally proved in this way by Hahnemann himself, but through upwards of three hundred which have been proved since his day, by the persevering industry of others. Nearly all known medicines have been thus examined,—a larger number than is included in the *Materia Medica* of the College of Physicians as published in their official *Pharmacopœia*. A strong method of testing such a principle as this is to select a poison, and note the symptoms produced by it, and then to give it in smaller doses to cases of natural disease suffering from similar symptoms,—but for which it has never before been given as a medicine; if it be found to cure such cases, the truth of the law is greatly maintained. This has been done in many cases,—an allusion to one instance will suffice. *Belladonna*, the deadly nightshade. Children have been poisoned by the berries of this plant, when they have met with them in the woods and eaten them. They have suffered from fever, affection of the brain and throat, and a scarlet eruption on the skin. Hahnemann was induced to test the principle which had been suggested to his mind by an appeal to this experiment; he gave *Belladonna* in scarlet fever, and found not only that it was a better remedy than any previously known, but that it also proved a preservative from it when given to those exposed to the infection of the scarlet fever.

That which is merely a suspicion in a single instance, becomes a strong probability when confirmed by so many important examples as are adduced by Dr. Routh, and an established reality when it is found not only that it is applicable to hundreds of other substances, but that no serious or material exception can be brought forward against it. This law is now ascertained to be a practical guide to the best use that can be made of every valuable remedy we are possessed of. Homœopaths put it to a continual and daily test, and it does not fail them. The few exceptional instances which Dr. Routh adduces against it are of the most meager description; he goes with us a long way in the admission of the principle, we have only to carry him with us a little further.

Suffer me to ask, why do astronomers rely upon the law of gravitation? They put it to continual tests, and it does not

fail them. So let the law of similia be tried, and so let it be trusted *till it fails*.

Thus Dr. Routh's opposition to the principle of Homœopathy seems to have disappeared. His own instances have laid a foundation which only required to be built upon, that it might become an impregnable castle of truth.

We may now proceed to the second matter in discussion.

II. The small dose.

This is a great stumbling block with Dr. Routh, as it is with many others. Let us, however, as we have done in the consideration of the principle, first ascertain how far Dr. Routh goes along with us, and then we shall perhaps know better where we differ.

"*It is certainly true,*" says Dr. Routh, "*that small doses, and especially in large dilution (which is the mode in which Homœopathic remedies are prepared), will oftentimes act very satisfactorily.*" (p. 17.) How does he know it? "*I have seen this,*" he replies, "*repeatedly.*"

How small the doses were which he has seen act thus satisfactorily, Dr. Routh does not inform us, but this is of little moment. It is obvious that he has gone *a certain length* with the small doses, and that, *so far as he has gone experimentally*, they have acted very satisfactorily in his hands. The limit then of this satisfactory action is the same as the limit of Dr. Routh's experience. So far as he has tried them, they have acted very satisfactorily,—he has tried none so small that they have failed him. Now, this is precisely what every one testifies; so far as any have tried them, the doses becoming smaller and smaller, or, in other words, more and more diluted, they have acted satisfactorily.

To this point then we are agreed; so far as either of us have ascertained this practical point *experimentally*, we have obtained satisfactory action from our doses. We begin to differ only where Dr. Routh's experience ceases, and he begins to conjecture. It is well to make this point clearly evident.

Dr. Routh was about to define the limit of the legitimate and satisfactory dose,—smaller than which every dose would be "a piece of affectation." (p. 7.) He says that what he has seen repeatedly is certainly true; does it not, therefore,

seem extraordinary that he did not go on trying smaller and smaller doses so long as they continued to act satisfactorily, and until they became so small as to cease to do so. Had Dr. Routh pursued this course, selecting his medicines in each case in accordance with the law of similia, his testimony would have been of weight, but instead of proceeding thus, he has ventured to condemn every dose less than those he has himself tried, for the following reason—"We are compelled," he says, "to conclude that the infinitesimal doses, *neither by analogy, nor upon any theoretical grounds*, can have any power upon the human frame." (p. 16.)

But, in a case so peculiar as the action of drugs upon a living body, what analogy or what theory have we to guide us? Is it not a matter of experience? A question of *fact*? By what analogy, or theory, did Dr. Routh ascertain that his small doses in large dilution would act very satisfactorily? His reply is the only sensible one which can be given. "I have seen it repeatedly, *therefore* I believe it to be certainly true!"

Suppose then he were to try still smaller doses, (which, perhaps, true analogy would lead him to do,) and suppose he were to see that these also acted very satisfactorily, will he not know that this also is certainly true? What then will become of *his* analogy and theory? It is a vain pretence. These are questions of fact, and the public have reason to be aggrieved with Dr. Routh, for objecting, from false analogy and theory, to a matter asserted to be a fact which he refuses to verify by "seeing" it.

It is a repetition of the conduct of Galileo's brother-professor, who refused to look through the newly invented telescope, *lest he should see* Jupiter's moons. He preferred the argument, from false analogy and theory: that *they could not be there*. But it is more blameable in Dr. Routh, because the matter in hand is still more important to the well-being of mankind.

It appears, then, that Dr. Routh's opposition to the doses frequently given by Homœopaths rests thus: he admits that he has repeatedly seen small doses act very satisfactorily, and he asserts that this is certainly true; but he asserts also that what he has not seen, and refuses to see, cannot possibly be true! though many others, his equals, at least, in intelligence

and credit, have seen it, and testify to its truth. "Analogy and theory compel him to conclude that such doses can have no power."

I conclude by observing that we value Dr. Routh's testimony as to what he has repeatedly seen, and agree with him in believing that it is certainly true; our only difference on this head being that we decline to adopt his analogical and theoretical opinions, as destitute of the slightest foundation. We recommend him to carry on his experiments with still smaller doses, and we doubt not he will repeatedly see that they also act very satisfactorily; he will then come to the same conclusion with respect to them that he has with regard to those he has already tried, and will become convinced that the power and efficacy even of infinitesimal doses is "certainly true."

I must remark however, that, after all, the small dose is not Homœopathy. It is the principle—the law of *similia similibus curantur*, which constitutes Homœopathy, in whatever dose the medicines may be given.

We now come to the third part of our subject.

III. The comparative success of Homœopathy, as evidenced by the general mortality of hospitals.

We might wish that the means at our disposal were more extensive than they at present are; but it is a difficult subject, and we are indebted to many laborious men for the pains they have taken in registering their cases. We are under obligations for these labours, and we must take them as our guide in the inquiry. "It is to be regretted," says Dr. Routh, "that the statistical returns for comparison from Allopathic hospitals are frequently insufficient for special diseases; on the contrary, this is a point to which the Homœopaths have directed particular attention, and they have already derived benefit from it with the public." (p. 37.)

Under the preceding heads I have endeavoured to ascertain, first, wherein Dr. Routh and Homœopaths agree, in order to lessen, as much as possible, the grounds of controversy. I shall again seek to reduce, within the smallest compass, the matters wherein we differ on this most important, and, to the public, most interesting part of our subject.

We are indebted to Dr. Routh for having taken pains in

collecting and placing in juxta-position a variety of public statistics. From these I will make some extracts :

PNEUMONIA (inflammation of the lungs).

	Admitted.	Died.	Mortality per cent.
Allop. Hospital, Vienna .	1134	260	23
Hom. do. do. .	538	28	5

This is part of the first table in the Appendix. Before commenting upon it, it will be well to allude to another question, the comparative success in cases in which no medicine, either in large doses or small ones, has been given. Dr. Routh says a great deal upon this subject ; I quote the following passage : “ Dr. Dietl, the Allopathic physician of the Wieden hospital, in Vienna, anxious to test the efficacy of dietetic regimen in pneumonia, instituted a series of experiments. In the course of three years that gentleman treated 380 cases of pneumonia. Eighty-five of these cases were treated by repeated bleedings ; of this number 17 died, or 20 per cent. ; the remaining 68 recovered. One hundred and six were treated with tartar emetic ; the mortality was now 20·7 per cent., 22 dying, and only 84 recovering. The remaining 189 were treated by simple dietetic means ; the deaths amounted to 14, or 7·4 per cent., 175 recovering. The above data have been given upon the evidence of Dr. Roth (‘ Hom. Times,’ No. 49), an eminent Homœopathic writer.” (p. 55.)

Here then is a point upon which both sides are agreed, seeing that this experimental investigation by Dr. Dietl is adduced by opposing writers. My readers will note well the information it imparts. It appears from this statement that when cases of inflammation of the lungs, admitted by all to be a dangerous disease, are treated, as is almost universally done by Allopathic practitioners, by bleeding and large doses of powerful drugs, about twenty die out of every hundred, (in the Glasgow Infirmary twenty-seven,) while under simple dietetic management only about seven die in a hundred cases.

“ I think,” says Dr. Routh, “ we may therefore conclude that nature, or very simple emollient drinks, quiet, rest, a warm atmosphere, will often cure pneumonia *apart from any*

drugging whatever." (p. 56.) He had previously (p. 35) observed "that simple hygienic treatment, *i. e.*, attention to diet, regularity in the hours of meals and of rest, exercise, change of air, will *oftentimes cure many diseases*, apart from any so-called drug, indeed in a few cases *where drugs have failed altogether*, cannot be disputed."

The inference that entire abstinence from medicines is to be preferred to the large doses of poisonous drugs, and to the loss of blood, would seem to be inevitable. It is true that Dr. Routh, alarmed at this conclusion staring him in the face from his own pages, exclaims, "God forbid that we should assent to such a heresy!" But how can it be escaped from? His own statistics in favour of diet are such a mortal thrust at old physic that he has himself put it irrecoverably "hors de combat."

Homœopathists then agree with Dr. Routh that simple diet is better than large dosing.

Nor is this opinion a new one. "If," says Addison, with exquisite humour, in the 'Spectator,' for March 24, 1710, "we look into the profession of physic, we shall find a most formidable body of men; the sight of them is enough to make a man look serious, for we may lay it down as a maxim, that when a nation abounds in physicians *it grows thin of people*. Sir William Temple is very much puzzled to find out a reason why the northern hive, as he calls it, does not send out such prodigious swarms, and overrun the world with Goths and Vandals as it did formerly; but had that excellent author observed that there were *no students in physic* among the subjects of Thor and Woden, and that this science very much flourishes in the north at present, he might have found a better solution for this difficulty than any of those he has made use of. This body of men, in our own country, may be described like the British army in Cæsar's time, *some of them slay in chariots, and some on foot*. If the infantry do less execution than the charioteers, it is because they cannot be carried so soon into all quarters of the town, and despatch so much business in so short a time. Besides this body of regular troops, there are stragglers, who, without being duly listed and enrolled, do infinite mischief to those who are so unlucky as to fall into their hands."

It would seem, therefore, that what the advocates of Homœopathy have really to aim at is to prove its superiority, not over large doses of medicine, but over no medicine at all. Now, in reference to the cases of pneumonia reported above, (all of them occurring in Vienna, and at about the same period of time, and therefore fairly to be supposed tolerably similar,) it will be observed that while diet lost seven in the hundred, Homœopathy lost only five. Again, in the Irish famine fever, referred to in my former pamphlet, I may remind my readers that while Dr. Tuckey, in the Bantry Union Hospital, with every advantage, lost more than thirteen per cent. under large doses, and, while in another hospital, where no medicine was given, ten died in the hundred, Mr. Kidd treated in their own huts, with every unfavorable circumstance, 112 cases with Homœopathy, and lost only two.

To pursue this subject further would carry us away from our present object.

That the cases treated by Dr. Fleischmann, in the Homœopathic hospital at Vienna, were really pneumonia, we have the following case given us in evidence by Dr. Routh himself: "A young girl of about twenty-three, affected with extensive double pneumonia (the lungs on both sides of the chest inflamed). All the symptoms were unusually marked, accompanied with high fever, lividity of countenance, occasional delirium; and yet without a single poultice, cataplasm, or other treatment than the inert globule, rest, emollient drinks, a warm atmosphere, and starvation, she got well. That it was pneumonia, I convinced myself by stethoscopic examination. The disease attained the second stage, but it was fully four weeks before she was convalescent, and all the physical signs of the disease had disappeared." (p. 54.) But they did disappear, which is frequently not the case after the debilitating effects of bleeding and drugs, even in cases classed under recovery.

That the globule was "inert" in this case is precisely the point under discussion, and therefore cannot "logically" (Dr. Routh is fond of the word) be taken for granted. The result of the case would rather appear to prove strongly the contrary.

The following are a few more of the statistics given by Dr. Routh :

PLEURISY.				
		Admitted.	Died.	Mortality per cent.
Allop. hospitals	. . .	1017	134	13
Hom. ditto	. . .	386	12	3
PERITONITIS.				
Allop. ditto	. . .	628	84	13
Hom. ditto	. . .	184	8	4
DYSENTERY.				
Allop. ditto	. . .	162	37	22
Hom. ditto	. . .	175	6	3
FEVER, EXCLUDING TYPHUS.				
Allop. ditto	. . .	9697	931	9
Hom. ditto	. . .	3062	84	2
TYPHUS.				
Allop. ditto	. . .	9371	1509	16
Hom. ditto	. . .	1423	219	14

(The deaths from typhus in Vienna, where occurred most of the Homœopathic patients, were in the Allopathic hospitals, 19 per cent.)

ALL DISEASES.

Dr. Routh gives the statistics of hospitals in London, Edinburgh, Glasgow, Liverpool, Vienna, Leipsic, Linz, and other places; the following appears to be the general result :

		Admitted.	Died.	Mortality per cent.
Allop. hospitals—Grand Total	. . .	119,630	11,791	10·5
Hom. ditto ditto	. . .	32,655	1,365	4·4

Such being the actual results given by Dr. Routh, it will be immediately inquired, how does he get over such a startling testimony in favour of Homœopathy? For, evidently, on the face of these figures the question is settled.

It excites surprise to discover that the best way Dr. Routh

can find to obviate the conclusion thus unavoidably suggested, is to bring two grave accusations against the gentlemen having the care of the Homœopathic hospitals, without evidence, except of a very unsubstantial character, to support his charge. He accuses them of *selecting their cases*, that is, of wilful fraud; and of false diagnosis, or *mistaking the nature* of the diseases, that is, of great ignorance. It will be admitted by all that the most unequivocal facts ought to be brought forward to justify such aspersions as these upon the moral character and professional qualifications of any body of men. I might answer these charges very briefly, but it is an old observation that—

“Nihil est quin male narrando possit depravari,”

There is nothing which cannot, by an ill way of telling it, be made to appear evil.

And lest it should be suspected that I have dealt unfairly with his arguments, Dr. Routh shall be heard in his own words, and we will go through his reasons seriatim.

“1. The exclusion of moribund cases is not fair.” The only example of this kind is the following, “In some tables published by M. Touchon, in his work on Homœopathy, this error is committed.” I have not seen this book, and therefore cannot say how fairly the extracts are made from it, but Dr. Routh gives the numbers for four hospitals in such a manner as to raise the per centage of mortality from 4·4 to 6·7.

What Dr. Fleischmann has done in this matter is to class the cases which die almost immediately after their admission into the hospital, under the head “admitted moribund,” instead of attempting to assign them to any specific disease. They count as deaths in the general total. I think this is no unusual proceeding. Dr. Routh does not advance another instance, and even the one given, and made the most of, is still favorable to Homœopathy. 6·7 is a much less mortality than 10·5.

“2. One source whence a great difference in the cipher of mortality would be effected, would be in a selection of cases.” Doubtless it would, but what proof have we that such a selection of cases is really made? It is asserted that “the

serious cases are few and far between; the milder cases, on the contrary, of frequent occurrence." This assertion is supported by finding in Fleischmann's hospital, at Vienna, between 1835—43, 622 cases of "simple diseases seldom fatal." It appears from the Appendix that, during those years, nearly 8000 cases were admitted into that hospital;—how can it be maintained that 622 mild cases scattered among 8000, render the serious ones few and far between? Suppose these 622 cases entirely struck out, the mortality in that hospital for these years would not be raised one per cent. Had we the means of ascertaining it, I have no doubt that in any other hospital, admitting the same number of patients, we should find an equal, if not greater proportion of simple diseases seldom fatal.

But it is argued—

"3. Another reason of the increased rate of mortality in allopathic hospitals, is in the want of room to admit milder cases of disease. It must be obvious where there is more room for the admission of less serious cases, the annual mortality will be less." Very true, but the allopathic hospitals are considerably larger than the Homœopathic hospitals; the latter therefore are disadvantageously circumstanced in this respect. This is a "reason" which makes the favorable results of Homœopathic treatment still more striking.

Dr. Routh next asks—

"What if it should appear that, proportionally to their number of beds, they admit more patients, perhaps twice as many; will this not be evidence that they have a large number of milder cases?" Not at all. But rather evidence that the cases, though severe, are more quickly cured and dismissed.

"Certainly, they seem to admit a large number of chronic cases." If so, how is it that the beds change their occupants so rapidly? Every one knows that chronic cases, under the old mode of treatment, are tedious and difficult of cure.

Dr. Routh proceeds—

"4. An important element in hospitals towards increasing or diminishing mortality, is the degree of comfort of patients, and the ventilation of the building." If the old hospitals are deficient in these respects, it is high time that such defects

should be brought under the notice of the governors of these hospitals.

"5. Another circumstance which will explain the different rate of mortality in Homœopathic hospital returns, is in the class of patients admitted. . . . In regard to Dr. Fleischmann's hospital, the patients are not the very poorest." Dr. Routh himself contradicts this statement further on (p. 68), where, in endeavouring to account for the large proportion of fever cases, he says, "Fleischmann tells us he admits the poorer classes." It is moreover the fact that his hospital is situated in a poor manufacturing district of Vienna, out of which it must necessarily receive the majority of its patients.

"6. Sex is another circumstance which exerts a powerful influence on disease in general." But how this affects the general mortality of hospitals receiving both sexes indiscriminately is not suggested.

"7. Age materially affects the cipher of mortality. . . . It is precisely between ten and forty that persons are most healthy and least likely to die. . . . Between ten and forty, they have 21 per cent. or rather less than one third too many patients; and above forty, they have 6·8 per cent. or nearly one half too few patients. . . . The proof of selection according to favorable ages is perfect." *How perfect* this proof is shall be shown by the following quotation from the British Journal of Homœopathy, [No. 40, page 347.] "We are not told whether or not Allopathic hospitals have a sufficient number of patients above 40,—but we can inform Dr. Routh that they have not. We do not however on this account charge these hospitals with an attempt at deception, but content ourselves with the simple fact that the missing aged, poor Dr. Routh is in search of are not to be found in hospitals, either Homœopathic or Allopathic, but quietly engaged picking oakum within the walls of the poor-houses."

"Lastly," concludes Dr. Routh, "the Homœopaths prove too much. When we come to look at the Homœopathic mortality, as collected from some of their hospitals, we find it is considerably less than the mortality of any given population, including the *healthy* as well as the diseased. . . . A 2 per cent. mortality is a common occurrence. The Homœopaths thus prove too much, since their mortality, including their

worst and most severe cases, is positively less than that of ordinary populations in most European countries, which average 2 to $2\frac{1}{2}$ per cent." It is sufficient to say, in reply to this, that the mortality in the hospitals is what takes place during an average of less than a *fortnight's* treatment, while that of entire populations is the mortality in a *year*!

Such are the arguments "on the general mortality of hospitals" advanced by Dr. Routh to prove the "Fallacies of Homœopathy." They are repeated on "the mortality in particular diseases." For example:—on the table for pneumonia he observes that it is "a result most favorable to Homœopathic treatment.....to be explained by the selection of cases, the comfort of the patient in the hospital, the age, sex, &c." It will be remembered that the small number of deaths from all diseases was explained by the selection of mild cases; here we have the opposite complaint that too many cases of pneumonia are "selected!" "I find that in the two years 1848 and 1849 there were admitted into the General Hospital at Vienna 51,709 cases altogether. Of these, 1134 were cases of pneumonia, or 2·1 per cent. Apply this test to Fleischmann's (comparatively very small) hospital, out of 6,551 cases, admitted between the years 1835 and 1843, there were 300 cases returned as pneumonia, or 4·5 per cent." I remark, 1st, That the exclusion of diseases of the skin and other chronic diseases from Fleischmann's hospital, which constitute a considerable class in the general hospital, renders this comparison, to a considerable extent, inapplicable. 2dly. That the comparison is defective in point of time. The years 1835-43 being compared with 1848-9. We all know how a disease like inflammation of the lungs varies in frequency in different years: and 3dly. That the statement proves how unfounded was the first charge of "selection" of a too large proportion of mild cases, and that in reality this hospital *receives and cures a much larger proportion of severe acute cases* than the Allopathic hospitals.

On the table for pleurisy, Dr. Routh says,—as before, the advantage is in favour of Homœopathy....."There is reason to believe the cases are either not *genuine or selected*." What reason? "The number of cases admitted are at least *double the number* admitted in Allopathic Institutions." And yet it

was pretended above that the general mortality from all diseases is reduced by the selection of too many mild cases, and the "rigid exclusion" of such serious ones as pneumonia and pleurisy are admitted to be! As to the cases not being genuine, the hospitals are constantly open to inspection; medical men are invited to witness the practice; Dr. Routh has visited them, he brings forward no sufficient evidence on which charges so dishonorable to the whole profession should rest; his assertions and insinuations are directly contradicted by an eminent Allopathic practitioner, who has also visited these hospitals, and who says that the cases he saw treated in Fleischmann's Homœopathic Hospital were fully as acute and virulent as any he had observed elsewhere.—*Wylde's Austria*, p. 277.

Dr. Routh's further objections are equally self-contradictory or altogether futile and frivolous. We have seen that he asserts that because the Homœopathic hospitals have a larger number of patients annually in proportion to their number of beds, therefore their cases are not similar to those in the old hospitals. We infer that they are more quickly cured. On the other hand, he complains that the pneumonia cases remain on an average too long in the hospital: may we not rather conclude that this apparently increased time arises really from fewer of the cases dying? It is *death* which shortens the period *for these* cases in Allopathic hospitals. Again, from the fact that the cases get cured quickly, it is concluded that they are not genuine. Is not this again taking for granted the thing to be proved? Is it not much more reasonable to draw an inference in favour of the treatment from such speedy recoveries? What will be thought of attributing the cures to the "humility and gentleness" of the Sisters of Charity? Their "calm aspect of religion;" "the beauty observed in their persons," and "their melodious accents?" What sort of a corner has Dr. Routh been driven into, that he must fight with such weapons as these? Does he feel his gallant ship sinking beneath him, that he is catching at straws?

The statistics are genuine. The very existence of a Homœopathic Hospital in Vienna is itself a convincing proof of the superior value of the new treatment. It was because Dr. Fleischmann, when the Asiatic cholera raged in Vienna, cured double the number that were saved under the old

system, that the emperor removed the restrictions that had previously been imposed upon the practice of Homœopathy in his dominions, and established the hospital which has since been the principal school of Homœopathy for Europe. Had Dr. Routh's objections been sufficiently weighty to destroy our confidence and our hopes thus excited in Homœopathy, we might indeed have greatly regretted it for humanity's sake, but we must have bowed to the conclusion. If, however, as I think my readers will by this time have been convinced, they have rather been "frivolous and vexatious," we may cheerfully dismiss them, and thankfully indulge our hopes that this improved method of treating all our bodily ailments will become increasingly beneficial to mankind. Hard indeed must that heart be that will not rejoice at such a prospect as this!

It appears then with respect to the principle of "like curing like," it is admitted to a considerable extent by our opponents, as indeed it was by Hippocrates himself, emphatically and deservedly recognised as the Father of Medicine; and that no reason has, as yet, been shown, sufficient to set aside the proofs in favour of its being received as a general rule of universal application.

That with respect to the efficacy of small doses, this is also admitted to the extent that it has been practically tested:—so far as the small doses have been tried, they have been found to act satisfactorily. Now as Dr. Routh himself contends that "we have no right to argue *a priori*," (page 12) we feel justified in asserting that *a priori* or theoretical objections to doses which have not been tried, are of no force, and may safely be disregarded, and at once rejected.

That with regard to the administration of medicines we learn from our opponents, in the most conclusive and self-evident manner, not only the inefficiency, but the positively hurtful nature of the usual treatment by large doses; and that with regard to the statistics which speak so loudly and so unequivocally in favour of Homœopathy, we have seen that the objections brought against them are not of sufficient validity to shake our confidence in their truth.

In conclusion, the published statistics of Homœopathy are important in themselves, and of value to medical practitioners,

either as preliminary information, to induce them to study Homœopathy, seeing that by them at least a *prima facie* case for inquiry is made out, or as a confirmation to their own private trials on the subject, if the information come, as it no doubt often does, after that private examination has been made. Still the main reliance is to be placed upon what happens in our hands, and under our own eyes. Whatever charges of unfairness or fraud may be brought against other persons, we know whether we ourselves are sincere or not. The subject is too serious, and the consequences too important to each individual practitioner, to allow him to be careless in his own proceedings. He is almost necessarily cautious, and awake to all the sources of fallacy to which he may be exposed. He procures the books and reads them, he obtains the medicines, and with intense interest tries them; he expects them to fail, he is almost sure he shall be able to prove that the thing is a delusion. He selects simple cases at first, both for his patient's sake and his own, the remedies apparently act beyond his expectation, at any rate the patients quickly recover, better and more speedily than if he had given them his usual doses. He reasons thus:—even if the medicines have done nothing, the patients have been gainers, they have been spared the taking of nauseous physic, perhaps the loss of blood, or the pain of a blister, and they have speedily recovered; so that supposing it has been diet and regimen, it is evident that diet and regimen do better without drugs than with them. This point becomes settled, that drugging, and bleeding, and blistering are bad. By degrees more serious cases are tried; cases, such as croup, where diet and regimen are out of the question, seeing that if relief be not speedily afforded, death must ensue; and how does the conviction of the efficacious action of the medicines then flash upon the mind! When a violent paroxysm of croup passes off in an hour under the influence of mild doses of aconite and hepar sulphuris and spongia, without the warm baths, and emetics, and leeches, and blisters, which before were considered indispensable; when an equally violent fit of tic douloureux yields in a few moments to the appropriate remedy; when inflammation of the brain yields to belladonna, and inflammation of the lungs subsides rapidly under phosphorus; again, when hands covered with

warts are cleared of them in a few weeks, without cutting and caustic, which did not remove them : when such universally fatal diseases as diabetes (sugared urine) are, if not absolutely cured, at least so greatly relieved, that life is prolonged for years ; what further proof does he require to convince him of *powerful medicinal action* in the remedies employed ? What then is the conclusion arrived at by the anxious but patient and persevering inquirer ? *That Homœopathy is a boon to mankind from the Giver of all good, and that it is his duty to embrace it, and to advocate its cause to the best of his ability.*

The remarks contained in this Essay were originally published as a Reply to Dr. Routh's 'Fallacies of Homœopathy,' in consequence of a letter written by him, addressed to the Editor of the Northampton Mercury, and published in that Newspaper. They were printed in May, 1852, a few days after the appearance of the letter written by Dr. Routh.

A second edition was published on July 21st of the same year, (1852,) and a third on November 17th, also of the same year.

In the preface to this third edition was this paragraph :—
 "These remarks were sent to Dr. Routh with a courteous letter from the author, when they were first written, on the 11th of May, 1852. As they have not been answered, nor the receipt even of the author's letter acknowledged, Dr. Routh may be considered as disposed of. The Reply might therefore be allowed, as far as Dr. Routh is concerned, to go out of print, but for two reasons it is thought desirable that it should remain more permanently before the public ; first, because the arguments and objections against Homœopathy here noticed are still very frequently advanced, and boasted of as unanswerable ; and secondly, because the valuable statistical facts brought before us by Dr. Routh, with his slender and unimportant objections to their valid and significant testimony to the superior success of Homœopathic treatment, cannot be too frequently placed before the eyes of the British nation, or of mankind at large."

A fourth edition appeared on August 12th, 1853, the

preface to which was as follows :—" Since the appearance of the above preface, (to the third edition), I have received a letter from Dr. Routh, dated May 25th, 1853, in which he says he has "no recollection of having received" my letter and reply; at the same time he states that "even to its second edition, the work was not unknown to" him.

"In acknowledging to Dr. Routh the receipt of his letter, I observed that I could not know whether my letter and reply reached him or not, but that they were undoubtedly sent; as, however, he owned himself familiar with the reply to its second edition, I was happy to think that I had not done him much injustice in my preface to the third."

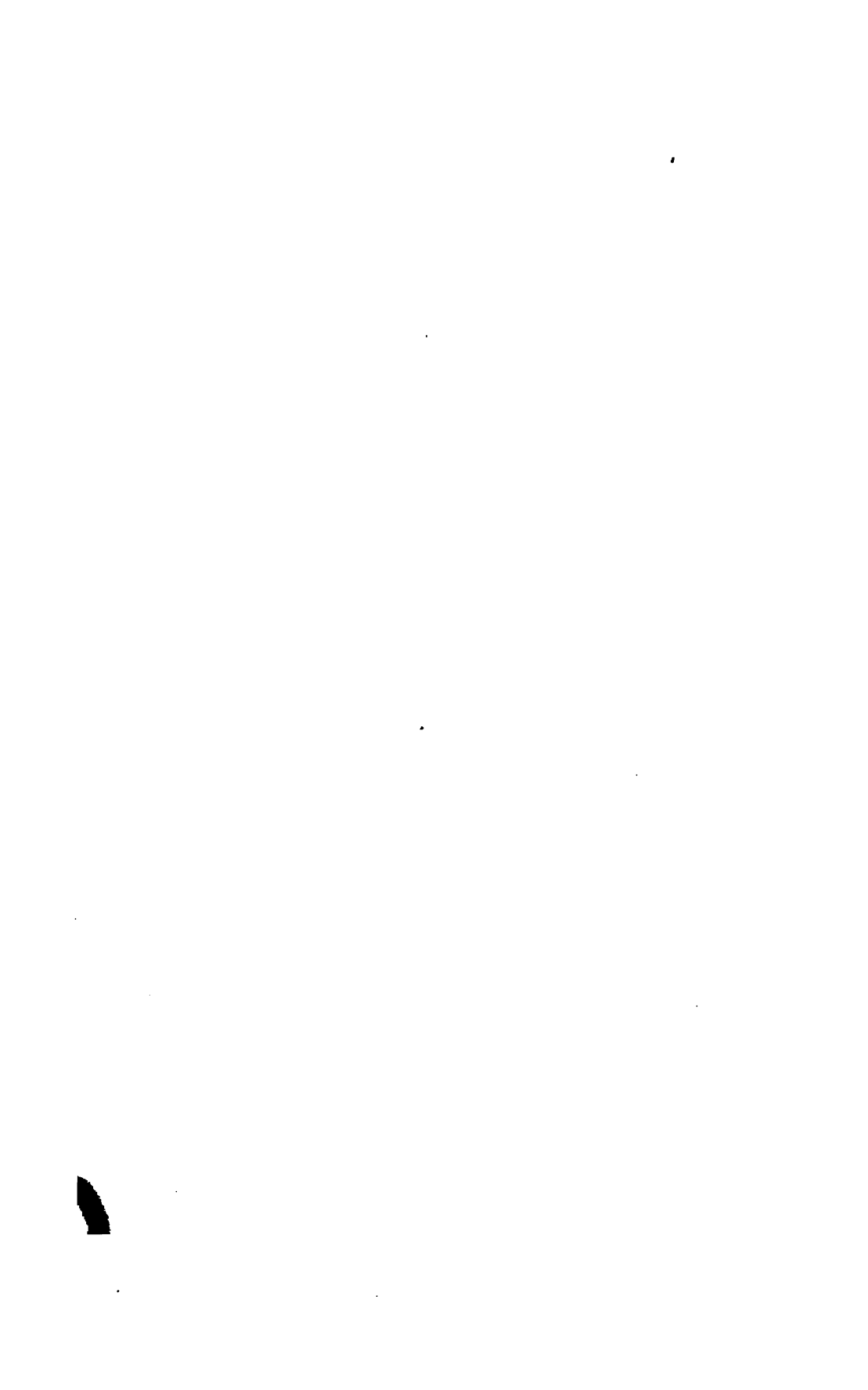
About twenty thousand copies of this reply have been printed, but I have not heard anything more from Dr. Routh.



ESSAY IV.

THE PRINCIPLE OF HOMŒOPATHY.

“The discovery of natural truth has been remarkably slow. When the discovery is a single fact many years commonly elapse before the next fact in connection with it is brought to light. When it is of a more general kind, and partakes of the nature of a law, it more commonly suggests other truths and valuable circumstances in connection with it, by which means a more rapid progress is, for a time, made.”—SIR JOHN HERSCHEL.



ESSAY IV.

THE PRINCIPLE OF HOMŒOPATHY.

“Experience shows many means to be conducive and necessary to accomplish ends, which means, before experience, we should have thought, would have had even a contrary tendency.”—BUTLER, *Analogy*.

“TRIAL,” says Sir William Blackstone, “is the examination of the matter of fact in issue; of which there are many different species, according to the difference of the subject or thing to be tried. . . . This being the one invariable principle pursued, that as well the best method of trial, as the best evidence upon that trial, which the nature of the case affords, and no other shall be admitted.”

“Evidence,” says the same authority, “signifies that which demonstrates, makes clear, or ascertains the truth of the very fact or point in issue, either on the one side or on the other; and no evidence ought to be admitted to any other point.”

The laws of nature are *general* facts ascertained to be so by inference or induction from a great multitude of *particular* facts. They are discovered, and their truth proved and maintained, by examining them as matters of fact. They are tried by the best method, and on the best evidence which the nature of the case admits.

It is the distinguished prerogative of a few individuals to discover them, but when once announced they are open to the senses and understanding of all men; they are put to the test of daily experiment and observation, and were they not true, the facts which contradict them would not fail to be speedily discovered.

Every department of nature which has hitherto been successfully studied, so as to constitute it a science, has been founded upon one of these general facts or laws of nature. This is the pole star around which all the minor facts harmoniously turn. For example—

The law of *specific gravity*, or the relative weight of bodies; was discovered by Archimedes, on the occasion of plunging himself into a bath, and, as is familiarly known, so great was his delight that he ran about in an ecstasy, crying out “I have found it—I have found it!” It consists of two facts: 1st.—*When a solid body is plunged into a liquid, it displaces an amount of liquid equal in bulk to its own bulk.* 2dly.—*The solid body so plunged into a liquid, loses in its weight an amount exactly equal to the weight of the liquid which it has displaced.*

The law which is the basis of Mechanics was discovered by Galileo;—*The less force equals the greater by moving through more space in the same time.*

The law of gravitation, upon which Astronomy is founded, was discovered by Newton;—*All bodies attract each other directly as the mass, and inversely as the square of the distance.* This is commonly regarded as a mathematical demonstration, but it rests, in reality, upon careful experiments and accurate observation,—like the others, it is a fact proved, when put upon its appropriate mode of trial, by satisfactory evidence.

The law which is the foundation of the science of Hydrostatics, and which has lately been so beautifully applied to a very useful practical purpose in the Bramah press, was discovered by the successive experiments of the three great men just mentioned, Archimedes, Galileo, and Newton. It may be thus expressed;—*in a mass of liquid each particle presses equally in all directions.*

The laws of Kepler, as they are called from their discoverer, which are three important general facts in Astronomy.—1st—

The orbits of the planets are ellipses, with the sun in one of the foci. 2d—*The planets move over equal areas in equal times.* 3d—*The squares of the times of revolution of any two planets are to each other, in the same proportion as the cubes of their mean distances from the sun.* “Of all the laws,” says Sir John Herschel, “to which induction from pure observation has ever conducted man, *this third law of Kepler* may justly be regarded as the most remarkable, and the most pregnant with important consequences.”

The fact in Physiology that all the higher animals are furnished with a heart and blood-vessels, through which a *double circulation of the blood is unceasingly carried on, first through the lungs, and afterwards through the rest of the body*; this was the discovery of our illustrious Harvey, who for his pains was set down as crazy, and lost nearly all his practice.

The law for the knowledge of which, we are indebted to the indefatigable labours of Richter and Dalton, and which has given rise to the modern science of Chemistry; *Elementary or simple bodies combine with each other, to form compound bodies, in definite or fixed proportions.*

The law of storms, ascertained by Col. Reid, which is one of the most recent of these valuable discoveries;—*They move in a circle.*

All these, and other similar truths, are *general facts*, which have been put upon their trial, and have stood the test. They have been supported by sufficient evidence suited to the nature of each case. Before they were known the departments to which they severally belong were characterised by blunders and guesswork, into which they have introduced method and certainty.

The practical value of this kind of knowledge, may in part be learned by comparing the present condition of the arts with that previous to the discovery of these laws. Had the Romans known the law which regulates the flow of liquids, they would have been spared the vast labour of erecting those magnificent aqueducts for the supply of their cities with water, whose ruins so greatly excite our surprise and admiration at the present day. Our navigation hangs upon the faithfulness of the magnetised bar in turning towards the north;

our steam engine depends upon the elasticity of vapour ; our railways on the laws of friction ; our instantaneous communication at any distance on the influence which a current of electricity exerts over a magnetic needle,—that beautiful discovery of Oersted. For nearly all our modern comforts, for nearly everything which distinguishes the present from preceding ages, we are indebted to the discovery of such natural truths as these.

Many departments of human knowledge are now in possession of such principles, and the consequence of having them for their foundation is unanimity of sentiment among the cultivators of the science, and the continual and satisfactory progress of their pursuits. The want of such a foundation may be certainly concluded, with regard to any subject upon which there is great diversity of opinion, many hypothetical speculations, and no improvement or advance toward a successful issue.

Thus much has been said by way of introduction, that the meaning of the expressions, law of nature, general fact, or principle, may be clearly understood ; that the high value of such knowledge may be appreciated ; and that the importance of ascertaining whether the art of healing be furnished with such a foundation or not, may be strongly felt.

With these preliminary explanations we may now proceed to examine the actual condition of Medicine.

The efforts made to relieve diseases have been, hitherto, either superstitious, or theoretical, or empirical.

Of *superstitious* practices many examples might be given. I will mention only two. In China and Japan the Ermites profess to heal the greater number of complaints by depositing before their idols a description of the disease in peculiar characters, and afterwards making up the paper containing it into pills, which they give the patient to take. The “sympathetic powder,” of Sir Kenelm Digby, was very famous for a long period. This powder healed all manner of wounds by being applied to the *weapon* by which the wound had been inflicted. Our poets and imaginative writers often allude to this piece

of folly. Sir Walter Scott says, in the 'Lay of the Last Minstrel'—

"But she has ta'en the broken lance,
And washed it from the clotted gore,
And salved the splinter o'er and o'er.
William of Deloraine in trance
Whene'er she turned it round and round
Twisted as if she galled his wound.
Then to her maidens she did say
That he should be whole man and sound."

Canto III, St. 23.

The *theoretical* method has always been extensively practised. Diseases in the days of Hippocrates were hot or cold, moist or dry. Remedies of course were the same; a hot remedy was to be applied to a cold disease, a moist one to a dry, and vice versâ. Hence the favorite maxim of Galen, "*contraria contrariis curantur*," diseases are to be treated with contraries. Of late we have had excessive and diminished irritability to be treated respectively with calmers and stimulants (Brown). Spasm of the extreme vessels, to be cured by so-called anti-spasmodics (Cullen). All diseases attributed to local inflammation, the universal remedy, local depletion (Broussais). Such, and numberless other hypotheses have been imagined by ingenious men in their closets; have been eloquently propounded in their lecture-rooms; have been greedily embraced by numerous classes of admiring followers; and have, each in succession, been supplanted by the next invention, and sunk into contempt and oblivion.

To the *empirical* treatment of diseases some have thus, in all ages, been driven. Sensible of the futility and uselessness of hypotheses at the bedside of their patients, these practitioners have sought to be guided by experience only; though, in spite of this conviction and intention, they have continued to speculate upon the nature and causes of diseases. These constitute the eminent physicians and surgeons of the present day. They reject all idea of a general principle for their guidance in the administration of remedies; they even deny its possibility. The head of our public bodies, the present President of the Royal College of Physicians (Dr. Paris),

asserted no long time ago, in a public lecture, that medicine is "incapable of generalization."¹ The consequence of this unsettled condition is *the utmost confusion and contradiction, and great want of success in the present practice of physic.* This is admitted by nearly every writer of credit. Dr. Adams, the learned translator of Hippocrates, says, "one cannot think of the change in professional opinions since the days of John Hunter (at the close of the last century), *without the most painful feeling of distrust in all modes of treatment.*" Again, the same writer observes, "Now-a-days we have abandoned all general rules of practice, and profess to be guided solely by experience; but how variable and uncertain are its results! I myself, albeit but verging towards the decline of life, can well remember the time when a physician would have run the risk of being *indicted for culpable homicide if he had ventured to bleed a patient in common fever.* About twenty-five years ago, venesection in fever, and in almost every disease, was the established order of the day; and now what shall I state as the general practice that has been sanctioned by the experience of the present generation? *I can scarcely say,* so variable has the practice in fever, and in many other diseases, become of late years."² How like the complaint made by Hippocrates himself, twenty-two centuries ago! "The whole art is exposed to much censure from the vulgar, who fancy that really there is no such science as medicine, since, even in acute diseases, practitioners differ so much among themselves, that *those things which one administers, as thinking it the best that can be given, another holds to be bad.*" Galen quotes and confirms this, and thus it is confessed, both by ancient and modern authorities, that the science of medicine is little better than a mass of contradiction and confusion. A remedy is found, perhaps accidentally, to do good, and it is therefore given in other cases which appear to be like the one it has cured. This plan sometimes succeeds, but it also often fails, and always when it fails, and often when it succeeds, *the constitution is injured by the large doses and other severe treatment.*

¹ Paris's 'Pharmacologia.'

² Adams, 'Translation of Hippocrates,' vol. i, pp. 278, 280, 307. Sydenham Society's Edition.

Such has hitherto been the miserable condition of the practice of physic. In successive ages, reflecting men have mourned over this condition, and earnestly desired to discover some general and guiding fact upon which the art of healing might be based.

How remarkable are these words of Sydenham, justly styled the Father of English Medicine: "The method whereby, in my opinion, the art of medicine may be advanced, turns chiefly upon what follows, viz., that there must be some fixed, definite, and consummate method of healing, of which the commonweal may have the advantage. By *fixed*, *definite*, and *consummate*, I mean a line of practice which has been based and built upon a sufficient number of experiments, and has in that manner been proved competent to the cure of this or that disease."¹

At different epochs, and by various writers, from Democritus and Hippocrates downwards, something like the principle "*similia similibus curantur*," likes are to be treated with likes, has been feebly enunciated, but we are indebted to Hahnemann, a German of the last generation, for so powerfully and perseveringly announcing it as to have gained for it the attention of mankind.

This proposition has now been put forth in such a strong and urgent manner, as to demand an investigation by every medical man who is conscientiously desirous of doing all the good he can to his suffering fellow-creatures. It does not seem to have anything in itself which must necessarily excite disgust or opposition; it is no theory of disease; it does not pretend to explain the mode of action of medicines; it professes to be a *fact* upon which a method of cure may be founded. It suggests that *the true properties of drugs can be discovered only by experiments on the healthy body of man, and that whatever symptoms of disease are thus produced are the true guides to the use of the remedy*; for that it must be given only in such natural diseases as are attended with symptoms like those produced by the drug in the healthy person.

This then is "*the fact in issue*," to be put upon its trial.

¹ 'Works of Sydenham,' vol. i, p. 17. Sydenham Society's edition.

And we are to remember the legal principle, "that as well the best method of trial, as the best evidence upon that trial, which the nature of the case affords, and no other, shall be admitted."

"Likes are to be treated with likes!" This is the assertion. The only trial upon which a statement such as this can be fairly put, is the trial by experiment. This must be obvious. To argue about it would be foolish, and a waste of time. To experiment upon it is rational. I propose, therefore, now to give the evidence adduced upon such a trial in my own hands. It has occupied my attention some years; it has been made in candour and good faith, and with, I think, all the conditions requisite for drawing a legitimate conclusion.

It has been made in many cases without the knowledge of the patient, and, therefore, to the exclusion of any possible influence from the imagination.

It has been made under a much greater variety of circumstances, and upon patients in more diversified ranks, ages, and constitutions, than can meet together in the wards of an hospital.

It has been made, very much, with medicines whose injurious or poisonous symptoms, or effects in health, were previously well known to me: these poisonous symptoms or *effects in health* having been learned without any reference to the medicinal or *curative effects* of the same drug in disease.

It has been made with doses of all kinds, not only with the infinitesimal one, now commonly adopted by Homœopathists, but with palpable and ponderable quantities of the substances so tried.

And lastly, I have had the advantage of comparing the results of the new method so obtained, with those in my own hands under the old practice during a successful professional career of more than a quarter of a century.

Perhaps it will surprise some of my readers to hear of "ponderable" doses in Homœopathy, but when the investigation of the truth of the *principle* of Homœopathy is being made, these are the first materials for experiment. If twenty

grains of ipecacuanha will make a strong man sick, and if the twentieth part of a grain will cure a sick man of his vomiting, we have two cases which can be fairly compared;—we know that we are dealing with the same physical agent.

But though large doses must, in the first instance, be tried, the investigation *cannot end with them*. For if, as is unquestionably true, an inconceivably small quantity, or in other words an infinitesimal dose of this substance, ipecacuanha, can produce the symptoms of catarrh, or of asthma, so severe as to threaten the loss of life;¹ and if similarly small doses of the same drug can cure similar and equally violent symptoms, when they have arisen from other causes, the trial must be carried into these much ridiculed but highly interesting regions. Thus the inquiry into the operation of this principle “*similia similibus curantur*,” likes are to be treated with likes—can be pursued to a much greater extent than at first sight, would have been thought possible. We must follow where nature leads if we would know her truths. If minute particles of matter can act upon the body so as to injure health,—it is possible that similarly minute particles of matter may also act upon the body so as to restore its healthy state,—and if this be so, the two actions may be compared with each other. On these, as on all similar subjects of human knowledge, nature is to be interrogated by experiments, and the answers returned, if carefully observed, and honestly recorded, are the evidence which “makes clear or ascertains the truth of the very fact or point in issue, either on one side or the other.”

What are medicines? They are poisons. All substances may be divided, with reference to their action on the human body, into those which are nutritious, and those which are more or less noxious,—into food and poison. It is the latter class which furnishes us with medicines. These act injuriously in health—remedially in disease; this is Homœopathy in the general; the following cases will show that Homœopathy is also true when carried into particulars.

¹ For proofs of this statement see Essay IX.

CASES.

POISONS FROM THE MINERAL KINGDOM.

ANTIMONY—INFLAMMATION.

It is known to medical men that *tartarised Antimony*, when taken in poisonous doses, produces inflammation of the lungs. It has been given in large doses by allopathic physicians as a remedy in similar inflammations.

I have seen an infant suffering from an attack of inflammation so severe as to threaten a very speedy termination in paralysis of the lungs and death, recover in a few hours, while having administered to it small doses of this preparation of antimony.

ARSENIC—INFLAMMATION—ERUPTIONS.

The prominent mischief which a few grains of *Arsenic* produces is inflammation of the stomach and bowels. I have twice tried this substance as a remedy in acute inflammation of these organs with success.

Arsenic also so often produces eruptions on the skin that they have received a name;—*eczema arsenicale*. Arsenic is often given as a remedy for similar eruptions by practitioners of the old school. The preparation in the Pharmacopœia is called "Solution of Arsenite of Potash;" it is given in doses of from eight drops to half a drachm, which latter quantity contains about a quarter of a grain of arsenic. Injurious effects have often been occasioned by these medicinal doses. Four grains, or less, being sufficient to destroy life.¹ I have seen great benefit from this mineral in obstinate affections of the skin, when given in such small doses as would not be at all likely to produce unpleasant consequences in any constitution.

¹ Taylor's 'Medical Jurisprudence.'

COPPER—CRAMP.

Copper produces “pain in the abdomen with diarrhœa; and in aggravated cases, spasms of the extremities.”¹

I have seen copper quickly relieve cramp, and even the most violent muscular spasms.

CORROSIVE SUBLIMATE—DYSENTERY.

That this poisonous substance produces slimy, green, and bloody evacuations from the bowels, exactly resembling dysentery, a disease having similar symptoms, but which have arisen from other causes, is a fact but too well known. I have given various doses of it, uncombined with opium, in dysentery, with the most satisfactory results;—with better success than that which attended my former treatment. One striking case is given in Essay I. I could add others here.

LEAD—CONSTIPATION—PARALYSIS.

The leading symptom produced by *Lead*, when acting as a poison, is constipation.²

I have repeatedly removed chronic constipation by this substance.

Another well known effect of lead is numbness and paralysis; I have seen it cure a case of this kind.

MERCURY—MUMPS—SORE THROAT—ERUPTIONS.

It is well known that one of the first effects of *Mercury* is to act upon the salivary glands; if therefore there be any truth in the law of “*similia*,” mercury ought to be a cure for mumps. I have had a great many opportunities of putting the law in question to this test, and I can with truth affirm that in every

¹ Taylor’s ‘Medical Jurisprudence.’

² Ibid.

instance the result was satisfactory. I gave nothing but mercury in various doses, both ponderable and imponderable, that is, both in ordinary and in infinitesimal doses, and in every case the cure was rapid and perfect. It must be understood that not the slightest local application of any kind was permitted in any one of the cases. The patients were singularly preserved from pain, and there were seldom any of the sympathetic affections which not unusually accompany this complaint.

It is equally well known to medical men that mercury produces affections of the throat, bones, and skin, so like the diseases of those parts arising from other causes, that they often find it impossible to distinguish the one from the other, or to decide to which to attribute the symptoms. What could be more striking homœopathicity than this? There shall be two patients standing side by side, with ulcerated throats, swellings on the bones, and eruptions on the skin, in the one caused by mercury, and in the other not, and the most experienced surgeon shall be puzzled to say which is the mercurial case and which is not. Mercury given to these cases would aggravate the one whose symptoms were owing to mercury, while it would almost certainly cure the other.

PHOSPHORUS—INFLAMMATION.

Two grains, and in another case, one grain and a half of *Phosphorus* have been known to kill, by causing intense inflammation of the stomach and bowels.

In May last I was requested to visit the following case in which I believe the most severe inflammation of these organs existed. A lady of about fifty years old was seized with pain in the stomach on the Friday evening, on Saturday she took various strong doses of medicines, which caused vomiting and purging, but which gave no relief; the pain continued to increase, and on Sunday night, when I saw her for the first time, her family thought she was dying;—there was great pain and tenderness on pressure, a quick and small pulse, a very white tongue, with some delirium, an anxious and sunken countenance, and short breathing; she had been entirely deprived of sleep by

pain from the commencement of the attack. I gave a small dose of phosphorus, and in about a minute she felt easier:—in a quarter of an hour the dose was repeated and she immediately fell asleep for two hours and a half; after a third and fourth dose she slept again; in a few days was convalescent, and in a fortnight well.

Among other inflammations produced by phosphorus, when it has been taken in poisonous doses, is inflammation of the lungs. I have treated two most dangerous attacks of pleuro-pneumonia with this substance; one a young man, aged about 18, in March, 1851, who had been ill some days before I saw him, and who continued to get worse for three days until I gave him phosphorus. He had severe pain, respirations from 40 to 48 in the minute, pulse 120, cough frequent, expectoration tinged with blood, and great prostration, with the stethoscopic signs of inflammation within the chest. In less than a fortnight this young man was cured, and he continues still (July, 1853) perfectly well,—no trace of mischief remaining in his chest. He very nearly died, and yet the treatment was ultimately successful, *not only in affording palliative relief but in effecting a radical cure*. I feel a moral certainty that had he been treated with bleeding and blistering, purgatives, salines and antimonials, he would have died, if not immediately, (which I believe would have been the case,) at any rate from the chronic disease which by this method would have been left behind. The time seemed long during which my anxiety continued, but after all, it did not extend to a fortnight, and it must not be forgotten that the disease had been allowed to gather strength for nearly a week before anything was done to check it. I am justified by the result in considering this case as a striking proof of the efficacy of the new remedies in such an acute and highly dangerous disease as pneumonia is universally considered.

The other case, also a young man, aged about 16, of a consumptive family, was still more striking; it occurred to me in March, 1852. All the symptoms of violent pleuro-pneumonia, were fully and very rapidly developed, and for some hours he was in great danger. Almost the only remedy administered was phosphorus, in small doses, and before the end of the week he was quite convalescent;—the physical (stethoscopic)

signs of disease disappeared in about another fortnight, and he also has continued ever since in perfect health. I am persuaded that had this young man been reduced by what is called "active treatment," his constitution would have been broken down, and he would have followed his sister, through a painful course of suffering, to an early grave.

I have also seen the most strikingly beneficial results from phosphorus in chronic diseases of the lungs, as well as in these acute cases.

SULPHUR—ERUPTIONS.

Those who visit Harrogate, and other places where the waters contain *Sulphur*, are well aware that eruptions of a very irritating character are not unfrequently produced by drinking the waters. Sulphur is notoriously a remedy for similar eruptions.

I have seen it, when given in small doses, both produce and cure such affections of the skin. No one dreams that it produces the itch insect.

POISONS FROM THE VEGETABLE KINGDOM.

ACONITE—CROUP.

Symptoms similar to those of Croup are among the ill effects of *Aconite* or *Monk's Hood*.

I have tried the new treatment in several cases of Croup with very remarkable success.

BELLADONNA—HEAD ACHE—SORE THROAT.

Among the poisonous effects of the *Deadly Nightshade* are heat and fever, difficulty of swallowing and speaking, feeling of constriction about the throat, swelling and redness of the face and other parts of the skin, dilatation of the pupils, ob-

scurity of vision, suffusion of the eyes, singing in the ears, confusion of the head, giddiness, delirium, convulsions, and stupor or lethargy.

In a variety of cases both slight and severe, of affections similar in their symptoms to these effects, as quinsy, ophthalmia, headache, cases threatening to end in water in the brain, I have tested the remedial powers of belladonna, and have not often been disappointed. In two cases of threatening hydrocephalus,—children, in different families, a child in each family having previously died of water in the head, when I was first consulted, it was feared that these would die in the same manner, but they both speedily recovered. During the spring of this year, (1853,) I have had several opportunities of giving belladonna, in scarlet fever, and with very satisfactory results. It is well known that Hahnemann was the first to point it out both as a remedy and a preservative from scarlet fever: this he had been led to discover by the resemblance which he observed between the poisonous effects of the plant, and the symptoms of that disease. I am tempted to give the following extract from the ‘London Medical and Physical Journal’ for September, 1824, (the most respectable allopathic journal of that period,) both because it shows the admission of this discovery, and also because it exhibits a better feeling towards Hahnemann than is at present met with among my allopathic brethren.

“Belladonna a preventive of Scarlet Fever.—It has been long known that Dr. Hahnemann, of Leipsic, has asserted the above fact; but since the year 1818, several practitioners in the north of Europe have repeated these experiments, *and they find them founded in truth.* The first of these, Dr. Brendt, of Custrin, affirms that all who employed this remedy escaped the infection; and his account is corroborated by Dr. Musbeck, of Demmin, in Western Pomerania, who says he has used it to all those who dwelt in the houses where scarlet fever prevailed, continuing its use until desquamation of the cuticle had taken place in those attacked. Dr. Dusterbourg, of Warbourg, has also published an account of a series of experiments confirming these statements; and several subsequent memoirs have appeared all equally corroborative of this virtue in belladonna.”

Medical men of the old school are now beginning to assert that belladonna *is no preservative* against scarlet fever, and that this "shows the utter fallacy of their (the Homœopathist's) reasoning, and the sandy foundation on which they build their views." But it will not fail to be remarked by impartial observers that such assertions come from a quarter now too prejudiced to be relied upon, and also that, even supposing them to be correct, they prove nothing against Homœopathy, inasmuch as it is not a system of *prevention*, but a method of *cure*. The weight of evidence is still in favour of the preventive powers of belladonna, but its failure will bring no "fallacy" into the "reasoning," nor "sand" into the "foundation" of Homœopathy.

BRYONIA—RHEUMATISM.

White Bryony is one of the ancient remedies which, like hellebore, has been discarded from modern practice on account of the violence of its action when given in the usual large doses. Among other symptoms, it produces those resembling rheumatism. I have myself twice brought on these symptoms with bryony. It is a very valuable remedy in similar cases.

Rheumatism is generally accompanied by an acid state of the secretions. If litmus paper be applied to the tongue, the moist skin, &c., while a patient is suffering from rheumatic pain, it will commonly be reddened. Knowing this, I have been in the habit for some time of treating rheumatism with alkalies, both internally and externally, and with so much better success that when formerly bleeding, &c., were had recourse to, that I was reluctant to give them up. A case occurred in November, 1850, which first induced me to do so. A boy about 12 years old, had a very severe attack of rheumatic fever. I pursued my usual method at first, but being greatly disappointed with it, I felt justified in substituting the new remedies, and prescribed a dose of bryony every two hours. The next day the little patient was relieved in every way; the pulse had fallen from 120 to 82; the pains, which had been very bad in the wrist, elbows, back, and abdomen, were gone; as were also the swelling and redness, and the following day

he was convalescent. His father, a medical man of distinction, now arrived from a distance, together with his mother. I detailed to him all I had done, and, though no Homœopathist, I received from him hearty thanks for the benefit his boy had got from the treatment. In a few days he was sufficiently recovered to be taken home by his mother.

COLOCYNTH—COLIC.

The takers of violent purgatives, such as Morison's pills, know the effects of *Colocynth*.

I have found it, in small doses, relieve similar pains.

CREOSOTE—VOMITING.

Creosote as a poison produces vomiting and other derangements of the stomach, together with a tendency in the fluids of the body to decomposition, and in the solids to disorganisation. I have repeatedly seen small doses of Creosote act beneficially in similar conditions of disease. I give the following case, which occurred some years ago, because it illustrates a remark which I have often lately made, that, on reflection, I find that much of my former successful practice was, without my being aware of it, Homœopathic in principle. The notes were written by an intelligent assistant at the time.

"Miss A—H—, æt. 36, has been subject to frequent attacks of erysipelas, accompanied by great sickness. The last attack was during last summer, from which she recovered about three months since. On Saturday, December 17th, 1836, she was attacked with vomiting and purging, accompanied by an acute pain in the region of the liver. Mr. H., who saw her, gave her calomel and opium, and applied a blister to the seat of the pain, but without relief; he also gave her effervescing salines with hydrocyanic acid, and applied a mustard poultice to the stomach, with slight but temporary benefit. On Thursday, December 22d, the vomiting being more violent than ever, neither food nor medicine having remained on the stomach since the Saturday previous, Mr. Sharp, along with Dr. Hobson,

saw her, and found her in the following state: Vomiting excessive; pain in the abdomen; pain and tenderness along the whole course of the spine (to which Mr. Sharp applied a mustard poultice with complete relief). Dr. H. thinking that the mesenteric glands were affected, prescribed Argent. nitrat. in small doses, combined with Ext. Opii. Aquos., and on the following day changed the Argent. Nitr. for Cupri. Sulph., but the stomach rejected everything. A large blister was also applied to the abdomen, but matters grew worse, and the patient, feeling that she must inevitably die, refused to take any more medicine. On the 26th, Mr. Sharp suggested a trial of creosote. It was procured and administered in some gruel without her knowledge, one or two drops being put into a small basin of gruel, and a spoonful given at a time. She has never vomited since. She continued to take one drop daily for a short time, and then discontinued it. She took small quantities of light nourishment since the 26th, till her health was re-established, and she has since been quite free from similar attacks."

IPECACUANHA—VOMITING—ASTHMA—HEMORRHAGE.

Everyone knows that *Ipecacuanha* excites vomiting. Among my earliest trials were several cases of vomiting in children, arising from the ordinary causes of indigestion. These were all very speedily cured by a few doses, more or less minute, of the tincture of ipecacuanha. Among these was a delicate child, about ten years of age, who had been vomiting inveterately for a week, so that everything which had been given her during that time, whether as food or medicine, had been rejected. She was, as may be supposed, much exhausted. She did not vomit once after the first dose of ipecacuanha, and very rapidly recovered her usual health and strength.

This result surprised and gratified me much, it has been confirmed by numerous instances, nearly equally striking, which have since occurred to me.

The distressing nausea and vomiting from which females frequently suffer, and which so often baffle the medical man's best efforts, I have found on several occasions speedily removed

by the same remedy. In one case the patient had suffered for two months from continual sickness, vomiting bile every morning, and her food more or less after every meal. She had had allopathic medical treatment without benefit. A few doses of ipecacuanha put a complete stop to this distressing state of things.

Ipecacuanha, in infinitesimal doses, as will be amply shown in Essay IX, produces asthma.

I have seen it, in similar doses, relieve, in the most effectual manner, severe fits of asthma.

Ipecacuanha also causes bleeding from different parts of the body in persons previously in health. Some very interesting cases of severe hemorrhage, cured by ipecacuanha, are detailed in vol. I of Mr. Braithwaite's 'Retrospect;' where, however, the beneficial effects are wrongfully attributed to the sickness produced by the large doses which were given.

I have had some opportunities of observing that ipecacuanha, in such small doses as did not produce any sickness, could arrest hemorrhage even when life was fast ebbing away.

NUX VOMICA—SPASMODIC PAINS.

In instances of suffering from abdominal spasmodic pains the benefit derived from *Nux Vomica* has been most obvious and gratifying. When the attack was recent it was almost immediately removed. In a case of long standing, where the countenance betrayed the existence of organic disease, and in which the pain was so severe, and had continued, when I first saw the patient, so many hours that a fatal result seemed not improbable, the prostration of strength being very great, a perseverance in the remedy at short intervals for a few hours gave complete relief. This is now more than two years ago, and the man has continued since comparatively free from the attacks.

Nux Vomica, when taken in poisonous doses, produces similar symptoms.

OPIUM—CONSTIPATION—APOPLEXY—DELIRIUM TREMENS.

It is notorious that *Opium* constipates the bowels; I have found it in small doses relieve constipation. Excessive doses of opium produce in some persons coma or apoplexy; I have seen it of use in that alarming state. In other persons it produces an excited state resembling delirium tremens; it is the best remedy we know for that fearful condition when produced by intoxicating drinks.

RHUBARB—SENNA—DIARRHŒA.

As *ipecacuanha* is remarkably useful in many kinds of vomiting, so *Rhubarb*, *Senna*, and other *purgatives* are not less so in the kinds of diarrhœa which resemble those produced by large doses of these drugs. I have repeatedly tried them in varying doses, and have obtained the relief which I looked for, both in children and adults.

VERATRUM—CHOLERA.

It is a fact familiar to medical men that *White Hellebore* was the favorite purgative with Hippocrates, and that it has fallen into disuse from its violent effects. I have had recourse to it in two extreme cases of cholera, and in other slight ones, with complete success. In the first case, which occurred in the summer of 1851, collapse had succeeded the most violent cramps and other usual symptoms. Two or three doses of camphor, dissolved in spirits of wine, were given first, but with little or no benefit. The acetate of copper and veratrum alternately, effected a cure in twenty-four hours. The second case, which occurred in July, 1852, was not so severe as the former, there being no cramp. Camphor relieved the extreme exhaustion, and veratrum accomplished the rest. There was not a single effort to vomit, nor a single evacuation, after the first dose, though both these distressing symptoms *had been almost incessant for thirty hours previously*.

POISONS FROM THE ANIMAL KINGDOM.

CANTHARIDES—STRANGURY.

That *Cantharides*, even when only applied externally in the form of a blister, frequently produce strangury and other complaints of the bladder scarcely any one is ignorant. That they are the most efficacious remedy for similar complaints arising from other causes, I have had the most satisfactory evidence.

I have thus briefly alluded to the disease-producing and the disease-healing powers of twenty of the *best known* substances taken from the three kingdoms in nature: antimony, arsenic, copper, corrosive sublimate, lead, mercury, phosphorus, and sulphur; aconite, belladonna, bryony, colocynth, creosote, ipecacuanha, nux vomica, opium, rhubarb, senna, and veratrum; cantharides. I might proceed in a similar manner with many other remedies, but it would be tedious. A large number have been tried by me, as well in great as in small doses. The cases have occurred "in my own hands, and under my own eyes;" the trial has been conducted under the favorable conditions mentioned already in this Essay, and the verdict is, that my own mind is convinced that there is an accordance between the two great powers of these poisonous substances,—their power of producing disease in the human body, when given in certain comparatively large doses, and their power of removing *similar* diseases, arising from other causes, when given in small doses. I state the fact, and enter into no theoretical methods of accounting for it. I declare myself satisfied with the proofs I have witnessed of the truth of the principle, and feel bound to give my individual testimony that the *administration of remedies under the guidance of this principle is a much more successful mode of treating disease than any with which I was previously acquainted.*

Such is a small portion of my trial of Homœopathy. It conveys but an inadequate idea of the amount of industry and anxiety which have been bestowed upon the inquiry. The cases and observations might be greatly extended, but I think without further benefit. Those already given exhibit the *kind* of evidence capable of being afforded, and which is the only kind the investigation admits of. The *quantity* necessary to produce conviction in different minds will vary according to their several constitutions, but I must be allowed to consider it the height of prejudice and bigotry in any one to reject altogether, and *in limine*, such evidence as this, or to refuse to investigate the subject for himself.

To the objection that these examples are, after all, very few and insufficient to establish a general principle, I reply, first, that in the investigation of a law of nature, like the one we are inquiring after, it may be almost said

“Ex uno disce omnes,”

from the behaviour of one or two substances carefully experimented upon, the conduct of all others may be inferred. The popular story of Sir Isaac Newton and the falling apple, whether literally true or not, is a plain illustration, and conveys an important lesson. And secondly, nearly every article of the *Materia Medica* has now been tested by one and another, and the further the examination is carried, the more certain does the conclusion appear.

The evidence, therefore, justifies the conclusion that the desire so fervently expressed by Sydenham has been accomplished; and proves that this principle is a “*fixed, definite, and consummate*” rule to guide us in our endeavours to cure or alleviate the maladies of mankind.

ESSAY V.

THE PRINCIPLE OF HOMŒOPATHY, (CONTINUED.)

“I am so far from blaming a rational theory in physic that I think it the *basis* of all just and regular practice ; but then it should be as Hippocrates adviseth *Karà φύσιν θεωρία* (a theory according to nature). If ever physic is to be improved, *it must be in such a manner*, and not by chimerical hypotheses, nor rash unwarrantable quackery.”—JOHN HUXHAM.



ESSAY V.

THE PRINCIPLE OF HOMŒOPATHY, (CONTINUED.)

“The invention of the mariner’s needle which *giveth the direction*, is of no less benefit for navigation than the invention of the sails which give the motion.”—LORD BACON.

It has been well said “there are truths which some men despise, because they will not examine them, and which they will not examine because they despise them.” Homœopathy is one of these. Men of large scientific attainments, and indefatigable in adding to their store of knowledge, think it foolish because they are ignorant of its truth, and this notion of its folly hinders them from becoming acquainted with the evidences in its favour.

Nevertheless, Homœopathy embraces scientific and practical truth of so much value, that, were it known, it would interest alike the man of science, and the man of practical utility. This truth, known only as men know other truths, imperfectly, may be mixed up with numerous errors, but it is wiser to

endeavour to separate what is true from what is false than to reject both.

The jealousy of power may indeed attempt to crush the rising influence of new truth. A Galileo may by force be constrained to read a reluctant recantation, but "the earth moves notwithstanding." Such is the vitality of truth, that when once discovered, it seems never afterwards to die. If, therefore, Homœopathy be true, we may confidently expect that it will survive the opposition to which it is exposed. If it be false, let us have the proof. It is not to be condemned as some people would condemn a suspected felon, without judge or jury.

But, whatever course the opponents of Homœopathy may pursue, it is plainly the duty and the wisdom of those who have risked their credit and success by embracing it, to give it a most searching inquiry; that what there is of truth in it may be preserved for the benefit of mankind, and that what there may be of error intermingled with that truth may be separated from it. *Truth*,—beautiful truth, must be to us what *power* was to the Romans. In the words of Livy,—

"Apud Romanos *vis imperii valet, inania transmittuntur.*"

Among the Romans, he says, the power, the energy of empire was valued, the pompous trappings and parade were handed over to others,—to the monarchs of the east.

Let us then once more examine the foundation of our science, and in doing so we will consider—

I. Whether there be any *probability* that a law, rule, or principle exists in nature for our guidance in the treatment of disease.

II. The *law* of Homœopathy.

III. The *limits* of this law.

IV. What those cases are which are *beyond the limits* of the law, and how they are to be treated.

I. Whether there be any *probability* that a law, rule, or principle exists in nature for our guidance in the treatment of disease.

It is held by some that such a law is impossible. Among those who think thus, is the present official head of our profession—Dr. Paris, the President of the Royal College of Physicians in London.

“In tracing the history of the *Materia Medica* to its earliest periods,” says Dr. Paris, “we shall find that its progress has been very slow and unequal, very unlike the steady and successive improvement which has attended other branches of natural knowledge; we shall perceive even that its advancement has been continually arrested, and often entirely subverted by the caprices, prejudices, superstition, and knavery of mankind; unlike too the other branches of science, it is *incapable of successful generalization*.”¹ This extract from Dr. Paris proves, first, that, up to the present moment, no law, principle, or generalization has been acknowledged by the profession as a body. It proves, secondly, the wretched condition of the *Materia Medica*, or art of healing, as exercised by legally qualified practitioners. It further admits that this art has not been improved and advanced as other branches of natural knowledge are confessed to have been advanced; leaving the inference to be drawn, that such wretched condition, and such want of improvement have arisen from the absence of a principle or rule to improve by. Lastly, it asserts, *but it does not prove*, that medicine must for ever remain in this hopelessly unimproveable condition, for that it is *incapable* of such a principle! *Sad indeed,—if it be true.*

These are the sentiments of the leading living Physician in London; let us now turn to the most distinguished living Physician in the capital of Scotland.

Dr. Simpson says, “In medicine and surgery we have *many general facts* or *laws*, more or less correctly ascertained and established, and the art of medicine consists in the practical application of these laws to the relief and cure of the diseases of our patients. These laws are some of a higher, some of a

¹ Paris's “Pharmacologia.” Introduction.

lower type of generality. As examples of them we have, for instance, the law that various contagious diseases, more particularly eruptive fevers, seldom attack the same individual twice during life, and the practical application of this law in artificial inoculation with small-pox and cow-pox, has already saved millions of human lives. As a general law, cinchona has the power of arresting and curing diseases of an intermittent or periodic type, as intermittent fever or ague, intermittent neuralgia, &c. As a general law, the employment of opium arrests and cures irritative diarrhoea, iron cures chlorosis, &c. &c.”¹

In the name of natural science I protest against such an abuse of its expressions as is here made. If its most valuable terms are to be applied in so vague a manner there is an end to all precision of either thought or language. If the term “general law” is to be understood as meaning nothing more than that things *generally happen so and so*, the further discussion of the subject will be vain and unprofitable.

Dr. Simpson, endeavouring to extricate himself from this confusion of ideas, and misapplication of words, goes on to say, “But the law laid down by Hahnemann, and which forms the groundwork of Homœopathy, viz.—*similia similibus curantur*,—is regarded by him and his disciples, not in the light of a general law, but as a *universal* and infallible law in therapeutics.” Here, it is evident, that the word *general* is made to mean the same as *generally*, as if they were connected as the words *frequent* and *frequently* may be; but a “general law” in this sense is a contradiction in terms; a “law generally but not always” is no law at all in nature. The word “general” when applied to a law of nature means the same as “universal.” A natural law must be universally applicable *within its sphere of action*;—a *real* though not an *apparent* exception would destroy its claim to be received as a law. Homœopaths speak of their law as thus general or universal.

But the confusion in Dr. Simpson’s mind continues as he proceeds. “For one,” he says, “I am most willing to admit, that if Hahnemann, or any man, could discover a single universal, infallible law in therapeutics, applicable to all diseases

¹ Simpson’s ‘Homœopathy, its Tenets and Tendencies,’ pp. 2, 37.

and all cases of disease, it would constitute the greatest imaginable discovery in medicine. Many men have in the same way fancied that they have discovered a single infallible *universal remedy* for all diseases. Priesnitz thought his cold water was such. Morison averred that his pills were such, and so on."

How strange the confusion of thought in this sentence! What relation does the attempt to cure all diseases by a single remedy, as in the instance of Hydropathy, bear to the attempt to discover, by philosophical inquiry and fair induction, a general fact or law of nature calculated to guide us in the application of all remedies? An uneducated but vigorous peasant might undertake the one, but only an accomplished physician could hope to effect the other. And how can Dr. Simpson place a laborious scientific inquiry, carried on openly in the face of Europe by Hahnemann, side by side with the advertisements about his secret pills and their infallible virtues by Morison? This evidences a lack either of discernment or of candour; if the former, it displays such a want of discrimination as entirely unfits him for the task he has undertaken; if the latter, it betrays him into such a misrepresentation of things as equally disqualifies him on another ground.

Dr. Simpson admits that the discovery of a general principle to guide us in the application of remedies in disease would be a *great* discovery; but he has no sympathy with those who are labouring to find out such an invaluable guide. He does not, indeed, say, with Dr. Paris, that the discovery is impossible, but he breathes no fervent aspiration that suffering humanity may receive such a boon. He does not engage in the search himself, any more than Dr. Paris, nor has he a word of encouragement to induce others to engage in it. He expresses no gratitude to Hahnemann for his indefatigable exertions, nor regret that they should have been persevered in for so many years, as he thinks, in vain.

There is nothing enviable in a frame of mind like this,—so destitute of generous admiration of the struggles of an ardent spirit to obtain some light to illuminate his path in the conscientious discharge of his professional duties;—so devoid of ingenuous pity and brotherly regret while he thinks that those aspirations and exertions have ended in a failure!

But other men have had other views and feelings, and have

come to a different conclusion. Sydenham, the father of British Physicians, writes thus :

"I conceive that the advancement of medicine lies in the following conditions.

"There must be, in the first place, a history of the disease, in other words, a description that shall be at once graphic and natural. . . .

"To draw a disease in gross is an easy matter. To describe it in its history, so as to escape the censure of the great Bacon is far more difficult. . . .

"It is necessary, in describing any disease, to enumerate the peculiar and constant phenomena, apart from the accidental and adventitious ones; these last named being those that arise from the age or temperament of the patient, and from the different forms of medical treatment. It often happens that the character of the complaint varies with the nature of the remedies, and that symptoms may be referred *less to the disease than to the doctor*. . . . No botanist takes the bites of a caterpillar as a characteristic of a leaf of sage. . . .

"The other method whereby, in my opinion, the art of medicine may be advanced, turns chiefly upon what follows, viz., that there must be some fixed, definite, and consummate *methodus medendi* (law or method of cure), of which the commonweal may have the advantage. By *fixed, definite, and consummate*, I mean a line of practice which has been based and built upon a sufficient number of experiments, and has in that manner been proved competent to the cure of diseases. I by no means am satisfied with the record of a few successful operations either of the doctor or the drug. I require that they be shown to *succeed universally under such and such circumstances*." ¹

Such are the earnest thoughts of Sydenham. It is true he looked for this "method of healing" in a direction in which success has not yet been attained. He hoped to find it in a *theory of disease*. "It is known," he says, "that the foundation and erection of a perfect and definite *methodus medendi* is a work of exceeding difficulty." In this direction two thousand years have been spent in unsuccessful efforts. Hahnemann

¹ 'Works of Sydenham,' vol. i, pp. 12—17. Sydenham Society's Edition.

turned to another quarter, and, as Dr. Scott has well explained, he found a *method* in a *theory of cure*.

Thus far authorities may be consulted on the question, whether there be any probability that a law of healing exists in nature. But authorities cannot give the answer; it is a question of *analogy*; and it can be answered only by a reference to what is found to be true in other departments of nature.

Now all who are acquainted with the history of natural and experimental philosophy are aware that real progress in natural knowledge is dependent upon the discovery of general facts or laws. A subject appears confused, and all its parts in disorder, until such a discovery with reference to it has been made; when this has been effected, everything falls into its place, and that which seemed before a chaos becomes an exhibition of order befitting the contrivance of an infinite intelligence. So far have natural philosophers gone in this direction, and so imbued are they with the conviction that all nature is a system of wisdom, an arrangement of perfect order and beautiful symmetry, that their energies are mainly devoted to the investigation of these laws. If we examine the labours of the mechanician, the chemist, the electrician, the geologist, the botanist, the physiologist, we find that all are working in the same spirit, all are in search of the same objects,—general laws,—the guiding principles of nature.

“All things that are,” observes that excellent man who has earned for himself the epithet *judicious*, “have some operation not violent nor casual. . . . All things therefore do work according to law, whereof some Superior unto whom they are subject is author. . . . Those things are termed most properly natural agents which keep the law of their kind unwittingly, which can do no otherwise than they do; . . . their strict keeping of one tenure, statute, and law, is spoken of by all, but it hath in it more than men have yet attained to know.”¹

If then,

“Order be heaven’s first law;”

if there be laws regulating every department even of inanimate

¹ Hooker.

nature, shall there not be laws of life and of health? If there be laws of storms and tempests in the air and the ocean, shall there not be laws of disease,—those tempestuous motions in the living body? Shall there be a magnetic bar to guide the affrighted mariner out of the intricacies and dangers of a storm at sea, and shall there be no compass to guide the physician in his efforts to extricate the sick man from the living tempest within him? It cannot be; all analogy is against it.

If it be said, the original constitution of nature was indeed perfect, and arranged under perfect laws, but disease has been since introduced in the train of sin, and is therefore necessarily irregular and lawless, it may be answered, the all-wise Creator was not taken by surprise when our first parents sinned; He had made infinite provision for the sad catastrophe; and while He righteously appointed disease to be the regulated avenue to death, the wages of sin; He mercifully provided medicines, and regulated their use for the mitigation of this portion of our woe.

Analogy then leads us to conclude that *it is probable* that a law, rule, or principle exists in nature for our guidance in the treatment of disease.

II. The *law of Homœopathy*. It is obvious that though from analogy it is highly probable, nay almost certain, that a law of healing exists in nature, it does not, therefore, follow that Homœopathy *is* that law. The next step required is that its own truth be demonstrated as clearly as the nature of the case admits.

What is a law of nature? By “law of nature” is to be understood the will of the Great Creator in the physical not moral government of His own works; by “general fact” is meant the actual exhibition of that will in the obedience of the creature; by “principle” we express our confidence in the unalterable character of the *law*, as seen in the continual recurrence of the *fact*; and we therefore make it a rule of art to guide us in our own conduct and proceedings. These terms are often used synonymously, and when so used all these ideas are implied in them. They express a natural fact, which, not

in a single instance, nor occasionally, nor generally, but always, under given circumstances, happens; that is, so far as our present limited knowledge of natural events teaches us. They express a general fact ascertained by repeated observations. as a particular fact is ascertained by a single observation, which is found to be always true under certain conditions.

Let us take an example; one of Kepler's laws is this, "the planets describe equal areas in equal times."¹ When the planets are in that part of their orbit near the sun, their motion is accelerated; when at a greater distance from the sun their motion is retarded; but at every part of their course, the area described in a given time is always the same. Now if the planets could be detected *occasionally* moving after a different manner, the law would not exist; it could not be said that the planets describe equal areas in equal times, the statement would be false and not true. A law of nature cannot be a general law without being a universal one.

These considerations are applicable to all the known laws of nature, right reason therefore dictates their application to the law of Homœopathy. It is proved to be a law if it possesses a constant action within a limited sphere; it will not operate, and ought not to be expected to operate beyond that sphere.

What then is the law of Homœopathy, and what are the proofs of its truth? To avoid repetition, I refer my readers to the preceding Essay for an answer to these questions.

That there is a natural relation between the disease-producing and the disease-healing powers of drugs is, I think clearly made out. That a poison which produces, for instance, inflammation of any organ when given in health in a large dose, will be a good remedy for a similar inflammation of that organ, arising from another cause, if given in a small dose, is, I think, fully proved;—hence the rule quaintly, but for brevity's sake, expressed in the words, "*similia similibus curantur*,"—likes are to be treated with likes.

That it is a stronger artificial inflammation which "permanently extinguishes" the weaker natural inflammation, as asserted by Hahnemann,² has *not* been proved, and is appa-

¹ Demonstrated in the first Proposition of Newton's 'Principia.'

² 'Organon,' § xxvi.

rently beyond our power to ascertain. Why should a simple fact be obscured, and its reception retarded by hypothetical explanations? Speculation and hypothesis have been the bane of medical science in all ages; when will they be discarded? Not till then will unanimity of sentiment prevail in the profession, and the greatest success attainable crown its labours.

On another ground also it is essential that Homœopathists should restrict themselves to the expression of facts in the simplest language and in terms devoid of hypothesis. They are assailed by able, intelligent and learned adversaries, if they undertake to defend what is indefensible, they give their opponents a great advantage, and may expect defeat; if they rest upon a natural fact, free from human speculation however brilliant, they will be able to stand.

All who are conversant with researches into the constitution of nature confine themselves, when giving expression to the laws which govern its operations, to a simple statement of facts. We know too little yet of what Sydenham calls "the innermost penetralia of nature," to enter beyond the surface. We may know that under certain circumstances nature will act in a certain manner, but if we are wisely modest we shall abstain from asserting how the act is performed. With all due respect, therefore, for the memory of Hahnemann, and with very grateful acknowledgments of the benefit which by his industry and perseverance he has conferred upon mankind, I decline to adopt the hypothetical language in which he has clothed the principle "*similia similibus curantur*."

The *fact* is sufficient for all practical purposes. An imaginative explanation adds nothing to its value, while it perplexes the student, and affords materials which the opponent can readily assail. There are those who would rather give an erroneous explanation than own their ignorance by giving none at all. I cannot admire their wisdom. There are others who insist on following the "Master;" but, as Locke has observed, "'tis not worth while to be concerned, what he says or thinks, who says or thinks only as he is directed by another."

The hypotheses of Hahnemann constitute the greatest difficulty in the *theory* of Homœopathy; if we agree to reject them, *that difficulty is removed*. "The taking away false foundations, is not to the prejudice, but advantage of truth;

which is never injured or endangered so much, as when mixed with, or built on falsehood.”¹ •

The law of Homœopathy, as expressed in the words “*similia similibus curantur*,”—likes are to be treated with likes,—should be understood as a simple statement of a natural fact, of universal occurrence under certain conditions which are essential, and in the absence of which it does not occur. This brings us to the third division of our subject.

III. What are the *limits* to this law of Homœopathy? To what extent is it practically applicable? This is an important inquiry, and I shall do good service if I succeed in defining the boundary line within which the rule of “*similia similibus curantur*” applies;—within which it is a *general* law, a *universal* principle.

Great indistinctness of perception prevails upon this point, which is much to be regretted. It has caused a useless discussion on a theoretical question, whether the law is a *universal* or only a *general* law; it has also given rise to a widely-extended controversy on an important practical question, the use of so-called *auxiliaries*; and it has often placed medical men in difficulties out of which they have not known how to escape.

To make this subject plain we will first inquire what is meant by the *limits* of a law of nature? and for an example in illustration we will once more refer to the law of gravitation. All bodies attract each other with a force directly proportioned to their mass, and inversely to the squares of their distances from each other. Under certain conditions this force causes bodies to approach each other. But they often do not approach each other; on the contrary, we often see bodies recede from each other; is therefore the law broken and abolished? by no means. The planets gravitate towards the sun, but in one part of their orbits they rapidly recede from that luminary; why? not because they have ceased to gravitate towards that attracting centre, but because the force of gravity is, for a time, overpowered by another force, and thus rendered ap-

¹ Locke's ‘Essay.’ Epistle to the Reader.

parently inoperative. In the same manner bodies often fall to the earth under the influence of gravity, but they often do not fall; why? because the attractive force is interfered with by some counteracting circumstances,—the table or the hand supports the book,—the conditions are not satisfied; let these conditions be restored, let the support be removed, and the universality of the law will be vindicated,—the book will fall.

Acids and alkalies have a strong tendency to combine with each other in definite proportions under the influence of chemical affinity; but if a stream of galvanic electricity be passed through the liquid in which they are dissolved and united, they are separated;—the force of affinity ceases to operate.

This law in chemistry of the union of bodies in definite proportions seems not to hold in the manufacture of *glass*; at least hitherto it has not been shown to do so. I have repeatedly tried the experiment myself. I have mixed the ingredients in the proportions of their chemical equivalents and have obtained glass; having had for these experiments the use of a large glass manufactory; but *my glass was not finer nor better than that produced by the empirical mixture made by the men*. Does this invalidate Dalton's beautiful and invaluable discovery? By no means; his experiments were made at ordinary temperatures, and chemical combinations produced under similar circumstances are obedient to this law. The condition of so high a temperature as that required for the manufacture of glass does not appear at present to be within the limits of the law; nevertheless, the law is perfect; it bears universal rule within its jurisdiction,—within the conditions which limit it.

In an electrical or magnetic experiment the disturbing influences, preventing or interrupting the phenomena, are more numerous and complicated. The laws of electricity and of magnetism are not, however, thereby considered doubtful or untrustworthy; they are depended upon as absolutely certain to produce their respective events within the limits of their sphere of influence.

Such is the meaning of the *limits* of a natural law. Let us apply these ideas to the law of "*similia similibus curantur*." A poison taken in health produces a certain series of derange-

ments ; by this experiment the poison is indicated, according to the law of Homœopathy as a specific remedy,—the best that can be obtained,—the choice one in all nature,—for a similar series of derangements occurring in natural disease. If this axiom be true at all, it will be not only *generally* but *universally* true within the limits of its conditions,—within the limits of its power of action.

We are now prepared to understand the question ; *what are the limits* of Homœopathy ? The answer must consist in an enumeration of those diseases which come *within* the limits ; and this answer will be made more plain and definite when we come afterwards to consider those cases, or parts of cases, which lie *beyond* its limits.

That the boundary is a vast one, and includes an innumerable multitude of the “ills that flesh is heir to,” will be manifest on due consideration. I can only refer to them very briefly. The endless variety of affections of the brain and nerves, the disorders of the circulation of the blood ; of respiration ; of digestion ; of absorption ; of secretion ; many ailments of the bones, ligaments, joints, muscles, glands, and integuments, are included within the circle of this comprehensive rule.

The practitioner who professes to take this law for his guide in the treatment of disease, must obey it with loyalty, and trust it with confidence within this extensive territory. If he bleed and blister in simple inflammation, if he give purgatives in simple chronic constipation, he is without apology. The law will guide him effectually and securely, if it be obeyed, through all such troubles as these. Such additions do more than, in the language of Johnson, “encumber us with help,”—they are unnecessary and injurious.

This brings us to the consideration of so-called *auxiliaries*. The term is improper, and ought never to be applied.

Here is a magnet and a piece of iron ; when the magnet is brought sufficiently near the iron, and the iron is free to move, it is drawn up against gravity and adheres to the magnet. This is a fact illustrating the action of the magnetic force. Suppose a weight is put upon the piece of iron, and the magnet made to approach it as before ; now there is no apparent action ; the magnetism of the bar has not departed, but the conditions requisite for its visible manifestation are

not granted ; there is a mechanical impediment. Now suppose the impediment is removed with the hand, and the conditions thus restored, the action again takes place. Can the *hand* in that case be called an *auxiliary* to the magnetic force? It is obviously an improper term ; we cannot help or assist a natural force, though we may often remove impediments, or assist in producing the circumstances or conditions under which the force naturally acts.

We must reject the term *auxiliary* altogether. If applied to bleeding and purging in inflammation, both the act and the term are wrong ; such additions to true Homœopathic treatment are not needed, they are not *auxiliaries* but *hindrances*. If applied to what is required to be done for those parts of cases which are beyond the limits of Homœopathy, it is wrongly applied ;—where the law does not reach it cannot act at all, and therefore cannot be assisted.

Within the limits of the law of Homœopathy nothing should be added to the remedy indicated, except what is manifestly calculated to promote the comfort of the patient ; appropriate food, clothing, temperature, air, water cold or warm, and cheerful and kind attendants. What is required where these limits are exceeded we will now proceed to consider.

IV.—What those cases are which are *beyond the limits* of this law, and how they are to be treated.

These out-lying cases, or parts of cases, like stragglers beyond the camp, are a disorderly group, which have given a great deal of trouble to the Homœopathic practitioner, because he has not seen clearly how to deal with them. They have constituted a great practical difficulty. Let us try to subdue them to order and submission. We will take them seriatim, following the maxim of Rochfoucauld, “ Pour bien savoir les choses, il en faut savoir le detail.” To understand a subject we must go into particulars.

There is a class of cases of which the following is an instance. A man is heartily and hastily enjoying his dinner, he swallows the bone of a fish, and it lodges in his throat ;—the practitioner is sent for in great haste—the man is choking. What dose of a “ like ” remedy can help in such a case? It is

true there are medicines homœopathic to the pain and incipient inflammation, but their action would be kept in abeyance, just as the force of gravity cannot bring the apple to the ground while it is supported by the twig. No, the *mechanical impediment* in both instances must *first be removed*, the twig must be broken,—the bone must be extracted, and then, the required conditions being granted, the respective laws will operate.

Another class is represented by the following cases. A railway accident, unhappily by no means unfrequent, has scattered abroad a number of poor creatures with broken arms and legs, dislocated shoulders and ankles, and wounds of all kinds. It is true the Homœopathic medicines will be of great service, but there are other requirements;—fractured bones must be replaced in their natural positions, and be retained there; dislocated joints must be reduced; wounds must be closed with sutures and plasters, perhaps bleeding vessels tied; and bandages must be skilfully applied. All the presence of mind and practical tact of the medical attendant will be put in requisition. His applications will be much fewer in number, his apparatus much less complicated than were those of his forefathers, so graphically depicted in the glorious folio of Ambrose Parè, but something of this kind must always be required; to treat such cases single-handed is plainly beyond the power of Homœopathy; but Homœopathy will do its own part, and do it well; *within its own province it will need no help.*

We proceed to another class of cases. A patient is suffering from inflammation of the bladder; the physician prescribes *Cantharides*;—the remedy is perfectly homœopathic to the inflammation, but it fails to afford relief. On more careful examination, a stone is found in the bladder; its presence is the cause of the inflammation; it is a mechanical impediment to the action of the remedy. The forceps is again required, the stone is removed, and the patient recovers. The failure of *Cantharides* in this case is no reproach to Homœopathy; it would have cured had there been no such impediment.

It will be said that all these are *surgical* cases, and that the Homœopathic physician is not concerned with them. I grant that they are *called* surgical cases, and that Hahnemann himself excepts them as such; but the distinction between the

surgeon and the physician is an artificial division of the medical staff which ought never to have arisen. It did not exist among the Greeks and Romans, but originated in the dark ages, and I hope it will cease to exist in the future ; that practitioners will study the whole of their profession, and seek only the distinction of superior skill and experience. At any rate all should first be physicians, and surgery should be the superadded part.

In another class of cases we meet with strictures of the natural passages. In these cases there is the diseased condition of the part, which can be prescribed for homœopathically, but *there is something more* ; there is a mechanical impediment to the free passage of what ought naturally to be allowed entrance or exit. In the case of the œsophagus it is clear that solid food must be abandoned, and only liquids swallowed ; in the case of the rectum something must be done to produce liquid evacuation. Now Homœopathic medicines restore health, their tendency is to bring a disordered action into a natural state ; but a natural state, a healthy action is inadmissible in these deplorable cases, and consequently something must be given to produce an *unnatural* state, as the only condition on which life can be for a short time prolonged. This case then requires an aperient, but it is evident that the aperient is not given with any view of curing the patient, it has no pretension of that kind, its object is simply to accommodate nature to a mechanical difficulty. Should Homœopathic remedies diminish the disease, and the stricture disappear, the necessity for a liquid diet in the one case, and for aperients in the other, would cease. These cases are happily very rare, but when they do occur, the medical adviser should explain their nature clearly, and especially his motive for having recourse to aperients.

Other cases the opposite of those last noticed will be met with. I lately saw an elderly lady who was in the act of losing an enormous quantity of dark blood from the bowel ; her life was in great jeopardy. The rectum was distended with hard matter. Two things were immediately done ; the medicine which I conceived was most homœopathic to my patient's condition was given, and by an enema of water, the mechanical impediment to the contraction of the bowel was removed. The

hemorrhage ceased instantly, and never returned. Now I acted here strictly as a Homœopathist should act. I gave nothing but the homœopathic remedy, but had I contented myself with this, my patient must have died. On the other hand, removing the mechanical difficulty was not having recourse to allopathy, it was in the strictest keeping with the purest Homœopathy, and I took care that the friends of my patient should understand the nature of the case.

Again, a child fills its stomach with poison-berries, or with pastry ; or a man swallows accidentally or intentionally a quantity of poison in a solid state ; shall not warm water, or an emetic, or the stomach-pump, as may seem to be most called for, be immediately made available to remove the offending matter ? In some of these cases magnesia, or white of egg, or camphor, or some other *antidote* may be required to neutralize chemically or vitally, the poisonous substance. The remainder of the case will fall within the limits of the law, and the proper homœopathic remedies can be given.

Again, cases of fracture of the spine, where there is, of course, total paralysis of all the parts below the fracture, require a mechanical mode of relieving the bladder, during the brief remainder of life.

Again, cases of dropsical effusion *may* demand the removal of the accumulated water, not as a remedy for the dropsy, but that the distress caused by its bulk and *mechanical* pressure may, for a time at least, be relieved. For a similar reason it will sometimes be desirable to remove simple tumours by an operation. Malignant tumours, having an origin in constitutional disease should not, I think, be operated upon. They may be benefited by homœopathic treatment ; the forcible removal of them subjects the sufferer to a painful operation, and tends to shorten, rather than to prolong life. We have the testimony of experienced allopathic surgeons to this fact.

It will be evident on a careful study of all these cases that none of them are cases for which Homœopathy is not adapted. We hear it said from time to time—such a case is not suited to Homœopathy ;—there are no such cases. Every case of disease is suited to Homœopathy, and Homœopathy is adapted to every case. It will be observed that it is for *a part only* of these cases that Homœopathy is not suited. It is perfectly

competent to act within its own sphere, in every case of disease ; that which, in any case, lies beyond this sphere, if we follow the dictates of right reason, must be treated by other means. They are chiefly mechanical difficulties which require to be mechanically removed. A few are chemical.

The Homœopathist need not be ashamed of these things ; he must avow them ; he must explain them ; he must, of all men, be open and straightforward, and do everything in public. Nothing can damage Homœopathy, or the character of Homœopathists so much as clandestine proceedings.

But what shall be done with those "bites of the caterpillar," to which we have seen that Sydenham, nearly two centuries ago, compared the mischief produced by the deleterious doses of allopathic drugs ?—*The bites of the caterpillar* ? What must be done with them ? They are very difficult to deal with. I will describe what I did, a few months ago, with a case of this kind.

In the beginning of November last, Mr. H., aged about 38, married, of a nervous temperament, not feeling quite well, consulted his physician, complaining chiefly of nervousness. Mercury, hyoscyamus, and digitalis in large doses, along with other medicines, were prescribed for him. The next day he felt worse, the medicines were repeated, and others added. He continued to get worse, the drugs were continued ; he took to his bed ; another physician was called in in consultation, and the drugs repeated. When he had been three months in bed ; was emaciated to the last degree ; was suffering from bilious diarrhœa ; his heart beating as if it would break his ribs, 140 times in a minute ; his head confused ; the mercury and foxglove being still continued, and belladonna added in large and frequently repeated doses ; his wife was told that she must expect the worst. This was his condition in April last, when I first saw him. He had taken mercury and foxglove for five months, together with henbane, capsicum, columba, ammonia, opium, valerian, camphor, sulphuric acid, quinine, ether, assa-fœtida, colocynth, nitric acid, dandelion, prussic acid, hop, poppy, cod-liver oil, rhubarb, deadly nightshade, Epsom salts, senna, &c., &c. These medicines had been prescribed, in the order here given, with various salines and infusions, by these two highly respectable physicians, between the 13th of Novem-

ber, and the 26th of March, in as many separate prescriptions, now in my possession. What could I do? I advised him to try to take some food, and to abstain from all medicine for a week. At the end of the week he was a little better, but had been greatly agitated the day before by the stormy visit of one of his former physicians. I prescribed sulphur for him, and in about two months, by attention to diet, and by taking a few doses of *nux vomica*, sulphur, nitric acid, and cinchona, I had the pleasure of leaving my patient quite well, and he soon afterwards resumed his occupation, upon which a family was dependent.

Before I conclude, I must not omit to notice one class of cases which remains, and which Hahnemann reminds us common sense excludes, in the first stage of their treatment, from the domains of Homœopathy. They are, in fact, not cases of disease, but of privation of life;—I allude to suspended animation by drowning, or any other kind of suffocation. Persons in this condition do not need healing of disease, but, if possible, restoring to life. Whatever means are most likely to be conducive to this end must be diligently used by the Homœopathist. If he should happily succeed in these efforts, and any ailment then exist in his patient, his rule comes into action, and he treats his case accordingly.

It will be perceived that on the use of auxiliaries, which at present somewhat divides the Homœopathic body, I do not join either party, but I have endeavoured to place the subject in such a point of view, that both parties may agree with me. It may have been presumptuous in me to attempt this, but I shall be thankful, and not proud, if I should succeed. If both parties should agree with me this consequence will follow—that they will agree with one another; for it is a general law of nature that “things which are equal to the same thing, are equal to one another.”

Such, when "cleared of doubt," is the principle of Homœopathy. When it is remembered how many centuries medical men have been groping in the dark without any principle to guide them, it seems scarcely possible to over-estimate the value, or to exaggerate the importance of such a discovery. It might have been expected that it would be hailed with delight by the professional body, or that at least it would be used thankfully till a better could be found, but it has met with the more common treatment of new truth—rejection without inquiry. "Damnant quod non intelligunt," says Cicero, they condemn what they do not understand; the majority being "those who prefer custom and habit before all excellency,"¹ who

"bring
A mind not to be changed!"²

¹ Bacon, 'Advancement of Learning.'

² Milton, 'Paradise Lost.'

ESSAY VI.

THE PRINCIPLE OF HOMŒOPATHY, (*CONTINUED.*)

“The *love of truth* is of equal importance in the reception of facts, and in the formation of opinions ; and it includes also a readiness to relinquish our own opinions, when new facts or arguments are presented to us which are calculated to overturn them.”—**ABERCROMBIE.**



ESSAY VI.

THE PRINCIPLE OF HOMŒOPATHY,

(CONTINUED.)

“Ce seroit faire tort au progrès des sciences que de ne pas vouloir abandonner des théories contraires aux observations que presente l'état actuel de nos connoissances.”—BARON HUMBOLDT.

It would be doing an injury to the progress of science were we not willing to give up hypotheses which are contrary to the observations furnished by the present condition of our knowledge.

ON a former occasion,¹ I have pointed out the precise limits within which the principle of Homœopathy, “*similia similibus curantur*,” can be applied to *diseases*; the counterpart to that inquiry remains, what are the limits within which it is applicable to *remedies*? I propose now to attempt an answer to this question.

From a careful study of the ‘Organon,’ and other writings of Hahnemann, we learn that he viewed the law of “*similia similibus curantur*” as applying, first, to the power which one disease exerts over another; secondly, to the influence of

¹ Essay V.

mental emotions; thirdly, to the action of the so-called imponderable agents, light, heat, electricity, and magnetism; and fourthly, to the operation of drugs. It is necessary to study each of these subjects separately.

I. The homœopathic action of *diseases*.—Hahnemann divides natural diseases into two great classes; the one consisting of such as are *dissimilar*, the other of such as are *similar* to each other. And he remarks “that no previously existing disease can be cured, even by nature herself, by the accession of a new *dissimilar* disease, be it ever so strong.” “Totally different, however, is the result when *two similar diseases* meet together in the organism, that is to say, when to the disease already present, a stronger similar one is added. In such cases we see how a cure can be effected by the operations of nature, and we get a lesson as to how we ought to cure.”

Dissimilar diseases he arranges under three heads: “1st. If the two *dissimilar* diseases meeting together be of equal strength, or still more, if the older one be the stronger, the new disease will be repelled by the old one from the body and not allowed to affect it.” The following are his examples:—

“The *plague* of the Levant does not break out where *scurvy* is prevalent.”

“Persons suffering from *herpetic eruptions* are not infected by the *plague*.”

“*Rachitis* prevents vaccination from taking effect.”

“Those suffering from *pulmonary consumption* are not liable to be attacked by *epidemic fevers* of a not very violent character.”

“2d. Or the new dissimilar disease is the stronger. In this case the disease under which the patient originally laboured, will, as the weaker, be kept back and suspended by the accession of the stronger one, until the latter shall have run its course or been cured, and then the old one again makes its appearance *uncured*.” These are the instances given:

“Two children affected with a kind of *epilepsy* remained free from epileptic attacks after infection with *ring-worm*; but as soon as the eruption on the head was gone, the *epilepsy* returned just as before.”

"The *itch*, as Schopf saw, disappeared on the occurrence of the *scurvy*, but after the cure of the latter it again broke out."

"*Pulmonary phthisis* remained stationary when the patient was attacked by a violent *typhus*, but went on again after the latter had run its course."

"If *mania* occur in a *consumptive* patient, the phthisis with all its symptoms is removed by the former, but if that go off, the phthisis returns immediately and proves fatal."

"When *measles* and *small-pox* are prevalent at the same time, and both attack the same child, the measles that had already broken out is generally checked by the small-pox that came somewhat later; nor does the measles resume its course until after the cure of the small-pox." Sometimes the reverse of this takes place. So with *scarlatina* and *cow-pox*. The scarlatina will sometimes suspend the cow-pox, and sometimes the reverse will happen. The *measles* suspends the *cow-pox*, but does not prevent it from afterwards running its course. So with the *mumps* and *cow-pox*.

"And thus it is with all *dissimilar* diseases, the stronger suspends the weaker, but *the one never cures the other*."

"3d. Or the new disease joins the old one that is dissimilar to it, and forms with it a *complex* disease."

"When two dissimilar acute infectious diseases meet, as, for example, *small-pox* and *measles*, the one usually suspends the other, but in rare cases the two for a short time combine, as it were with each other, as seen by P. Russell and others. Zencker saw *cow-pox* run its regular course along with *measles* and along with *purpura*." Such are the *dissimilar* diseases.

Let us now learn what those diseases are which Hahnemann arranges together as *similar*, and of which he asserts that they "can neither repel one another, nor suspend one another, nor exist beside each other." "No! invariably, and in every case, do two diseases, differing, certainly, in kind, but very similar in their phenomena and effects, annihilate one another, whenever they meet together in the organism." And as his "object is to speak about something determinate and indubitable," he gives the following proofs of the assertion just quoted.

"The *small-pox*, so dreaded on account of the great number

and severity of its symptoms, has removed and cured a number of affections with similar symptoms." Such as *ophthalmia*, *amaurosis*, a case of the latter, "of two years' duration *consequent on suppressed ringworm*." *Deafness, difficulty of breathing, dysentery*.

"The *cow-pox*, a peculiar symptom of which is to cause tumefaction of the arm, cured, after it broke out, a *swollen half-paralysed arm*."

"The fever accompanying *cow-pox* cured homœopathically an *intermittent fever* in two individuals."

"The *measles* bears a strong resemblance in the character of its fever and cough to the *hooping-cough*, and hence it was that Bosquillon noticed in an epidemic where both these affections prevailed, that many citizens who then took measles remained free from hooping-cough during that epidemic."

"If the *measles* come in contact with a disease resembling it in its chief symptom, the eruption, it can indisputably remove and effect a homœopathic cure of the latter. Thus a *chronic herpetic eruption* was entirely and permanently (homœopathically) cured by the breaking out of the measles."

"An excessively burning *miliary rash* on the face, neck, and arms, that had lasted six years, under the influence of *measles* assumed the form of a swelling of the surface of the skin; after the measles had run its course, the rash was cured and returned no more."

"Nothing could teach the physician in a plainer and more convincing manner than the above, what kind of artificial morbid potency (medicine) he ought to choose, in order to cure in a sure, rapid, and permanent manner, agreeably to the process that takes place in nature."¹

I have extracted thus largely from the 'Organon' upon this point for several reasons; first, that I might give a full account of the argument as propounded by Hahnemann; secondly, that the two lists may be read in their connection; this I cannot but think will be sufficient to convince every intelligent person that the supposed homœopathic relation of one disease to another is imaginary and untrue; and thirdly, to point out how unfit the 'Organon' is to be held up as a text-book to

¹ 'Organon,' §§ xxxv to xlvii.

students, and how unsafe a guide Hahnemann would prove to those who surrender themselves to him in implicit obedience. Truly, never was hypothesis based upon more slender materials; never did assertion and inadequate proof appear more conspicuously side by side than in these paragraphs.

It cannot be necessary to examine in detail these so-called *dissimilar* and *similar* diseases. It may suffice to remark that measles and small-pox, which are so far alike, that for centuries they were supposed to be modifications of the *same* disease, are classed as *dissimilar*; while measles and whooping-cough, with all their visible difference, are classed as *similar*, and as homœopathically curing one another! A few months ago there was an epidemic of measles in this neighbourhood; some of the children had no sooner recovered from the measles, than they were attacked with the whooping-cough; whereas, if Hahnemann's doctrine had been true, this would not have happened.

It might be thought that there was some similarity between *cow-pox* and *chicken-pox*; certainly they resemble each other more closely than do measles and whooping-cough. The following cases occurred to me this summer:—

On the 17th of August, 1853, I vaccinated three brothers; John Clarke, aged sixteen years; William, aged fourteen; and George, aged eleven. On the eighth day the vaccination on William's arms had taken effect, and was running its usual course; the others seemed to have failed. John I re-vaccinated; but George presented a rash, having the appearance of chicken-pox, which prevented his re-vaccination. At the end of the second week, William's cow-pox was completed; George's chicken-pox was going on; but John, instead of presenting the pustules of cow-pox on the arms, was covered with chicken-pox; this subsided in due time, and then the cow-pox appeared, and went through its accustomed stages. On the 10th of September, twenty-four days after he had been vaccinated, George was brought to me; his chicken-pox had disappeared, but he had now a large cow-pox pustule on the back of the right *hand*, with inflamed absorbents, and an enlarged gland in the axilla; the pustule ran through its usual course, when the accompanying symptoms disappeared. Thus the resemblance between cow-pox and chicken-pox, which is

certainly greater than that between *cow-pox* and *intermittent fever*, produced no homœopathic cure of either.

Well might Hahnemann conclude this part of his subject with the remark, "We should have been able to meet with many more true, natural homœopathic cures of this kind *if nature had not been so deficient in homœopathic auxiliary diseases.*"

Rau, who has also written an 'Organon,' in some respects more interesting and instructive than Hahnemann's, objects to the instances of similarity in diseases brought forward by the latter.

He says, "in many of these cases the external similarity is not very remarkable. If small-pox is sometimes accompanied or succeeded by a swelling of the arm, dysenteric diarrhœa, ophthalmia, and blindness, it does not follow that there is a similarity between these diseases and small-pox." Rau, however, does not reject the notion as unfounded, but endeavours to prove it by other, and, as he thinks, by better instances. He goes on to say, "there are other much more instructive and convincing cases, such as habitual headache, disappearing in consequence of a typhus; or paralysis of the arm as a sequel of typhus disappearing again after the lapse of several years under the influence of a second attack of typhus." I must confess I do not see that these examples are at all more "convincing" than Hahnemann's.

Such are the best proofs which have been adduced in support of the application of the law of *similia similibus curantur* to the action of diseases upon each other. The influence which diseases exercise upon each other is a very curious and intricate subject, the discussion of which does not come within the scope of our present business; but, from the facts now before us, it is obvious that this influence is governed by other laws than that of like curing like; in other words, the principles of pathology are not identical with the principle of therapeutics; the laws which govern the natural course of diseases are not the same as the law which guides us in the treatment of these diseases by remedies. It is plain, therefore, that the action of diseases upon each other cannot be included within the limits of the law of Homœopathy.

II. The Homœopathic action of *mental emotions*.—It would seem that man is a triune being, composed of a body, an animal life, and a spirit. His body, the materials of which are derived from the earth upon which he treads, is an exquisite piece of machinery, “fearfully and wonderfully made.” The animal life, or vital principle, is the life which he has in common with the lower animals. His spirit is an immaterial and immortal essence, intelligent and moral, the presiding powers of which are reason and conscience. The vital principle and the intelligent spirit are “the lives,” which, in the beginning, were “breathed” by the Great CREATOR into the prepared body. The triple union is man. Since man’s moral fall all three are subject to derangement; the body and the vital principle are appointed to death. The derangements of the one act upon the other two. The diseases of the body act through the vital principles upon the mind; and, on the other hand, the disorders of the mind act through the same medium, upon the body. These are the only instances we are cognisant of in which matter and spirit meet and act upon each other; in all other cases, so far as we know, matter acts only upon matter, and spirit upon spirit.

The question arises according to what laws do the mental emotions of one individual operate upon those of another?

“Mourning and sorrow,” says Hahnemann, “will be effaced from the mind by the account of another and still greater cause for sorrow happening to another, even though it be a mere fiction.” In other words, Hahnemann thinks that the law of Homœopathy, *similia similibus curantur*, applies to the action of the mental emotions of the physician or friend upon the mind of the patient, as it does to the action of material poisons upon his body. I think it does *not*, and for the following reasons—

First. There is no *analogy* to render it probable that the law of Homœopathy applies to mental emotions. The laws regulating spiritual phenomena, so far as we are yet acquainted with them, are not identical with the laws which govern matter and its movements. Is there any perceptible connection between the operations of mind and the laws of gravity, chemical affinity, electrical attraction, and repulsion, &c., which

regulate the operations of matter? Can we, in fact, point out any two things more different?

Secondly. The effects produced by the emotions of one mind upon those of another, in a healthy state, do not in any way resemble the injurious effects of poisons upon the body. They do not, by their own nature, engender disorders, but on the contrary, the natural action of one mind upon another is of a beneficial and happy tendency; otherwise social existence would be an unmixed evil. According to the Homœopathic law poisons are to be "proved" upon the healthy body, in order to learn the symptoms they are capable of producing, which symptoms are the guide for their use as remedies in natural disease. Can there be anything like this undertaken with mental emotions? Should any one suggest that disordered emotions, such as anger, for example, produce similar disorders in other minds, I think they will scarcely have the hardihood to assert that such disordered conditions in one mind act homœopathically as remedies for similar disorders in other minds.

Thirdly. The experience of all ages down to the present time has recommended an opposite mode of treatment for the disorders of the mind. Seneca prescribes for those in sorrow, "*Precipue vitentur tristes, et omnes deplorantes.*" Sorrowful companions and all mourners are specially to be avoided. And he adds the following strong remark,—"*Si quis insaniam ab insanîâ sic curari æstimat, magis quam æger insanit.*" If any one thinks to cure insanity by insanity, he is more insane than the patient. A sacred writer observes, "a merry heart maketh a cheerful countenance, and doeth good like a medicine." Genuine sympathy with cheerful kindness will do all the good that one mind can do to another.

Fourthly. Hahnemann has not pointed out the failure of the universal practice in this matter, nor the fallacy of its principle; nor shown that experience down to the present time is unsatisfactory; neither has he adduced proofs in support of his new view of the subject. He gives the example already quoted;—"Mourning and sorrow will be effaced from the mind by the account of another and a still greater cause for sorrow happening to another." But this does not prove his point, for it is not a fact. The attention of the mind may be *diverted*

for a time from its own sorrow by the recital of another's grief; but his own sorrow will not be *effaced* thereby; it will remain as before, and his mind will soon revert to it.

It may be said, Well, but you have yourself quoted a passage from Shakespeare in which the principle of Homœopathy is illustrated in a moral affection. The quotation, in Essay I, is this—

“In poison there is physic; and these news,
Having been well, that would have made me sick,
Being sick, have in some measure made me well.”

The Homœopathy in this passage is contained in the first sentence, “In poison there is physic,” which had been still better expressed long before, in the eastern proverb, “Poison is the remedy for poison.” The moral effect of the news upon his mind, while suffering from disease was to rouse him, to cause him, for the time, to forget his ailment, and so, as Shakespeare truthfully remarks, “*in some measure*” to make him well. It will be seen that the instances are not parallel ones. In Hahnemann's, the sorrow of one mind is supposed to be effaced by the tale of another's greater sorrow. In Shakespeare's, bodily disease is supposed to be in a measure cured by painful news. The latter is much more likely to be sometimes realised than the former; though the ordinary effect of afflictive tidings upon bodily suffering is to increase it.

The careful consideration of these reasons leads distinctly to the conclusion that the laws of the science of metaphysics and those of therapeutics are not identical; that the influence which one mind exerts over another is governed by other principles than that of like curing like; it is plain therefore that the action of mind upon mind cannot be included within the limits of the law of Homœopathy.

III. The Homœopathic action of *physical agents*.—The material world is a wonderful exhibition of the Divine power. The solid earth, the ever restless ocean, the majestic mountain, the beautiful valley, the boundless plain, the gliding river, the noble forest, the lovely flower, the moving creature in every part, and over all—the uplifted countenance of man. All

these are palpable and ponderable matter ; but besides these there is the genial warmth, the glorious sunshine, the vivid flash, the rolling thunder, which constitute as it were the *confines* of the material creation, to which we must now return, after a brief visit to the region of mind and immaterial spirit.

In a future Essay, I shall mention facts which seem to prove that the space occupied by the universe is filled with matter ;—inconceivably attenuated, it is true, but still material. Upon this subtle form of matter various *motions* are impressed, producing the phenomena which we call heat, light, electricity, and magnetism. Each of these it is now needful to investigate, so far as relates to the subject of Homœopathy.

HEAT.—It is probable that all the so-called imponderable agents are peculiar *motions* of the infinitesimal particles of matter, and perhaps each of these motions exist in two different forms,—the vibratory and the undulatory. For example, heat resident in a body may be called vibratory, and when passing from one body to another, undulatory. Heat in this latter form, often called radiant heat, produces upon the living body certain peculiar sensations which we call hot, warm, or cold. These sensations can be produced by degrees of heat within certain narrow limits only. When these limits are exceeded heat causes the death and destruction of the organised animal structure. If in excess, we say the part has been burned ; if in deficiency, we say it has been frozen. All sudden transitions from one degree of temperature or heat to another are injurious to living bodies ; if, therefore, any part of the body has been exposed to too great a heat, the method to be pursued, in order to suffer as little as possible from this exposure, is a gradual return to a more appropriate temperature ; and the same holds good if any part has suffered from deficiency of heat. Thus a burned hand may be gradually cooled by being slowly withdrawn from the fire ; while a frozen limb may, in like manner, be gradually warmed by being rubbed with snow.

This explanation seems sufficiently obvious and satisfactory ; we cannot but demur, therefore, when these facts are adduced as instances of homœopathic action, as they are in the following sentences of the ‘*Organon*.’

“ In recent cases of frost-bitten limbs, frozen sour-crout is

applied, or frictions of snow are used. The experienced cook holds his hand, which he has scalded, at a certain distance from the fire, and does not heed the increase of pain that takes place at first, as he knows from experience that he can, thereby, in a very short time, often in a few minutes, convert the burned part into healthy painless skin.”¹

These are not instances of “like curing like.” The agent which causes the mischief, and which cures it is *the same*;—it is heat in different *degrees*; if, therefore, the action is at all specific it is Isopathy,—the same curing the same,—not Homœopathy,—like curing like; but in truth, it is neither the one nor the other. The explanation has been already given, and it is plain that the action of heat upon the living body cannot be included within the limits of the law of Homœopathy.

LIGHT.—This beneficent and beauteous endowment of matter pervades, with astonishing rapidity, the vast expanses of the universe. A cannon ball would take a year to pass through the distance which light traverses in a second. Such is the velocity of this undulatory movement; its other properties are equally remarkable, witness the brilliant colours produced by its refraction and reflection in the rainbow; and above all, the power which it possesses of so acting upon the eyes of living creatures as to enable them to *see* surrounding and even distant objects. So far as we know, light does not affect any other part of our body, while that is in its natural condition; it produces no action upon the sentient nerves of the skin, nor upon the organs of the other senses. Various degrees of light, within certain limits, (to be mentioned in Essay IX,) produce an impression upon the eye. As might be expected, a greater degree overpowers the impression caused by a smaller degree; hence the stars are not seen by day. The light of the stars has much less power to affect our eye than the light of the sun, it therefore cannot be perceived while the latter is above the horizon. If the sun’s light be excluded, which may be done either by descending into a deep well, or by looking through a powerful telescope, then the stars become visible at noon-day. Thus the perceptible impressions produced upon the eye are dependent upon the various *degrees* of light which reach the

¹ ‘Organon,’ Introduction, p. 100.

organ,—the more powerful preventing the perception of the weaker.

Let us now hear what Hahnemann says upon this subject. To the paragraph announcing the “homœopathic law of nature” is appended the following note;—“Thus are cured both physical affections and moral maladies. How is it that in the early dawn the brilliant Jupiter vanishes from the gaze of the beholder? By a stronger, very similar power acting on his optic nerve, the brightness of approaching day!”¹ And this, according to Hahnemann, is an instance of homœopathic cure!

It is difficult to refrain, here, from some reflections on the want of the power of discriminating evinced by our medical reformer. It is true he laid hold upon a fact when he discovered the homœopathic action of drugs, but how indistinctly must he have viewed that fact, and how visionary are his speculations respecting it!

It is difficult to trace the remotest analogy between the fact that a poison produces a disease, and cures another like it, and the effect of different degrees of light upon the eye. The light of Jupiter produces no disease for the light of the sun to cure; again, if the eye has been injured by too much light, it is not restored to health by a still stronger degree of light; and again, if it were, it would not be by a *similarity* of agents, but by the *same* agent, acting in a more or less powerful manner; the light of the “brilliant” Jupiter is but the reflected light of the sun.

This deficiency in the power of discrimination in the mind of Hahnemann becomes, if possible, still more conspicuous in the sentences immediately following the one last quoted. “In situations replete with fetid odours, wherewith is it usual to soothe effectually the offended olfactory nerves? With snuff, that affects the sense of smell in a similar, but stronger manner! How does the warrior cunningly banish the piteous cries of him who runs the gauntlet from the ears of the compassionate by-standers? By the shrill notes of the fife, commingled with the roll of the noisy drum! and the distant roar of the enemy’s cannon, that inspires his army with fear? By the mimic thunder of the big drum!”

Such observations as these surely require no refutation. They

¹ ‘Organon,’ § xxvi.

are entirely inapplicable as illustrations of Homœopathy. Some writers on Homœopathy admit that Hahnemann's illustrations are "unhappy," and with that admission they let the matter drop. But why are they unhappy? Simply because they are *untrue*. It is not difficult to see that there is nothing of the nature of homœopathic action in these examples; and it is plain that the motions producing light, and also those producing sound, cannot be included within the limits of the law of Homœopathy.

ELECTRICITY.—The attractive power of amber, called by the Greeks *ελεκτρον*, an almost solitary fact known to the ancients, has given a name to a property which is now ascertained to belong to all bodies. The remarkable phenomena, and the extensive relations of this property or force, have been successfully investigated only within the present century, and even at the present day, though a vast number of facts have been observed, the subject is still shrouded in much mystery. In reference to animal life and its bearing upon the subject before us, I may remark that the relations which exist between the electrical force and the nervous influence are of the most intimate, but at the same time of the most subtle character. They have occupied the close attention of natural philosophers for some time, but as yet few data have been well established. The shock which the Torpedo can communicate was known to the ancients. That this shock was electrical was discovered by Mr. Walsh, and communicated through Dr. Franklin to the Royal Society in 1772. The animal was sent by Mr. Walsh to John Hunter for examination, and its electrical organs are described by the latter in the 'Philosophical Transactions' of the following year. The next discovery was Galvani's, in 1789, that the electricity excited by the contact of two metals can produce muscular contractions; our knowledge was further advanced by Baron Humboldt, by his examination of the *Gymnotus Electricus*, the electric eel of South America, a very interesting account of which is contained in his '*Recueil d'Observations de Zoologie et d'Anatomie comparée*,' 1811. Of late, the subject has been pursued, especially by Professor Matteucci, who, in his '*Traité des Phenomènes Electro-Physiologiques des Animaux*,' and in a series of Memoirs communicated to the Royal Society, and published in the '*Philoso-*

phical Transactions' for the years 1845, 1846, 1847, and 1850, has described an immense number of most delicate and accurate experiments.

It will be sufficient to allude to one or two conclusions resulting from these experiments, to show that the mode of action of electricity upon the living nervous system is very complicated and peculiar; and that our knowledge of it is quite inadequate to enable us to prove it to be within the limits of the law of *similia similibus curantur*.

In Matteucci's fourth 'Memoir,' published in 1846, his object is to prove that the electric current transmitted along a nerve modifies the excitability of the nerve in a manner differing widely according to the direction of the current. Thus, the *direct current rapidly exhausts this excitability*, while the *inverse current increases it*.

In 1847, Matteucci ascertained that if an animal is etherised, and the direct current is passed along one sciatic nerve, and the inverse along the other, contraction of the muscles takes place with the *direct current, only on interrupting the current*; while with the *inverse current contraction appears only on closing it*. But these are the phenomena with the anterior roots of the nerves, or nerves of sensation only;—if these be cut, the effects are instantly reversed, contraction with the *direct current takes place on closing*, and that with the *inverse on opening or interrupting the circuit*.

These experiments are sufficient to make it evident that the effects produced by the application of an electrical current to the living body are of an intricate and refined nature, and that we are extremely ignorant with regard to their details. To ascribe any curative influence, therefore, which may have happened to follow from the use of electricity to the law of Homœopathy is a premature and unwarrantable conclusion. In fact, the application of electricity as a remedial agent, with our present ignorance of the effects it may produce, resembles far more the rude proceedings of allopathy, than doings which profess to be regulated by a law of healing.

Experiments of this kind have been related,—an electric shock communicated to the head of a rabbit deprives the animal of sense and motion—produces paralysis; a second shock restores consciousness and voluntary motion,—removes

paralysis ; and these alternate effects may be almost indefinitely produced by successive discharges of electricity. But whatever this is, it is not Homœopathy ; it is not *like* curing like.

I have, formerly, made use of the electric aura, (a current from a wooden point,) in opacity of the cornea, with some advantage ; I have seen it, when applied by a small galvanic battery, relieve anomalous neuralgic pain ; I have often tried it in paralysis, but with very unsatisfactory results. Electricity has again and again been brought forward as a remedial agent, and has again and again been laid aside, in consequence partly of its frequent failures, and partly from our not knowing how to apply it, and how to apportion the degree of intensity to the nature of the case. For it will be observed that electricity, like heat and light, acts beneficially or otherwise simply in proportion to its *degree* or quantity.

This last remark suggests another circumstance in which these imponderable agents differ from drugs ; a certain condition or amount of each is, every moment, essential to the maintenance, not only of health, but of life itself. A certain temperature, a certain amount of light, and a certain condition of electricity preserve life and health,—how we know not ; while other degrees or quantities of these all-pervading properties or affections of matter may instantly destroy both ; as by a sun-stroke, or a flash of lightning. With all these, therefore, the effects are dependent upon *degrees*,—in one degree they may injure, in another degree they may relieve ; but in none of these cases can the law of like curing like be fairly applied. Their regulated use belongs more to the province of hygiene than that of therapeutics. To the affairs of clothing, exercise, and diet, rather than to medicine.

It is plain, therefore, that the phenomena of electricity cannot, in the present state of our knowledge, be included within the limits of the law of Homœopathy.

MAGNETISM.—The attractive power of the peculiar native oxide of iron called loadstone, and its use in the mariner's compass, have been long known ; but we are indebted to the recent discoveries of Faraday for our knowledge of the fact that magnetism, like electricity, is a universal property of matter. It is true that only a small number of bodies have a

polarity similar to that possessed by iron, and which are called magnetics; but all other bodies have a polarity acting at right angles to that of iron, and are called diamagnetics. The connection between electricity and magnetism is now known to be of the most intimate nature, as is seen in the new sciences of electro-magnetism and magneto-electricity. Close relations are also traced between these properties of bodies and those of heat, light, and chemical affinity. But our present business is the question, has magnetism any connection with the law of Homœopathy?

Hahnemann enumerates about nine hundred symptoms as occasioned by the touch of the magnet.

“Those symptoms which have no reference to either pole in particular have been obtained incidentally during the course of experiments of six months’ duration, the object of which was to find out the best and most effective mode of magnetizing steel: a magnetic horse-shoe, carrying *twelve pounds*, being handled for hours in succession, and both hands being thus in constant contact with either pole.”

“Those symptoms which have reference to one pole in particular, have been obtained by means of a powerful magnetic bar being touched by persons in good health, for eight or twelve minutes, seldom more than once.”¹

Now, without its being necessary to assert that all, or even that many of these symptoms have been erroneously attributed to the action of the magnet, I cannot see that any proof can be gathered from them that the magnetic influence on the living body is governed by the law of *similia similibus curantur*. On the contrary, I think there is sufficient evidence on the face of Hahnemann’s own report to justify me in concluding that magnetism is *not* governed by this law. The following are my reasons:

First. I have carefully studied the three series of symptoms, viz., those supposed to be produced by the magnet without reference to either pole, those caused by the north, and those arising from the south pole, and I cannot discover that they present any picture of disease which can be considered characteristic;—that is, so peculiar as to distinguish the effects of

¹ ‘*Materia Medica Pura*,’ translated by Hempel, vol. iii, p. 22.

the magnet from those of other noxious agents. Hahnemann often insists, and with great justice, on the fact that each poison produces symptoms peculiar to, and characteristic of itself.

Secondly. Notwithstanding Hahnemann's assertion that it "will be seen from the following symptoms that each of the two poles produces phenomena in a healthy person different from that of the other pole," I must confess I cannot find any difference sufficiently striking or important to prove that it is not accidental. Hahnemann does not attempt to aid us in our endeavours to distinguish between the effects of the two poles except in one circumstance. He says, "The south pole appears to excite hemorrhage as its primary effect; the north pole seems to act in the contrary manner." Now it so happens that under the *north* pole he gives us the following symptoms:—"Bleeding from the left nostril." "Bleeding of the nose for three quarters of an hour." "Violent bleeding at the nose for three afternoons in succession." While I find nothing of the kind among the symptoms supposed to be occasioned by the *south* pole.

These reasons might appear to be sufficient, but I feel obliged to remark further, that, though in Hahnemann's works, there is a great appearance of the strict accuracy and precision required in a philosophical writer, there is, in reality, a great lack of those qualities. For—

Thirdly. Many symptoms are stated to arise "from touching the centre of the bar;" at which part of a magnet it is well known that the magnetic influence is neutral, and that no effects have yet been elicited from it. Now, whatever might be thought of these symptoms, were the effects of the *poles* of the magnet established, they certainly ought not to have been brought forward as proving anything, so long as that, the main question, remains undecided.

Fourthly. Some symptoms, as "fits of fainting, palpitation of the heart, and suffocation," are put down as having arisen "from *omitting* the usual imposition of the magnet." One cannot but marvel that such evidence as this should be adduced to prove an important and novel fact.

Fifthly. Hahnemann himself, notwithstanding his endeavour to lay down precise rules respecting the magnetic influences

on the body, is evidently confused in his own mind. He says, "the contact of a pole seems to produce alternate effects analogous to those of the opposite pole." "If the symptoms of a case correspond to the general symptoms of the magnet, without having reference to any pole in particular, in this case that pole is to be chosen which seems to be more closely homœopathic to the case. If the symptoms should then disappear suddenly, or if new symptoms should be elicited of half an hour, or even of a quarter of an hour's duration, this is a sure sign that the magnet has acted enanthiopathically, and the other homœopathic pole is to be applied immediately for as long a time as the palliative had been." "The disagreeable effects of an anti-homœopathic application of the magnet, which are sometimes very considerable, may be palliated by small *electric sparks*; they can be permanently cured by the flat hand being imposed upon a *large tin surface* for half an hour,"—&c.

It is obvious that, in this matter, Hahnemann has entangled himself and his students in an inextricable maze. It seems to me impossible to gather any directions, sufficiently simple and positive to be followed in actual practice, from the five-and-forty pages of the 'Materia Medica Pura' occupied with magnetism. I think it is plain, therefore, that the magnetic influence on the living body is not included within the limits of the law of Homœopathy.

But this is not all. It is an admitted rule in Natural Philosophy that the results of experiments cannot be received as satisfactory and true, unless they occur again in the hands of others repeating the experiments of the original observer. Before the conclusions of Hahnemann can be adopted, others must experience at least *some* of the symptoms he has recorded. And on the same ground, before they can be permanently rejected, the experiments must be repeated without his results, sufficiently to make it evident that he has fallen into error.

I have tried in a variety of ways to obtain some effects, or to experience some unquestionable influence from magnets, but I am constrained to say without success. I have tried them on my own person, and on that of others. It is true that, in one instance, in an individual of a highly nervous and susceptible temperament, I did get some symptoms, such as

rumbling of the abdomen, a feeling of faintness, and a speedy action of the bowels; but then, on repeating the experiment with the same person, a few days afterwards, *with a similar bar of unmagnetized steel*, I got precisely the same effects; clearly proving that the results of the previous trial were due to the force of imagination, and not to that of magnetism.

To obtain a confirmation, either of Hahnemann's results or of my own, I have communicated with the two individuals who have had more personal and practical experience in the handling of and experimenting with magnets than any others in the world; and by their kind permission, I now give their replies. The first is from my friend Dr. Scoresby.

“Torquay, Nov. 7, 1853.

“Dear Dr. Sharp,—In reply to your inquiry as to any sensible effects on the bodily feeling or condition from the handling of powerful magnets—I can decidedly state that no such effects have ever been experienced by me; at least in such a degree as to draw my attention to such circumstance. I have felt *no sensible effect* either from the magnetizing of bars of steel, or handling the most powerful magnets, or working with a powerful magnetic apparatus for hours together. My largest magnet, comprising five hundred feet of steel bars,—one and a half inch broad and a quarter of an inch thick,—and capable of sustaining *four hundred pounds* weight, (though not well adapted for lifting purposes,) produces no sensible effect on the feelings.

I am,

Dear Dr. Sharp,

Yours very faithfully,

W. SCORESBY.”

The second letter is from Professor Faraday, to whom I have often been indebted for kind communications, and who on this, as on all former occasions, promptly furnished me with the information I sought.

“Royal Institution, 19th Dec., 1853.

“My dear Sir,—I have often experimented on the subject, and my results are all negative. Having an electro-magnet

which could have the magnetic power developed and suppressed at pleasure, and which, when excited, would sustain some *tons* weight, I have submitted the most delicate parts of my own organization to it without being conscious of the least influence. I have placed the ball of the eye close up to a pole, either one or the other, and then put the power on and off, quickly and slowly, but without the slightest consciousness of the least change in any function of the eye or the parts about it. I have repeated the experiment with the nostrils; the tongue; the ear; with a wound; with a fresh cut;—but no effects have been produced.

Mr. Warren de la Rue constructed a beautiful electro-magnet with pointed poles, so arranged that they could be brought very near each other;—animalcules of various kinds were placed between them, and then observed with a microscope. I predicted from my own experiments that nothing would occur of an extra character; and such was the result. The creatures showed no difference whether the power was *on* or *off*, or passing on or off,—the motions and appearances of the cilia, and other parts of the little animals, remained constantly the same.

I have worn a magnet about my person for some time, without the least indication of any effect; and when I have worked for hours together, and day after day, with powerful magnets, and amongst them that before referred to, I have not been conscious of any influence.

I believe that, as yet, we have not the slightest real evidence of the influence of a magnet, (acting only as a magnet,) upon an animal of the highest or of the lowest organization,—or upon any plant, as a *living* object. Considered as *inert* matter, they are all subject to the power, for I have found a living or a dead mouse to be equally diamagnetic.

Ever, my dear Sir,

Very truly yours,

M. FARADAY."

I leave my readers to draw their own conclusions from the evidence before them. It appears to me that this preponderates greatly against *any effects whatever* being produced by magnetism upon the living body in its ordinary condition; but even if it should hereafter be established that effects are

sometimes produced, I believe these effects will be found, on careful investigation, to be entirely ungoverned by the law of Homœopathy.

For myself, I cannot but conclude that Hahnemann is quite in error, when he supposes that the Homœopathic law can, with any show of propriety, be applied to the action of the physical influence of *any* of the so-called imponderable agents. The only analogy which I can discover is that of *polarity*. We know that like electricities, and like poles of a magnet *repel* each other,—*similia similibus repelluntur*; beyond this faint resemblance, I can, as yet, trace no connection.

IV. The homœopathic action of *drugs*.—It has been more or less generally acknowledged, from time immemorial, that, “poison is the remedy for poison.” I have advanced some very plain proofs (Essay IV) that this “Homœopathy in the general” is also true when we descend into particulars. A careful review of the examples given in that Essay, will render it impossible for any intelligent and unprejudiced person to deny, that *a relation exists in nature* between the effects of material poisons on the healthy frame, and the effects of the same poisons on diseases resembling those which they are capable of producing. This relation is expressed by the word Homœopathy,—like curing like.

Hahnemann’s formal definition of this law of Homœopathy in the ‘Organon’ is as follows :

“A weaker dynamic affection is permanently extinguished in the living organism by a stronger one, if the latter (whilst differing in kind) is similar to the former in its manifestations.”

This paragraph, instead of announcing a natural fact which he had discovered, states a fiction which he had imagined. He gives us no sufficient evidence to prove that the artificial disease induced by the remedy is a stronger one than the previously existing natural disease. Analogy does not make it probable that this should be the case, especially with an infinitesimal dose of the remedy; and if it were so, it would be still less probable that such a mode of proceeding could restore any one to health.

I am constrained, therefore, to reject this definition, and venture to propose the following as a substitute :—

Every material poison, gaining admission into the healthy body, has a tendency to produce a diseased condition, evidenced by symptoms or physical signs, more or less peculiar to itself; and every such poison is the most appropriate remedy for a similar diseased condition which has arisen from other causes.

From this definition it appears that, in the present state of our knowledge, this law of *similia similibus curantur* is an ultimate fact. We are ignorant of its cause, and also of its connection or correlation with other natural facts; it can therefore be used only as an empirical guide. But when it is remembered that before we became acquainted with this fact we had *no guide*, and that this is an intelligible and plain one, it must be seen that it must prove a great gain to the practice of medicine. And when it is further remembered that the most advanced sciences, as astronomy and chemistry, are in the same manner based upon ultimate facts, the causes of which are equally unknown, we need not wonder, neither need we to be distressed, if in medicine also we find ourselves compelled to work by a rule the construction of which is hidden from our view.

From the evidence adduced in Essay IV, it is plain that *the action of material poisons, or as they are commonly called drugs, is included within the limits of the law of Homœopathy*; and from the evidence brought forward in this Essay, it is also plain that as yet, *we know of no other actions which are included within it*. Thus the question proposed, what are the limits within which the law of Homœopathy is applicable to *remedies*? has now been answered. It is applicable to drugs, but to nothing else.

Goethe, himself a German, observes that “the Germans have the gift of rendering the sciences inaccessible;” certainly Hahnemann possessed the art of making Homœopathy unacceptable. In this way among others, by attempting to make an indiscriminate application of the law of *similia similibus curantur* to the action of diseases; of mental emotions; of physical agents; and of material poisons. Thus regarding it as a foundation of pathology, of moral philosophy, and of

dynamical science, as well as of therapeutics ; a proceeding as unphilosophical as if Newton had attempted to make the law of gravitation the basis of chemistry, physiology, and metaphysics, as well as of astronomy.

I venture to hope that this confusion is now cleared up, the difficulty obviated, and a serious objection removed ; and that in future both the nature and the limits of the principle of Homœopathy will be perceived and maintained. I shall rejoice if I have made the subject more intelligible to my readers, and placed it in a light less repulsive to my professional brethren.

ESSAY VII.

THE PROVINGS OF HOMŒOPATHY.

“ A very little *Truth* will sometimes enlighten a vast extent of science.”—
BEATTIE.

ESSAY VII.

THE PROVINGS OF HOMŒOPATHY.

“But yet these truths being never so certain, never so clear, he may be ignorant of either, or all of them, who will never take the pains to employ his faculties as he should, to inform himself about them.”—LOCKE.

IF *drugs* are *remedies* for disease, it is obvious that some means must be used to discover their various properties; in other words, to learn the effects they are severally capable of producing upon the human body. Let us inquire—

I. What have been the means hitherto adopted for this purpose, and the result.

II. What new method has been suggested, and agreed to.

III. How far this new method has been carried out.

I. What have been the means hitherto adopted to ascertain the curative powers of drugs, and what has been the result?

The means hitherto adopted have been *the trial of them in*

every variety of disease. Through preceding ages, both medical men and patients have been eager to experiment in this manner, upon the large number of poisonous substances of which the *Materia Medica* consists.

And what has been the result? If I undertake a description of the past and present condition of the *Materia Medica*, and of the results of the trials or experiments made to discover their powers of healing, in my own words, I may be suspected of misrepresenting the truth; I shall, therefore, give it in the words of those writers who are most eminent or best known in the profession.

In Essay IX will be found an epitome of the practice of medicine in the words of Cullen, the most distinguished physician of this country of the last age, in which he exhibits, in a striking manner, the doubts and the confusion, the contradictions and the differences of the successive teachers and practitioners of the healing art.

Pinel, one of the most celebrated writers of the Continent of the same period, expresses himself on this subject as follows:—

“La matière médicale n’a été en général qu’un entassement confus de substances incohérentes, et le plus souvent duées d’une efficacité précaire; et rien, peut-être, n’est plus fondé que le reproche qu’on lui a fait de n’offrir qu’un assemblage informe d’idées inexactes, et d’observations puériles ou du moyens illusoires.”¹

“The *Materia Medica* has been nothing but a confused heap of incongruous substances, possessing, for the most part, a doubtful efficacy; and nothing, perhaps, is more just than the reproach which has been attached to it, that it presents only a shapeless assemblage of incoherent ideas, and of puerile or at least of illusory observations.”

It is true he goes on to express a hope that modern chemistry will dissipate this sad confusion, but experience has disappointed this hope. No science can operate effectually, except within its own limits, and the science of healing is not, and cannot be made, a chapter in chemistry.

But it may be said Cullen and Pinel were of a former age;

¹ Pinel, ‘*Nosographie Philosophique*,’ 5th ed., p. lxxxviii, Paris, 1813.

I will, therefore, avail myself of the pen of the present living official head of our profession in this country, and in the words of Dr. Paris, the President of the Royal College of Physicians, give some account of the substances hitherto used as medicines, the mode by which a knowledge of their properties has been acquired, and the estimate made of their value by the physicians of succeeding ages.

Such a method of stating the case cannot in reason be objected to, or be suspected of unfairness; and I ask every professional reader, and it is to my professional brethren that these Essays are primarily addressed, I ask him to put the question to himself as he reads, *is it not true?*

The College of Physicians possesses one of the most complete collections of *Materia Medica* in Europe. "Glancing at the extensive and motley assemblage of substances with which these cabinets are overwhelmed, it is impossible," says Dr. Paris, in a lecture addressed to the assembled college, "to cast our eyes over such multiplied groups, without being forcibly struck with the palpable absurdity of some—the disgusting and loathsome nature of others—the total want of activity in many—and the uncertain and precarious reputation of all;—or, without feeling an eager curiosity to inquire from the combination of what causes it can have happened, that substances, at one period in the highest esteem, and of generally acknowledged utility, have fallen into total neglect and disrepute;—while others, of humble pretensions, and little significance, have maintained their ground for so many centuries; and on what account, materials of no energy whatever, have received the indisputable sanction and unqualified support of the best and wisest practitioners of the age. That such fluctuations of opinion, and versatility in practice, should have produced, even in the most candid and learned observers, an unfavorable impression with regard to the general efficacy of medicines, can hardly excite our astonishment, much less our indignation; nor can we be surprised to find that another portion of mankind has at once arraigned physic as a fallacious art, or derided it as a composition of error and fraud. They ask—and it must be confessed that they ask with reason—what pledge can be afforded them, that the boasted remedies of the present day will not, like their predecessors, fall into disrepute, and, in their turn, serve only as

humiliating memorials of the credulity and infatuation of the physicians who commended and prescribed them?"

Dr. Paris afterwards speaks of "the barren labours of the ancient empirics, who saw without discerning, administered without discriminating, and concluded without reasoning." And, passing to modern times, he declares that we "should not be surprised at the very imperfect state of the *Materia Medica*, as far as it depends upon what is *commonly called* experience." Ray, he says, "attempted to enumerate the virtues of plants from *experience*, and the system serves only to commemorate his failure; Vogel likewise professed to assign to substances those powers which had been learned from accumulated experience; and he speaks of *roasted toad* as a specific for the pains of gout, and asserts that a person may secure himself for the whole year from angina, by eating a roasted swallow."

"The revolutions," continues Dr. Paris, "and vicissitudes which remedies have undergone, in medical as well as popular opinion, from the ignorance of some ages, the learning of others, the superstitions of the weak, and the designs of the crafty, afford an ample subject for philosophical reflection.

"Iron, whose medicinal virtues have been so generally allowed, has not escaped those vicissitudes in reputation which almost every valuable remedy has been doomed to suffer.

"The fame even of Peruvian bark has been occasionally obscured by the clouds of false theory; some condemned its use altogether 'because it did not evacuate the morbid matter;' others 'because it bred obstructions in the viscera;' others again 'because it only bound up the spirits, and stopped the paroxysms for a time, and favoured the translation of the peccant matter into the more noble parts.' It was sold first by the Jesuits for its weight in silver (about 1660), and Condamine relates that in 1690 several thousand pounds of it lay at Piura and Payta for want of a purchaser.

"It is well known with what avidity the public embraced the expectations given by Stöerck of Vienna, in 1760, with respect to hemlock; everybody, says Dr. Fothergill, made the extract, and everybody prescribed it, but finding that it would not perform the wonders ascribed to it, and that a multitude of discordant diseases refused to yield, as it was asserted they would, to its narcotic powers, practitioners fell into the oppo-

site extreme of absurdity, and, declaring that it could do nothing at all, dismissed it at once as inert and useless.”¹

I might go on quoting nearly the whole of Dr. Paris’s two lectures; for they proceed in the same strain, but I have given sufficient to satisfy any unprejudiced mind.

Every practitioner who has reached, or passed the middle of life, will remember instances in his own experience, of this fickle vicissitude,—this fashionable reputation and capricious oblivion. He will remember, for example, the time when almost every gentleman he met carried white mustard-seed in his waistcoat pocket. He will not have forgotten the similar rise and fall of many other remedies.

That the picture drawn by Dr. Paris is not one of past times only, but is equally true of our own day, is manifest from the perusal of the medical journals of the present moment. Take up, for instance, the last volume of Mr. Braithwaite’s ‘Retrospect’ of these journals, and read the whole, from the opening sentence to the appendix. The volume commences thus:—“Dr. Johnson (assistant-physician to King’s College Hospital) truly observes that on few subjects is there such diversity of opinion as upon the effects of remedies in disease, their modes of action, and the best methods of administering them.” And the appendix on cholera is thus introduced:

“We took some pains in our 20th volume (1849) to collect and arrange the many opinions on Asiatic cholera, both as to its pathology, causes, and treatment, which were published at that time.

“We now add some other opinions which have been published since the epidemic made its appearance in the present year of 1853. But we do not think it necessary again to enter into so minute an analysis as we did before, because we do not perceive that there has been any very material addition to our previous knowledge on the subject. We will, therefore, merely subjoin some of the opinions on the *treatment* of this disease which seem to us to be the most sensible—although we must acknowledge that the difference of opinion has sometimes greatly amused us.”²

¹ Paris, ‘Pharmacologia,’ Introduction.

² Braithwaite, ‘Half-yearly Retrospect of Medicine,’ July to December, 1853.

To me it is not amusing, but very painful and melancholy, that, after the earnest and conscientious labours, during thousands of years, of tens of thousands of educated men, all engaged daily in the study and the practice of medicine, such should be the issue! It proclaims loudly that the method pursued must be a faulty one, and that *a better state of things ought to be sought for, not from any imaginable amount of perseverance in the same track, but by discovering, if possible, some new path.*

II. Let us proceed, therefore, to inquire what new method has been suggested and agreed to.

“Primum, *in corpore sano* medela tentanda est, sine peregrinâ ullâ miscelâ; exigua illius dosis ingerenda, et ad omnes quæ inde contingunt affectiones, quis pulsus, quis calor, quæ respiratio, quænam excretiones, attendendum. Inde adductum phænominorum in *sano* obviourum, transeas ad experimenta in corpore *ægroto.*”

“In the first place, *the remedy is to be tried on the healthy body*, without any foreign substance mixed with it; a very small dose is to be taken, and attention is to be directed to every effect produced by it; for example, on the pulse, the temperature, the respiration, the secretions. Having obtained these obvious phenomena *in health*, you may then pass on to experiment on the body *in a state of disease.*”

Such was the suggestion of the illustrious Haller, about the middle of the last century. And who was Haller? He has been called the “Prince of Physiologists,” and of him it has been recorded that “no individual, either of ancient or modern times, has equalled him in the extent of his erudition, and the magnitude of his labours. His fame was universal; no person of rank or scientific eminence visited Switzerland without paying their respects to Haller. Foreign countries were alike anxious to gain his services, and to bestow upon him honours.”

Here then is a new path discovered and pointed out to us by a man every way worthy of attention. Some of the ancients had made experiments with poisons, but they were undertaken for a different object,—the finding out of *antidotes*.

This method seems now for the first time to have been placed before the world as the best means of learning the healing virtue of drugs.

The method met with approbation. Among others, Hahnemann, a German physician then rising into notice, adopts and advocates it earnestly.

"The physician," he says, "whose sole aim it is to perfect his art, can avail himself of no other information respecting medicines than—

"First—What is the pure action of each by itself on the human body?

"Second—What do observations of its action in this or that simple or complex disease teach us?"

He remarks that the last object is partly obtained in the practical writings of the best observers. But so many contradictions occur among the observations thus recorded, that some natural standard is still required, by which we may be enabled to judge of their relative truth and value. Hence the necessity for an answer to the first question—What are the effects produced by a given medicinal substance on the healthy human body?¹

Many eminent physicians continued, from time to time, to express their concurrence in this method, until at length, in 1842, about a century after its proposal by Haller, it has been formally adopted. A public assemblage of medical men, at the Scientific Congress held at Strasburg in that year, announced the adoption of the proposal in the following resolution:

"The third section (the medical) are unanimously of opinion that experiments with medicines on *healthy* individuals are, in the present state of medical science, of urgent necessity for physiology and therapeutics, and that it is desirable that all known facts should be methodically and scrupulously collected, and, with prudence, cautiousness, and scientific exactness, arranged, written out, and published."

The proving of drugs on the healthy is thus admitted to be not only useful, but of urgent necessity.

¹ Hahnemann's first Essay on a new principle for ascertaining the curative powers of drugs. 'Hufeland's Journal,' 1796.

III. How far has this new method been carried out ?

The plan proposed is this :—Voluntarily to make ourselves ill with poisonous doses of drugs, for the sake of learning, in the first place, upon what organs they act, and the changes they produce on them, and afterwards in what diseases such drugs may be given as remedies. This is a painful path, of indefinite extent, beset with obstacles, and demanding an unknown amount of labour and self-sacrifice. Who has had courage to walk in it ? Not Haller himself. He saw, but he did not come, nor conquer. Among the few who early ventured an attempt, the most considerable individual was Stöerck. As Mason Good observes, he engaged himself “in *proving* upon his own person the violent powers of colchicum and stramonium.” Some other trials were made, but, to quote again the last-named excellent writer, “a common fate attended the whole of these experiments. From attracting and concentrating the attention of the public, the medicines to which they were directed became equally overvalued ; were employed upon all occasions ; produced frequent disappointment ; and gradually fell into disuse.”¹

In this almost hopeless state of things, with the zeal and courage of a true pioneer, Hahnemann commenced the trial or proving of drugs on his own person, and on those of as many of his friends as he could induce to join him in the difficult and perilous adventure. He had been so dissatisfied with the uncertainty, want of success, and danger of the usual mode of practice, that he had given up his professional duties, and was earning a scanty maintenance by translating books, and by pursuits in chemistry. His active mind busied itself in searching for “an easy, sure, trustworthy method, whereby diseases may be seen in their proper light, and medicines be interrogated as to their special powers, as to what they are really and positively useful for.” He must, thought he, “observe how medicines act on the human body when it is in the tranquil state of health. The alterations that drugs produce on the healthy body do not occur in vain, they must signify something. This may be their mode of teaching us what diseases they have the power of curing.”

¹ Mason Good, ‘Study of Medicine,’ vol. i, Preface.

Hahnemann's first trial was with Peruvian bark ; he took several scruples, in successive doses, at a time when he was in perfect health, and he was thrown into a feverish condition, which had some resemblance to the kinds of fever for which it has been usual to prescribe this drug as a remedy. Hence again the thought that there must be a direct connection between the disease-producing and the disease-curing properties of drugs ; and hence the resolution to try a series of experiments upon himself, to discover the truth or the fallacy of the thought that " likes are to be treated with likes."

During a long course of years *all the best-known drugs* were experimented upon in succession, until the morbid effects, which each is capable of producing, were ascertained with more or less exactitude and completeness. The bold and novel undertaking was persevered in with untiring industry, and at the expense of much personal privation and suffering ; and had the results been given to us in a narrative detailing them as they were successively ascertained, they would have formed an imperishable monument of an amount of labour and self-denial such as the world has rarely seen.

The praise of having led the way is undoubtedly Hahnemann's. And, notwithstanding the defects in his provings, which I shall feel bound to notice, such is the value of a true principle, they have already guided us to a mode of treating diseases, far more successful than any which was known before.

To facilitate, as he imagined, the use in actual practice of the immense materials he had collected, he invented an artificial arrangement of them, before they were presented to the world. In this scheme or plan, all the symptoms are detached from those originally associated with them, or which occurred in the same experiment, and they are re-arranged according to the anatomical division of the body. For example, all the symptoms affecting the head, *in any number of provers of the same drug*, are put together ; then those belonging to the eyes ; the ears ; the face ; the throat ; the stomach ; the chest ; the arms ; &c. Hahnemann has given us several volumes thus curiously disjointed ; and he has withheld from us the means of arranging them otherwise, by keeping back the original histories of the actual provings.

The dismemberment of the symptoms from their natural

groups is a great defect in the provings of Hahnemann ; and, along with this lesser fault, there is also another of considerable magnitude. This second great defect has arisen from his anxiety to give a *perfect* picture of the effects produced by the substances under trial, and consists in his having suffered a large mass of insignificant, and often perhaps imaginary sensations, and other trivial matters, to mingle with the real and important symptoms. This error has, like the former, greatly encumbered and confused the representation of the action of the drug ; which, had it been avoided, would have been much more clear and instructive. The numerous trivialities thus introduced not only require to be overlooked by the student, but they also form a stumbling block to the inquirer, and a ground of reproach for the opponent.

But if imperfection and error attach to the performance of Hahnemann, shall that be thought surprising ? Shall the undertaking itself be condemned because the first attempt has not attained perfection ? Doubtless there are defects which blemish this great work of Hahnemann ; let it be our endeavour to discover these defects, and to remove them ; to perfect the work begun. It is not given to the same age, much less to the same individual, to begin and to complete any undertaking so vast as this. We have seen that the old method, after a most prolonged and diligent trial, has signally failed ; we have seen that the proving of drugs upon the healthy has been admitted to be of urgent necessity ; we have further seen that the work has been begun, and *there is now no course open to the profession but to carry it on until it is completed.*

To restore the symptoms of each proving to their natural connection with each other ; to discard all that are insignificant or imaginary, and all which have arisen from other causes than the drug taken ; to connect with the provings the age, sex, constitution, &c., of the prover, the dose of the drug, and its repetition, and the circumstances under which the trial has been made ; and, above all, *to discover the true pathological condition produced by the drug, so that the corresponding diseased state for which the drug will prove the best remedy may be more easily recognised ;*—is the task of the present and succeeding generations of medical practitioners.

It is admitted that the knowledge we have hitherto possessed, relative to the effects of the substances composing the *Materia Medica*, is almost worthless. Does any one deny this? If so, upon what grounds?

It is admitted that to obtain an acquaintance with these drugs of more value, their *effects in health* must be learned, by proving them upon ourselves. Does any one deny this? If so, upon what grounds?

It appears that several physicians have begun this difficult undertaking; for example, Stöerck, already mentioned, Dieffenbach and Jörg in Germany; Alexander in Scotland Chevallier in France; and Beraudi and his three friends in Italy. Some of these were before, some after Hahnemann; none of them homœopathists; but their efforts terminated with unimportant results.

The work was begun and persevered in by Hahnemann, with such an amount of self-denying labour and perseverance as had not been thought of before; and his results exceed in importance every thing which had been accomplished during all the centuries before him.

I have allowed that Hahnemann's provings are not free from errors and defects; but I contend, and this from my own personal observation and experience at the bedside of the sick, that, notwithstanding these errors and defects, they are of more practical value in the treatment of disease than anything which had been effected by any former physician.

And it is obvious, as I have remarked already, that the only path now open to professional men in which they can pursue their career with credit, and with any hope of obtaining more power over disease, and consequently of being more useful to their patients, is this method of provings. Is not the old path of experimenting upon the sick shut up,—in the court of reason is it not closed for ever?

The problem to be solved relative to those poisonous substances which are to be used as remedies in disease, is this:—Upon what organs of the body do they act? and what are the changes they produce in these organs? Each drug produces

its own peculiar effects, it is therefore necessary that each be experimented upon alone. This was pointed out by Haller :—
“The remedy is to be tried on the healthy body *without any foreign substance mixed with it.*” It has been admitted by our best writers. Mason Good observes that “there are some practitioners who think that all the articles which are of real use in the cure of diseases lie within a small compass, and may be learned without burthening the memory. This remark may be allowed to those who are limited to a portable dispensary, as in travelling, or on shipboard; but when uttered under other circumstances, it savours less of wisdom than of indolence. We may easily, indeed, substitute one medicine for another, but it is very rarely [if ever] that we can hereby obtain an integral representative; a remedy possessing not only the general but the particular qualities of that whose place is supplied, so as to be equally adapted to the exact state of the disease or the express character of the idiosyncrasy.”¹

As then each drug produces its own special morbid effects, and is to be investigated by itself, under what circumstances can this knowledge be acquired? These morbid effects can be discovered in two ways; first, by persons in health taking them voluntarily for this purpose, or *proving* them; secondly, from cases of *poisoning*, whether accidental or intentional.

I will now give a few examples of both these modes of obtaining the required information. They are not adduced as exhibitions of the entire sphere of action of these particular drugs—the limits of these Essays do not admit of this,—but as illustrations of the facts which are so valuable as the foundation of an improved method of treating diseases. According to the old method, after having examined a patient, the mental inquiry is, what medicines have done good in similar cases? On the contrary, those who are guided in their choice of a remedy by the principle that “likes are to be treated with likes,” ask themselves, what drug produces similar symptoms?

The cases which follow may be considered as the converse of those given in Essay IV.

¹ Mason Good, ‘Study of Medicine.’

CASES.

ACONITUM NAPELLUS.

This plant, besides possessing other healing powers of importance, is now fully established as a most valuable remedy in *simple and inflammatory fever*. It must entirely banish the use of the lancet, the leech, and the blister in such cases.

“Dr. Frederick Schwarz, 29 years old, of sanguine temperament, with unimpaired health, commenced his experiments with three drops of the tincture, and gradually increased the dose until he took 400 drops at once.

“After a large dose (400 drops): Rigor, commencing in the legs, then going to the arms, with goose-skin; great fatigue, indifference, irritability, no appetite, food creates nausea. The rigor continued to increase in the afternoon, and he became icy cold, no coverings suffice to warm him. Afterwards, burning in the eyes, twitching and vision of sparks; roaring in the ears, great sensitiveness to noise. Breath hot, breathing quickened; on breathing deeply, oppression, anxiety, and painful stitches betwixt the shoulders; pulse strong, full, quick.—In the evening, slight perspirations came on; after which nearly all the symptoms went off.”

Many other provings give similar symptoms, with decided evidence of inflammation of the brain, the eyes, the mucous and serous membranes, the larynx, the lungs, the heart, and other organs. The symptoms of several of these affections were experienced by the following prover.

Professor Joseph Zlatarovich, 37 years old, robust, stout, dark complexion, of sanguine choleric temperament. He took from 10 to 200 drops of the tincture daily for many days; in sixty-eight days he had taken about 5000 drops, and had symptoms of great severity, such as—

“Shivering for several hours, general feeling of illness, weariness and exhaustion; wandering pains; vertigo and stupefaction; violent headache, as if the head was compressed

with screws at both temples; itching and burning in the eyes and eyelids; the eyeballs feel enlarged as if coming out of the orbit; sensitiveness of the larynx to inspired air, as if its mucous membrane were divested of its covering; cough from irritation of the larynx, with expectoration of gelatinous mucus. Oppression of the chest, with raw pain under the sternum on inspiration; stitches in the lower part of the chest, towards the false ribs; violent dry cough; anxiety in the region of the heart; pains in the back and limbs," &c.

Aconite has acted remedially in cholera; it produces an exhaustion of the whole frame similar to that of cholera. In evidence of this fact the painful instance of the late Dr. Male, of Birmingham, may be cited.

"Dr. Male, aged 65, who had for two months suffered from pains in the back and loins, took (in 1845) tincture of aconite for four days, beginning with 5 drops, three times a day, and increasing the dose to 6, 8, and 10 drops (taking, in all, 80 drops); on the fifth day the extremities became cold; the surface cold and clammy; pulse 130, feeble; cramps and pains in the legs, and spasmodic pains in the stomach. He died on the 7th day."

Aconite, as before observed, possesses other valuable properties, but in its relation to inflammatory fever (synochus) it stands, at present, unrivalled.

ARSENIC.

This deadly poison has an action upon the human body in many respects the opposite of the preceding drug. The melancholy relations of its poisonous effects are so numerous, that its characteristic properties may be readily gathered from them. It has also been much used as a remedy. I will give a list of cases extracted from the Index to the first 19 volumes of the 'Edinburgh Medical and Surgical Journal;' of course these are diseases treated on the old method; by comparing them with the cases of poisoning which follow, it will be seen on how many occasions the law of *similia similibus curantur* has been unwittingly adhered to; it is fair to infer that the

benefit which has been experienced in such cases has arisen from the homœopathic action of the remedy.

“Arsenic, solution of, used in a case of angina pectoris (a case of carditis occasioned by arsenic is then given);—its use in ascites;—approved remedy for the radical cure of cancer;—its use in convulsions;—its use in dyspepsia;—its use in elephantiasis;—its use in epilepsy;—its use in curing periodical headaches;—effects in hemicrania;—benefit derived from it in whooping-cough;—its use in hypochondriasis;—its use in hysteria;—its use in intermittent fever;—its use in lepra;—its use in megrim;—its use in melancholia;—its use in chronic ophthalmia;—its use in palpitation of the heart;—its use in paralysis;—its use in rachitis;—its use in rheumatism;—its use in scirrhus;—successful in tic douloureux;—successful effects in lock-jaw;—its use in typhus;—useful in phagedenic, and other ulcers;—its use in cases of worms.”

It is evident that the prevailing character of these diseases is asthenic, prostration of strength, and a tendency to disorganization and decomposition; brought to a climax in malignant sore throat, gangrene, and Asiatic cholera; in all of which, as well as in the majority of the cases enumerated above, it has been successfully used by homœopaths.

Dr. Roget records the following case of poisoning in the 2d volume of the ‘Medico-Chirurgical Transactions,’ 1811. It exhibits a large number of the characteristic effects of arsenic.

“A girl, aged 19, of a sanguine temperament and delicate constitution, having met with a severe disappointment, purchased 60 grains of white arsenic, strewed the powder on a piece of bread and butter, and ate the whole. In about ten minutes an effort to vomit took place; in about an hour she looked exceedingly pale, felt very ill, and hastened to bed; in a few minutes she was seized with violent pain in the stomach, soon followed by severe vomiting; her mother gave her large draughts of warm water, which immediately returned. The vomiting continued, with griping in the bowels, and copious watery evacuations; some florid blood was vomited. Her anguish had now risen to such a pitch that her resolution gave way to the urgent wish for relief, and she acknowledged the cause of her sufferings. The following day she was suffering intense pain at the pit of the stomach, much increased by

pressure, with frequent retching and occasional vomiting ; the face flushed ; respiration hurried and anxious, with frequent hiccup ; pulse 120, small and extremely quick ; tongue white. At five in the evening, pain in the stomach continued intense (notwithstanding bleeding and a blister), a burning heat in the throat, much thirst, also much pain in the forehead, and intolerance of light ; frequent feeling of excessive coldness, particularly in the extremities, although to the hand of another person they appeared to be of the natural warmth. At seven, pulse 140, very cold ; on being raised in bed, she fainted for half an hour, with slight convulsions. At eleven, her strength diminished, frequent hiccup, constant burning in the throat and stomach, extremely pale, eyes kept closed from dread of light, pupil contracts slowly. Next morning she is free from pain and sickness, and bears the light better ; pulse 112, small ; the colour has returned to her lips and cheeks ; she is anxious to recover. In the evening the headache is distressing, pulse 120. On the 3d day vertigo, headache much increased, dread of light again, oppression of breathing, feeling of cold water running down the back, and sense of sinking, pulse 125 and very small. To take camphor, which gave her much relief. The following day the symptoms continued, and on the 5th day they increased, with pain under the margin of the ribs on the left side, constant and severe, and much aggravated by a cough which was increasing in violence. On the 6th and 7th days this state continued, but abated on the latter day, when at night she suddenly went off in a fit, during which she was completely insensible, the left arm and leg agitated with strong convulsions ; considerable foaming at the mouth and distortion of the features ; the violent symptoms lasted two hours, and the insensibility all night. On the 8th day completely comatose and unable to move, eyes closed, pupils dilated, but contracted on the admission of light ; when strongly roused she complained of violent headache, and also of pain in the region of the spleen, which she could not bear to be pressed. On the 9th day she had a convulsive fit at the same hour as the preceding, and continued in a state of torpor. On the 10th day she had a fit which lasted four hours, from which she recovered in my presence, as if awaking from a sound sleep, and declared she felt perfectly well, her only complaint being

a violent itching of the skin over the whole body. The convulsions returned in the evening. On the 11th day she had headache, itchiness of the skin, and burning sensation in the throat; the convulsions returned with violence for an hour and a half, when she again awoke free from complaint, excepting a violent itching of the nose, and a numbness in three of the fingers on the right hand. On the 12th and following days the convulsions still returned during sleep, but gradually became milder, and at length amounted only to irregular twitchings of the tendons; in another week these had left her, and her strength a good deal returned, but she continued to suffer from occasional flatulence, oppression of the stomach, and difficulty of breathing." I have endeavoured to abridge this case, but it is so full of instruction, in the successive changes in its symptoms, representing so well so many distinct morbid conditions, that it can scarcely be studied too much.

The following case, given by Dr. Christison, in his work on 'Poisons,' extends the picture of the characteristic features of arsenic:—

"On two successive evenings, immediately after taking some gruel, Mr. Blandy was attacked with pricking and burning of the tongue, throat, stomach, and bowels, and with vomiting and purging. Five days after, when the symptoms were fully formed, he had inflamed pimples round his lips, and a sense of burning in the mouth; the nostrils were similarly affected; the eyes were bloodshot, and affected with burning pain; the tongue was swollen, the throat red and excoriated, and in both there was tormenting sense of burning; he had, likewise, swelling, with pricking and burning pain of the body; excoriations and ulcers; vomiting and bloody diarrhœa; a low tremulous pulse; laborious respiration; and great difficulty in speaking and swallowing. In this state he lingered several days, and died nine days after the first suspected basin of gruel was taken."

The next case is from Mr. Braithwaite's 'Retrospect' for 1852:—

"Dr. MacLagan was requested to see Margaret Davidson, aged 35, on the 4th of November, 1851, she having, at three o'clock p.m., taken a dessert-spoonful of powdered arsenic, in

mistake for a saline effervescing powder. No effects were produced for half an hour, she was then sick ; at seven o'clock she presented all the usual symptoms. Magnesia was administered, which was generally vomited as soon as swallowed. November 5th.—Has vomited all night and still does so ; has had diarrhœa ; suppression of urine ; she lies in a drowsy, torpid condition, eyes sunk ; face blue, and, like the extremities, cold and clammy. *She presents the most perfect resemblance to a case of Asiatic cholera in the stage of collapse.* From this state she slowly rallied, and on the 12th had extensive bronchitis over the whole of both lungs, from which she ultimately recovered."

With one more case the picture will be more complete. It is from Taylor's ' Medical Jurisprudence : '—

" A young woman procured a lump of arsenic. She began by biting it, and then broke it up into coarse fragments, put them into a glass of water, and swallowed them. This was in the morning, and she went the whole day without uneasiness. In the evening there were no febrile symptoms ; at eight o'clock she suffered from pain in the abdomen ; at eleven she appeared to be more calm than ever, and had a strong desire to sleep ; at three in the morning she sat up in her bed, complained a little of her stomach, and then died without the least appearance of suffering."

The quantities of the poison taken in these cases were excessively large ; three or four grains being, in many cases, sufficient to cause death.

ATROPA BELLADONNA.

This also is a deadly poison. It has been extensively employed as a remedy for neuralgic affections, such as tic douloureux ; for epilepsy and mania ; for hydrophobia ; for cancerous affections ; by Hahnemann it has been recommended both as a remedy for, and a preservative from, scarlet fever, and also in some inflammatory diseases, as of the throat, eyes, brain, &c. The organs upon which it primarily acts are the brain, and

nervous system; the eyes; the throat; and the skin; as is apparent from the following cases of poisoning.

In the 'London Medical and Physical Journal,' vol. lvii, are two cases by Mr. Smith, of Forres, N.B.:—

"Nov. 5th, 1827.—At five p.m. I was called to see two of Mr. M—'s children, both boys, the one four, the other two years of age. They had eaten the berries of the *Atropa belladonna* from a bush in the garden. It appears to have been between one and two o'clock, for soon after two the elder boy went to school, where the symptoms made their appearance. When taken up to his lessons he did not speak, but laughed immoderately, and grasped at imaginary objects; he had previously complained of pain in his head. He was now sent home, where the laughing continued, and he was as talkative as he had before been silent, but he was altogether incoherent; added to this, he was in constant motion, running round and round the room. I found him laughing and talking alternately; he was kept on the knee, but the extremities were in violent and almost constant action; the eyes fixed, and the pupils fully dilated, and insensible to the light of a candle. The same symptoms manifested themselves in the younger boy, and were now fully as violent. Emetics and castor oil were administered. Notwithstanding this treatment the symptoms became worse; the muscular movements stronger and incessant, the breathing noisy and with a croupy sound, and occasional cough; their faces were swollen and red; incoherent talking continuing; the skin became cold; pulse, barely perceptible in the beginning, now not felt at the wrist; there was lock-jaw. They were put into warm baths, and rubbed with flour of mustard. They gradually became warm, and the pulse more distinct. This state of collapse returned on the following day more than once, and the same means were used. On the 7th they began to distinguish objects, (they had been quite blind,) and to speak and act rationally; pupils were still much dilated, and eyes red; the younger child has had a rash, which disappeared on the second day. They were freely purged, which brought away the skins of the berries. From this time they continue to mend. The noisy, croupy cough continued longest; and when the elder boy has a cold, the cough is still, (at a distance of six years,) of the same nature.

A third boy, who had eaten the berries with them, was in the hands of another practitioner, with a like result."

The following case is from the 'Edinburgh Medical and Surgical Journal,' vol. xxxi, 1828 :—

"A gentleman who had been accustomed to take occasionally a purgative mixture containing 46 grains of jalap, sent to his apothecary, instead of his physician's French recipe, a translation of it by himself in Latin, in which he had used the word *belladonna* as the proper equivalent for the French name of jalap, *belle-de-nuit*. The mixture was faithfully prepared according to the formula, and taken by the patient about six in the morning. The first effect was most violent headache, commencing about an hour afterwards, affecting chiefly the orbits, and accompanied ere long with excessive redness of the eyes, face, and subsequently of the whole body. In a few minutes the entire skin presented a uniform redness, *exactly like that of scarlatina*. The patient was also affected at the same time with intense redness of the throat, and great heat, which seemed to spread throughout the whole alimentary canal; he had also extremely painful irritation and suppression of the secretion of the kidneys. Twenty leeches were applied, and he experienced much relief in the course of a few hours. He passed a quiet night, and next morning complained only of a general feeling of discomfort. M. Jolly, the relator of this case, states that he has repeatedly seen the powder and extract of belladonna cause a similar scarlet efflorescence."—'Nouvelle Bibliothèque Medicale,' Juillet, 1828.

In the 'Medicinische Jahrbücher des k. k. Oesterrcichischen Staates,' 1832, some cases are related, which add the symptoms of hydrophobia to the picture drawn in the preceding histories :—

"A man, accompanied by his son, aged nine years, walking one afternoon in the woods, and seeing the branches of belladonna bearing black and brilliant fruit, resembling wild cherries, gathered some for his son, who ate them freely on account of their sweetish taste; he also ate ten berries himself, and carried home a large quantity for his other children. Another son, not quite five years old, ate a great number; two elder daughters ate less. All went to bed afterwards, apparently well. All were taken ill; in the two boys the symptoms of

poisoning appeared in all their force ; restlessness and delirium, attempts to escape, so that they were constantly obliged to be forcibly confined to their beds ; continual motions of the hands and fingers, and desire to lay hold of the coverings ; acute delirium, but the wanderings only on lively subjects ; actual vision almost gone, but at the same time both the boys fancied they beheld a crowd of objects ; extreme dilatation and insensibility of the pupils ; the eyeballs alternately fixed and rolling ; spasmodic actions of the muscles of the face, grinding of the teeth, yawning ; voice hoarse and weak ; slight swelling of the left side of the throat, and burning sensation in the œsophagus (in the elder of the two boys) ; decided aversion to all sorts of liquids in both, and spasmodic attacks whenever they were forced to swallow anything. The symptoms presented, as will be seen, some analogy to *mania* (delirium without fever), for the vascular system was neither locally nor generally excited, and the respiration was not sensibly disturbed."

The provings which Hahnemann has given us of belladonna contain fourteen hundred and forty symptoms. Its continued daily use in homœopathic practice testifies to its admirable powers as a remedy.

CARBONATE OF AMMONIA.

This salt (*sal volatile*) is daily had recourse to as a stimulant and antispasmodic, either as applied to the nostrils, or taken internally, diluted with water. Its immediate, temporary effect is relied upon for these purposes ; when taken in excess it acts as a very powerful poison ; several cases of death caused by it are on record—one, reported by Dr. Christison, "where a strong dose of the solution killed a man in *four minutes*." When taken in smaller quantities and repeatedly, it has a penetrating action upon the constitution, very different from that of aconite, arsenic, or belladonna, but equally characteristic. This action points it out as the most valuable remedy in similar cases of disease ; for example, in that bad form of scarlet fever, where the rash appears only partially, or soon recedes, the throat is ulcerated, and the strength rapidly fails ;

a form which is commonly fatal, and for which belladonna is not at all adapted. I have seen carbonate of ammonia apparently save life under such alarming circumstances.

Hahnemann tells us that this drug was proved by himself, and by Doctors Hartlaub, Gross, Stapf, Trinks, and Schreter. The following case, from an old author, Huxham, gives, in few words, a very striking picture of the diseased condition which is characteristic of this poison, and to which it corresponds as a remedy :—

“I had lately under my care a gentleman of fortune and family, who so habituated himself to the use of vast quantities of the *volatile salts* that ladies commonly smell to, that at length he would eat them, in a very astonishing manner, as other people eat sugared caraway seeds ;—a *δριμυφαγία* with a vengeance ! The consequence soon was that he brought on a hectic fever, vast hemorrhages from the intestines, nose, and gums, every one of his teeth dropt out, and he could eat nothing solid ; he wasted vastly in his flesh, and his muscles became as soft and flabby as those of a new-born infant ; and broke out all over his body in pustules, which itched most intolerably, so that he scratched himself continually, and tore his skin with his nails in a very shocking manner ; the secretion of the kidneys was always excessively high coloured, turbid, and very fetid. He was at last, with great difficulty, persuaded to leave this pernicious custom, but he had so effectually ruined his constitution that, though he rubbed on in a very miserable manner for several months, he died tabid, and in the highest degree of a marasmus.”¹

I commenced with the remark that if drugs are to be used as remedies for disease, some means must be adopted to discover their healing powers. *The observation of the effects of*

¹ Huxham's Works, p. 308.

these drugs in health is the best method for this purpose hitherto made known.

The pictures of these effects given in the latter pages have no pretensions to be perfect ; they are merely sketches,—offered as illustrations. Among the omissions are the moral symptoms, these forming a subject too extensive to be entered upon in this Essay. The details given are sufficient to explain what kind of materials are required ; how they are to be obtained ; and the valuable use which may be made of them, in the treatment of disease according to the principle *similia similibus curantur*.

ESSAY VIII.

THE SINGLE MEDICINE OF HOMŒOPATHY.

“So that he saw plainly that opinion of store was a cause of want.”
LORD BACON.

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ESSAY VIII.

THE SINGLE MEDICINE OF HOMŒOPATHY.

“ More is in vain when less will serve, for nature is pleased with simplicity.”

SIR ISAAC NEWTON.

TRUTH was well feigned by the ancients to lie at the bottom of a well. The progress which mankind has made in the discovery of truth has been remarkably slow. The department of magnetism may serve as an illustration of this fact. The *attraction* of magnetic iron was known to the ancients, but nothing more; its *polarity* was not known, at least in Europe, till 1180, when it was first described by Guyot; the practical application of this property to navigation in the *mariner's compass* lingered till about 1260; the *variation* in the direction of the magnetic needle in different parts of the earth was unknown till 1500, when it was discovered by Sebastian Cabot; the *dip* of the needle remained a secret till noticed by Robert Norman in 1576; two centuries and a half elapsed before the *changed direction* of the needle by a current of electricity was discovered by Ørsted in 1819; which fact, it is well known, has now been applied practically in the *electric telegraph*. It is evident from

these particulars that in this, as in many other branches of natural knowledge, the advancement, though slow, is real; there is the great encouragement that *progress is being made*; but in the department of medicine *this encouragement has hitherto been wanting*. From time to time experienced physicians have not been backward to acknowledge that little improvement, worthy of the name, has taken place in the practice of physic, since the days of Hippocrates, a period of about twenty-five hundred years.

The almost stationary condition of the science of medicine has arisen, not only from the natural impediments to the discovery of truth, and from the difficulties peculiar to this subject, but still more from the want of simplicity in the method pursued.

This method has been defective in two principal particulars, by which the progress of knowledge in the treatment of disease has been effectually hindered. One of these defects has been the trial of a drug only during the existence of disease, by which its effects are complicated and obscured; instead of first experimenting with it on the body in a state of health, when its own symptoms would appear, unmixed with those of disease. The other equally great defect has been the giving of the drug in combination with others, by which its effects are still further complicated and obscured, if not altogether antidoted and prevented; instead of administering it alone, so that its specific action might be produced without let or interference. Had physicians adopted these two proceedings,—experimenting in health, and giving the medicine singly in disease,—the real properties of each drug might have been, ere this, accurately ascertained.

The first of these defects in the practice of physic I have discussed in my last Essay. The second remains to be the subject of the present. I have to establish—

THE FACT OF COMBINATION.—All drugs being poisons, it might have been anticipated that, in using them as remedies, the plan to be adopted would have been to try cautiously each one by itself; in the hope that, by so doing, some positive knowledge might be obtained respecting its medicinal virtues.

This knowledge once had, would be serviceable to all future ages, and a stepping stone to further advances. But the fact has not been so; the plan universally adopted has been that of combining several of these drugs together, and administering them to the sick thus combined.

The mixing and combining of many drugs in one prescription, has indeed given "an opinion of store" of virtues; but by this method it has been impossible to discover the distinguishing properties of any of the substances so employed, and, consequently, our acquaintance with the *Materia Medica* has been kept in confusion and poverty;—and thus this opinion of store has been eminently "a cause of want."

The extent to which the accumulation of remedies in a single prescription has been carried would be incredible, were it not a fact readily ascertained. Not to notice the extreme cases which have been recorded, such as the one mentioned by Dr. Paris, of four hundred ingredients entering into the composition of a single mixture, I will give, as examples, two very celebrated medicines, as prescribed in the London Pharmacopœia of the Royal College of Physicians;—the *Theriaca Andromachi* or *Venice treacle*, and the equally world-famed remedy called *Mithridate*. The former, as given in the Pharmacopœia of 1682, contains sixty-five ingredients; the latter, in the Pharmacopœia of 1782, consists of fifty articles as follows :—

Venice Treacle.

R Squill lozenges, ʒviij;
 Lozenges of vipers (flesh & broth),
 Long pepper,
 Opium,
 Lozenges of hedychroum āā 3xxv;
 Red roses,
 Illyrian orris-root,
 Liquorice-juice,
 Navew seeds,
 Shoots of scordium,
 Balm of Gilead,
 Cinnamon,
 Agaric in lozenges, āā 3xij;
 Myrrh,

Mithridate.

R Arabian myrrh,
 Saffron,
 Agaric,
 Ginger,
 Cinnamon,
 Spikenard,
 Frankincense,
 Seeds of penny-cress, āā 3x;
 Cicely,
 Opobalsamum,
 Sweet rush,
 French lavender,
 Costum,
 Galbanum,

Spikenard, or zedoary,
 Saffron,
 Wood of the true cassia,
 Indian nard,
 Camel's-hay,
 White pepper,
 Black pepper,
 Frankincense,
 Dittany of Crete,
 Rhubarb,
 French lavender,
 Horehound,
 Parsley,
 Macedonian stone-parsley,
 Parsley-seed,
 Calamint (dried),
 Cinquefoil-root,
 Ginger, āā 5vj ;
 Carrot of Crete,
 Ground pine,
 Celtic nard,
 Amomum.
 Storax,
 Root of meu,
 Germander,
 Pontic valerian,
 Terra Lemnia,
 Indian leaf,
 Green vitriol,
 Gentian-root,
 Gum arabic,
 Juice of hypocistis,
 Carpobalsamum,
 Seeds of anise,
 „ of cardamoms,
 „ of fennel,
 „ of cicely,
 Gum acacia,
 Seeds of penny-cress,
 Tops of St. John's wort,
 Seeds of bishop's-weed,
 Sagapenum, āā 3iv ;
 Castor,
 Root of birthwort,
 Jew's pitch (or amber),
 Seeds of the carrot of Crete,

Cyprian turpentine,
 Long pepper,
 Castor,
 Juice of hypocistis,
 Storax,
 Opoponax,
 Indian leaf, āā 3j ;
 True cassia wood,
 Poly of the mountain,
 White pepper,
 Scordium,
 Seeds of the Cretan carrot,
 Carpobalsamum,
 Lozenges of cyphus,
 Bdllium, āā 3vij ;
 Celtic nard (purified),
 Gum arabic,
 Seeds of the stone-parsley,
 Opium,
 Lesser cardamoms,
 Fennel-seeds,
 Gentian,
 Flowers of the red rose,
 Dittany of Crete, āā 3v ;
 Seeds of anise,
 Asarum,
 Sweet-flag,
 Orris-root,
 Phu,
 Sagapenum, āā 3iij ;
 Meu,
 Acacia
 Skunk-bellies,
 St. John's wort tops,
 Canary wine enough to dissolve
 the gums and juices, *i. e.* about
 3xxxvj.
 Clarified honey, three times the
 weight of all the rest, excepting
 the wine, mix and make into an
 electuary, *secundum artem.*

Opoponax,
 Lesser centaury,
 Thick galbanum, āā 3ij ;
 Canary wine (old), 3xl ;
 Clarified honey, (triple weight of
 the powders), mix and make
 into an electuary, *secundum ar-*
tem.

Such was the condition of the Pharmacopœias of the seventeenth and eighteenth centuries; and though those of the nineteenth century have made great advances towards a comparative simplicity, so that the "luxuriancy of composition," so much inveighed against by Cullen, may be said to exist no longer, the radical error still remains; prescriptions are still notoriously *compound*. Very rarely is a remedy given alone, very rarely, therefore, can any precise knowledge of its properties be discovered, or the full benefit of its action on disease be obtained. I proceed to notice—

THE THEORY OF COMBINATION.—The practice of mixing drugs is not only continued, but defended. The Pharmacologia of Dr. Paris, a book which has been very popular with the profession in Great Britain, is an elaborate treatise "on the theory and art of Medicinal combination." The volume opens, (after an introduction,) with this sentence;—"It is a truth universally admitted that the arm of physic has derived much additional power and increased energy from the resources which are furnished by the *mixture and combination* of medicinal bodies."

For example;—

"*Emetics* are more efficient when composed of *ipecacuan* united with *tartarized antimony* or *sulphate of zinc*, than when they simply consist of any one of such substances in an equivalent dose."

"*Cathartics* not only acquire a very great increase of power by combination with each other, but they are at the same time rendered less irritating in their operation."

"*Diuretics*. Under this class of medicinal agents it may be noticed that whenever a medicine is liable to produce effects

different from those we desire, its combination with similar remedies is particularly eligible."

"*Diaphoretics*. Our maxim 'vis unita fortior.' certainly applies with equal truth and force to this class of medicinal agents."

"*Narcotics*. The intention of allaying irritation and pain will be better fulfilled by a combination of these substances in different proportions, than by any single one, notwithstanding its dose be considerably increased."

It is admitted that it is better not to mix *Stimulants*, and it is remarked that "by multiplying the number of ingredients too far, we shall either so increase the quantity and bulk of the medicine as to render it nauseous and cumbersome, or so reduce the dose of each constituent as to fritter away the force and energy of the combination. There is also another important precaution which demands our most serious attention, that in combining substances in the manner, and for the object just related, the practitioner should be well satisfied that their medicinal virtues *are in reality practically similar, or he will fall into an error of the most fatal tendency.*"

Such is the leading feature of the theory of combination; the difficulties and dangers of which, as hinted at in the last paragraph quoted from Dr. Paris, are so many and so great as to destroy all confidence in its value. But the practice founded upon it is so general that it is needful to consider—

THE EVILS OF COMBINATION.—One of these I have already alluded to; it is evident that the mixing of different drugs, and administering them together, must hinder the discovery of their respective properties. Our knowledge must continue to be ignorance, as long as this practice continues to be pursued. It is then a serious evil which attaches to the usual method of prescribing that it is—

A bar to progress. It is an observation of Boyle that "there is no one thing in nature whereof the uses to human life are yet thoroughly understood." How true soever this may be in reference to other matters it is truer still in reference to medicines. There is not a single drug of which it can be said that the characteristic properties, and the fitting uses, are thoroughly known; and as long as these drugs are given only

while disease is present, and only in combination with each other, it is evident that their properties and uses can never be really understood. How urgent then the call for a new method, if we would not have our present ignorance indefinitely prolonged!

A hindrance to the curative action of drugs is another evil of their combination. On this subject I need not do much more than quote Dr. Paris.

"Simplicity should be regarded by the physician as the greatest desideratum. I was once told by a practitioner in the country, (Dr. Paris might have added, that there are practitioners in London also, who act upon the same plan,) that the quantity, or rather the complexity of the medicines which he gave his patients, for there never was any deficiency in the former, was always increased in a ratio with the obscurity of their cases? 'if,' said he, 'I fire a great profusion of shot, it is very extraordinary if some do not hit the mark.' A patient in the hands of such a practitioner has not a much better chance than a Chinese mandarin, who upon being attacked with any disorder, calls in twelve or more physicians, and swallows in one mixture all the potions which each separately prescribes!

"Let not the young practitioner however be so deceived; he should remember that unless he be well acquainted with the mutual actions which bodies exert upon each other, and upon the living system (which no one, as yet, is acquainted with,) it may be laid down as an axiom, that *in proportion as he complicates a medicine, he does but multiply the chances of its failure.* Superflua nunquam non nocent: let him cherish this maxim in remembrance, and in forming compounds, always discard from them every element which has not its mode of action clearly defined, and as thoroughly understood."

Yes; let the young physician follow the advice here given by Dr. Paris (the living official head of our Profession in this country), and cherish this maxim in remembrance; and he will infallibly be led to prescribe *but one medicine at a time*; for of no *compound* can it be said that its mode of action is either clearly defined, or thoroughly understood.

An injury to the patient is also by no means an unfrequent evil resulting from the prevailing practice of mixing drugs together, and thus complicating, often beyond control, their

operation on the living body,—sometimes until it lives no longer. “The mildest remedy,” says Dr. Paris, “may thus, (by injudicious combination) be converted into *an instrument of torture, and even of death.*”

That patients often suffer serious injuries from drugs is, unhappily, a fact too notorious to require proof. Dr. Routh, the present President of Magdalen College, Oxford, who has entered his hundredth year, takes pains to impress upon his friends the axiom of Lord Bacon, that “medicines shorten life,” and bids them beware how they meddle with such injurious substances.

It is not unusual now, when a patient has been cured under homœopathic treatment, for physicians to attempt to turn the force of such evidence in favour of Homœopathy, by remarking that “*the patient has got well by leaving off medicine!*” But what a satire upon themselves is such an admission as this! Are they really conscious then that the medicines they are so eager to prescribe from day to day, and for the continuance of which they contend so earnestly,—are they conscious that these medicines *prevent* the recovery of their patients? Are they content that the matter should be thus viewed by the public? That the effect of taking their prescriptions is to lengthen out disease—to prolong the patient’s sufferings? Are they so driven into a corner by the evidence in favour of Homœopathy, that they have no better weapon to defend themselves with than such an argument as this?

I proceed to consider the method now proposed of using—

A SINGLE MEDICINE AT A TIME.—Each drug has a mode of action peculiar to itself, often called its specific action; to obtain the full benefit of this action, it must be given alone; any combination must necessarily interfere with, and may altogether neutralize the effect we wish to obtain.

It is most plain that when we speak of a drug being thus given alone, we mean the drug as it usually exists in nature; and especially must it be in the same state as that in which it has been previously *proved* in health. The various solids;—the metals for example, and the metallic oxides, lime, silica, alumina, sulphur, and saline bodies, the resins, the seeds and

other solid parts of plants; the various liquids;—the mineral acids for example, and the vegetable juices, furnish a vast array of drugs for medicinal purposes. Each of these, in its turn, can be experimented upon by itself in health; and, in like manner, each, in its turn, can be given alone as a remedy in disease. Whether in chemistry these various substances are at present considered elements or compounds, can have no bearing upon their therapeutic use. The consideration of their chemical nature and properties is quite another matter, and though very important and interesting in itself, and with reference to chemical science, can neither help nor hinder much in respect to their action upon the living body as poisons or remedies. In saying this I must not be misunderstood, or be supposed to depreciate chemistry, or its legitimate application to pharmacy, or to any other collateral branch of knowledge. I am myself fond of chemistry, and gladly avail myself of any help it can render to medicine; what I wish to remark at present is, that *the use of a drug singly and alone*, either in proving it in health, or in prescribing it in disease, has no reference, and it is plain *can have no reference to the light in which such drug is viewed by the chemist*.

It might be safely asserted that nothing can be more conspicuously apparent than this; what then must be the character of the opposition to Homœopathy, when a learned professor, and the most considerable writer on the subject, is compelled to have recourse to the following statement as an argument against Homœopathy?

Professor Simpson quotes from the 'Organon' of Hahnemann, "In no case is it requisite to administer more than one single, simple medicinal substance at one time," and then says, "but in few or no instances can the Homœopaths, if they follow their own laws, give a single substance as a medicine at one time. Take one drug as an example of this remark. Opium, according to Jahr is, in Homœopathic practice, 'a medicament frequently indicated' in disorders of various kinds. Opium, however, is not a simple substance; but on the other hand, it is extremely composite in its character, according to the researches of many excellent chemists. 'It contains,' says Christison, 'no fewer than seven crystalline principles called (1) morphia, (2) codeia, (3) paramorphia, (4) narcotin, (5) narceïn, (6) porphyroxin, and (7) meconin, of which the first three

are alkaline, and the others neutral; secondly, a peculiar acid termed (8) meconic acid, which constitutes with sulphuric acid, the solvent of the active principle; and thirdly, a variety of comparatively unimportant ingredients, such as (9) gum, (10) albumen, (11) resin, (12) fixed oil, (13) a trace perhaps of volatile oil, (14) lignin, (15) caoutchouc, (16) extractive matter, and numerous salts of inorganic bases.' Of these inorganic salts and substances in opium, Schindler, in his analysis, detected among others, (17) phosphate of lime, (18) alumina, (19) silica, (20) magnesia, (21) oxide of iron, &c. Homœopaths, in using therefore this 'frequently indicated' medicament—opium, employ a preparation, which is certainly not single, but consists, at least of some twenty different substances."¹

When Essay III, "The Controversy on Homœopathy," was written, the best work which, up to that period, had appeared in England against Homœopathy,—Dr. C. F. Routh's "Fallacies," was selected. When Dr. Simpson's book appeared, I thought it would demand a reply, but after reading it, I felt that it did not deserve one, and I think even my brethren of the old practice will admit that I stand excused in this feeling. A writer who cannot distinguish between the single medicine of the homœopathist, and the elements, organic and inorganic, of the modern chemist; or who is so disingenuous as knowingly to attempt to confound them in the minds of his readers, is unworthy of notice. I will not take upon myself the duty, which belongs to Dr. Simpson's conscience, to decide upon which of the horns of this dilemma he deserves to be impaled; but it is difficult to suppress a feeling of indignation, which involuntarily rises on reading the passage I have extracted, in an author of such pretensions, and professing to be seriously discussing the merits of a new method of treating the maladies of mankind.

In Homœopathy the giving of only one medicine at a time is a matter of necessity. The law cannot be otherwise applied. Let me now endeavour to point out—

THE ADVANTAGES OF THIS METHOD.—From these advantages it will appear that the objects acknowledged to have been

¹ 'Homœopathy; its Tenets and Tendencies,' by Dr. Simpson, Professor of Midwifery in the University of Edinburgh, &c., p. 47.

sought for, but which are unattained, and, it may fairly be presumed, are unattainable, in the common mode of treating diseases, are not only put within reach, but are actually accomplished by the new treatment.

The simplicity, in vain desired by Dr. Paris for his method, is thus obtained. A small dose of a single medicine is to be administered, and time allowed for its effects to be produced, before either another dose is given, or another medicine is tried. The simplicity which the law of Homœopathy has introduced into the prescriptions of the physician is worthy of great admiration ;—the one is a necessary consequence of the other. “ So far,” says Sir John Herschel, “ as our experience has hitherto gone, every advance towards *generality* has, at the same time, been a step towards *simplification*.” It deserves to be noticed, how great a step in this direction has been taken in the present instance.

The progress in vain waited for on the old method is rendered inevitable by the new one. The ignorance on the subject of the properties of drugs which has prevailed for so many centuries, will no longer continue ; a much more extensive and correct knowledge of them has already been acquired, and this knowledge will be daily extended. I am not afraid to state that I have learned more of the properties and healing powers of the various articles of the *Materia Medica*, during the few years that I have been a Homœopathist, than I did during the thirty that I was engaged in the usual method of prescribing drugs. How interesting it is to collect accurate details of the effects of drugs when acting as poisons ; and how satisfactory to observe their curative action in corresponding natural diseases ; There is now everything to reward, and therefore everything to encourage the diligent study of the properties of drugs ; and this study cannot be diligently pursued, aided as it now is by so simple and precise a method, without yielding the fruits of progressive knowledge. Take, for instance, a plant like aconite, or belladonna, or pulsatilla, or ipecacuanha, and contrast the knowledge of it which the Homœopathist now possesses with what was known of it before ; and let it be remembered that, in a few years, every remaining drug may be equally well, or even better understood.

The curative effect of each drug, often in vain expected

when other drugs are mingled with it, may be looked for with a great degree of certainty, when it is given alone in an appropriate dose.

It is Dr. Paris who asserts that "the file of every apothecary would furnish a volume of instances, where the ingredients are fighting together in the dark, or at least, are so adverse to each other, as to constitute a most incongruous and chaotic mass."

"Obstabat aliis aliud: quia corpore in uno
Frigida pugnabant calidis, humentia siccis,
Mollia cum duris, sine pondere, habentia pondus."—OVID.

This error can be avoided only by resorting to the method of prescribing each remedy singly. There can then be no neutralizing, or counteracting, or antidoting effects;—no "fighting together in the dark," so aptly described, and so ingenuously confessed by Dr. Paris. It is true this description is intended to apply only to the prescriptions of certain ill-informed or careless practitioners; but, though not intended to do so, it really applies, with more or less force, to every mixture or combination of drugs.

On the other hand, the single medicine meets with no impediment (at least not from other medicines), to the production of its full effect. Suppose, for example, that the action of mercury is required on an ulcerated throat, or on the salivary glands in a case of mumps; if given alone, a very minute quantity will almost certainly act. The same may be said of any other drug; its specific effect will be produced by the small dose, if given alone, with much more precision and certainty, than by the large dose, if given in combination. When the small dose is used, as there is no need to combine with it the "adjuvans" to assist, nor the "dirigens" to direct, so neither is there need of the "corrigens" to prevent mischief. *Soap* need not be added to *aloes* and *jalap* to "mitigate their acrimony;" nor need patients be ordered to drink vinegar, to prevent their being poisoned by sugar of lead, given to stop a bleeding from the lungs.

The diminution of the dose, in vain attempted while several drugs are combined, is accomplished to an extent beyond all anticipation, by giving each drug alone. It may be true that

by adding *tartar emetic* to *ipecacuanha* vomiting is produced by a smaller quantity of each, than would be required of either of them separately; but the combined dose is not only still large, but so large as not to be secure from doing mischief. The same may be said of the purgatives, expectorants, diaphoretics, quoted from Dr. Paris. With our present knowledge, such proceedings cannot escape being viewed as barbarous; these violent effects of medicines being altogether needless, while the specific action of the drug, the effect which is really of value in the treatment of disease, can be best obtained by a very small dose. All drugs being poisons, not only is "more in vain," but more is positively injurious "when less will serve."

The indications of treatment, in vain sought after on the old method, are not only precise and unmistakable on the new, but, as the medicines, so also the indications *are reduced to one*.

The single remedy obliges the single indication; for if only one medicine is to be given, there can be but one indication to point it out; and, if possible, the single indication is a greater simplification, and a greater advantage than the single remedy. In the treatment of disease on the usual method, even when the symptoms are simple and uniform, or consistent with each other, the supposed indications are generally more or less complicated; in cases of more extensive derangement, they are still more numerous, and sometimes even contradictory. The perplexity and anxiety to the physician, and the additional pain and exhaustion to the patient, which are the natural results of this complication, are often greater than can readily be described. In illustration, I will take a case of the simplest kind. For example, laryngismus stridulus or the asthma of Millar,—an affection of considerable danger, to which some infants are very subject, and consisting mainly of a distressing struggle for breath, coming on suddenly, and producing a flushed and swollen countenance, which becomes sometimes almost black, threatening suffocation.

The indications for treatment I will copy from Mason Good, of whose book it has been said, by a late President of the Royal College of Surgeons, and the most useful writer on Surgery of the present day, "it is so excellent that no other modern system is, on the whole, half so valuable as the 'Study of

Medicine.'” The indications are these :—to produce vomiting by an antimonial emetic ; to cause perspiration by a warm bed, diluent drinks, and the same medicine ; to excite the bowels by a purgative of calomel ; to allay the irritability of the nervous system by giving laudanum in proportion to the age of the patient ; and to produce counter-irritation by applying a blister to the throat.

This is a fair specimen of allopathic treatment, let us analyse it for a moment, bearing in mind that the age of the little sufferer is generally *only a few months*; and that the ailment is an affection of the upper part of the windpipe, producing such a contraction of it as threatens suffocation, *all the other parts of the body being healthy*. We cannot but be struck, in the first place, with the terrible severity of the treatment, which alone is sufficient, not only to expose it to just censure, but to demand its abandonment ; and in the next place, with the fact that all the indications of treatment are direct and violent attacks upon *the healthy parts of the body*. “Produce vomiting by an antimonial emetic ;”—here is an attack upon the stomach, but the stomach was previously in health, why produce such a commotion in it, in a baby three or four months old ? “Cause perspiration by a warm bed, diluent drinks, and the antimony.” Here the skin is assailed, and its natural secretions are to be unhealthily stimulated ; the skin was previously in a sound condition, why interfere with and derange that state ? “Excite the bowels by a purgative of calomel.” The others were but the wings of the invading army,—this is its centre. The poor bowels are always destined to bear the fiercest part of the “energetic” assault. And calomel too—that destructive weapon in the bowels of an infant, and these bowels previously in perfect health. The liver does not escape ; mercury, it is well known, acts powerfully on this organ. The calomel given in infancy not unfrequently produces, as its secondary effect, a torpor of the liver, which lasts for years, it sometimes destroys altogether the constitution of the child. “Allay the irritability of the nervous system by giving laudanum in proportion to the age of the patient.” The effect of opium is to stupify or deaden the sensibilities of the whole nervous system,—if pushed far enough, to produce coma and apoplexy. In this case it

must depress the vital powers at the moment when their vigour is needed to struggle with the difficulty of breathing. And why assault thus the whole nervous system, as yet remaining in health? "Produce counter-irritation by applying a blister to the throat." Alas! poor baby,—the unoffending skin is to be inflamed until it blisters! And this is the concluding blow for the present, of a treatment which is called "judicious" and "active" because it is customary; but will it bear investigation?

Thus every *healthy* part of the body is to be disturbed in its natural action, to be excited, disordered, inflamed, and stupefied; all these ailments, necessarily more or less overpowering to the vitality of a child, are to be artificially produced, and added to the natural disease with which the infant is already contending!

But it must be observed further, and, were it not familiarised to us by the universality of the practice, we should observe it with astonishment, that *nothing at all* is prescribed calculated to act, or intended to act directly *upon the affected part*. No remedy whatever is given which has any natural action on the windpipe, the only organ where any ailment exists. Such is the inherent awkwardness, and such is the sledge-hammer violence of the usual method of treating diseases, that it is, for the most part, only the healthy parts of the body that are directly affected by the remedies prescribed. On one occasion, my relative, the late William Hey, of Leeds, saw a lady who was suffering from an ulcer near the ankle, and he prescribed an issue below the knee; the lady involuntarily exclaimed, "then I shall have two sores instead of one!" Such was our best treatment, before the introduction of Homœopathy.

Let us return to our suffering little baby, with the new method in our minds, and all these conflicting indications are suddenly reduced to one:—to find a drug which has the natural power of acting upon the windpipe, and which in health will produce a similar morbid condition of it. We give this drug alone, in very small doses, with such repetitions as may be required, and the complaint yields, the symptoms are removed, and, by the blessing of God, the child is restored to perfect health; without either its stomach or bowels, its skin or liver, or any healthy organ having been disturbed or inter-

ferred with ;—that which was ailing has been cured, and that which was well has been let alone. This has happened in my own hands, and I am bound to testify what I have seen.

It would be easy to give examples of more complicated cases, in which the indications under the common method are still more numerous, or still more contradictory. I cannot do more than allude to one of the latter description, but it is one in which the contradiction is so great as to give rise to the greatest perplexity, and the most painful anxiety. The case is an inflammatory disease of any kind, occurring in a debilitated constitution ; a combination unhappily often met with. In this case, an antiphlogistic or reducing treatment is supposed to be called for by the inflammation ; and tonic or strengthening measures are imperiously demanded by the patient's distressing weakness. In the treatment of such a case bleeding and brandy, or remedies as much opposed to each other as these are, not unfrequently find themselves in very close approximation.

On the contrary, by the new method, although a careful examination of the case, and a diligent study of the *Materia Medica* are required, there is but *one indication* to be attended to, and but *one remedy* to be given, and thus perplexity and inconsistency are banished.

In complicated chronic cases, when it is possible to discover the original or leading feature of the ailment, if a remedy be selected capable of meeting this primary condition, it not unfrequently happens that not only will this condition be greatly improved, but other accompanying symptoms, though appearing to have little connection with it, will be also removed. And thus a single remedy will sometimes suit a patient for several years, and relieve very various ailments during that time. This I have experienced in my own person, and witnessed in others.

The benefit to the patient, so often in vain longed for from the complicated prescriptions in common use, may be expected with greatly increased confidence from the employment of a single remedy. Dr. Paris speaks of medical combinations, and declares that their object is to operate "*cito, tuto, et jucunde*,"—quickly, safely, and pleasantly; thus quoting the language of Asclepiades as applicable to them. With how much greater

reason such language can be applied to homœopathic treatment the foregoing observations may suffice to show.

Cito. A medicine is much more likely to produce its peculiar effects *quickly*, when given alone, than when its action is neutralised or interfered with by being mixed with other drugs.

Tuto. The chances that a patient will be injured by a small dose of a single remedy, must be much fewer than by large doses of mixed medicines. He must be treated much more *safely*.

Jucundè. And as to the comparative *pleasantness*, I am willing to abide by the patient's decision.

By the use of a single medicine at a time, every injury is avoided, and every benefit is obtained, to the utmost of medical skill.

Such are some of the advantages which the law of Homœopathy presents for our acceptance, in the simplicity of its mode of prescribing remedies for disease.

There is another consideration, of a profound and interesting character, to which I wish now to address myself, and to the investigation of which I earnestly hope my professional brethren will give their serious attention.

The subject presents itself in the terms by which the various articles of the *Materia Medica* are arranged and designated. It is expressed in one word,—the *intention* of the treatment.

In the system of Galen, which governed medicine for fifteen hundred years, all drugs were estimated as hot or cold, dry or moist, in regulated degrees; and were prescribed accordingly for diseases which were supposed to correspond to them by contraries; as a hot remedy for a cold disease, and a dry one for a moist. At present they are called emetics, cathartics, diaphoretics, narcotics, and so forth. These terms indicate the very essence of the usual practice; the light in which all remedies are viewed; the *intention* with which they are given.

Thus it appears that drugs are not considered as they are in themselves, but as they belong to one or other of these modes of action. When a patient is seen, the mental inquiry is, what

are the *indications* which his ailments suggest? Ought he to be vomited, or purged, or refrigerated, or stimulated? The answer to these questions is supposed to direct to the *classes* of medicines which are to be administrated, and they are given with corresponding *intentions*. In prescribing ipecacuanha, or tartar emetic, the physician intends to produce vomiting; in giving blue pill and colocynth, followed by senna and Epsom salts, he intends to purge; in applying a plaster of cantharides to the surface of the body, he intends to produce inflammation and blistering of the previously healthy skin.

Far otherwise are the thoughts suggested by the law of Homœopathy. The patient is suffering in such a manner; the question suggested, when the examination of the case is concluded, is this, what drug produces in health a similar condition of disease? That drug must necessarily act upon the organs which are diseased; it will act upon them while under the excitement of disease in a very small dose,—too small to act upon any other organs which it has a natural relation to, but which are still in a healthy condition; by the use of this drug the disease will be best arrested, the health will be best restored, and all that is well will be let alone.

Thus the immediate object proposed by the Homœopathic practitioner is, not to produce vomiting, or purging, or perspiration, or any other evacuation, but simply to remove the disease from which the patient is suffering. Of course the ultimate object of the allopathic practitioner is to restore his patient to health, but it will be seen that that object is aimed at *indirectly*, through the medium of other prior intentions; these intentions being, not to produce health, but conditions which are themselves more or less departures from health. The sick man is to be cured *by being made more sick*; however numerous his symptoms may be when seen by his physician, he must have some additional ailments produced artificially, before he can expect to be relieved. This important difference between the two *intentions* must, I think, be intelligible and plain.

It is true that certain effects are sometimes produced by the small dose of the Homœopathist which resemble, in some degree, the effects of the common medicines;—for instance, when *aconite* is given in a case of inflammatory fever with a dry

skin ; at the moment when relief is experienced by the removal of the fever, there may be perspiration ; but the resemblance is apparent only ; the medicine was not given as a diaphoretic, with the *intention* to produce perspiration, neither did its doing so relieve the fever ; these two events happened in the opposite order ; the fever was first checked, and then, through returning health, the previously dry skin became moist. In the same manner, in a case of constipation from torpor of the bowels, *opium* is given, and the natural action is by and bye restored ;—not because opium is a purgative, for, as every one knows, it is classed at the head of medicines of an opposite character, but because it removed the torpor, by which means nature was in a condition to proceed as in a healthy state.

The contrast of the two methods is exhibited, though with some confusion, by Dr. Paris himself in the following paragraph ;—

“ Dr. Blackall presents us with a case, on the authority of Mr. Johnson of Exeter, in which well-fermented bread occasioned, *in the space of a few hours*, an effect so powerfully diuretic, as to have cured the sailors on board the *Asia East* Indiaman, who had been attacked with dropsy in consequence of the use of damaged rice ; so that diuretics in some cases *cure by evacuating*, while in others, as in the instance above cited, they *evacuate by curing*.”

Here then is another characteristic difference between the two systems of medical treatment ;—the usual method attempts to cure by evacuating ; the new mode will evacuate *if there be anything requiring evacuation*, by first curing.

The reason now appears why Homœopathists do not call the remedies they use by the names commonly attached to them, as cathartics, sudorifics, &c. The impropriety would be as great as it is to call good wholesome “ well-fermented ” bread a *diuretic*, as is done by Dr. Paris in the paragraph above quoted. Such an appellation is a libel on the staff of life. What the bread did, was just what the unsound rice could not do,—it nourished the body ; acting, not as a medicine, but as wholesome food,—the thing needed. The evacuation of the dropsical effusion was the consequence of the restored health and strength of the different organs of the body. What the Homœopathic remedy, given alone, does is to restore the dis-

eased organ, if it be capable of restoration to health; any evacuations which may follow being the consequence of that restoration. This is a refined and scientific proceeding, as far removed as possible from the rude violence of large doses of poisonous drugs, given in combination, and "fighting together in the dark."

The considerations advanced in this Essay afford conclusive *prima facie* evidence of the great superiority of the method of giving a single medicine at a time. The only question which can now be raised is a question of *fact*. Does the plan succeed at the bedside of the patient? To answer this inquiry I would gladly produce cases from allopathic sources, and this for a double reason; no disposition could be felt to question the authority; and the infinitesimal dose, which does not form part of the subject, would not complicate the evidence. But a sufficient number of such cases cannot be met with, so nearly universal is the practice of combination. A few reports, scattered through the journals, may be found of *ipecacuanha* having been given successfully in hæmorrhage; of *copper* in some spasmodic affections, as chorea; of *nux vomica* in spinal disease; of *creasote* in derangements of the stomach; of *arsenic* in some diseases of the skin; but these

"Apparent rari nantes in gurgite vasto."—VIRGIL.

and they are not sufficient to prove the affirmative to the answer. So far as they go, they support the statement that one remedy at a time is sufficient to cure; they also constitute evidence in favour of the law of Homœopathy,—as may be seen from the examples I have given;—they may at least be considered sufficient to lead intelligent observers in the right direction.

I am constrained therefore to refer to the numerous works already published by Homœopaths, and which contain overwhelming evidence to prove the sufficiency of a single remedy.

I am also bound to give my own personal testimony to the same effect. For example, I have seen, of acute cases, congestion of the brain removed by *belladonna*; croup cured by *aconite*; mumps by *mercury*; pneumonia by *phosphorus*; and of chronic cases, dyspepsia removed by *pulsatilla*; tabes mesenterica by *sulphur*; disease of the bladder by *nux vomica*; spinal distortion by *carbonate of lime*; and so on. In other cases, a single remedy is sufficient for a portion of the treatment, or for the symptoms in a certain stage, or during a certain period of the disease; to be followed by another medicine, also given singly, when that stage has passed away, or when the symptoms are changed.

The experiment is not insuperably difficult; let others try it, as I have done. To my own mind, to say that one medicine at a time is practically sufficient, and answers better than any combination, is to state *a plain fact*; and I cannot conclude otherwise than by expressing an earnest hope that the method will, ere long, be universally adopted. We shall not, till then, be able to carry out the good advice given us of old by St. Basil, "*The physician should attack the disease and not the patient.*"

ESSAY IX.

THE SMALL DOSE OF HOMŒOPATHY.

“Effects misimputed, cases wrong told, circumstances overlooked, perhaps too, *prejudices and partialities against truth*, may for a time prevail, and keep her at the bottom of her well, from whence nevertheless she emergeth sooner or later, and strikes the eyes of all *who do not keep them shut*.”

BISHOP BERKELEY.

7

ESSAY IX.

THE SMALL DOSE OF HOMŒOPATHY.

"Knowledge is more beautiful than any apparel of words which can be put upon it."—**LORD BACON.**

"God is my witness, and all good men know that I have now laboured fifty years with all care and pains in the illustration and amplification of my art; and that I have so certainly touched the mark whereat I aimed, that antiquity may seem to have nothing wherein it may exceed us beside the glory of invention, nor posterity anything left but a certain small hope to add some things, as it is easy to add to former inventions."

So thought, about three centuries ago, the celebrated surgeon Ambrose Parè; and so think many in the present day. But it is in vain. Knowledge, notwithstanding, has increased, and is still increasing. At the very moment when Parè was expressing his self-complacent satisfaction, the veil which had covered the eyes of Europe for so many ages was being torn away; and at the present time the limits of our intellectual vision are being extended more rapidly than at any previous period of the history of the world.

If any one would see and participate in this progress of human knowledge, he must make an effort to free himself from the prejudices of education, from the power of pre-conceived opinion, and from the influence of habits of thought, and resolve to admit every conclusion which appears to be adequately supported by careful observation.

The subject I have now undertaken is one of acknowledged difficulty. I think no one can have *felt* this difficulty more than myself. I shall be happy if I succeed in reducing it within its proper dimensions. For this purpose I propose, after a few remarks on the general character and extent of our knowledge of natural things, to state the case and its difficulty, and then proceed to answer the three following questions :—

I. Are we acquainted with any facts which render it probable that infinitesimal quantities of ponderable matter *may* act upon the living animal body? In other words, what does *analogy* teach us?

II. Are there any facts which show the action of infinitesimal quantities of ponderable matter on the *healthy* body?

III. What are the actual proofs in support of the assertion that such minute quantities of ponderable matter act remedially on the *diseased* body?

Our knowledge of nature is obtained by observing facts or events, and their succession, by our bodily senses. Our ideas of external objects are produced by the impression which those objects are capable of making upon our minds, through the instrumentality of our senses. We can observe and experiment upon these facts or events, and the manner in which they succeed each other, to the extent which our senses permit us, but no further. The limit of the powers of our corporeal senses is the limit of our knowledge. This limitation is absolute. For example :

Sound is produced by vibrations of the air striking upon the organs of hearing. The various musical notes, from the

lowest to the highest, are produced by the varying rapidity of these vibrations. The gravest sound is produced by about thirty vibrations in a second, the most acute by about a thousand. Each series of vibrations of the particles of the air is a fact or natural event, and when it strikes our ear we become acquainted with its existence by the sound perceived, provided the number of vibrations is not below thirty nor above a thousand in a second. These are the limits of our powers of observation of vibrations of the air. That there are vibrations slower than thirty and more rapid than a thousand in a second, cannot be doubted; and that there are living beings capable of perceiving them, is probable—the hare for example—but to us they are as though they did not exist.

The same is true of the eye and the observation of colours. The vibrations of the ether, (according to the undulatory theory of light,) produce impressions upon the organ of seeing, and the varying rapidity of these vibrations enables us to perceive the different colours. The limits are still narrower than those of sound. The whole scale of colour, from violet to crimson, lies between vibrations which number 458 millions of millions (or billions) and 727 millions of millions in a second. That there are vibrations of the luminiferous ether, varying in frequency beyond these two extremes, must be almost certain, and that there are eyes which can feel their impression is probable,—the owl and the bat, for example,—but to us they are as though they were not. We shall never, in this life, hear new sounds, nor see new colours.

The senses of smell and touch are similarly limited. The hound can smell and the insect can touch what we cannot.

In two ways art has rendered assistance to our sense of sight. We stand upon the deck of a ship, while crossing the Atlantic, our eye takes in a considerable prospect of the surrounding waters, the telescope extends this prospect; still, in either case, it has positive limits, which are dependent upon the powers of the eye. This prospect, vast as it seems to us at the time, bears a very small proportion to the real extent of the ocean.

Again, bodies soon become divided till their particles are too small for the naked eye to perceive them. That they still exist, and are susceptible of much further subdivision, is

rendered certain by the aid which the microscope affords us ; we can now follow them with the eye till they are millions of times less than before ; but our vision again ceases—we lose the particle—yet we cannot conclude that it has ceased to exist, or ceased to be divisible. There are animals as small as this particle, and the atoms of which they are made up must be considerably less than themselves. The particle we have lost may be capable of further division indefinitely ; so that the divisions we can see may bear a much smaller proportion to those we cannot see, than the prospect which the deck of a ship affords us does to the rest of the unseen ocean.

Beyond these limits our knowledge of external things cannot extend ; they are impassable boundaries. We see how near they approach each other, and consequently how finite our knowledge is.

Besides these there are limits of another kind which require to be noticed. They will be best explained, as the former have been, by an example or two.

On the discovery of oxygen gas it was concluded by Lavoisier to be an element necessary to the processes of combustion and acidification ; to be the sole supporter of combustion and the sole generator of acids : hypotheses were constructed and the name given accordingly. This was the limit of our knowledge on this subject at the time. A few years later it was discovered that a leaf of copper takes fire spontaneously and burns in chlorine gas, and the hydrogen and chlorine combine and form a powerful acid. Here then was a real extension of our knowledge.

If we collect in a strong vessel two volumes of hydrogen and one of oxygen, it is well known that the contact of flame, or an electric spark will cause an explosion, the gases disappear and a drop of water is produced. For some time it was believed that the agency of heat or of electricity was requisite to produce these mechanical and chemical phenomena. But it was afterwards found that if we insert a piece of cold spongy platinum into the mixture, that is sufficient to occasion the gases to explode, and the drop of water to be produced. Thus the previous limits of our knowledge were extended.

These examples show that our knowledge of nature has not only a fixed limit, dependent on the powers of our bodily

senses, but that it is also limited by a sliding scale, dependent upon the industry with which we use these powers. This is the boundary which has already so often been extended ; these are the barriers which we may still hope to throw down.

The small dose of the Homœopathist, viewed in the light of this double limit, may be thus considered :—chemical tests follow the grain of medicinal substance to the third trituration, that is, till it has been divided into a million of parts, and a good eye, assisted by a powerful microscope, can follow it to the fourth or fifth trituration, beyond this it is absolutely lost to the perception of our sight. The sense of smell can detect musk to the fifth or sixth dilution. Everything that we know forbids us to conclude that the division of matter stops here, but our senses cannot follow it further. On the other hand, our power of observing the effects produced by these doses has no limit but that of the sliding scale. Admitting for the moment, what I think I shall afterwards prove, that effects are produced, it is evidently as easy for us to observe them after a dose of the thirtieth, as after one of the third or of the first trituration. The same cautions are necessary, but nothing more.

Another feature in the character of our knowledge of natural things is our ignorance of *modes of action*. This also is a result of the very limited powers of our bodily senses. The succession of events can be traced only for a few links, and we cannot discover how even these are connected together.

A lucifer match is rubbed on a rough surface and it inflames. *How* friction produces such a result we know not. If it be said that friction evolves heat, and that heat inflames the match, the question returns, *how* does friction evolve heat ? and *how* does heat inflame the match ? No one can tell.

No fact is better ascertained than that the moon is kept in its orbit round the earth, and the earth in its orbit round the sun, by the same force as that which causes a stone or an apple to fall to the ground. These bodies are separated by immense distances, how can they act upon each other ? How is it possible for an inert lump of matter to influence another inert lump a hundred millions of miles off ? It is by the force of gravitation ; but what is gravity ? and how does it act ? We know not.

If we throw a piece of the metal potassium upon ice, it instantly inflames, burns itself into the ice, and disappears. Part of the ice has been melted, the water decomposed, its hydrogen burnt, and its oxygen has united with the metal and formed a portion of caustic potash, which is all that remains in the cavity of the ice. These extraordinary phenomena are the effect of chemical affinity, but what is that? and how does it act? No one can inform us.

We can surround a seed with suitable proportions of air, warmth, and moisture, and can observe the gradual development of the germ, of the entire plant, and of the ripening seed. *How* have all these wonderful changes been effected? They are attributed to the vital force, but we know not in the least what that is, nor how it acts. We can examine the various tissues with our microscopes, and analyse them in our laboratories, and thus become acquainted with many new and beautiful facts, which have presented themselves in the course of the growth of our experimental plant. When we have reduced the mechanism to the simplest form, we find that it consists of minute vesicles, formed by an elastic transparent membrane composed of a substance somewhat resembling starch, and called *cellulose*. When we have obtained the ultimate chemical analysis, we find certain proportions of carbon, oxygen, phosphorus, and a few metals or metallic oxides. We find nothing which reveals to us what *vitality* is, nor *how* the successive changes we have witnessed have been brought about.

We take food and are nourished; we take medicines and are acted upon by them; we take poisons and die; but *how* these things act so as to produce such effects we know not.

If it be said that our food is converted into chyme in the stomach, and into chyle in the intestines, that this is absorbed by the lacteals and conveyed by the thoracic duct into the blood, and that thus we are nourished. I reply, all this is granted, but what then? The question remains as it was,—*how* is all this done? No one can tell.

Again, if it be said that medicines act on the nervous system, and stimulate the stomach, that they are sedatives and stimulants, emetics and purgatives, sudorifics, and expectorants; what of all this? What are these stimulating powers, how do

they produce their effects, and how are these effects beneficial? No answer is given.

The succession of events,—the steps by which an ultimate result is produced,—these, *within the limits described*, may be observed and experimented upon, but *how* each step is accomplished is beyond our ken. Of the recesses of nature, of the secret chambers in which her operations are carried on, how forces are “correlative,” how they can be changed into each other, how they act upon matter, how matter acts upon them, we are profoundly ignorant. Nevertheless we believe what we see without waiting until we can explain it.

Such is the actual condition, the general character and extent of our knowledge of nature, and this consequence follows:—we are not entitled to reject anything which professes to be a *fact*, if supported by a sufficient amount of evidence, merely because it is inconsistent with our expectations, does not coincide with our previous opinions, or is not within the limits of our former experience. We are not justified in concluding against a statement of fact by *à priori* reasoning or theoretical considerations. Analogies may render an assertion probable or the contrary, but no reasoning is conclusive against a matter of fact. The truth or falsehood of the announcement of a fact cannot be settled by reasoning or argumentation, it must be decided by evidence.

The case to be stated is this:—when a remedy has been chosen in accordance with the law of Homœopathy (explained in Essay IV), an inconceivably small quantity is often a sufficient dose.

The difficulty lies in the incredibility of this statement.

Be it well observed that the matter in hand is not to account for the efficacy of the small doses, but to prove that they are efficacious. The difficulty is not how to explain their action, but how to believe it.

A story is told of the Royal Society, that on a certain occasion it was proposed to that learned body to explain how it was that when a live fish was put into a basin full of water, none overflowed. After sundry grave hypotheses had been propounded and objections urged, it was at length proposed to

try the experiment. So with this medical difficulty, leaving explanations, let us first try the experiment as a matter of fact. The whole case is embraced by the three questions already proposed.

I.—Are we acquainted with any facts which render it probable that infinitesimal quantities of ponderable matter *may* act upon the living animal body? In other words, what does *analogy* teach us?

Look at that bright star! so remote that the astronomer with his telescope cannot calculate its distance, and yet its brilliant beams of light strike upon the eye and convince the merest child of its existence. What a vivid flash that was, and how loud the thunder! See yonder oak riven to its centre,—what an irresistible force, and yet the chemist, with his most delicate balance, cannot perceive its weight. Here is a mass of iron, weighing a thousand pounds, moving rapidly upwards, notwithstanding the attraction of the earth to this amount, without any visible link, towards another small bent piece of iron a foot long, encircled with the galvanic current;—and now falling heavily to the ground the instant that current is arrested. What a mysterious, albeit very visible effect from an invisible, impalpable, imponderable power, generated by such simple means. How warm the fire feels while we stand at the distance of some feet from the hearth! We can imagine how heat will go up the chimney, because heated air is lighter than cold air, and will therefore ascend; but how does the warmth get across horizontally to our legs? Oh, it is radiant heat or caloric which travels in right lines in every direction. Very well, but what is radiant heat or caloric? What is light? What is electricity? What is magnetism? Several answers are given by philosophers to these questions. Taking light as the example, there are two modes of explaining it:—According to Newton, light consists of *material particles*, emitted by luminous bodies, and moving through space with a velocity of 192,000 miles in a second, and these particles striking the eye produce the sensation of light. According to the other explanation of the phenomena, light consists in an undulating or vibratory movement, which, when it reaches the eye, excites

the sensation of light, in the same manner as the sensation of sound is excited in the ear by the vibrations of the air. It is obvious that this theory also presumes the existence of a *material medium* through and by which the vibrations can be transmitted; in fact it supposes that an exceedingly thin and elastic medium, called ether, fills all space. For our present purpose it is unimportant which theory is regarded as the true one, in as much as both assume that *matter in some form* is concerned in producing the various impressions of light and colour upon the living animal body. The effects are produced by imponderable but not by immaterial agents. To convey some faint notion of excessive minuteness, it may be mentioned that the length of an undulation of the extreme violet ray of light is 0·0000167 of an inch; the number of undulations in an inch is 59·750; and the number of undulations in a second is 727,000,000,000,000, (727 billions); while the corresponding numbers for the indigo ray are, length, 0·0000185 of an inch; 54,070 undulations in an inch; and 658,000,000,000,000, (658 billions) in a second. The other rays differ in similar proportions.

“That man,” says Herschel, “should be able to measure with certainty such minute portions of space and time is not a little wonderful; for it may be observed, whatever theory of light we adopt, these periods and these spaces have a *real existence*, being in fact deduced by Newton from direct measurements, and involving nothing hypothetical, but the names which have been given them.”

Whether, therefore, light be viewed as material particles emitted continuously, and in all directions, by luminous bodies, or as the vibrations of an elastic material medium, it is, in either case, dependent upon *matter* for its existence or production; it is matter, but exceedingly rare, subtle, and so minutely divided as to be to us imponderable.

It is probable that heat, electricity, and magnetism are motions, varying in kind, of the same ether.

That space is occupied by minute particles of matter admits of being proved in another manner quite independent of these observations on light. It has been ascertained by astronomers that one of the comets, called *Encke's*, which is a body not denser than a small cloud of steam, for the stars are seen

through it without any diminution of their brilliancy, and which revolves round the sun in 1,208 days, has its period slightly diminished during each revolution. It is evident that its motion is impeded by a *resisting medium*, by which its centrifugal force is diminished, and consequently the relative power of gravity is increased; this brings the comet nearer to the sun, its orbit becomes contracted, and the time occupied by a revolution shortened. Thus, by another series of observations, we arrive at the same conclusion that there exists a rare, subtle, and *imponderable form* of minutely divided matter.

Infinitesimal quantities of this imponderable matter are capable of acting energetically, and *they do so act* habitually, producing such impressions as those of light, &c., upon the living animal body.

Reasoning, then, from analogy, we may conclude it to be *probable* that other forms of matter, even though reduced by the successive triturations, into *similarly small dimensions*, may also act, and act powerfully, upon the living body.

II.—Are there any facts which show the action of infinitesimal quantities of ponderable matter upon the *healthy* body?

The beautiful adaptation of the different departments of nature to each other is justly adduced as a demonstration that the whole has been created and arranged under the guidance of infinite wisdom and power. In nothing is this adaptation more conspicuous than in the appropriate fitness of the corporeal senses of man to the surrounding world.

So far as we are cognisant of the material creation, it is disposed under the five following forms:—solid bodies, liquids, gasses or airs, imponderable ether, and minutely divided particles of ponderable bodies. For the appreciation of these various forms of matter we have five senses. The sense of touch, mainly conversant with solid bodies; that of taste, which is impressed by liquids only; the delicate organ of hearing, which can perceive the vibratory movements of gasses or airs; the still more delicate organ of the eye, capable of receiving impressions from the undulations of the imponderable ether; and, lastly, the sense of smell, adapted to the condition of the particles of

bodies, when they have become so divided as to be infinitesimal that is, indefinitely small and imponderable.

It is the form of matter last named which we have now specially to consider. The particles separated from larger masses, which become by degrees so small as to elude in succession the perception of all our senses, and perhaps at length are reduced to a state similar to the ether.

A cubic inch of platinum, the heaviest body we are acquainted with, weighs upwards of 5000 grains. A cubic inch of hydrogen, the lightest body which affects our balances, weighs 2 grains. These balances, by ingenious contrivances, are made very sensitive; I have one which readily weighs 0·005, or five thousandths of a grain. Others have been constructed still more delicate; but the particles we are now examining are far too light for any balance to appreciate.

Mechanical division can be carried to an almost incredible degree. Gold, in gilding, may be divided into particles at least one thousand four hundred millionths of a square inch in size, and yet possess the colour and all other characters of the largest mass. Linen yarn has been spun so that a distinctly visible portion could not have weighed the 127,000,000 (127 millionth) of a grain; and yet this, so far from being an ultimate particle of matter, must have contained more than one vegetable fibre, that fibre itself being of complex organization, and built up of an indefinitely great number of more simple forms of matter.

Chemical division is equally successful and surprising. I have been able to show the presence of iron in the third dilution of the sulphate; that is, to detect the 1,000,000 (millionth) of a grain of the sulphate of iron; this particle was not a simple atom, but consisted, of course, of still smaller quantities of sulphur, oxygen, and iron. Sir Robert Kane says that a quantity of silver, equal to the 1,000,000,000,000 (billionth) of a cubic line, can be readily detected.¹

Even organic substances, which are very compound bodies, and therefore experimented upon with more difficulty than minerals, can be detected in exceedingly small quantities. Mr. Herapath has given in evidence the following statement:

¹ 'Elements of Chemistry,' by Sir R. Kane, 2d edition, p. 7.

"I am perfectly sure that I could detect the 50,000th part of a grain of strychnine, if it were unmixed with organic matter. If I put ten grains in a gallon or 70,000 grains of water, I could discover its presence in the tenth part of a grain of that water."¹ Now an atom, the most minute conceivable particle of strychnine, is composed of about 30 atoms of carbon, 16 atoms of hydrogen, 1 atom of nitrogen, and 3 atoms of oxygen. Each of these particles must be very much less than the particle of strychnine, which contains 50 of them.

It can scarcely be needful to remark that any particle of matter, however minute, which can produce a visible effect upon an inert chemical re-agent, must have power to act upon the sensitive nerves of living animals. It is therefore not surprising to hear Mr. Herapath, after making the statement which I have quoted, go on to say, "I made four experiments with a large dog to which I had given the *eighth part* of a grain of strychnine. I have discovered it by change of colour in the 32d part of the liver of a dog."²

That particles become divided into less portions than is shown even in these examples is evident from the daily observation of the sense of smell. The violet fills a royal apartment with its sweet odour, which is thus readily perceived, but which eludes every other mode of observation. How inconceivably small must be the particles of all odours! And yet they are material.³

A grain of musk may be exposed for a long period, and be unceasingly emitting particles, easily appreciated by the sense of smell, yet has it not lost in weight what the most sensitive balance can detect.

These are instances of infinitesimal quantities of matter acting upon the *healthy* body.

Contagious malaria constitute a large class of agents whose power of injuriously acting upon our healthy body is so greatly dreaded, and no one has yet doubted that they are material. Who voluntarily crosses the Pontine marshes at certain seasons of the year, or exposes himself to the plague of Constantinople,

¹ The 'Times,' May 23, 1856.

² Ibid.

³ I express this as my belief, notwithstanding the suggestion lately made that odours may be undulations.

or the yellow fever of the West Indies? The microscope cannot show these terrible particles, nor can chemical analysis detect them. Ozone perhaps decomposes them.

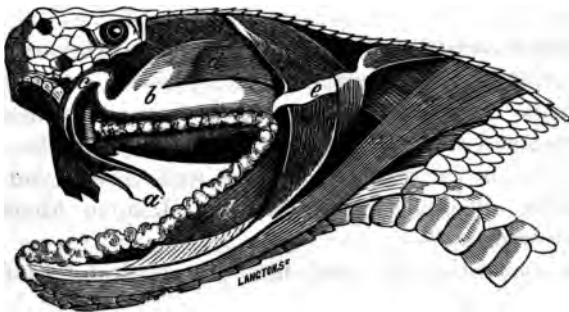
To come nearer home, a clergyman visits a patient in scarlet fever, but does not touch him, he afterwards calls upon a friend, and shakes the hand of one of the children as he passes her on the staircase. The next day this child sickens with the scarlet fever, and her brothers and sisters take it from her; no other connection can be traced. This is no uncommon occurrence, and no one doubts the communication of infection in such a manner, neither is it doubted that the infection itself is something material. What is the *weight* of the particle of matter thus conveyed? Is it heavier than the millionth of a grain of belladonna which, it is asserted by Homœopathsists, is sufficient, when given at short intervals, to arrest the progress of such a case?

These, then, are also instances of infinitesimally small quantities of matter acting upon the living body in *health*.

There are numerous liquids which have the power of affecting the healthy body, and some of them of taking away life, and yet in each instance the quantity of the active ingredient is so exceedingly small that hitherto no means have been effectual in detecting it.

The vaccine matter has been so often mentioned that I will not allude to it further.

Several animals are furnished with poisonous liquids, which, when injected into a wound, occasion the disease or death of



the wounded animal. Serpents, bees, scorpions, and spiders are well-known examples. In the venomous serpents there is

found an apparatus of poison-fangs, constituting perhaps the most terrible weapons of attack met with in the animal creation. The poison-teeth (*a*) are two in number, placed in the upper jaw, when not in use they are laid flat upon the roof of the mouth; but when the animal is irritated, they are plucked up from their concealment, and stand out like two long lancets. Each fang is traversed by a canal, through which the poison flows. The gland (*b*) which secretes the poison, is composed of cells communicating with a duct (*c*) by which the venom is conveyed to the tooth. The poison gland is covered by a muscle (*d*) which is attached to a thin fibrous line (*e*). This is part of the muscle which closes the jaw, so that the same power which strikes the teeth into the viper's prey, compresses at the same moment the bag of poison, and forces it through the fangs into the wound.¹

The quantity of poison contained in the gland scarcely exceeds a drop, but the smallest portion of this liquid taken up upon the point of a needle, and inserted by a slight puncture into the skin of an animal, is sufficient to produce all its poisonous effects. From some serpents it produces almost immediate death. Fontana first subjected it to chemical analysis, and sacrificed many hundred vipers in his experiments. Others have succeeded him in these labours, but nothing peculiar has been discovered. The poison is a yellow liquid, and has not been distinguished chemically from simple gum water.²

Here are examples of infinitesimal quantities of ponderable matter acting with frightful energy upon the *healthy* body.

Medicinal substances furnish other proofs. I must content myself with a single example. Inappreciable quantities of ipecacuanha give an affirmative answer to our present question, so decisive and convincing that I make no apology for extracting the following cases from that well-known and highly respectable allopathic periodical, the 'London Medical and Physical Journal:—

"An apprentice of mine, naturally healthful, and of an

¹ 'The Animal Kingdom,' by T. Rymer Jones, p. 588.

² Thompson's 'Animal Chemistry,' p. 538.

active disposition, is invariably affected with a most distressing and protracted sneezing on the most careful dispensing of the smallest quantity of *ipecacuanha*. A more continued application of it, such for instance as happens in the preparation of the compound powder, is followed with dyspnœa (difficulty of breathing), cough and spitting of blood. Having occasion some time ago to compound the medicine for several days together, he became seriously affected by it, in the way just stated, and he has not enjoyed full health since. It has evidently produced a disposition to asthma, and an aptitude for pulmonary ailment, which he had not used to possess.”¹

“In the year 1787 or 1788, in pounding the root to make the *ipecacuanha wine*, I was suddenly affected with violent and reiterated sneezings, with a very profuse defluction from the eyes and nose; these symptoms continued without intermission for many hours, accompanied by great heat and anguish throughout the cavity of the thorax, and the most oppressive dyspnœa. Exhausted by the violence of the attack, I was conveyed to bed, where, supported, for I was unable to lie down, I remained more or less afflicted till the next morning. I arose extremely weakened, and with all the usual appearances of a severe catarrh. From this date I have been perpetually tormented by violent catarrhs. The slightest motion of the simple or compound powder of *ipecacuanha* superinduces precisely similar, but more gentle, effects. When weighing or mixing these powders afterwards, I carefully guarded my mouth and nose by a cloth; but an incautious removal of it for inspiration, till perhaps half an hour had elapsed, after the medicine was finished, occasioned the same inconveniences. At length I was compelled to quit the shop when *ipecacuanha* was in hand; indeed, I have frequently entered my own, or the shop of a stranger, long after it had been used, and by the instant recurrence of these very distressing sensations, have been able too accurately to ascertain the recent exposure of this drug.

“I never designedly had recourse to *ipecacuanha* for more than twenty years. Two accidents lately, within a few weeks

¹ Mr. Spencer, ‘Medical and Physical Journal,’ June, 1809, vol. xxi, p. 485.

of each other, afforded me the opportunity of determining its present effects when inwardly administered. A friend hearing me cough in the street, presented me with a few lozenges; I took two at once; they were scarcely dissolved, ere I felt a pungent roughness in every part of the mouth, exciting a great secretion of saliva; this, it is worthy of noting, was the reverse in the preceding attacks, when the excretory ducts uniformly denied their offices, and occasioned a disagreeable dryness of the mucous membrane. As this acrid sensation extended to the lips, they became prodigiously swollen and inflamed. On the fauces I experienced the like effects, with a most teasing itching irritation; it descended the trachea, producing pain and dyspnœa; it likewise proceeded down the œsophagus, creating a slight heat in the stomach, and passed with moderate gripings throughout the intestinal canal.

"Soon after, a powder was brought to my house, with an order to prepare more of the same kind. I conveyed a few particles to my tongue to discover its composition; I quickly experienced those feelings in the mouth and lips which arose from the lozenges before, but in a milder degree, and they extended no further. Upon referring to the prescription, I found that there was one grain of ipecacuanha and ten of calcined magnesia. The incident gave birth to the idea that the former strange affection had originated from the same cause as the latter, and upon inquiry my suspicion was confirmed; they were *Ipecacuanha* lozenges which I had swallowed. . . . Snuff and other stimulating powders excite no more irritation on me than on others."¹

"One of the editors recollects a somewhat similar effect produced on his father."

"To these three cases (the two preceding and one by Mr. Royston, alluded to in January 9, 1809) I shall now add two in females, who seem to have been affected in so similar a manner by the subtle effluvia of ipecacuanha, that to enumerate their symptoms would only be to repeat what has already been given respecting those effects.

"The first of these cases is that of a lady, now about fifty, the wife of a surgeon, and mother of a numerous family. The

¹ 'Medical and Physical Journal,' March, 1810, vol. xxiii, p. 199.

general state of health has always been good, her disposition lively and active, and by no means possessing anything of that valetudinarian irritability which marks striking peculiarity of constitution. She has been much in the habit, when the hurry of business required it, of assisting her husband in dispensing medicines. This gave rise to her first discovery of the effects of ipecacuanha on her habit. I had an opportunity of remarking this fact about eighteen months ago, being on a professional visit at her house, while her husband laboured under a severe fever. She was about to dispense one of my prescriptions in which some ipecacuanha had been ordered, and the moment she saw what the composition was, she ran from the shop to a distant part of the house, refusing to dispense it. This excited my curiosity to find the cause. On following her she explained it, and with some degree of anxiety looked round, lest some of the doors between her and the shop should have been left open while the prescription was about to be dispensed. As my stay was protracted some days, I had occasion to see these fears repeatedly excited. One forenoon in particular, while she was in her kitchen, a considerable distance from the shop, (two passage doors being between herself and it,) while she could neither see nor know beforehand, that ipecacuanha, which was the case, was weighing, she called out with vehemence to have the doors closed, on account of the sensations she was beginning to feel.

“The second instance came to my knowledge only the day before yesterday. The lady who is the subject of it called on me on her mother’s account, who was indisposed, and being shown into my room, took up your last journal, which lay on my table, to amuse herself till my appearance. On my entering the room she told me she had been reading my book, and the part which she accidentally opened was Mr. B.’s communication; she added with a smile, this is far from so uncommon a case as this gentleman seems to think, for I myself am afflicted by it in the same manner; and then went into a considerable detail of the symptoms it excited in her. The catarrhal affection and sneezing she described as particularly distressing. The copious flow was so acrid as to excoriate, in a few hours, the parts over which it fell. Her upper lip and the *alæ* of the nostrils were swelled. But what created in her

the most alarm, was its effects on her eyes. They became swollen and stiff, and sight was diminished. The eye-lids tumefied so that the eyes were sunk almost out of sight, which seemed to be the chief cause of the diminution of vision; the discharge from her eyes was nearly as great as that from her nose, and little less acrid No catarrhal effects were excited in her by snuff."¹

"I know a lady who was always seized with asthma whenever ipecacuanha root was pounding in the shop; so sensible was she of this effect, that it was in vain to conceal from her what was going on in the mortar. This occurred about thirty years ago, in the lady of the physician (Dr. Buckham, of Wooler), to whom I was first a pupil, and I was twice the innocent cause of the complaint myself. I thought by her being in a remote part of the house, she could not be affected; but it was almost immediately felt, and the paroxysm lasted many hours. This lady was exquisitely nervous.

"I have been informed of different cases almost similar; they were all women; but, conceiving the observation a common one, I did not note them."²

Two similar cases, the wives of medical men, are given in vol. xxiv, page 233, by Dr. Scott. One attack, caused by being near her husband at the time he put some ipecacuanha into a bottle was so violent as *nearly to prove fatal*. There was a remarkable stricture about the throat and chest, with very troublesome shortness of breathing, with a particular kind of wheezing noise. The symptoms were aggravated at night. At 3 o'clock in the morning she was gasping for breath at a window, pale as death, her pulse scarcely to be felt, and in the utmost immediate danger of suffocation. She became easier about 11 a.m. till about 11 p.m. *The same scene was continued eight days and nights successively.*"

"Mr. Leighton, a very eminent surgeon at Newcastle, very nearly lost his wife in a similar manner."

Here, then, are undeniable proofs from odours, from contagious malaria, from animal poisons, and from medicinal sub-

¹ Dr. Hamilton, 'Medical and Physical Journal,' April, 1810, vol. xxiii, p. 318.

² Dr. Trotter, 'Medical and Physical Journal,' July, 1810, vol. xxiv, p. 60.

stances, from which it may be strongly concluded that infinitesimal quantities of ponderable matter do act with great, and sometimes with destructive energy upon the *healthy* body.

III.—What are the actual proofs in support of the assertion that such minute quantities of ponderable matter act remedially on the *diseased* body?

The reply to the first question proposed renders it *probable* that infinitesimal quantities of ponderable matter *may* act upon the living animal body.

The answer to the second question embraces very numerous and undeniable facts which prove, in the most positive and unexceptionable manner, that such small quantities do produce direct, and sometimes frightfully powerful effects upon the living body in *health*.

That similarly minute quantities will act upon the *unhealthy* body is thus shown to be in the highest degree probable, if not certain; for it may be argued, *à fortiori*, if they can act upon the body in health, much more will they be able to act when the nervous system is in a state of exalted sensibility, produced by the morbid excitement of disease. Any portion of the surface of the body may be rubbed violently, when in a healthy condition, without painful sensation; but the same part, when inflamed, will shrink from the slightest touch.

It now therefore only remains that, by the evidence of facts, I prove, generally, that they do act, and particularly that their action is beneficial and remedial in disease.

If any one were to ask a physician who has been, for a few years, in the daily habit of prescribing these small doses, *do they act beneficially?* he would see an expression of countenance very like that which another person would exhibit if, while standing before a good fire, he were gravely asked if he felt any warmth. On the other hand, if a physician who has not been willing to try the doses, nor to see them tried by others, be asked, *can they act upon disease?* he assumes a tone like that of the King of Siam, when told by some European travellers that water sometimes becomes solid.

I do not address those who have tried the doses—they need no further evidence; nor those who will not try them, and who, with wonderful presumption, declare that such doses

cannot act—they may be quietly passed by ; but those whose minds are open to conviction, and who think the care of their health and the prolongation of their lives an affair of sufficient moment to require them to give attention to any information on the subject openly and candidly set before them.

The evidence which proves the beneficial action of the small dose is the same in kind as that which proves any other natural fact,—it is the evidence of observation and experiment,—that which our senses afford us. It is of the same nature as the evidence we have of the relation of cause and effect in any events which happen around us. It does not differ from that which we have of the operation of the *large* doses of medicine.

A patient has a violent headache ; twelve leeches are applied to his temples ; relief follows the application of the leeches. Had this happened but once, we ought to conclude that the fact of the removal of the pain following the application of the leeches was merely a coincidence, not an instance of cause and effect ; but it has happened a hundred times, and we therefore conclude that the relief was the *effect* of the loss of blood by the leeches. Another patient has a similarly violent headache ; the millionth or the billionth of a drop of the juice of the deadly nightshade is given ; relief quickly follows. Had this happened but once, we ought to set it down as a coincidence—an accidental meeting of two events having no connection with each other—but it has happened a hundred times ; shall it not then be concluded that the removal of the pain was the *effect* of the administration of the dose ? Let any one who doubts such a conclusion, and who would attribute such frequent recurrences of the same succession of events to chance, take up a kaleidoscope and turn it round till he gets the same figure a second time. We need not wish him a severer punishment.

I now offer the following statement of facts, for the truth of which I hold myself responsible.

I am aware of “ the difficulty of tracing effects to their true causes ; ” and also that there are “ various sources of error in conducting medical inquiries.” It is due to truth to observe that I have used every endeavour to overcome the one and to avoid the other. I cannot hope to have succeeded in doing

this in every case, but that the ultimate conclusion is a safe and true one I can entertain no doubt.

ACUTE DISEASE.

I have observed with the utmost care the effects of the small doses in the following cases—

INFLAMMATION OF THE EYE.—Mr. Brodribb, in his ‘Homœopathy Unveiled,’ observes that “from the peculiar structure of the eye, we may often actually witness what is going on in diseases of that organ. . . . With the same fidelity we can observe the effect of efficient treatment in the arrest and removal of the disease, and that too with such unerring certainty as to leave no doubt in our mind of the relation of the two as cause and effect.”

I have formerly often treated diseases of the eye by what Mr. Brodribb would acknowledge would be “efficient treatment,” and have often carefully watched its results. I have now also in a considerable number of cases, treated them with the small doses of Homœopathy, and the beneficial results have been such “as to leave no doubt in my mind of the relation of the two, as cause and effect.” One case was cured in a few days by the 3d dilutions of arnica, aconite, and belladonna, where an allopathic physician had considered leeches to be indispensable. Other inflammatory affections of the eye have recovered much more rapidly and satisfactorily than I ever saw them do under any other treatment.

INFLAMMATION OF THE THROAT.—The remark made by Mr. Brodribb with respect to the visibility of diseases of the eye applies also to those of the throat. I have very repeatedly seen the influence of minute doses of belladonna, mercury, hepar sulphuris, and other remedies, upon the various stages of inflammation of the throat manifested in the most unmistakable manner. The Rev. ——— has had attacks of ulcerated sore throat; on the last occasion that he had the usual treat-

ment of blisters, &c., he was laid up for six weeks. I attended him lately for a similar attack ; there was a large ulcer on each tonsil ; he could scarcely swallow or speak ; he was very feverish, and for two nights he had been deprived of sleep. Without discontinuing his usual duties, which are very laborious, for a single hour, and without any local application of any kind, he was perfectly cured in six days. In other cases where I thought suppuration and puncture of the tonsils inevitable, all the mischief dispersed, and recovery was effected in a few days.

CROUP.—I have stated in Essay IV, that several cases of croup have been treated after the new method. I have only to add here that the medicines were given in infinitesimal doses, and to assure my readers that the relief afforded, without any other treatment, not even a warm bath or a mustard poultice, was, in every instance, most obvious, rapid, and complete.

INFLAMMATION OF THE CHEST.—Several cases of bronchitis and some of pneumonia have come under my care during the last four years. They have had no means whatever used to relieve them but the small doses. They have recovered more quickly and satisfactorily, and the attacks have been followed with a much shorter period of convalescence than I ever before witnessed, and the cure has been, so far, permanent.

ERYSIPELAS.—This is always a serious and often a fatal complaint ; it affords a good example of the confusion and inconsistency of allopathic medicine. "The practice," says Mr. Nunneley, in his work on Erysipelas, "pursued by different persons is of the most dissimilar and contradictory nature ; while one party *relies upon bloodletting, freely and repeatedly performed*, as the surest and only method of cure ; another and perhaps larger party, certainly as respectable, so far as authority goes, utterly repudiates the abstraction of blood, and *depends upon tonics and cordials* for the removal of the complaint. Indeed so confidently are the most opposite remedies enforced, and so contradictory are the results said to follow the application of the same means, in the hands of

different persons, equally worthy of credit, that the impugner of medical skill may fairly point with confidence to this part of our field, and *demand if such contradictions are worthy of the name of a science or of trust?*"¹

It is not so with the Homœopathic treatment of erysipelas. With minute doses of belladonna, rhus, and lachesis, the usual remedies for this peculiar inflammation, I have succeeded in all the cases I have met with—among them were four severe ones—beyond my expectations. In one case, on the second day of the attack, the inflammation had spread over the face, ears, most of the scalp, and part of the neck, with large blisters on each cheek, very severe headach, and a pulse of 150; this was entirely well at the end of a week.

RHEUMATISM.—Some cases of rheumatic fever have afforded me excellent opportunities of seeing how the small doses relieve and frequently quickly cure this otherwise intractable complaint—one of the opprobria medicorum. One case, a widow lady, of 72, who had it then for the first time, and while in a state of considerable debility, was nearly well in a fortnight. Another, a farmer, having organic disease of the heart, left by a former attack, a most severe case, with violent spasms of the heart threatening to terminate life, recovered in three weeks.

CHOLERA AND DIARRHŒA.—The numerous statements published in various countries of the great efficacy of Homœopathic treatment in cholera and diarrhœa have been confirmed by my own experience, as far as that has gone. In these cases I have always used the small doses, except when I was anxious to test the *principle* of Homœopathy by giving ponderable quantities of the medicine indicated.

YELLOW FEVER.—The ravages which this dreadful complaint is now making in Jamaica and other islands of the West Indies are painfully calamitous: of course I have not myself treated this terrible malady, but from a trial of Homœopathy, which has just been made in Barbadoes by Dr. Goding, it appears that, even after the black vomit has taken place,

¹ 'A Treatise on Erysipelas,' by Thomas Nunneley. London, 1841, p. 198.

hitherto considered so fatal a symptom, Homœopathy can still, with the blessing of God, rescue a victim from the grave. This ought to attract the attention of Governments. My information is from the 'West Indian,' of October 28th, 1852, a Barbadoes paper, which has been kindly sent me.

These must suffice as *a specimen* of the results in the treatment of acute diseases with minute doses of medicine only. To my own mind the efficacy of the method is most palpable and satisfactory. I have not one fourth of the apprehension of an unfavorable termination in any acute attack of disease which I had in former times. The duration of the illness is much shortened, the danger greatly lessened, the strength of the patient preserved, and convalescence, often so tedious and distressing, is almost annihilated.

CHRONIC DISEASE.

PAIN IN THE ELBOW.—Mr. K., a shopkeeper, consulted me in August, 1850, on account of a very distressing pain in the elbow, from which he had been suffering for twelve months. He had been under surgical treatment, I believe, the whole of that time. The joint was stiff and swollen, but did not appear to me to be seriously diseased; the pain, however, was described as being at times excruciating. I gave him a single dose of staphysagria, highly diluted. In a few days I called to inquire after him, when he told me that the night he took my dose he was very strangely affected; he could scarcely describe how, but it was so powerful that he would not take any more of my medicine. "How is your elbow?" "Look!" he cried, and moving his arm in all directions in a rapid manner, declared that it was well; and so it remained.

DIABETES MELLITUS.—On the 7th of March, 1850, I was consulted by Mrs. —, a widow, of about 47, who had been suffering for several years from various ailments, and had been during much of that time under the care of a physician. I found that one of her complaints was diabetes mellitus, which

had been increasing upon her for the last two years. The quantity of urine in the twenty-four hours was *fifteen pints*, and the weight of sugar contained in this exceeded *a pound*. It would be tedious to report the daily progress of this case; it must suffice to say that under the influence of minute doses of aconite, sulphur, nux vomica, china, belladonna, and some other remedies, by the middle of July she was so much recovered that the quantity of water was reduced to below three pints, that is to the quantity natural in health; and though the presence of sugar could still be detected, it was comparatively small in quantity. She then went to the sea-side for two or three weeks. During her stay there, her son wrote to me that his "mother was so well that she did not appear to ail anything." She has since suffered in various ways from mental causes, and has had some return of the diabetes, but it has again yielded to the same remedies. It may be said of this case that the tendency to the complaint is not removed. This is granted; but while the causes which first induced the complaint are, in all probability, still surrounding the patient, it is not surprising if they succeed in bringing on second or third attacks. I have seen several cases of sugared urine formerly, but I never saw the old remedies afford such permanent benefit. Neither is it reasonable to expect that the new method will always succeed in such an untractable, and hitherto usually fatal disease.

December 28th, 1852. I called to see this patient to-day, when she told me she had not felt so well for many years as she did at present. It is now nearly three years since I first saw her in the alarming condition I have described.

October 14th, 1853. She has now continued well nearly another year.

July, 1856. I am happy to add to the above reports that this patient continues well.

TABES MESENTERICA.—In September, 1852, Mrs. H— consulted me about her baby, eight months old, suffering from mesenteric disease. The little infant was greatly emaciated, and its mother expected that it was going to die. Excessively minute doses of sulphur and chalk were followed by a wonderful improvement in a fortnight; the medicines were

repeated, and at the end of six weeks the child seemed nearly well,—its stomach almost reduced to its natural dimensions, and its limbs filling up. Mrs. H— had been at first quite incredulous, and came to me only through the persuasion of a friend ; she was now so much gratified that she thought it her duty to call upon her former medical advisers, to show them the child, and to offer a copy of one of my pamphlets. An angry scene ensued, and the following conversation took place:—"I refuse to take the book ; if Dr. Sharp said he was doing nothing we could respect him, but as it is we cannot." Mrs. H—: "But, sir, my child is cured!" "Yes, it has got well by letting medicine alone." "But I had tried what letting medicine alone would do for some time, and the child grew worse and worse. It began to improve from the very day Dr. Sharp's medicine was commenced ; and how was it that two other babies of mine died of the same disease in your hands? If medicines do harm, and you knew that doing nothing would cure, why did not you recommend that plan?"

DISEASE OF THE LUNGS.—Mr. W. S—, aged 20, had a severe attack of inflammation in the chest during last winter, and was attended by two or three medical men. This was followed by chronic disease, during the spring and summer. His friends despaired of his recovery. When I saw him, in September, 1852, he was emaciated ; had cough and expectoration ; his pulse 120 ; occasional flushings in the face ; no appetite ; the whole of the right lung returned a dull sound on percussion, and there was a peculiar sound of the voice through the stethoscope.

I made no alteration in his diet or habits, and gave him nothing but infinitesimal doses of the medicines employed, such as aconite, bryony, phosphorus, &c.: these have been continued three months. He declares that he feels quite well ; he looks well ; his appetite is good ; he has gained flesh ; he takes horse exercise, notwithstanding the wet ; he has not the slightest cough nor expectoration ; no fever ; no perspiration ; and the only symptom which remains to testify the reality of his former danger, is revealed by the stethoscope ; the unnatural sound of the voice, though much diminished, has not yet ceased.

WARTS.—In three cases out of four I have succeeded in clearing the hand of ugly warts. In all by internal treatment alone, and with infinitesimal doses of the medicines employed.

PARTIAL PARALYSIS.—Mrs. M— consulted me, three months ago, for paralysis of the thumb of the right hand, which had existed for some time. She had entirely lost the use of it; for instance she could not take up a needle or hold it; she was otherwise ailing. The case reminded me of the condition of persons exposed to the poisonous influence of lead, as painters are. I prescribed the billionth of a grain of lead in occasional doses for a month, and nothing else. At the expiration of the month, her husband, a respectable farmer, called to say that she was rather better, and wished for more medicine; it was repeated for a second month, and afterwards for a third, on hearing still better accounts of her. A few days ago I was in the neighbourhood, and called unexpectedly to see her. I found her sitting at her fire-side busily engaged in *sewing*, and looking so much better that I scarcely recognised her. She spoke very gratefully of her improved condition.

I am not now replying to opponents, but I cannot avoid making a quotation here from Mr. Brodribb—"Lead will give rise to all the symptoms of colic, and produce a certain form of paralysis, but it will not cure either of those affections."¹ How does Mr. Brodribb know this? Has he ever tried it in these diseases in *any* dose? And if not, how can he make such an assertion?

HABITUAL CONSTIPATION.—It is a great bugbear with many, especially with many amiable amateur practitioners of the healing art, that Homœopathy dispenses with the old-fashioned doses of Gregory and black draught; that it professes to be able to go on its way prosperously without the aid of calomel and colocynth, senna, salts, and jalap.

I acknowledge that at first I found this difficult to accomplish, but it is a difficulty surmounted. I now never think of having recourse to these remedies in the treatment of those

¹ 'Homœopathy Unveiled,' by W. P. Brodribb, 2d edit., p. 9.

cases in which they have usually been considered indispensable. If they are not necessary they must be injurious. If they can be safely laid aside, the patient must be the gainer.

But more than this. In a large number of cases of habitual constipation, I have succeeded quite beyond my own expectations in entirely removing this disagreeable condition. Some had taken aperients so long and in such increasing quantities that matters had come to extremity; one lady had taken them ten or twelve years; another told me she had never gone to bed without pills for between forty and fifty years; and another, that a pint of senna, &c., had become ineffectual; and yet an entire emancipation from this thralldom has been effected by the infinitesimal doses of the appropriate medicine. The nauseous physic was laid aside at once, and, I believe, for ever. I have the pleasure of knowing one lady who did this at 70, and she is now enjoying comfortable health at 83.

Such is a brief sketch of the results of the treatment of chronic disease.¹

This is the case of the small dose, and the kind of evidence upon which it rests. I think it well to mention that the dilution of the medicines I have most frequently used, in the treatment of the above cases, is the 3d—in which the grain or the drop is divided into a million of parts. I have often used the 2d, (the 10,000th part), and sometimes the 1st (the 100th part) of a grain. I have also often used the 4th, 5th, 6th, and 12th; and I have seen beneficial effects follow the administration of the 18th and the 30th. Further than this I have not gone, and I do not hold myself committed to anything beyond my own observation and experience.

We are indebted to Hahnemann for the invention of this method of preparing and administering the remedy, as we are for calling our attention to the rule by which we are to be guided in its choice.

¹ I may remark, that I have allowed these cases, and those also in Essay IV, to stand as they were reported in the editions of 1853.

The difficulty of the case, I have said, lies in its incredibility, I trust this is now greatly lessened, if not removed. It is no other than that which attaches to every new statement—*its novelty*. It is the same difficulty as that which fastened itself upon the mind of the King of Siam, who would not believe that water ever became ice, because *he* had never seen this effect of cold. It vanishes before evidence. *It is credible* that the small dose can effect “a safe, speedy, and permanent cure” whenever a cure is possible, *when it is found practically to do so*.

To those who contend that, after so many triturations and dilutions, there can be nothing left in the dose, I beg to put two questions: first, seeing that a grain of the medicinal substance is added to ninety-nine grains of sugar in the first trituration, in which particular dilution has it ceased to exist? And, secondly, if the doses contain nothing, or are “nihilities,” as Mr. Brodribb calls them, how do effects such as those referred to in these Essays follow their administration?

To those who attempt to quash such statements as I have made by accusations of fraud or of falsehood, I have nothing to say. There is no common ground upon which we can meet to argue.

To conclude, one obvious fact cannot be overlooked; all who bear testimony to the efficacy of these doses have tried them, either upon themselves or upon others; while those who deny their action not only have not tested it, but, for the most part, boast that they have not, reject the proposal to try the remedies with disdain, and continue to stigmatise those who do so as “knaves or fools,” or “morally attenuated dwarfs.”¹

Right reason being our guide, with which of these two parties is truth most likely to be found?

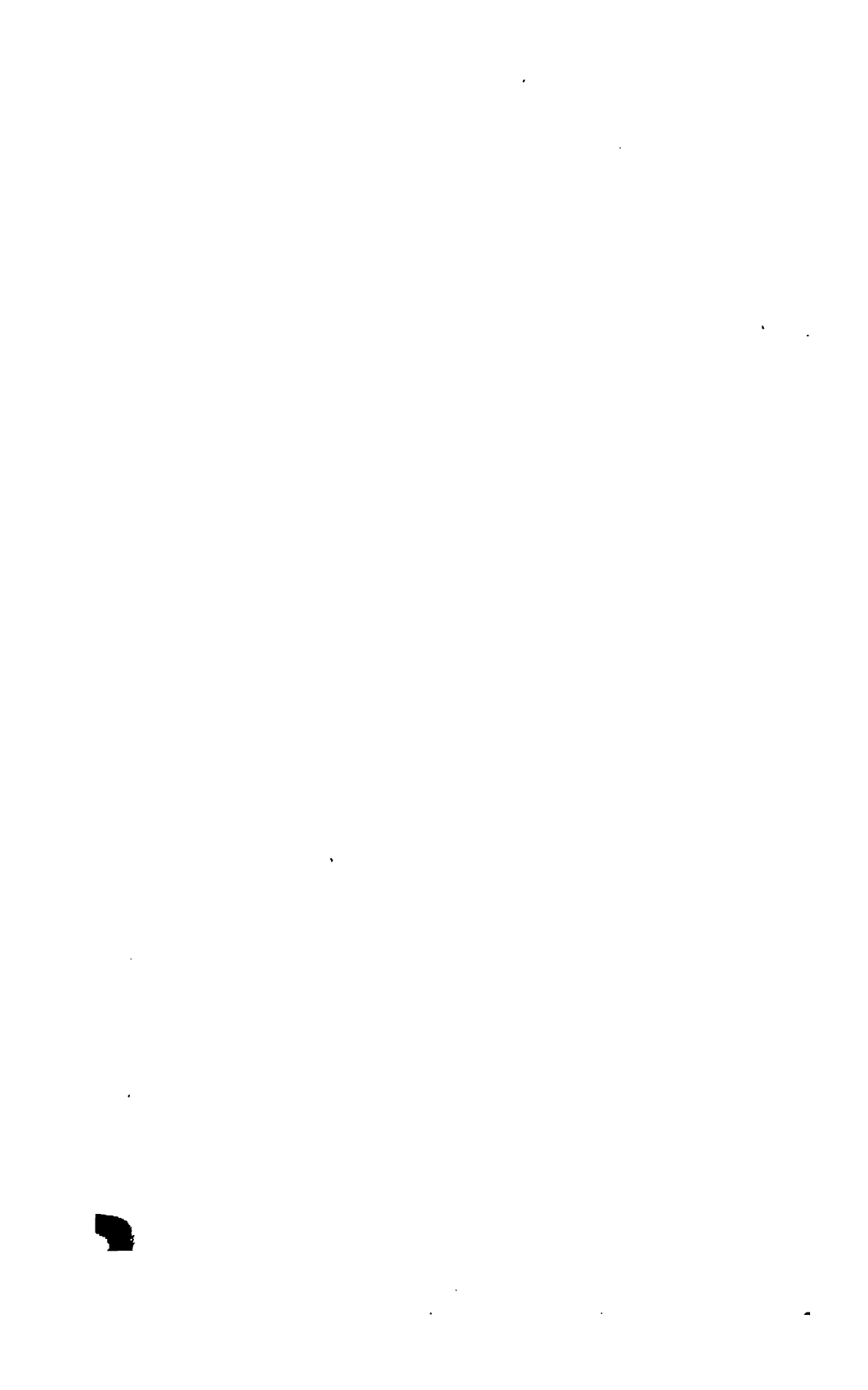
¹ ‘The Lancet’ for Nov. 6th, 1852.



ESSAY X.

THE DIFFICULTIES OF HOMŒOPATHY.

“The fruit
Of that forbidden tree whose mortal taste
Brought *death* into the world, and all our woe.”
MILTON.



ESSAY X.

THE DIFFICULTIES OF HOMŒOPATHY.

“Every science has its difficulties.”—JOHNSON.

WHATEVER costs little trouble is commonly of small value, while that which is worth possessing is difficult to obtain. As there is no royal road to knowledge, so neither is there a smooth path for the discharge of duty and the satisfying of conscience. If the path be rugged, it behoves us to examine it the more warily ; to look all difficulties in the face, and not to imitate the ostrich, which, when pursued, buries its head in the sands.

The difficulties of Homœopathy are twofold :—they are either temporary or permanent. They belong to ourselves, rather than to it.

I. Of the difficulties, which it may be hoped are temporary, some have a special reference to the medical profession,—others to Hahnemann ;—some arise from the public,—others from the circumstances in which Homœopaths are at present

placed. Of these temporary difficulties the following appear to me among the most important :—

1. The *novelty* of the system now proposed to be adopted. It is “*νέα καὶ ξένη*,” new and strange. This is a difficulty which unavoidably attaches itself to every thing which involves fundamental changes. It is a good check upon restless minds. It may sometimes impede a useful improvement, but it more frequently retards and obviates mischievous alterations. The feeling out of which the difficulty springs has its expression in the proverb “meddle not with them that are given to change.” But in cases like the present it must be remembered that when a discovery of nature’s truth has been made, there is no novelty in the natural facts ; they have been from the beginning ;—the novelty is in us, in our knowing now what we were ignorant of before. When sufficient *evidence* of facts is presented to us, unless blinded by prejudice, we cannot but believe them to be true, and believe also that they were true before we knew them, and whether we knew them or not. It frequently happens that, on further inquiry, we find that though the truth is new to us, glimpses of it have been seen from time to time in former ages,—occasionally the discovery is more entirely new. The principle of Homœopathy is of the former kind, it has been indicated, though never practically carried out before Hahnemann ; the action of infinitesimally small doses belongs to the latter ; it is a truth of which we had little or no intimation till it was discovered by Hahnemann.

This first difficulty of Homœopathy is inseparable from the exhibition of new truth. It has accompanied all discoveries of truth. It must be borne peaceably, until *Time* has effectually removed it.

2. The *prejudices* of education and modes of thought. These much more frequently operate injuriously than beneficially. They are wonderfully strong among the professors of the art of healing, as the history of every discovery in medicine testifies. The reception of Homœopathy has not differed in this respect from that of the most valuable additions of knowledge and improvements of practice of former times. How just is the satire of Molière in the commenda-

tory character which M. le Docteur Diafoirus gives of his son Thomas ! “ Il est ferme dans la dispute, fort comme un Turc sur ses principes, ne demord jamais de son opinion, et poursuit un raisonnement jusque dans les derniers recoins de la logique. Mais, sur toute chose, ce qui me plait en lui et en quoi *il suit mon exemple*, c’est qu’il s’attache aveuglement aux opinions de nos anciens, et que jamais il n’ a voulu comprendre ni écouter les raisons et les expériences des prétendues découvertes de notre siècle, touchant la circulation du sang, et autres opinions de même farine.”¹ “ He is firm in controversy, staunch as a Turk in his tenets, never swerves from his opinion, and pursues an argument to the deepest recesses of logic. But, above all, that which delights me in him, and *wherein he follows my example*, is that he attaches himself blindly to the opinions of the ancients, and has never been willing to understand nor even to listen to the pretended discoveries of our age relative to the circulation of the blood and other opinions of the same stamp.”

From these prejudices in the minds of physicians arises a wide-spread feeling of distrust in the sincerity of the practitioners of Homœopathy, and a disbelief in their knowledge of disease. The men we have left cannot but think that we are wilfully practising a hoax upon the public, or that, where we are not deceivers, we are ourselves deluded through ignorance. The opinion is almost general that Homœopathy is a sort of “ pious fraud” justified in some degree by the severity of the old treatment, and by the restorative powers of nature. When annoyed by the passing over of patients to the new system, they endeavour to console themselves with the reflection, that, like all other kinds of quackery, it will have its day, and be exploded. Even in friendly conversation we are told that we who prepare the small doses are wise, it is our patients who swallow them who are the fools.

This obstacle to the progress of Homœopathy operates powerfully at present in England. The conviction that our facts are true, our sentiments just, and our intentions good will sustain us. The difficulty must be borne with patience and temper. The course of events will remove it. For, as

¹ ‘ Le Malade Imaginaire.’

was well observed by a writer in the 'Times,' "A man's life in these days is spent in the realisation of impossibilities, in fervently denying one week what he sees put in practice the next. So wedded are we to custom, so hampered by precedents, so enslaved by habit, that we cannot bring ourselves to believe that what is wrong in our proceedings can possibly be corrected, or what is right in the practices of our neighbours can possibly be adopted. The Committee of the House of Commons which pronounced Railways 'impossible,' sneered at the draining of Chat Moss, and rejected the Liverpool and Manchester Railway Bill out of mercy to the demented projectors, was too faithful a type of the English mind. Active and indefatigable within its own range, it recoils with a pusillanimous horror before whatever is new and untried."

3. *Self-interest* cannot be overlooked as another difficulty. It is a serious obstacle to the general reception of Homœopathy by the medical profession. Where success has been already attained, change is naturally dreaded, it is likely to be for the worse; and in the less happy alternative, where "*res angusta domi*," straitened circumstances press, it is a doubtful plunge;—it may be into a lower depth. To turn aside from the beaten path, even where truth and conscience seem to lead, is no easy task, when the maintenance of a family is hazarded by the change. Some allowance must be made for considerations of this kind.

There are some who are deterred unnecessarily by this motive. Men who are so circumstanced that they could afford to give up the old method and adopt the new, even if they were, as probably they would be, losers for a time. They might wait for a return of practice, and be supported, during the interval, by a good conscience. A very dear friend of mine, writing an expostulatory letter to me, two or three years ago, among other things urged upon me this consideration, "*your success is my downfall!*" Not so, my dear friend, if you will get up and ride with me, you may share my success, there is abundance of room for both.

Many are wanting in moral courage. I once said to a man of very superior sense, integrity and worldly experience, "Do right and leave it:" "And be left in the lurch!" was his instant reply; and many will agree with him. I think they are mis-

taken, and that a longer experience and closer observation would confirm the wisdom of the Dutch maxim,

“Doe wel en zie niet om.”

“Do what you ought, happen what may.”

This, then, is a difficulty, but it is a temporary one. It may be safely left to be removed by *Time*.

4. A very pardonable *indolence* is a difficulty with all medical men who have passed the middle of life. They have already made one great effort to qualify themselves for the duties of their calling. They have spent six or seven years as students of medicine, and since that period, many more years have rolled away in its laborious practice. It is much too formidable an undertaking to set sail afresh on a new ocean of troubles, and to endeavour to guide their vessel into a foreign port. “The trouble is immense, and I have grown idle,” was the candid acknowledgment of the excellent Mr. Kingdon, in his paper on Homœopathy, read before the Medical Society of London, in the year 1836.

From the anxiety and labour of such a task as this, the elder members of the profession must, in all reason, be excused. It is otherwise with the junior portion; nothing can acquit them from the duty of investigating the new system for themselves, and of *trying its merits in their own hands by actual experiment*. If, however, the seniors are to be excused, it is evident that this very circumstance constitutes a great difficulty to Homœopaths, and a formidable obstacle to the progress of Homœopathy. Great and formidable it doubtless is, nevertheless it is a difficulty which may be patiently borne, under the solemn reflection that *Time* is diminishing it every day, and will, ere long, remove it.

5. The fear of forfeiting *respectability*, by joining a sect so despised and ridiculed, operates, as a powerful hinderance in the minds of many in the profession. The losing of “caste” for the sake of truth may be thought by some to be a slight sacrifice, but those who know human nature better will come to a different conclusion. It is in fact so great that perhaps scarcely any truth except that which relates to GOD and eternity, will be acknowledged as worthy to make the demand.

If it can be required on behalf of any truth referring to this life only, we may venture to claim it for the subject we have now in hand.

Great, however, as this difficulty is for the moment, it is, I believe, a temporary difficulty. The time, I think, is not distant when the man who has embraced the new system of the art of healing, whose principle of treatment is known, and whose mode of practice is simple, open, free from mystification, will be the practitioner regarded as the most truly respectable.

6. The *misrepresentation* of Homœopathy by its opponents is a difficulty which I feel great reluctance to notice. Such disingenuous conduct reflects so much discredit upon my professional brethren that I would it did not exist, or that I had no need to allude to it. Charges, without proof, of quackery, of fraud, and of falsehood; attempts to hinder the circulation of our books; to erase our names from college and other lists; and to refuse diplomas to our students; accompanied at the same time with the unacknowledged adoption of some of our best remedies, betray a state of feeling greatly to be lamented.

7. The general *ignorance* which prevails upon the subject of Homœopathy is not only a great difficulty in itself, but is also the origin of most of those we have already noticed. Both the profession and the public need to be better informed as to what Homœopathy really is. How few persons have any definite idea of the *principle* of Homœopathy, and of those who have, the great majority entertain a mistaken notion. They think that it teaches that what causes a mischief will cure it, thus confounding *similis* (like) with *idem* (the same). Some of Hahnemann's own illustrations may have tended to foster this mistake, but it is highly desirable that the point at issue should be clearly stated and understood before it is discussed. Many things taken into the stomach in a state of health are found by experience to nourish and support the body—to preserve life and health; these are called *food*. Many other things when similarly taken, are found by experience to cause pain and injury to the body—to destroy health and life; these are called *poisons*. We have also learned from experience that some of these latter substances—these poisons—when given in natural disease, act beneficially and remedially upon the diseased body. Homœopathy implies that experience further

teaches us that the best mode of administering these remedial poisons is to give them in such cases of natural ailments as resemble in their symptoms those injurious effects which such poisons produce when taken in health. If a person has suffered a bruise, he is not supposed to require a second blow to cure him, as is often stated, in order apparently to throw ridicule upon the subject, but some substance is to be sought for, which, when taken in health, will produce pains and sensations similar to those of the bruise. A plant called *arnica montana* does this, and a small dose of the juice of this plant is found by experience to relieve the pains of the bruise far better than any other remedy yet discovered.

It is objected that the symptoms produced by these poisons, when taken in health, and said to be similar to those symptoms in disease for which they act as remedies, are not *invariably* produced; for instance, that belladonna does not *always* produce symptoms resembling scarlet fever, or that mercury does not always produce salivation or ulceration of the throat. No one ever asserted that they did, nor is it at all required for the truth of Homœopathy that they should. If they have *ever* unequivocally done so, it proves that they are capable of producing them, which is all that Homœopathy asserts.

8. The *small dose*, which is the great obstacle to the progress of Homœopathy,—the great handle of its opponents. What may be advanced in its support I have endeavoured to condense into a small space in Essay IX. I must again be allowed to assert emphatically that it is a question of *fact*, to be settled only by experiment; that those who content themselves either with ridiculing it, or with reasoning about it, will never ascertain the truth respecting it; and that it is the duty of every man to inquire into the evidence with his own eyes. Great as this obstacle is at present, I do not hesitate to class it among the temporary difficulties of Homœopathy. Daily experience of the effects of small doses will, after a time, render their efficacy familiar to every one; as with many other marvels, the wonder will cease, and the difficulty vanish.

9. Among the many obstacles raised to hinder the progress of Homœopathy, and particularly of the small dose, *ridicule* has not been forgotten. Indeed, it has been a main weapon, by the unsparing use of which it has been confidently expected

that Homœopathy would perish. "We cannot choose but laugh," say our opponents, and verily "the sneer of a man's own comrades trieth the muscles of courage." I have no wish to depreciate the power and efficacy of this weapon. It has doubtless prevented the reception of Homœopathy by many minds, but it has not gained its end; Homœopathy has not quailed before it.

Ridicule has been called the test of truth. If this be so, Homœopathy must be true, for it has now stood exposure to every kind of banter and jest, whether witty or sarcastic, for more than half a century, and Homœopathy not only exists—it advances on every side, and through every grade of society.

Ridicule, however, when boldly looked at as an argument against the statement of *facts*, is a mean scarecrow. That it should be brought to bear upon a subject so sacred as the sufferings of the human family, and the means of relieving them, is a great reflection upon the characters of those who thus venture to use it. They cannot be surprised if such conduct reminds others of the proverb, "as the crackling of thorns under a pot, so is the laughter of the fool."

Ridicule then is a difficulty, but it cannot prove more than a temporary one, and must at length recoil with unwelcome power upon the quarters from whence it has proceeded.

10. A much more important difficulty is the grave one which presents itself to the practitioner of Homœopathy in the *choice of the dose*. To explain this it may be necessary to revert to the basis of Homœopathy.

The properties of drugs, for the purposes of Homœopathy, are discovered by healthy persons (generally physicians) taking them experimentally, and carefully recording all the symptoms produced. The dose must be sufficiently large to act injuriously upon both mind and body. By the indomitable industry and courage of Hahnemann and his friends, a vast mass of symptoms have been thus collected;—the most violent effects of the substances so examined, being learned from the cases of poisoning which unhappily occur from time to time. The list of symptoms or effects belonging to each drug is called the "proving" of the medicine. The second step in the practice of Homœopathy is that the physician shall very carefully investigate each case of disease, presenting itself to his observa-

tion, noting all the symptoms, moral as well as physical, which he can discover; his third duty is to inquire, not as formerly what medicines have done good in similar cases, but what drug has produced, when taken in health, symptoms resembling those of the case in hand. By this means he is guided to the best remedy which can be found for that particular patient. Of course that remedy is given alone. Here is a rule, and the mode of applying it. This is the triumph of Homœopathy. Thus, for the first time in the history of the world, has medicine been constituted *a science*. It was previously not only merely an *art*, but a very wretched and cruel art.

Here then is an admirable guide in the choice of a remedy, but it is evident that this guide carries us no farther. When the remedy has been fixed upon, another question immediately arises, in what dose must it be given? The guide tells us, (as was seen by Hippocrates more than two thousand years ago), that the dose must be *less* than that which produced the symptoms in health, but *how much less* it does not say. Here then is a practical difficulty. For some time after Hahnemann had discovered the law of Homœopathy, or the mode of choosing the remedy just explained, he gave the drugs almost in the usual doses; but he was so troubled with ill effects, in the shape of aggravations of the symptoms, as to be compelled to diminish very much the quantity given as a dose. He was then greatly persecuted by the apothecaries, or druggists of his native country, because he necessarily prepared his own medicines, and perhaps partly to retaliate upon them, and partly to carry out his views to the uttermost, he invented the method of reducing the dose to an infinitesimal quantity, and still found it to answer when prescribed according to his principle. I have myself put these different doses to a fair test in practice. I have no doubt that they act, but I have felt, in my early practice especially, as a great difficulty, the want of a rule or principle to guide in the choice of the dose. When ought the remedy to be given in substance? When in the first, second, or third dilution? When in the sixth, twelfth, or thirtieth? Some cases seem to be better treated with the lower or larger, some with the higher or smaller doses. This at present is a matter of experience. Several attempts have been made to suggest rules, but as yet without success. The

next great step in the improvement of medicine will be the discovery of a principle to guide in the choice of the dose and its repetition, as the law of similia guides us in the selection of the remedy. I cannot but entertain a sanguine hope that this will be permitted, and therefore I venture to consider the want a temporary difficulty. In the mean time careful observation is not without its fruits. By experience we get empirically at right doses (as on the old method the right remedy is sometimes got at), and in the majority of instances, if we have succeeded in our application of the law in the selection of the remedy, our dose hits pretty effectually, though perhaps another might have succeeded better.

11. There is another class of difficulties which I must now notice, the first of which is *the hypothetical and metaphorical style* in which Hahnemann has clothed his discoveries. This has tended in no small degree to repel many from his threshold who might have become inquirers; and to harass and perplex those who would not allow anything to repel them. This remark is especially applicable to Hahnemann's chief work—'*The Organon of Medicine.*' I have not heard of one who has been made a convert by the perusal of it, while I have known several who have been discouraged by reading it, and others who, having been Homœopathists for years, acknowledge that much of it is beyond their comprehension.

The error into which, in my opinion, Hahnemann has fallen, in the composition of this work, is that he mainly labours *a theoretical explanation* of Homœopathy, and this error is the more remarkable because he had, in the '*Principia*' of Newton a perfect example to follow. Sir Isaac Newton, in that book, has succeeded to the admiration of the world. He gives us his great discovery, the law of gravitation, and proves it to us by irrefragable evidence, but he does not attempt to explain the nature of the force, nor its mode of action. "I have not," Newton says, "been able to discover the *cause of the properties of gravity* from phenomena, and I frame no hypothesis; for whatever is not deduced from the phenomena is to be called an hypothesis; and hypotheses, whether metaphysical or physical, whether of occult qualities or mechanical, have no place in experimental philosophy To us it is

enough that *gravity does really exist, and act according to the laws which we have explained.*"¹ Had Hahnemann been so happy as to follow this example, he would have given us his discovery in simple words, *as a naked fact*, and supported his assertion by a complete practical demonstration, free from hypothetical guesses at explanation. Herein, I think, Hahnemann has failed. Strong as an original observer, indefatigable in pursuing his discoveries, he becomes weak as other men when he begins to guess. His hypotheses are no better than those of any other writer, they must share the fate of all that have preceded them, and pass into oblivion, and I cannot but think, as regards the interests of Homœopathy, the sooner the better.

That natural diseases are best treated by giving those medicines which, when taken in health, are capable of producing similar symptoms, is, if true, a natural fact, easily stated, and needs neither gloss nor explanation to make it available in daily practice. This is expressed in the '*Organon*' in the following manner:—

"A weaker dynamic affection is permanently extinguished in the living organism by a stronger one, if the latter (whilst differing in kind) is similar to the former in its manifestations."

"As every disease (not strictly surgical) depends only on a peculiar morbid derangement of our vital force in sensations and functions, when a homœopathic cure of the vital force deranged by the natural disease is accomplished by the administration of a medicinal potency selected on account of an accurate similarity of symptoms, a somewhat stronger but similar, artificial morbid affection is brought into contact with, and as it were pushed into the place of the weaker, similar natural morbid irritation, against which, the instinctive vital force now merely (though in a stronger degree) medicinally diseased, is then compelled to direct an increased amount of energy, but, on account of the shorter duration of the action of the medicinal potency that now morbidly affects it, the vital force soon overcomes this, and as it was in the first instance relieved from the material morbid affection, so it is now at last freed from the artificial (the medicinal) one, and hence is

¹ Close of the '*Principia*.'

enabled again to carry on healthily the vital operations of the organism."

This is a long extract, but it was due to Hahnemann that his own voice should be heard. I might give another similar paragraph in which he attempts to state his views by such terms as these—"Driving the enemy out of the country by foreign auxiliary troops." "The vital force advances towards the hostile disease, and yet no enemy can be overcome except by a superior power." "If in this manner we magnify to the perception of the vital principle the picture of its enemy the disease," &c. &c.

Some of my readers will be reminded by such enigmatical language of another great reformer of medicine, Paracelsus, and his enthusiasm and bombast. I must be excused if I say that I marvel that it should be received as satisfactory by any body of intelligent men. I cannot but suppose that many must repudiate it in private. "A weaker dynamic affection is permanently extinguished by a stronger one." It is obvious that, not a *fact*, but an *hypothesis* is here stated;—a mere guess as to the mode in which remedies act upon disease, just about as likely to be true as Cullen's "Spasm of the extreme vessels," or any other previous notion on the same subject. And these are the words in which Hahnemann formally announces, in his '*Organon*,' the "Homœopathic law of nature." It must be observed also that Hahnemann constantly uses the words "dynamic," "spiritual," "potency," &c., by which he supposes he is accounting for vital and medicinal action, but these are terms to which he does not teach us to attach definite ideas, and which tend to bewilder and mislead, rather than to instruct.

The diseases of man, he says "are solely spiritual (dynamic) derangements of the spiritual power that animates the human body (the vital force)." "In all works on *Materia Medica* from Dioscorides down to the latest books on this subject . . . all idle dreams, unfounded assumptions, and hypotheses, cunningly devised for the convenience of therapeutics . . . but the essential nature of diseases will not adapt themselves to such fantasies, . . . will not cease to be (spiritual) dynamic derangements of our spiritual vital principle in sensations and functions, that is, immaterial derangements of the state of health."

It is easy to see that "spiritual, dynamic derangements," &c., are as much hypothetical assumptions as any of those which Hahnemann denounces.

The preparation and effects of the small doses are rendered apparently absurd by the same mystic style. Medicines when triturated and diluted according to the method of Hahnemann are called by him "dynamizations" and they are said to act "dynamically," or "spiritually."

It appears to me that it has been a great mistake to obscure two discoveries, that of the principle of Homœopathy, and that of the efficacy of the small dose, by clothing them in such mysterious and unintelligible words. It constitutes a great difficulty—and a real obstacle to the progress of Homœopathy.

Let truth be held fast, let error be repudiated, and this great difficulty will cease to exist.

12. The *dogmatism* of Hahnemann is also a great stumbling block and impediment in the way of inquirers. Even to many of those who have put it aside for the purpose of fair investigation, and who have in consequence embraced Homœopathy, it is a great difficulty. They cannot but feel annoyed at the positive and dogmatic tone he always adopts. The brightest geniuses and the most gifted intellects do not hesitate often to say with Sydenham, "opino," "I think;" but such an expression seems never to have escaped from the lips of Hahnemann. "His intolerance," writes his biographer, "from those who differed from him latterly attained to such an height that he used to say, 'He who does not walk on exactly the same line with me, who diverges, if it be but the breadth of a straw, to the right or to the left, is an apostate and a traitor, and with him I will have nothing to do!'" Such servile following as this must be declined by every true student of nature. How inconsistent with Hahnemann's own early career!

"It holds good and will continue to hold good as a Homœopathic therapeutic maxim, *not to be refuted by any experience in the world*, that the best dose of the properly selected remedy is always the very smallest one, in one of the high dynamizations (30th) as well for chronic as for acute diseases." He does not see how this sentiment saps the foundation of his own

science, which can rest upon nothing but the evidence of experience.

“That some erring physicians who would wish to be considered Homœopathists, engraft some to them more convenient allopathic bad practices, often upon their nominally homœopathic treatment, is owing to ignorance of doctrine, laziness, contempt for suffering humanity, and ridiculous conceit, and, in addition to unpardonable negligence in searching for the best Homœopathic specific for each case of disease, has often a base love of gain, and other dishonorable motives for its spring,—and, for its result? that they cannot cure all important and serious diseases, which pure and careful Homœopathy can, and that they send many of their patients to that place whence no one returns.” No uninspired man is justified in assuming such a tone as this.

The contrast between the spirit and temper of Hahnemann in his later years, (he died in July 1843, aged 89), and those of his earlier life may, I think, be in a great measure accounted for by two considerations, and which are the best apology I can suggest for conduct which nothing can justify, and few, I suppose, will undertake to defend.

The first circumstance I would mention is that which embittered the whole life of Hahnemann, and particularly the earlier periods of it—the harsh and abusive language and unrelenting persecution he received from his professional brethren, and from the apothecaries or druggists of his country.

The second is this, by the perpetual cultivation of one train of thought, it appears to me that the mind of Hahnemann, during the latter period of his life, had nearly reached that condition which Johnson so feelingly and so vividly portrays in the Astronomer in *Rasselas*.—“One of the most learned astronomers in the world, who has spent forty years in unwearied attention to the motions and appearances of the celestial bodies, and has drawn out his soul in endless calculations.” “I have possessed,” says this indomitable student, at the close of this period, “for five years the regulation of the weather, and the distribution of the seasons; the sun has listened to my dictates, and passed from tropic to tropic by my direction; the clouds at my call have poured their waters, and

the Nile has overflowed at my command ; I have restrained the rage of the dog-star, and mitigated the fervours of the crab. I have administered this great office with exact justice." The inconsiderate smile excited by this narrative was thus rebuked. "Few can attain this man's knowledge, and few practise his virtues ; but all may suffer his calamity."

13. The want of the separate *details of the original experiments* of Hahnemann upon himself and his friends, while learning the effects of drugs upon healthy persons, creates a difficulty. The withholding them from the public by Hahnemann himself was an error in judgment, but why they are still refused to the applications of the friends of Homœopathy by his widow no one seems able to explain. The lack must be supplied by the self-denying labours of others, who, by repeating the experiments of Hahnemann, will provide us with what he has omitted to supply.

14. The *sectarian spirit* of a portion of the Homœopathic body, upon whom the dogmatising mantle of the old age of Hahnemann seems to have fallen, is also a difficulty of considerable magnitude with those who wish to observe carefully, to think rationally and independently, to balance conflicting evidence, and to act conscientiously. It is a serious obstacle in the way of inquirers, and consequently greatly retards the progress of the reformed practice of medicine. Were I to instance particulars, I should be in danger of becoming personal, which I am anxious to avoid. Should any individuals think this general allusion applicable to themselves, I hope it may lead them to consider how far it may not be for the credit of Homœopathy that they should be less tenacious of every dictum of Hahnemann.

From the public the two following difficulties arise :—

15. *Want of confidence* dependent upon the apparent insufficiency of the new treatment. Shortly after my commencement of Homœopathy, I was summarily dismissed by a patient, because I sent her some medicine which, when taken to her bed-side, looked so much like plain water that she refused to take even a first dose, and immediately sent for

another medical practitioner. "She could have no confidence in that sort of medicine." The leeches, and blisters, and purges of the old school were preferred. "So much," says William of Malmesbury, "does ancient custom please, and so little encouragement, though deserved, is given to new discoveries, however consistent with truth. All are anxious to grovel in the old track."

Others, with more intelligent minds, but accustomed to indulge in doubts rather than venture upon decision, while they see and acknowledge the evils of allopathy, and have experienced some of the good of Homœopathy, endeavour to stave off conviction by the ingenious suggestion of new grounds for hesitation.

While others again have minds so ill regulated that they cannot believe anything for which they have taken up a dislike; or they have committed themselves already so far against the new doctrines, that they are ashamed to retract their condemnation; or they are so in bondage to the opinions of their neighbours, and to their previous connections, that they dare not act upon their own convictions.

This difficulty, however, must disappear before the successful results of the mild treatment; confidence is daily strengthening, and hereafter, its very gentleness and pleasantness will be reckoned among its most obvious advantages. If a spoonful of what tastes like simple water will really answer the purpose better than a blister and a black draught, it will be strange indeed if the latter *continue* to be preferred. Would it not be a libel upon human nature to suppose this?

16. *The officiousness of friends.* How often, while watching with interest and anxiety the effect of the remedies in a case of acute disease, we are met with the remark that *kind* friends have earnestly recommended a change of treatment! This is a formidable difficulty. It is an engine of resistance which has been energetically brought to bear against the progress of Homœopathy. It resembles the "Old Guard" of Napoleon,—"it dies, but never surrenders." It is so bent upon its purpose that it sometimes loses sight of every other consideration.

"Softer is the hide of the rhinoceros
Than the heart of deriding unbelief."

It succeeds in individual instances, but it must die if it will not surrender.

In speaking thus I venture not to impeach the motives of any one; these are doubtless often full of kindness and the best intentions. Such conduct, however, would be seen, by the light of a little calm reflection, to be inconsistent with that liberty which individuals ought to be allowed to exercise in so personal a matter as the mode in which they or their children shall be treated when suffering from disease.

From the present circumstances of Homœopathists in England these difficulties result—

17. The *isolated position* of each practitioner of the new system is a difficulty which, at present, affects both medical men and the public. A second opinion, in cases of emergency, or when sickness visits, as it often does, the domestic circle of the practitioner himself, is often felt to be desirable, but cannot always be obtained. His anxiety and distress under such circumstances are sometimes beyond description. He is more painfully situated in this respect than he would be in the backwoods of the "far west;"—he is not only alone, as he would be there, but he is surrounded by opponents ever on the watch for his halting. This is often a trying difficulty, and calls for patience; but time is mitigating it every day. Medical converts are rapidly increasing, and I trust that at no distant period it will be spoken of only as belonging to the past.

18. Homœopathy is made responsible for the *early failures* of new converts. No sooner has a medical man avowed his conviction that there is some truth in Homœopathy, than he is assailed with a storm of ridicule and abuse; and notwithstanding all his protestations, if in any instance he happens to be unsuccessful, the case is immediately heralded abroad as a demonstration that Homœopathy is "humbug." The unfairness of such a judgment must be evident to every unprejudiced person. A state of transition is necessarily a state of peculiar imperfection.

19. Homœopathy has not sufficient *schools*, nor any *colleges*,

as yet, in England. This is, of course, a great temporary difficulty and inconvenience. For a remedy it has been proposed to obtain a charter from the crown, and to establish a suitable institution. I have myself ventured to oppose this proposal. Were it accomplished, even in the best manner possible, it would, I think, bring along with it two great evils;—it would stereotype, as it were, the present phase of Homœopathy, which consists of valuable truth mixed up with many hypothetical and damaging materials derived from Hahnemann's imaginative mind, and from the infirmities of the latter period of his life;—and it would perpetuate Homœopaths as a sect, permanently dividing the profession in this country into two irreconcilable parties. Whereas, if the temporary inconvenience be submitted to, the two opposite advantages may be hoped for;—time being allowed to investigate Homœopathy more thoroughly, the chaff may be winnowed from the wheat, and the truth based upon sufficient evidence to maintain it;—this being accomplished, the enlightened portion of the profession cannot do otherwise than adopt it, and thus it will become incorporated in our present schools and colleges, and the reformation in medicine, like the English reformation in religion, will become a national act.

Such are the *temporary* difficulties of Homœopathy. They are sufficiently formidable sometimes to produce, in minds not naturally sanguine, a feeling bordering on despondency; but laborious perseverance, and generous courage, founded upon conscientious convictions, will surmount them all.

II. The difficulties which it may be expected will attach *permanently* to Homœopathy are those which arise from the present condition of humanity, and which belong more or less even to those sciences whose fundamental principles are best ascertained and understood. They are such as the following—

20. A serious difficulty will always exist in *the intricacy of the mechanism of the human body, and in the mystery of life.* The derangements in the healthy structure and functions of the various organs of the body must be hopelessly hidden from

those who have not learned what that healthy structure, and those natural functions are. A limited knowledge of these things may be acquired by the study of anatomy, but this study has not only the unavoidable difficulties attaching to it which need not be described, but it has, in this country, both law and popular prejudice against it. As regards the law, such is the anomalous position of a medical practitioner in England that he is liable to punishment for culpable ignorance of that knowledge for endeavouring to obtain which he is also liable to be punished.

21. If the knowledge of diseases be hard to acquire, *the knowledge of remedies* is scarcely less difficult. Almost every object in nature may claim to be investigated as a remedy for disease. Having a principle to guide us in the choice of remedies must surely be a great advantage,—the old method confessedly having none,—nevertheless, even with the help of this principle, the choice will always require labour, care, and study. In proving a drug (that is, in experimenting with it in health), to obtain a distinct notion of its sphere of action, and of the actual groups of symptoms it is capable of producing in the previously healthy body;—to distinguish between the different actions of a drug in proving it, and to regulate the use of it, in accordance with these frequently opposite modes of action, in prescribing it;—to learn in what constitutions, temperaments, and ages each remedy acts most successfully,—is knowledge which can never be acquired without difficulty. The principle is simple, but to apply it skilfully in practice will always require serious and persevering labour. The choice of the dilution, and the repetition of the dose, even should a principle be discovered for our guidance, will in like manner always call for patient and diligent research.

22. Great responsibility and anxiety are inseparable from an attendance upon dangerous illness; and great difficulty and annoyance also accompany the care of all cases of indisposition not severe enough to compel a cessation from the usual business and habits of life. Generally, either these habits must be interfered with beyond what the patient is willing to submit to, or the other alternative must happen,—the medical treatment is rendered abortive by their continuance. By the first, both patient and physician are fretted and annoyed; by the

second, both are disappointed. It need scarcely be added that these difficulties belong to any mode of treatment whatever, which can be had recourse to in disease.

23. Other difficulties were well enumerated by a lady, on my asking her, a short time ago, if she intended any of her sons for the medical profession; she said emphatically, No; and for these reasons:—

“The condition of medicine is unsettled and unsatisfactory. I hope this may not be permanently the case, but it is so at present.

“The practice of it entails great wear and tear of both mind and body.

“It is an occupation for which persons with anxious dispositions, which my children have, are entirely unfitted.

“It requires great bodily health and strength, which my children have not.

“To be constantly occupied in seeing people suffer and in hearing them complain, is objectionable, on account of the depressing effect it is likely to have upon their minds.

“And the selfishness and unreasonableness of many patients and their friends, and the caprice with which they act, are almost intolerable.

“With these views,” she added, “you cannot wonder if I shrink from looking them for such a life of trouble and toil.”—No, the wonder is that more parents are not of her way of thinking. It would be better both for the public, and for the profession, if the number of young men who are annually forced into our overstocked ranks were very greatly diminished. I shall never forget the first words I heard Abernethy utter; on entering the theatre of St. Bartholomew’s Hospital, to give his Introductory Lecture, in the year 1825, he stood with his hands in his pockets, and looking round wistfully on the crowded audience, he exclaimed,—“God bless you! what is to become of you all?”

24. Finally, since disease and death are inevitable in a sin-stricken world, it follows that, with the best-directed efforts, and with the most efficacious remedies, the patient must sometimes suffer a great deal, be seriously ill, and at length die. The physician with all his anxiety, labour and skill, will sometimes only imperfectly succeed, and must always in the end

fail, since it is "appointed unto all men once to die." This must always continue to be a painful and often a discouraging consideration.

The work of a physician is encompassed with difficulties, his path beset with obstacles, the struggle he is engaged in, whatever advantages he may at times gain, will always end in his defeat. How happy to meet with any knowledge by which some difficulties may be diminished, some obstacles removed, some new advantages enjoyed! Enough will still remain to try to the uttermost his patience and temper, his industry and perseverance.

Were these difficulties, which at times almost lay prostrate the honest labourer in the art of healing, better known and felt, they would enlist on his behalf the sympathies of his fellow men. They are touchingly alluded to by the father of medicine in his first aphorism—

“Ὁ βίος βραχύς, ἡ δὲ τέχνη μακρή,
ὁ δὲ καιρὸς ὀξύς, ἡ δὲ πείρα σφαλερή,
ἡ δὲ κρίσις χαλεπή.”

“Life is short, and art long;
occasion fleeting; experience fallacious,
and judgment difficult.”

They were no doubt present to the mind of the son of Sirach when he said, “Honour the physician with the honour due unto him, for the Lord hath created him.”

* * * * *

“Imlac was proceeding to aggrandize his own profession, when the prince cried out, ‘Enough! thou hast convinced me that no human being can ever be a poet, proceed with thy narrative.’

“‘To be a poet’ said Imlac, ‘is indeed very difficult.’ ‘So difficult,’ replied the prince, ‘that I will at present hear no more of his difficulties.’”¹

¹ Rasselas.



ESSAY XI.

THE ADVANTAGES OF HOMŒOPATHY.

“It is clear, that just as it is a crime to murder a man, so is it the part of virtue and honesty to save our fellow-beings when we are able, as well as to arm others with such safeguards as we have ourselves learned. And these we may leave to the world after our death. Those who hold that it is *no matter what happens after them*, hold a wicked and inhuman doctrine.”

SYDENHAM.



I GIVE, on the other side, a beautiful Greek Fragment, and a Translation which has been written at my request for this Essay, by my valued friend the Rev. Charles Oakley, who, at the time of writing it, was a Demy of Magdalen College, Oxford.

ODE TO HEALTH.

Ἕγεία πρεσβίστα Μακάρων,
Μετὰ σοῦ ναίοιμι
Τὸ λειπόμενον βιοτᾶς·
Σὺ δέ μοι πρόφρων σύννοκος εἶης·
Εἰ γάρ τις ἡ πλοῦτου χάρις ἡ τεκίων,
Τὰς εὐδαίμονός τ' ἀνθρώποις
Βασιλίδος ἀρχᾶς ἡ πόθων,
Οὗς κρυφίους Ἀφροδίτης ἄρκευσιν θηρεύομεν,
Ἦ εἰ τις ἄλλα θεόθεν ἀνθρώποις τέρψις,
Ἦ πόνων ἀμνηστὴ πέφανται·
Μετὰ σέο, μάκαιρα Ἕγεία,
Τέθλε πάντα καὶ ἴλαμπει χαρίτων ἔαρ·
Σίθεν δὲ χωρὶς, οὐδεὶς εὐδαίμων πέλει.

(TRANSLATION.)

HEALTH! Eldest-born of all
The Blessed ones that be,
Through life's remainder, howe'r small,
Still may I dwell with Thee!
And Thou with me,
A willing guest,
O take thy rest!
For all man hath on earth, Blest Health,—
Each nobler gift—as children, wealth,
The bliss of kingly government,
With that desiring discontent
We fain would seek, we fain would move,
In th' undiscovered toils of love;
These—or each other utmost pleasure
Man hath from heaven, his dearest treasure.
And amid all his earthly toil
The sweet forgetfulness of toil;—
With Thee, Blest Health! Health ever young!
With Thee they grew, from Thee they sprung;
Spring of all gifts from Heaven that fall,
Thou art the sunshine of them all!—
Yet all are turned to misery
For him that lives bereft of Thee.

C. E. OAKLEY.

ESSAY XI.

THE ADVANTAGES OF HOMŒOPATHY.

“What tortures inflicted on patients might have been dispensed with, had a few simple principles been earlier recognised.”

SIR JOHN HERSCHEL.

HAD such of my medical brethren as remain attached to the old methods of prescribing for their patients been content to rest in their satisfaction with such methods; or had they simply given expression to their doubts as to the adequacy and trustworthiness of the new system, my duty would have been a much more courteous one to them, and a much more agreeable one to myself, than it is permitted to be by the course which the opponents of Homœopathy have actually pursued.

The writers and speakers on behalf of the usual treatment, have indulged in so much invective and abuse, and have condemned their brethren so unreservedly, both as to their ability, knowledge, and experience, and also as to the honesty of their motives, and the sincerity of their convictions, that it becomes necessary to say a few words on the defects and disadvantages of practices which nothing but long custom could have made tolerable, and nothing but unacquaintance with a better method could justify. This will show how ill it becomes men so cir-

cumstanced to write and speak as they do in the spirit of the boastful proverb, "We are the men, and wisdom shall die with us."

Allopathy, to express the usual practice by a single word, is lamentably characterised by ignorance, uncertainty, and cruelty.

The ignorance of allopathy is darkness which may be *felt*,—and that it *is* felt the confessions of its most eminent professors testify. It has been described, I fear, with as much truth as satire, as "the art of putting large doses of poisonous drugs, of which we know little, into living bodies of which we know less." For fifteen hundred years the sole guide in medicine was the authority of Galen, who taught the crude notion that all diseases were hot or cold, dry or moist, and that all remedies must correspond to these diseases by contraries. Early in the sixteenth century the Galenical physicians were assailed with rude impetuosity by Paracelsus, who introduced chemical preparations as medicines; and their overthrow was completed, soon afterwards, by anatomical discoveries. Since the days of Paracelsus, we have had many more medical hypotheses than there have been generations. All these have one character, they are imaginary and speculative, and incapable of proof, as matters of fact. They all betray the ignorance in which physicians have hitherto been plunged.

The uncertainty of allopathy is worse than can readily be credited. A gentleman, a neighbour of mine, lately wrote of it as "the regular steady practice according to rule." What rule? I know of none. There are commonly two or three leading medical doctrines or systems which are contemporary with each other, and in direct opposition; as, for example, the doctrines of Stahl, Hoffman, and Boerhaave, in the beginning of the last century, the two former of whom were professors in the same university; the doctrines of Cullen and of Brown, towards the close of the century; those of Broussais, Clutterbuck, and Armstrong, in the early days of the present generation. "There is no truth in physic," said an experienced practitioner to me many years ago, and I have no doubt that many have painfully shared in his conviction.

The cruelties of allopathy are also very great. They are

perpetrated from good motives and with the best intentions, but they are such as nothing but the fear of death, and the force of custom, more powerful than a second nature, could have induced mankind to submit to.

But it is not my purpose to dwell upon the ignorance, the uncertainty, or the cruelty of the old practice. One might, indeed, be provoked to do so by the conduct of the disciples of this school, who appropriate to themselves exclusively the title of "regular" and "legitimate;" as if the adoption of a principle, where there was none before, and the adaptation of the dose to a standard of safety and efficiency, constituted a practice irregular and unlawful. Dr. Paris or Dr. Simpson may "draw a bow at a venture," and give a quarter of a grain of arsenic at a dose, but a brother practitioner may not, under the guidance of a rule, give the hundredth or the thousandth part of a grain of the same poison, without being charged with irregularity and quackery. Such conduct betrays great ignorance both of their own position and of that of Homœopathsists. It would be very easy to show from the Pharmacopœia of the Royal College of Physicians, and from the daily prescriptions of the self-designated "regular" practitioners, on which side real quackery prevails. This at least must be obvious, that whatever prospect of *curing* either party may have, there will be greater risk of *killing* the patient with the large dose of arsenic than with the small one.

But *truth* takes no cognisance of abusive appellations. They may for a time cover her with disgrace, and hide her beauty from the public gaze, but they cannot change her character, nor transform her into falsehood. The consciousness of possessing her gives true courage, and teaches the physician to take his place beside his patient with dignified benevolence and intelligent confidence. An adequate knowledge of the new system will enable him to administer some simple means which, in acute disease, will often give relief in a few moments, and in chronic cases, will also frequently, after reasonable perseverance, restore the long-afflicted patient to health and usefulness.

Who can estimate the value of *health*? A measure of its worth may be seen in the multitude of resources to which men flee in the hope of recovering it when lost. Its preciousness

is still more vividly reflected from the page of inspiration, where we see, in so many instances, the Divine power mercifully exerted to restore it.

It is my business, in the present Essay, to show that Homœopathy is the safest and best human method to be used for the recovery of health which has yet been discovered; that it is superior to all other modes, whether professional or empirical, which have ever before been tried; and that consequently it is alike the duty and the interest of all men without exception to adopt it.

I shall aim at producing the conviction that its claims, both on the physician and on the patient, are above suspicion and beyond dispute, necessarily referring to the preceding Essays, for proofs of the truth of the statements here made, and the conclusions drawn from them.

I will venture upon one more preliminary remark, and it is this;—while advocating the efficacy of any medical treatment, however good, we must bear in remembrance that “our life is but as a vapour which appears for a little while, and then vanishes away.”

I. The advantages to the physician are threefold; they are these:—

1. The emancipation of his mind from doubt and confusion.
2. The provision of a guide.
3. The simplicity of the means.

II. The advantages to the patient are likewise threefold; they are as follow:—

1. The banishment of nauseous drugs, and painful and debilitating applications.
2. Greatly increased efficacy and success.
3. Deliverance from medicinal diseases, and other destructive consequences of former methods of treatment.

I.—THE ADVANTAGES TO THE PHYSICIAN.

1. *The emancipation of his mind from doubt and confusion.*

Interest often conceals, if it does not deny truth, and it would not be surprising if the world had been kept in ignorance of the confusion and uncertainty in which medical men are involved. They have, however, been frequently acknowledged by men of integrity and reputation. No exception can be taken to the evidence of such a witness as Cullen to the erroneous doctrines and conflicting practices of legitimate physic previous to the discovery of Homœopathy. It is above suspicion and beyond dispute.

Now Cullen, in the introduction to his great work on the *Materia Medica*, gives an outline of the history of medicine, which may be briefly epitomised as follows:—

The *Egyptians*. Medicine “is known to have been under such regulations as must have been a certain obstacle to its progress and improvement.” These regulations were, that the treatment of diseases was directed by fixed rules written in their sacred books; while these rules were observed the physician was not answerable for their success, but if he tried other means, a failure cost him his life. Many of the “regular” physicians of our time must have visited the pyramids—they have imbibed so much of the Egyptian spirit.

The *Greeks*. Hippocrates. These writings afford “a precarious and uncertain information.”

Dioscorides “has been transcribed by almost every writer since; but that this has been owing to the real value of his writings it is not easy to perceive.”

Galen. “We find nothing in his writings sufficient to excuse the insolence with which he treats his predecessors, nor to support the vanity he discovers with regard to his own performances.” His theory is “false and inapplicable,” yet “implicitly followed by all the physicians of Asia, Africa, and Europe, for at least 1500 years after his time.” This “particularly marks out how much a veneration for antiquity has retarded science.”

The *Arabians*. "It does not appear that they made any improvements."

Revival in Europe. "Nothing new appeared among the physicians of Europe while they continued to be the servile followers of the *Arabians*."

On the taking of Constantinople, in 1453, the Greek writings were dispersed, and the Greek party prevailed.

In more recent times physic has "made very little progress among persons who are almost entirely the bigoted followers of the ancients." So far Dr. Cullen.

It is true that since this last period we have had many novelties in the theory and practice of physic;—Stahl, Hoffman, Boerhaave, Cullen himself, Brown, and Broussais, with many others, have striven to throw some light upon the dark subject, but in vain. The discovery that "*similia similibus curantur*," is the first ray which has illumined the gloom,—the first "method" by which the confusion has been reduced to regularity. This has turned night into day,—chaos into order,—doubt into confidence,—a random shot into a careful aim, a hazardous and empirical experiment into a precise and intelligent proceeding. The physician who has investigated and embraced this principle feels conscious that his mind is cleared of useless and endless speculations, and filled with a truth applicable every moment, and of the highest practical value.

That the physician remaining in the old school is bewildered with opposing theories, and oppressed with an accumulation of heterogeneous and unarranged materials, is known and acknowledged; that the Homœopathic physician is freed from all these burdens is obvious: that this is a great advantage must be above suspicion and beyond dispute.

2. *The provision of a guide.*

Those who have traversed the dark mountain with a trusty guide, or who have crossed the trackless ocean with the mariner's compass, can in some measure understand the feelings of the physician who has found a principle to assist him in the choice of remedies for his patients; but it is so great an advantage that it cannot be sufficiently appreciated by those who are not practically acquainted with it.

Liebig affirms that the discovery of combination in fixed

proportions called chemical equivalents, "which regulates and governs all chemical actions, is acknowledged to be the most important acquisition of the present century, and the most productive in its results."¹ He ascribes the first discovery of it to Richter (a German), and the "extending and completing our knowledge" of it to Dalton (an Englishman).

The law of *similia similibus curantur*, which "regulates and governs" all medical actions, is of still greater importance to the well-being of man.

The physician who commits himself to its guidance will find it simple and intelligible, safe and merciful; and, moreover, that it secures a certainty of knowledge by requiring that only one remedy be given at a time; that it is not dependent upon any theory of disease, nor upon any hypothetical explanation of its mode of action, for its easy and successful application; that it is applicable to all cases of disease, and in all countries and climates, all ages and circumstances.

I am fond of illustrations. They possess a double recommendation; they explain an axiom and impress it upon the mind better than any mere definition or description, and they relieve a didactic or argumentative composition of its dullness. While, therefore, I must refer my readers to Essay IV, for many examples of the mode of applying the principle of Homœopathy in practice, I will find room here for a brief notice of two cases which have lately occurred to me. (1853.)

In Essay IX, the disease-producing powers of *ipêcacuanha*, in minutely divided doses, are described; among the morbid effects thus produced are *asthma* and *hæmorrhage*. Miss W— consulted me for a severe attack of spasmodic *asthma*, to which she was very liable; I advised a few doses of the second dilution of *ipêcacuanha*, which gave her immediate relief, and in a little while permanently removed the attack. Miss S—, who had been long ill with disease in the chest with a *large abscess* in the posterior part of the left lung, was suddenly seized, while on a journey at a distance of seventy miles from me, with a copious *spitting of blood*. This information was sent to me by telegraph, and I immediately forwarded to her by railway some *ipêcacuanha*. The following morning I received another telegraphic message, followed shortly after by

¹ 'Letters on Chemistry,' second series.

a letter from her mother, stating that the first dose had arrested the bleeding, and that my patient had not coughed once all night,—only once in the morning without expectoration, which previously had been copious, and that she had enjoyed some breakfast. There has been no return of the hæmorrhage, and under the influence of phosphorus this very severe case of disease has been going on favorably for above two months. The young lady can now walk a mile or more without fatigue.

1856. I am happy to be able to say that this patient still enjoys comfortable health.

Those who have experienced the comfort and benefit of such a guide as the principle of *similia similibus curantur* will not be easily induced to venture without it into the pathless wilderness of medical treatment. An additional example will impress more strongly on the mind, the distressing uncertainty with which the instructions for treatment are given by the teachers of the old school. The cure of dropsy is thus laid down by the first physician of France of the last age :—

“The cure may be begun by bloodletting in certain conditions ; *but in others it cannot be employed without danger.* It gives relief in difficult breathing ; *but after it is practised the symptoms are aggravated and rendered more obstinate.* It is not to be concealed, that some persons have been cured by repeated bloodlettings, or spontaneous hæmorrhages ; *but it is at the same time known that such a remedy, inopportunistically employed, has in many instances hastened on the fatal event.*”¹

Every one familiar with the literature of his profession, will admit that this is a fair sample of the general result of his reading. How delightful to pass from this state of uncertainty, arising from conflicting human authorities, to the absolute and invariable direction of a natural guide !

That the physician of the old method has no principle to guide him is known and acknowledged ; that the Homœopathic physician has such a principle is obvious ; that this is a great advantage, must be above suspicion and beyond dispute.

3. *The simplicity of the means.*

“Look ! what will serve is fit,” says nature’s poet ; and

¹ Leutaud, ‘Synopsis Universæ Medicinæ.’

the nearer we approach to simplicity, in the means we use, the nearer we approach to nature's perfection. Physicians have been vigorously wielding the club of giant despair, while they ought to have been observing and endeavouring to imitate the operations of nature, in which mighty effects are continually being brought about by apparently insignificant but really efficacious means.

Among the many examples which surround us, I will mention only one. Little grains of sand are unlikely materials wherewith to roll back the incroachments of the mighty waters ; but practically they are found to be more permanently effectual for this purpose than cliffs of solid earth. In like manner, little grains of medicine, in the hands of the Homœopathist, however improbable it may appear beforehand and without experience, are found practically to be more efficacious in arresting the progress of disease than the complicated mixtures and poisonous doses of allopathy.

To borrow an expression which Dr. Chalmers often used in conversation, both these are instances of the "power of littles."

The sight of all the materials in the hands of the old physician and surgeon "is enough to make a man serious." These are lancets, cupping-glasses, and leeches ; blisters, setons, issues, moxas, caustics and cauteries ; emetics and purgatives, sudorifics and sialagogues, diuretics and expectorants, anodynes, tonics and stimulants, with all the "luxuriency of composition" of which Cullen so often speaks.

The whole course of medical treatment, as usually practised, is a rude and rough procedure, as far as possible removed from the delicacy required from us when we would try to regulate the exquisite *machinery* of the living body. It is the blacksmith undertaking with his pincers to repair a watch.

Homœopathy, it is well known, discards all these complex and formidable weapons, and prescribes a single remedy at a time, and that to be chosen according to an invariable rule, to be prepared with the greatest care, and given in the smallest dose.

That the means made use of by the physicians of the old treatment are complicated, unwieldy, and violent, is known and acknowledged ; that the means used by the homœopathic

physicians are simple and easy of application, is obvious ; that this is a great advantage, must be above suspicion and beyond dispute.

I recommend these three advantages to the serious consideration of my medical brethren.

II.—THE ADVANTAGES TO THE PATIENT.

1. *The banishment of nauseous drugs, and painful and debilitating applications.*



I give here a description of the old chafing-dish and actual cautery, as the red hot iron was called, and which has been used for a long period. I witnessed, as I trust, the expiring embers of this fire in the Military Hospital in Paris, under the care of the Baron Larrey, as described in Essay I. In the next generation I hope it will be necessary to represent several other processes yet had recourse to, as well as to describe the calomel pill, the black draught, the steel mixture, the bark decoction, the opium bolus, and the bitter infusion, of which no description need be given to the present age.

Now, notwithstanding that some people cling to their torments, as the Prince did to his Falstaff, I cannot but think that, by the majority of patients, the banishment of all these painful operations and nauseous doses must be felt to be a great deliverance.

The avoiding of bloodletting, and the weakness caused by such loss of the vital fluid, is of itself a sufficient triumph for the new system; but when it is remembered that every painful and debilitating process, along with every disagreeable dose, is for ever abandoned, how great is the emancipation, how substantial the triumph!

It is now contended by some medical men, that during the last few years the character of diseases has become so altered that bleeding is no longer necessary. One of these practitioners urged this remark upon a patient of mine the other day, and added that Homœopathy had derived great advantage from this change in the character of diseases.

But let me ask any unprejudiced person which of these two suppositions is most likely to be true;—that, contemporaneously with the introduction of Homœopathy, the course of nature was suddenly altered, and the character of diseases changed, so as greatly to favour that system; or that from various considerations, and among them the success of Homœopathy, physicians have been induced to lay aside the lancet, and to try a milder treatment, and finding this succeed better than severe measures, they have invented the former supposition to save themselves from the acknowledgment of error.

It is true that diseases do, from time to time, alter a good deal in their type and character. We are indebted to Sydenham for impressively teaching us this fact. He says, "Nothing in my opinion strikes the mind that contemplates the whole and open domain of medicine with greater wonder than the well-known varied and inconsistent character of those diseases which we call epidemic. It is not so much that they reflect and depend upon different conditions of climate in one and the same year, as that they represent different and dissimilar constitutions of different and dissimilar years."¹ Suppose, then, it were admitted that the type of disease now

¹ 'Works of Sydenham,' vol. i, p. 32.

prevalent is of an asthenic character,—a character of depression and debility, rather than of excitement;—allopathy substitutes tonics for bleeding and antiphlogistics; Homœopathy is as much opposed to this practice as to the other; it rejects “tonics” as much as it rejects “antiphlogistics,” and has better success without them, than allopathy has with them.

Notwithstanding, however, the amelioration which has taken place in the severity of the usual practice, since the introduction of Homœopathy, and which is a tacit admission of its superior success, the difference between the two in respect to this comparative severity and mildness is still very great. A few instances will make this sufficiently apparent.

In apoplexy, locked-jaw, and other similar cases, where the power of swallowing is lost, and large doses of medicine cannot possibly be given, and where consequently the allopathic physician, if he does not bleed and blister, is able to do scarcely anything; the Homœopathist is at no loss how to proceed, his drop or globule placed within the lips has still power to act, as I have myself witnessed, to the complete restoration of the patient.

In cases of acute inflammation, in delicate persons, where the local disease seems to call for depletion and a lowering treatment, and the constitution at the same time urgently requires to be strengthened, the practitioner on the old plan is placed between Scylla and Charybdis, his efforts to relieve the inflammation, in proportion to their activity, increase the general weakness; while the Homœopathist meets with nothing to perplex him, and can do good without doing harm.

Again, the suffering spared to children is immense, and must call forth the grateful feelings of all parents. Their beautiful bodies, uninjured by previous dosing, are susceptible of all the actions of the new remedies, and capable of deriving all the benefits which such actions can impart.

That patients treated after the old method are still often severely handled by their physicians is known and acknowledged; that they wholly escape this rough usage under the new method is obvious; that this is a great advantage must be above suspicion and beyond dispute.

2. Greatly increased efficacy and success.

Some object to the possibility of this under any treatment, and contend that the duration of life is not within the power or control of man. This is true in the highest sense of the expression, but if a lower meaning be attached to it, then it is not true, and life may be prolonged by our own endeavours. In England, a hundred and fifty years ago, one out of every twenty-five of the population died each year. Fifty years ago the proportion was one in thirty-five; now it is less than one in forty-five. So that the number of deaths in proportion to the number of people is only one half what it was a while ago. This addition to life is to be attributed mainly to more wholesome food, warmer clothing, greater cleanliness, and better habits; so much having been thus accomplished, it is not unreasonable to hope that still more may be effected by the blessing of God on these and other means.

I must next observe that all success in medical treatment is comparative. In London about a thousand persons, of all ages, die every week; for the most part these have died under allopathic treatment. Now if any mode of medical relief can be devised which shall diminish, however slightly, this rate of mortality, it deserves to be substituted for the older methods. The amount of general sickness greatly exceeds the amount of mortality; whatever treatment diminishes, however little, the number of deaths, will diminish very much the quantity of sickness.

Homœopathy is a mode of treatment capable of being universally adopted, and should it be found on trial only to equal in efficiency former methods, for the reasons given under the last head, it is much to be preferred. Should such a trial prove it to possess superior efficacy, how greatly is that preference enhanced!

These comparative results are obtainable in two ways: by public hospital reports, and by individual trials in private practice. Through the industry of Dr. Routh, we have been furnished with a considerable collection of European hospital returns, and how much these tell in favour of Homœopathy may be seen in Essay III. The results of an individual trial in private, as made by myself, are given in Essays IV and IX. This trial also testifies to the great superiority of the new

treatment. If my readers will give these results their thoughtful contemplation, my belief is that the conclusion that the new treatment is followed by greatly increased success will be irresistibly forced upon their minds.

I grant that it is difficult to produce a conviction of this increased efficacy and success of Homœopathy. But this difficulty arises, not from the increased efficacy and success being slight, or such as can be readily denied, but from the ingenuity exercised by opposing parties to evade the force of the evidence in support of it, by suggesting other modes of accounting for and explaining it. Many reject this evidence because they reason about it and conclude it improbable; forgetting that experience will often teach us what reason cannot. Others neglect it because they will not take the trouble, or think they have not the time to examine it. Others again require an amount of demonstration which the subject does not admit of. For myself I have as much certainty upon this point as Locke expresses in the following sentences—

“Though it be highly probable that millions of men do now exist, yet whilst I am alone writing this, I have not that certainty of it, which we strictly call knowledge; though *the great likelihood* of it puts me past doubt, and it is reasonable for me to do several things upon the confidence that there are men, (and men also of my acquaintance, with whom I have to do,) now in the world. Whereby we may observe how foolish and vain a thing it is for a man of narrow knowledge, who having reason given him to judge of the different evidence and probability of things, and to be swayed accordingly; *how vain*, I say, it is *to expect demonstration* and certainty *in things not capable of it*, and refuse assent to very rational propositions, and act contrary to very plain and clear truths, because they cannot be made out so evident as to surmount even the least (I will not say reason, but,) pretence of doubting. He that in the ordinary affairs of life would admit of nothing but direct plain demonstration, would be sure of nothing in this world *but of perishing quickly*.”¹

Were the method more disagreeable and painful than the old one, a reluctance to yield to the evidence in its favour, at

¹ Locke's ‘Essay on the Human Understanding,’ chap xi, §§ 9, 10.

least on the part of patients, would not be surprising; and it would be reasonable to expect that any class of medical men endeavouring to persuade the public into its adoption would meet with great difficulty in doing so; but when the case is conspicuously the reverse of this, it seems unnatural and strange that its introduction should be so strenuously resisted.

Again, were the practice of Homœopathy one which the profession could not possibly adopt, and which transferred the treatment of disease to another class of persons, it would not be surprising to find that medical practitioners opposed its progress; but when the case is otherwise, it is deeply to be lamented that, through ignorance, they set themselves so strongly against the new method, and are unwilling to undertake even its patient investigation.

Nevertheless, I am fully persuaded that every fair trial of Homœopathy will confirm all previous trials, and lead to the same conclusion as to its superior efficacy and success; and therefore, I cannot but believe that it will be universally adopted, and that neither the fears of the public, nor the prejudices of the profession, however they may retard this consummation, can ultimately prevent it.

For that patients often die, suffer much from their ailments, and have long convalescences under the old treatment is known and acknowledged; that they less frequently die, suffer less, and have shorter convalescences under homœopathic treatment, (from the cases reported in Essays III, IV, and IX,) is obvious; that this is a great advantage is above suspicion and beyond dispute.

3. Deliverance from medicinal diseases, and other destructive consequences of former methods of treatment.

The pernicious effects of poisonous drugs, as administered in the usual manner, are of two kinds; some are immediate, others are more remote. The immediate mischief produced by some medicines is so visible that it must strike the eye of both physician and patient; indeed there are few persons who are not aware, from their own observation, that injurious consequences not unfrequently follow the taking of ordinary physic. This circumstance is so notorious that Molière asserts that

“Presque tous les hommes meurent de leurs remèdes, et non pas de leurs maladies.” Most people die of their remedies, and not of their diseases.

As an illustration of the mischievous effects of the ordinary practice, I will take the medicine which at present is most popular both in the profession and out of it, namely, *mercury*. This poison, in the form of *grey powder*, *blue pill*, *calomel*, or some other preparation, is given and taken every day by a multitude of people. The accumulated ill consequences of this formidable medication, whether supplied by a professional or a domestic hand, it would be quite impossible to detail; a few testimonies must suffice.

Samuel Cooper in his admirable ‘Surgical Dictionary,’ while describing the best modes of giving mercury, observes that when thus given it “occasionally attacks the bowels, and causes violent purging, even of blood. At other times it is suddenly determined to the mouth, and produces inflammation, ulceration, and an excessive flow of saliva.” “Mercury when it falls on the mouth produces, in many constitutions, violent inflammation which sometimes terminates in mortification.”¹ I have seen it cause, in a young lady who had taken blue pill for an attack of fever, the mortification and separation of the *greater part of the lower jaw*.

Mercury sometimes produces an eruption, called *Eczema Mercuriale*, for the treatment of which Dr. A. T. Thompson prescribes, and then adds, “under this treatment the disease, (produced by the mercury,) generally disappears, but sometimes the morbid symptoms increase under every mode of treatment, and a fatal termination of the disease ensues.”²

Death sometimes follows from what are considered very small doses. The following facts are from Professor Taylor:—

“Dr. Christison mentions a case in which two grains of calomel destroyed life by the severe salivation induced, as well as by ulceration of the throat. Another case was mentioned to me by a pupil, in 1839, in which five grains of calomel killed an adult by producing fatal salivation. In another instance, a little girl, aged five, took daily for three days three

¹ Cooper's ‘Surgical Dictionary,’ art. “Mercury.”

² Thompson's ‘Dispensatory,’ art. “Mercury.”

grains of mercury and chalk powder, (*grey powder*), her mouth was severely affected, mortification ensued, and she died in eight days. In another case, three grains of blue pill given twice a day for three days, making eighteen grains, were ordered for a girl aged nineteen, who complained of a slight pain in her abdomen. Severe salivation supervened, and she died in twelve days.”¹

These extracts show that the ill effects which sometimes follow immediately from an ordinary dose of mercurial medicine are extreme,—even to the taking away of life. It will be readily understood that every less degree of mischief must happen much more frequently.

The more remote consequences arising from the presence of a deleterious drug depend upon the absorption of the poison, and its retention in the body.

This fact of the absorption and retention of medicines in the body, and that for years, is not so well known as the evils last described, but it has been often proved. The following case proves it with respect to the drug I have taken for an example:—

“A gentleman rubbed five grains of corrosive sublimate (by mistake for white precipitate), made into an ointment, over the abdomen for a slight ailment. From this application he suffered very severely; cold water and flour were applied to assuage his torment. Next morning the pain was lessened, and shortly after a tingling sensation only remained. No further symptom followed. Seven days after, when trying to polish the ring on his hand with one of his fingers, he was astonished at discovering an appearance of mercury on the gold, and proceeding to burnish the metal all over, he readily covered the entire surface with a plating of quicksilver. The circumstance was made known to a medical gentleman, and the discs of three sovereigns were also mercurialised. The following morning the relator of the case saw the party, and by rubbing the handle of a gold eye-glass upon the inner surface of the arm a similar result was obtained. A portion of the milled edge of a sovereign was also thus so completely coated with mercury, that no glimpse of the gold could be

¹ Taylor's 'Medical Jurisprudence,' art. "Mercury."

seen through it. The mouth was strictly examined, but not the slightest salivation, enlargement, unusual redness, or looseness of the teeth, was discernible, or had for a moment been experienced; the health was as usual, personal appearance unaltered."¹

It is thus proved that the compound preparation of mercury which had been applied to the skin, had been absorbed; had subsequently been reduced to the metallic state; and had pervaded all parts of the body. This gentleman had not, when the account was given, suffered permanently from the presence of the metal in his system; but in other cases there has been much suffering for many years, and even for the remainder of life, from the presence of mercury.

Similar evidence might be adduced respecting other medicines in daily use, such as lead, arsenic, iodine, &c. That the ill effects which have followed the taking of them are really to be attributed to the remedies, and not to the progress of the disease for which they were given, admits of the most positive proof. Thus that medicinal diseases and destructive consequences follow the use of the ordinary doses cannot be doubted.²

Now let us inquire what are the effects of homœopathic doses? The objection ever on the lips of the opponents of Homœopathy is this,—there is *nothing* in the dose, there are no effects; then if *no* effects follow, it is plain no *evil* effects follow;—*ex nihilo nihil fit*.

But that effects of a beneficial kind follow the administration of the homœopathic doses is proved by the successful results which have been detailed in former Essays; and also by the testimony of every medical man who has honestly and fairly tried them. The facts relative to the various effects of these doses are too numerous and interesting to permit me to give them now; they may, perhaps, furnish materials for a future work. I must be content at present with the remark, that did injurious effects follow the use of the small doses, either immediately or remotely, as they follow the use of the

¹ 'London Medical and Physical Journal,' vol. lxxv, p. 463.

² The records of Hydropathic establishments afford curious confirmation of these facts.

large ones, the opponents of Homœopathy would not omit to make the most of such a fact against it.

That patients are often immediately greatly injured by the large doses of medicines ordinarily given, and also often suffer long from the contamination of their constitutions with such poisonous drugs, is known and acknowledged; that they do not thus suffer from infinitesimal doses, from the objection just quoted from opponents, is obvious; that this is a great advantage must be above suspicion and beyond dispute.

Such I believe to be a faithful and unexaggerated picture of the advantages of Homœopathy over every other form of medical treatment; and I lay it upon the conscience of every individual among my readers, who believes this with me, to extend the knowledge of it, according to his ability, until these benefits are shared in by the whole world.

Some years have elapsed since the above Essay was written. The interval has been occupied by an anxious observation of facts, as exhibited in daily practice. Circumstances have brought before my notice a great variety of the worst chronic diseases, as well as a considerable number of cases of the most acute; in none of either of them have I had recourse to any treatment but that which the principle of Homœopathy has suggested, and the medicines have been given in the small doses. I have not availed myself of "hydropathic appliances," or of any auxiliary resources which could, in any fairness, be supposed to be the active remedial measures. I have required no strictness in diet beyond what the nature of the case seemed reasonably to demand, having been less careful upon that subject than I was formerly with the usual treatment; I have not laboured to obtain successful results through impressions on the imagination by precise particularities, nor through medical faith by confident assurances. On the contrary, I have carefully abstained from all these agencies and influences,

and have often said that unless homœopathic remedies can stand alone, and do good work by themselves, they are not worth the labour of using them, or the trouble of contending for them.

The results of this enlarged experience not only enable me to confirm what I have said in this Essay, on the advantages of Homœopathy to the physician, and on those to the patient, but they demand of me that I should bring into more prominent notice an advantage which may be considered as belonging to both physician and patient, namely, that homœopathic remedies not unfrequently cure cases which have been despaired of, or, at least, which have not been cured by well-informed and skilful practitioners prescribing after the usual method.

Were it not that I fear the remark—"L'auteur se tue à allonger ce que le lecteur se tue à abrégé," I could give the details of many cases of this kind. I must content myself, at present, by alluding to a few.

CASES.

DIABETES MELLITUS.

In Essay IX, I have described a very dangerous case of diabetes mellitus, which had been treated two years by an allopathic physician. When this patient came under my care, more than *a pound of solid sugar* was being manufactured by the kidneys *every twenty-four hours*. Her son was on the point of sailing for Australia, his passage money was to be paid that day in London; I told him his mother was, almost certainly, going to die; he gave up his intended voyage, and by the help of the telegraph just saved his passage money. According to the opinion of my old medical friends, I did nothing for this patient; I did *not* prescribe an exclusively animal diet, and gave her only such small doses of medicine as are supposed to be incapable of acting; in a few months, however, she was very nearly rid of all ailment; afterwards a relapse took place; a recurrence to the same doses removed this, and she has now kept well six years.

It will be pretended that this was an accidental natural cure ; I have had another case, almost precisely similar, but, if possible, at first in a more hopeless condition. The Rev. T. C—, in an adjoining county, who consulted me on June 16th, 1854. The quantity of sugar was quite equal to that of Mrs. W—, and the debility and distress were much greater, the suffering from thirst was almost intolerable. I held out scarcely a hope that he could live. Nevertheless, I tried the small doses again, for several months, and to my great surprise and gratification he recovered ; he still lives, and has resumed his usual duty. *Was this also a "coincidence?"* It is to be remembered that this is a disease which terminates almost invariably in death. Some French writers call it "*phthisurie sucrée*," partly because disease of the lungs often accompanies it, and partly because of its fatal termination. It is a disease on which the profession is remarkably unsettled as to its nature and treatment. "An infinity of hypotheses," says Mason Good, "have been offered" as to the nature of the disease, "and without keeping the grounds of these distinct opinions in view, nothing can be more discordant or chaotic than the remedial processes proposed by different individuals. Tonics, cardiacs, astringents, and the fullest indulgence of the voracious appetite in meals of animal food, with a total prohibition of vegetable nutriment on the one side ; and emetics, diaphoretics, and venesections to deliquium, and again and again repeated, on the other : while opium in large doses takes a middle stand, as though equally offering a truce to the patient and the practitioner."¹

SCYBALA.

Mrs. — had suffered from a great variety of distressing symptoms, and had been under the care of several able practitioners for eight years, when she consulted me, about six years ago, not long after the commencement of my investigation of Homœopathy. I ascertained that one principal source of her distress was an immensely enlarged cæcum, containing a

¹ Mason Good's 'Study of Medicine,' vol. v, pp. 483, 499, 3d edit.

great collection of scybala. By perseverance with several homœopathic remedies, all in small doses, the accumulation was removed; the scybala were about the size of walnuts, some bigger, covered with a white, tenacious, unctuous matter, and very hard. Her painful symptoms disappeared, and she became very well and active. I suppose the cæcum in this patient is so large that it has lost the power of contraction, for since that period the collection has formed again several times, during the six years, but has always hitherto been removed by the same means.

CANCER.

It is so much the custom for advertisers of nostrums to pretend to be able to cure cancer, that I feel afraid to relate this case; but, as I have not yet shrunk from speaking the truth in the face of reproach and ridicule, I must overcome this fear, and give it as seen by my own eyes. I do not suppose that any known homœopathic remedies will cure every case of cancer, and most probably the remedies used in this case will fail in the next in which they are tried, because every case is more or less peculiar, and has to be dealt with individually. I give it in outline at present, intending to give it in detail hereafter.

Mrs. York, a poor woman living near Pailton, was brought to me by the Rev. Ellis Everett, early in 1855. Many years ago, she hurt the right breast with a piece of coal; five years ago, she discovered a small lump, about the size of a pea, and felt pain shooting like needles; has had six children, but none of them would nurse at that breast. The tumour increased; the nipple became retracted; and, a little before I saw it, ulceration had taken place, and the ulcer had bled occasionally. On examination, the tumour has a stony or scirrhus hardness; there is complete retraction of the nipple; and a foul-looking ulcer about the size of a sixpence. The pain is at times excruciating; she had passed the night, before I saw her, in walking about her room, not being able to lie down. She has been in the Leicester Infirmary, and was there told not to do anything with the disease; other medical men had told her

that it must get worse. In a few months she was so much relieved that she ceased coming to me for about half a year. In January, 1856, she came again, and resumed the remedies, having found the pain and discharge getting worse.—March 26th. She came thinking herself quite well; and again on the 7th of May. The ulcer is quite healed, and the tumour connected with it has disappeared; she has no pain whatever internally, and only an occasional soreness externally in the cicatrix. I could feel a small lump, about the size of a pea, in another part of the breast, but she was not aware of it, as it gave her no pain; the nipple of course remains retracted.

These are chronic diseases; I must crave my reader's indulgence while I describe briefly the following acute ones:—

INFLAMMATION OF THE BLADDER.

On the 1st of May, 1856, I was consulted about a little boy, four months old, who was suffering *intensely* from strangury, and other symptoms of inflammation of the bladder; the mother thought it could not live till the next day. The symptoms had been gradually coming on for three months. The medical attendant was giving spiritus ætheris nitrici and laudanum. I prescribed cantharides, in the small dose. Five doses were given at intervals of two hours; the baby had a good night, without passing any water; he cried for an hour in the morning, from seven till eight o'clock, passing only a few drops; at ten, a good deal was passed without pain; and no more difficulty or suffering arose, nor was any more medicine required, except a little sulphur for a disordered state of the bowels, which occurred some days afterwards. The child has continued until now (July) quite well.

I am sorry to find that Sir Benjamin Brodie injures himself by calling Homœopathy an imposture; I ask him which was the more scientific, the more rational treatment in this case? On the side of Sir Benjamin's method a remedy is given which acts on the kidneys, and increases the flow of water into the bladder, already so irritated with the natural quantity, as to cause agonies of pain, from its efforts to expel it; what sort

of sense is there in doing that? The kidneys are healthy, why should they be stimulated to increased secretion? The bladder is inflamed, and consequently irritated by the presence of the water; why should the quantity of that irritant be increased? As usual, nothing is prescribed which has any special action upon the diseased organ; for the opium cannot be said to have this; it acts upon the nervous system at large, and sometimes, in that manner, allays pain, but it cannot cure inflammation of the bladder. The principle of Homœopathy, on the other hand, directed me to select a medicine which acts upon the organ affected. Every one knows that cantharides acts upon the bladder, and often produces strangury, and sometimes inflammation of that organ. A minute quantity was sufficient to cure; fewer doses even than were actually taken would have done better; the hour's pain might probably have been avoided, if only two or three doses, instead of five, had been given. I have observed, in Essay I, that Dr. Greenfield was committed to Newgate in 1694, on the warrant of the President of the Royal College of Physicians in London, for prescribing cantharides in a similar case. I dare say Dr. Paris would like to commit me to the same safe keeping.

CONGESTION OF THE BRAIN.

On the 1st of November, 1855, I was summoned by telegraph to visit the child of a clergyman; he had been ill ten days, and had been attended by a physician and surgeon, who gave a very unfavorable prognosis; in fact, they despaired of the child's life. He was completely comatose, and had the symptoms of gastric or typhus fever. In my opinion, the primary mischief was in the brain; I thought the gastric symptoms had been produced by the calomel and other remedies which had been administered. I gave him rhus and belladonna, and, as it was a great distance from my residence, the surgeon obligingly volunteered to watch the case for me, so that I might have a daily report. These reports were exceedingly interesting, causing at the same time a great deal of anxiety; the gastric symptoms soon disappeared, but the

coma continued many days ; at one time it was accompanied with violent screams, which were removed by stramonium. Other remedies given were hellebore and hyoscyamus. The medical attendant was most urgent every day in pressing his belief that the child must die, if something more were not done. However, the remedies were persevered in, and at the end of the month I saw the little boy, free from disease, dressed, and seated on his mamma's knee ; not indeed able to stand, and very thin ; but his mind quite clear, and conversation good. In a few weeks more, he was strong and stout.

ASTHMA.

Miss H—. August 19th, 1855. For the last three years has been subject to most severe attacks of asthma. The fit of difficult breathing comes on at one, or at three o'clock in the morning, with a tightness in the chest, and a hacking cough ; it is then impossible to lie down ; she sits up in a chair ; the cough convulses the whole body, which has to be held and rubbed. Her parents thought she would have died each night during the last week ; she had not been in bed for many nights. She is emaciated and weak to the last degree ; and suffers also from distracting headaches. A great variety of remedial measures have been tried without success. The medicines I used were ipecacuanha, sambucus, and arsenicum. On my visit, on the 24th of September, the patient herself met me at the door ; she had then recovered, and I believe has continued well. The ipecacuanha subdued the fit, the sambucus removed the cough, and the arsenicum restored the appetite and strength.

Sir Benjamin Brodie formerly entertained respect for me, for he proposed and obtained my election as a Fellow of the Medical and Chirurgical Society, at the time he was president of that excellent society. I have done nothing since to forfeit that respect, except, in the most honest, the most searching, the most distrustful manner, going through this investigation of a new method of treatment, at the request of a medical friend, and at the bidding of my conscience ; it has been no

pecuniary or other speculation with me ; it has been the performance of a duty. I believe he calls Homœopathy an imposture ; I respectfully ask him to retract that expression, lest he should hereafter suffer in his well-earned reputation, for having unjustly condemned what he did not understand.

ESSAY XII.

THE COMMON SENSE OF HOMCEOPATHY.

“ For myself, I here publicly profess, that I will, to the end of my days, acknowledge it as the greatest obligation that any person can confer upon me, if, in the spirit of meekness, he will point out to me any error, or enthusiastical delusion into which I have fallen, and by sufficient arguments convince me of it.”—THOMAS SCOTT.

ESSAY XII.

THE COMMON SENSE OF HOMŒOPATHY.

“The God of truth, and all who know me, will bear testimony that, from my whole soul, I despise deceit, as I do all silly claims to superior wisdom and infallibility, which so many writers, by a thousand artifices, endeavour to make their readers imagine they possess.”—LAVATER.

ON coming down to breakfast one morning, soon after the commencement of my experimental investigation of Homœopathy, one of my little daughters, a child about seven years old, complained of feeling sick, and lay herself down upon the sofa. I gave her some globules of *ipêcacuanha*. We sat down to breakfast, leaving her chair empty. Before the repast was over the child appeared on her seat, and her mamma handed her some breakfast without remark. She ate with evident enjoyment, and having finished, she said, “I feel quite well.” Her mamma asked her what she thought had done her good. Her reply was this, “If I thought that such medicine *could* do me good, I should think it was the medicine, but I suppose it was the breakfast,” having forgotten that before she had taken the medicine she was not able to take the breakfast.

Here we have the grand impediment to the reception of Homœopathy. It is in vain to explain clearly what the statement professes to be, or to contend earnestly that the facts stated are true, so long as there is a previous obstacle to be removed, namely, a persuasion that the statement asserts what is impossible.

In this question of impossibility, the principle of Homœopathy—"likes are to be treated with likes," a remedy is to be given, which, as a poison, produces similar symptoms—is not included. It may be thought improbable, but it cannot be set down as absurd. Neither is the small dose, within certain limits, exposed to the same charge. That the tenth, or the hundredth, or even the thousandth part of a grain can act in disease as a sufficient remedy, may, like the principle, be thought improbable, but can hardly be thought absurd or impossible. The doses which follow—the millionth and the billionth of a grain, or, as they are called, the third and the sixth dilutions—are separated from these by a gulph, to bridge over which is the real difficulty. So far from being anxious to conceal this, I wish to state it in all its force, and to meet it with all fairness, face to face.

The objection is founded upon the supposition that the means are inadequate to produce the result. The infinitesimal dose is pronounced to be a non-entity—it *cannot* remove disease. Hence homœopathic cures are judged impossible.

Every effect must have a cause sufficient to produce it. This is universally admitted. When we expect to cure disease by doses of medicine so small as to be inappreciable, we are accused of looking for an effect without a cause, and to do this would be opposed to right reason and common sense. "The patient is certainly better, but it is contrary to common sense to suppose that the small dose can have done him good."

My purpose in the present Essay is to endeavour to remove this great obstacle to the adoption of Homœopathy.

Now, it appears to me that the objection thus raised is deprived of all force by the following considerations:—

The objection is merely an assertion. It is couched in

various terms, such as, the dose is a non-entity, and can do nothing—*ex nihilo nihil fit*—the cause is inadequate to the effect; the thing is contrary to common sense.

It will be observed that these statements *prove nothing*; they are only an assertion, or expression of the opinion of those who make them. That this assertion is groundless, devoid of proof, and worthless, appears from this:—

It is made in ignorance. What do those who make it know of the matter? Nothing. Where are their experimental investigations? Nowhere. What time and pains have they bestowed upon the inquiry? None at all. They do not even profess to have studied the subject; they would not condescend to study it; they have too much sense. Would you have them study quackery, and listen to “humbug?” Alas! we are all far too ignorant of the operation of natural causes, and the production of natural effects, to be justified in using such language as this. How often are we compelled to exclaim—

“*Causa latet, res est notissima.*”

The cause is hidden, the effect most plain.

And the reason of our ignorance is this, *we know nothing of nature except what our bodily senses teach us.* We have no innate knowledge of the works of God. We enter upon life without ideas concerning the external world. Our minds are a blank as it respects everything in the material creation around us. But we are endowed with bodily senses capable of receiving impressions from external objects, and with mental faculties capable of acknowledging the impressions thus produced.

The impressions made upon the bodily senses by surrounding substances become ideas in the mind, which it perceives, remembers, and reasons upon, comparing one with another, and observing resemblances and differences; especially the mind is engaged in remarking the influences which natural substances exert upon each other, and in tracing the connection of these influences as cause and effect, and thus the bodies and their actions, which together make up the natural

world, gradually furnish the mind with a large variety of thoughts.

Seeing, then, that it is through the bodily senses of sight, hearing, smelling, tasting and touching, that the mind obtains a knowledge of matter and its motions, and that we have no other means of adding to this knowledge, it must follow that *we know nothing beyond the mere surface of things*—of the internal actions of bodies upon each other we are wholly ignorant; hence we are not in a condition to form a correct opinion, much less to pronounce a true judgment upon any substance or operation in nature concerning which our bodily senses have, as yet, taught us nothing.

The truth of these propositions is evident upon reflection. In what department of nature do we know anything beyond what our senses teach us? What should we know about the moon if we had never seen it? What do those know of music who are born deaf? or those of colours who are born blind? We have an instructive lesson, which sets this matter in its true light, in the answer of the blind man who was asked this question, "What is *scarlet* like?" "It is like *the sound of a trumpet*," was the ready reply. The association in the mind of an Englishman of the soldier's scarlet coat with military music is obvious enough, but the inability to conceive *rightly* (for a *wrong* conception was quickly formed), without the aid of the bodily sense, is not less obvious. We have no innate knowledge of the objects and operations of the natural or material world.

Again, the ideas of nature which exist in men's minds have come to them through their bodily senses. We all think and reason about objects we have seen, sounds we have heard, odours we have smelled, food we have tasted, and bodies we have touched. Our bodily senses receive impressions which our mental faculties acknowledge.

Thus we gain our knowledge of nature from our senses, and from no other source; for, though there is in men's minds an undefined notion that the powers of reason, or the mental sense, can discover things hidden from the bodily senses, and so can gather opinions and form judgments concerning natural substances without being dependent upon or indebted to the eye or the ear, this notion is an error. The workings of the

mind may indeed produce guesses or imaginings respecting external things, but how can they perceive the reality? Such speculations cannot be more than dreams; such labours but the weaving of a fanciful garment wherewith to cover our ignorance. "For the wit and mind of man, if it work upon matter, which is the contemplation of the creatures of God, worketh according to the stuff, *and is limited thereby*; but if it work upon itself, as the spider worketh his web, then it is endless, and brings forth cobwebs of learning, admirable for the fineness of the thread and work, but of no substance or profit."¹

These propositions being true, the conclusion I have drawn from them is true also. We have no original knowledge of nature; the knowledge we acquire is obtained through our bodily senses; we have no other means of adding to this knowledge; it must follow that we cannot know anything beyond what our bodily senses teach us; that we are not in a condition to form correct opinions or true judgments concerning any substance which may exist, or any event which may happen, any cause or any effect of which we have not been informed by our external or bodily senses. Hence we are not justified in pronouncing any *uninvestigated* phenomena impossible, or any *unobserved* facts contrary to common sense.

The assertion, therefore, that the action of the small dose is contrary to common sense, is nothing more than the cry of ignorance, and, as such, is unworthy of attention.

Similar assertions have often been made in similar ignorance. It is no new thing for novel truth to be met by the same ignorant cry, "It is contrary to common sense!" Take, for example, the following account given by Professor Baden Powell, of the invention of the telescope, and the discovery of the moons of the planet Jupiter:—"Galileo having sufficiently improved upon his instrument, now began assiduously to direct it to the heavens. . . . Jupiter formed the next object of examination, and no sooner was the telescope pointed to that planet than the existence of the satellites was detected, and their nature soon ascertained. (February, 1610.) These and other observations were described by Galileo in a tract,

¹ Lord Bacon.

entitled 'Nuncius Siderius,' which excited an extraordinary sensation the moment it appeared. *Many positively denied the possibility of such discoveries*; others hesitated; all were struck with astonishment. Kepler describes, in a letter to Galileo, the impression made on him by the announcement. *He considered it totally incredible*; nevertheless, his respect for the authority of Galileo was so great that it set his brain afloat on an ocean of conjectures to discover how such a result could be rendered compatible with the order of the celestial orbits *as determined by the five regular solids*. Sizzi argued seriously with Galileo that *the appearance must be fallacious, since it would invalidate the perfection of the number 7*, which applies to the planets, as well as throughout all things natural and divine. Moreover, *these satellites are invisible to the naked eye; therefore they can exercise no influence on the earth; therefore they are useless; therefore they do not exist*.

"Others took a more decided, but still less rational mode of meeting the difficulty. The principal professor of philosophy at Padua (in which university Galileo himself was also a professor) *pertinaciously refused to look through the telescope*. Another pointedly observed that we are not to suppose that Jupiter had four satellites given him for the purpose of immortalising the Medici, (Galileo having called them the Medicean stars). A German, named Horky, suggested that the telescope, though accurate for terrestrial objects, was not true for the sky. He published a treatise, discussing the four new planets, as they were called; what they are? why they are? and what they are like? concluding *with attributing their alleged existence to Galileo's thirst of gold*."¹

I might give many other examples of the same melancholy kind, but the description of this one instance by Professor Powell is so graphic, and touches upon so many points in which the opponents of astronomical discovery resemble the opponents of Homœopathy, that further illustration is needless. In each successive age the discovery of new truth has had a similar reception,—it is always declared to be impossible, incredible, and contrary to common sense.

That the small dose should be thus treated is, therefore,

¹ Baden Powell's 'History of Natural Philosophy.'

only just what might be looked for. The announcement of its efficacy is startling, but not more so than that made by Galileo—"the succession of day and night is occasioned by the rotation of the earth, and not by that of the sun and stars,"—an announcement for making which it will be ever remembered that he was imprisoned in the Inquisition.

How much does the statement—that the earth moves—seem to contradict the common sense and common observation of all men! It is true, notwithstanding, as is proved by careful inquiry; and so is the action of the small dose, as is demonstrated by similar careful observation. "The works of the Creator, in every department of observation and science, present not only mysteries, but a world of wonders; yet the *reality* of these wonderful things, mysterious as they may be, is not, cannot be denied."¹

It is an assertion made in indolence. I say this because of the facility with which the matter in question may be tested, and ignorance respecting it be removed.

Every medical man, engaged in actual practice, has opportunities of putting both the principle and the dose of Homœopathy upon trial every day. Let any practitioner resolve, as I and others have done, to look at the question with his own eyes, and he can immediately do so. Let him begin with those drugs with whose poisonous action he is already well acquainted, and in fairness, till he has more skill, give them in the lower dilutions (the first and second), and afterwards, when he has become more familiar with their use, in the higher or infinitesimal ones.

Such indolence as leads a man to pronounce an off-hand sentence of condemnation against any statement largely affecting the interests of the human family, because it is novel and startling, admits of no apology, when it is in his power, to put the statement to a practical test. "We are to strive," says William Harvey, "after *personal* experience, not to rely on the experience of others, without which indeed no one can properly become a student of any branch of natural science."

It is an assertion made in folly. I should have shrunk

¹ Scoresby's 'Zoistic Magnetism.'

from using such a strong expression as this, had not the wise man said "he that answereth a matter before he heareth it, it is folly and shame unto him."

When a medical man tells his patient that Homœopathy is "humbug," let it be said to him, "As you express yourself so decidedly, of course you have studied the subject experimentally; may I ask you how many months you spent in the practical investigation?" A child in such a situation would have red cheeks; whether an adult would feel ashamed or not I cannot tell; I think he would look somewhat awkward and foolish.

When a non-professional person gives utterance to similar language, let him be told that it is unwise to condemn without knowledge; that when he comes to suffer from disease, and to experience the happy results of the new treatment in his own person, his opinion will be altered.

Such a change has just been expressed to me in the following note:—

"Thanks to you, I am now enabled to look forward to spending a happy holiday, and, under God's blessing, many a happy and useful year, in the enjoyment of a degree of health both for my wife and for myself, which, a few months ago, I should scarcely have believed possible. And for us, and our child, if disease itself has not lost its terrors, at least we can look without dread and misgiving on the remedies for meeting it."

It is an assertion made in enmity. The question is not viewed simply with reference to its truth or falsehood. It is an "obnoxious" subject, looked upon with repugnance and contempt. There is no desire to investigate it, but on the contrary a strong determination to banish it, to crush it, to do anything to get rid of it.

And yet it is the medicine of mercy; it proposes to emancipate the suffering invalid from every disagreeable, harsh, and cruel proceeding, to which he has been so long exposed; it professes to be able to cure more quickly, safely, and pleasantly than is possible by any other means;—it promises to the physician himself the satisfaction of a scientific method, in place of vague experiments.

But it is an "obnoxious system," "false and bad," and as such it is hated and opposed, and that to such a degree as to prevent the majority of medical men from testing it experimentally, even with the view of proving the errors they so vehemently assert it to contain.

And what shall be allowed to be the weight of an assertion made so ignorantly, so indolently, so foolishly, and with such hostile feeling? Is it of force to dissipate the convictions produced in the mind by an honest trial of the new method, and a careful observation of the actual results? Can they be relinquished at such a bidding? That would indeed be opposed to reason and "contrary to common sense." Did I not speak truly when I said, this assertion is groundless, devoid of proof, and worthless? Entertaining enough in the mouth of a child, but unbecoming in persons who have attained to years of discretion.

On the contrary ;—

That Homœopathy is true—and I now include in that word the principle, the moderately small dose, and also the infinitesimal dose—is substantiated by the evidence which I have brought forward in these Essays, and which I will briefly epitomise.

It is a statement made by competent witnesses. I have observed (in Essay IV,) that the best evidence which the nature of the case admits ought to be required, and when obtained it has a claim to be received. Hence the method of inquiry must be adapted to the nature of the truth we are in search of.

Now, the true action of remedies is learned partly by experiments upon the healthy, and partly by observation at the bedside of the sick ; therefore, in the matter we are at present discussing, the *physician* can be the only competent witness. The question arises, What is the kind of *medical* evidence which can be produced, and how far does it establish a credible testimony? For, "the strength and validity of every

testimony must bear proportion with the *authority* of the testifier ; and the authority of the testifier is founded upon his *ability* and *integrity* ; his ability in the *knowledge* of that which he delivereth and asserteth ; his integrity in delivering and asserting *according* to his knowledge." ¹

The medical evidence in support of the truth of Homœopathy is such that it is impossible to withhold assent to this testimony, if the number, the ability, and the integrity of the witnesses are permitted to have the consideration they deserve.

It is due to Hahnemann, the propounder of the system, to mention him first and alone, and to remember that he occupied a place in the best-qualified circle of his profession, and was acknowledged by many of his colleagues, as one of the accomplished physicians of his age.

Then, as regards the *number* of the witnesses. The medical men who have avowedly embraced Homœopathy are now to be met with in every civilised country throughout the world. In many of these countries it is true they form, as yet, only a small minority, but the aggregate number must constitute a considerable body. In this country there are at present more than two hundred. In the United States of America there are already two Homœopathic Universities, and upwards of three thousand legally qualified Homœopathic practitioners.

And as regards *ability*, it will be sufficient to observe that, for the most part, they are converts from the ranks of regularly educated physicians and surgeons. They had been engaged, for a longer or shorter period, in the practice of their profession according to the usual methods, and it may be fairly presumed that they possess at least an average amount of professional skill and experience. In support of this opinion it may be remarked that among them there are nearly thirty professors in various European Universities ; nearly fifty Medical and Court Councillors, and at least twenty Court Physicians. These last are attached to members of the courts of Austria, Prussia, Russia, Spain, Naples, Belgium, Hanover, and the smaller German States.

And lastly, as regards *integrity*. Perhaps the best mode of testing this is to inquire into the reasons which have led

¹ Pearson.

individuals to study and embrace the new method. Now, some of these have been induced to investigate the subject, because patients whom they had failed to benefit by the best resources of allopathy, had been afterwards cured by Homœopathy. Among these is Dr. Chapman. He says, "It happened that, during my absence from Liverpool, some of my patients had been induced to try the Homœopathic treatment. Some of the cures could be explained away, but several of them could only be honestly accounted for by admitting the full efficacy of the treatment that had been pursued. It will be sufficient to mention one of these. A gentleman had been subject to hæmorrhoids for some years, and the loss of blood was sometimes fearful. His bowels were habitually and obstinately constipated, and any medicine but the most gentle laxatives brought on the hæmorrhoidal flux. Astringents were of no use during the discharge: they produced mischief when taken internally. He had been under the care of several eminent men in London, and had tried many medical men in Liverpool. His condition was made rather worse than better by the efforts of all and each of us to relieve him. His life was a misery. Two or three months after he had been under Homœopathic treatment, I met him one day in the street, and was astonished at the alteration in his appearance. From being emaciated, he had grown stout, and was altogether in excellent condition. I asked him what he had been doing, and thereupon he told me of his having swooned away in London from the loss of blood; that a Homœopathic physician had attended him; that he had suffered no loss of blood since; that his bowels were regular, and that he no longer suffered any inconvenience from the trying, and, in his case, dangerous complaint he had suffered from a dozen years or more. This and several other concurrent cases of my own patients, successfully treated by this method at the same time, induced me to lay aside my prejudice against the apparent absurdity of the doses, *so far as to test by actual experiment* their efficacy and value. I was immediately convinced the doses were efficacious, and conviction of the truth of the doctrine followed." Many "urged their eager remonstrances, but my duty was plain so soon as I became convinced; and it was *the sincerity of my conviction which gave me the courage to persevere.*"

Others have been persuaded to examine the new system by the representation of medical friends who had previously become converts, and whom they respected as honest and conscientious men. Of this number I am one; having been urged to undertake the investigation, I have described in these Essays, by my friend Dr. Ramsbotham. I was told that I had had ample experience of the usual methods, which would enable me to compare the new one with them; that, having retired from the laborious part of my professional duties, I had leisure and opportunity; and, in short, that it was my duty. I hesitated at first, but it had been laid on my conscience, and after some consideration, I determined to take two years and to give it a full investigation. I had no other wish than to discover the truth.

Others again have engaged in the laborious task expressly for the purpose of proving Homœopathy to be a fallacy. Dr. H. V. Malan is one of these. He has favoured me with the following account:—

“After having lived for some years in the house of a homœopathic physician in Germany, and seen his practice, and heard him speak and teach, I went to Paris in 1840, and located myself very near Hahnemann’s residence; I called on him almost the next morning, and told him at once that I had come to him with the desire and intention to study and know thoroughly Homœopathy, in order to write, if possible, the best book against it. He received me and listened to me most kindly, and immediately put me in the way of best studying, but he added, with his usual benevolent smile, ‘You never will write your book.’ Most generously he directed my studies for more than a whole year, and I need not add his word was true—I never wrote the book.”

The number, the skill, and the integrity of the medical witnesses to the truth of Homœopathy are amply sufficient to make the statement credible.

The two arguments in Professor Simpson’s book against Homœopathy are the dishonesty of the men who have adopted the new treatment, and the fallacy of their observations. The first argument I shall not condescend to notice. If Dr. Simpson thinks proper to take upon himself the responsibility of questioning my sincerity, or of asserting that I have treated

my patients "fraudulently," I am content to wait till we both appear before another, and at our time of life, no very distant tribunal. The second argument is so often advanced by medical men that it claims more attention. It is thus stated—

"The mere successful natural termination of a case, or of a series of cases, is no sufficient criterion of the successful medical treatment of them; or, in other words, of the reality of their cure. Every quack medicine, from the universal panacea of the old elixir of life, or Berkeley's tar-water, or Perkin's tractors,—down to Solomon's Balm of Gilead, or Mr. Lee's brandy-and-salt,—or Parr's, or Morison's, or Holloway's pills; and every quack system of medicine, from the doctrine of charms and signatures, down to the modern thirst-cure, hunger-cure, and grape-cure of the Germans, or the prevailing system of chronothermalism, coffinism, kinesipathy, hydropathy, isopathy, &c., &c.,—has, as every one knows, its hundreds or thousands of supposed cures or coincidences to boast of. Of the propounders and patrons of these diversified universal cures, and systems of cures, one and all, confidently appeal to the results of so-called *experience* in proof of the special efficacy and success of their own special and exclusive system of treatment; and it would be strange indeed, and a very unusual exception to a very general law, if Homœopathy had not also its numerous alleged cures, and its results of *experience* also to adduce and boast of."¹

Without noticing the sneering manner in which this argument is expressed, it may be remarked in reply—

First. The argument of *experience* is in itself a good argument. Upon what else does Dr. Simpson rest the claims of chloroform? Is it not simply on experience? Upon what is all legitimate medical treatment founded? Is it not on experience? It is true that, ever since the days of Hippocrates, experience has been acknowledged to be deceitful, and a true judgment of what it testifies, difficult, but, in the absence of any better test, it is our duty to appeal to it. What else can be done in an affair in which we have no other guide?

Secondly. It is clear that the value of any appeal to experience depends upon the qualifications and capability of judg-

¹ Simpson's 'Homœopathy,' pp. 78, 79.

ing possessed by the persons by whom the appeal is made. Every unprejudiced person will see the necessity for this distinction. A landsman's opinion or testimony on a nautical affair will scarcely be relied upon; and for the same reason a tradesman's evidence on medical treatment cannot have much weight with it. Now the recommenders of the various remedies and modes of treatment referred to by Dr. Simpson were, with scarcely any exceptions, unprofessional persons;—a powerful advocate of one of them was a respectable shoemaker, whose opinion on the merits of a pair of shoes I should have been willing to take, but I am not therefore obliged to receive with equal respect his testimony upon a medical question, about which his information must necessarily be limited. The witnesses in favour of Homœopathy are *medical* witnesses. All remedies must depend, for their credit, equally on experience, and the only reason why we adopt one with confidence, and view another with distrust, is the difference in the character of the witnesses for each,—their competence, or their incompetence.

Thirdly. If to reason thus,—a bishop has over-estimated a valuable remedy, other *non-medical* persons, as a money speculation, advertise the cures performed by their nostrums, *therefore* the experience of *physicians*, who are testing Homœopathic remedies daily in their practice, is false and of no value;—if this be good logic and sound reasoning, then chloroform, and every other remedy which medical men can possibly use are equally condemned by the same argument. This consideration shows the folly of the argument.

Fourthly. When Dr. Simpson sneers at Parr's and Morison's pills, &c., why does he not add to the catalogue of quack remedies, Plummer's pills, Griffith's mixture, Dover's powder, Ward's paste, James's powder, &c., &c.? Because all these "quack" medicines have been adopted by legitimate physicians, and are to be found in the Pharmacopœias of the Royal Colleges! Let Dr. Simpson wait a little, and he will see Homœopathy recognised in a similar manner.

It is a statement made upon sufficient evidence. If the witnesses are competent, so is their evidence complete. What does it amount to? It amounts to this, that, being medical

practitioners, regularly educated and duly qualified, and having had more or less experience—this experience in some cases equalling that of any of their professional colleagues—they have tried the new practice experimentally, with every precaution in their power to avoid mistake; they have, in this practical manner, been persuaded of its actual and positive superiority over their former methods, and they have had the honesty and the courage to avow their conviction of its truth and value. It amounts to this, that cases of every description have been published by hundreds, with all the accuracy and precision of diagnosis and treatment with which the profession is familiar, and which, in accordance with the progress of modern science, it demands;—cases of the most acute and dangerous character; cases of the most familiar and well-known diseases; cases of the most obstinate and refractory chronic ailments; cases of diseases in children, in adults, in old age; cases in public hospitals, and in private practice; cases in courts and in cottages; cases from among the most intelligent and the most illiterate, and all affording evidence of superior success to that which has yet been presented in the similar reports of any other kind of treatment. It amounts to this, that if the evidence upon which the truth of Homœopathy now rests, be not sufficient to establish it, then nothing can be established as true upon any evidence whatever; and without faith in human testimony, how are we to proceed in the ordinary affairs of life? “There is no science taught without original belief, there are no letters learned without preceding faith. There is no justice executed, no commerce maintained, no business prosecuted, without this; all secular affairs are transacted, all great achievements are attempted, all hopes, desires, and inclinations are preserved by this human faith, grounded upon the testimony of man.”¹

The question is a question of evidence; the evidence is sufficient; reason and common sense demand our assent.

And why not? Similar statements have been received upon similar evidence. The ground on which I advocate the reception of Homœopathy is that which is the basis of all experimental philosophy; it is on the plea of observation—on

¹ Pearson.

the testimony of our senses. Every department of science contains numerous instances in which the most unexpected and important results arise out of apparently insignificant and inadequate causes. I can give only a few examples.

In *Magnetism* : take a poker, or bar of iron, not previously magnetic, hold it in a position parallel with the earth's axis, and strike the upper or northern extremity a rather smart blow with a hammer,—the poker or bar will have become a magnet; it will now attract particles of iron, and it will attract and repel the poles of other magnets. Now hold it horizontally, and strike the opposite or southern end a similar blow, and it will cease to be a magnet,—it will no longer attract iron, nor attract and repel other magnets. What striking effects from such a simple action !

In *Chemistry* : every experiment is an illustration. It is impossible to anticipate the results of a single case in which elements combine, or in which compounds are decomposed. The effects are always startling. It is this which gives to lectures on chemistry their exciting interest. You place a piece of metal (potassium) upon a lump of ice,—it bursts into flame, and produces a solution of potash ! You apply an electric spark to a mixture of oxygen and hydrogen gases, you have, on the instant, an explosion like that of a magazine of gunpowder, and a drop of water results ! You mix colourless liquid ingredients and obtain, in a succession of instances, solids having all the colours of the rainbow !

In *Mechanics* : as an example on a small scale, take some biniiodide of mercury, spread it upon a sheet of paper, and hold it over a lamp,—in a moment or two, the brilliant red, equal to vermilion, becomes a fine yellow, and remains so, even after it has been allowed to cool;—take a knife or spatula, and pass it over the yellow powder with a little pressure and friction, and the beautiful vermilion is instantly restored. In these metamorphoses there is no chemical change, but simply a difference in the mechanical arrangement of the particles of the compound of mercury and iodine.

As an example on a larger scale, look at a railway train, and marvel how a smooth iron wheel passing over a smooth iron bar can, by what is called the resistance of friction, drag after it a weight of many tons in carriages and luggage.

In *Botany*, the grafting of fruit trees may be adduced as an example. What a childish proceeding it would appear when first attempted, and how unlikely to be productive of important results! And yet the evidence of facts has overcome the apparent absurdity, and the practice is universally adopted.

Moreover, the ground upon which I rest the claims of Homœopathy is the ground upon which all the common affairs of life necessarily rest. Whatever may have been the previous notion of probability, it is the actual fact which determines the point. Just now all are noticing the sudden changes in the weather. We go to bed under the canopy of heaven glittering with stars, and there is a hard frost; we expect the roads will be dry and clean in the morning, and the boys think of their skates. We get up and find only clouds, rain, and dirt. And so of everything. "That will probably happen which to all human calculation seems the most *unlikely*."

Hahnemann, in his 'Organon,' keeps in the background the practical fact, and labours to establish a speculative explanation of it. His followers do not agree in adopting his explanation, but, so far as I am acquainted with their writings, they all have some hypothesis of their own. I have been condemned for not accepting any of these. I respectfully decline them all, and offer no explanation. By this course, Homœopathy is placed upon a foundation which it has not yet fairly occupied; and henceforward it will be in vain for its opponents to attack it as they have hitherto done. I present it as *a fact, supported by sufficient evidence*, and to assail it as such will be found a task much more difficult than to criticise speculations however ingenious.

The question is thus greatly simplified, and reduced to one alternative. Either the thing is true, or the testimony is false. To settle this point both reasoning and assertion are alike impertinent. The testimony has a claim to be received, the thing is true "according to the evidence," *until* facts—the result of trials at least as numerous, on the testimony of witnesses at least of equal ability and integrity—are brought forward to support the opposite probability.

It is a statement beyond previous experience, but not opposed to reason, or contrary to common sense. I will not attempt a

definition of "common sense." A term in daily use must often be applied indefinitely. It sometimes signifies merely former knowledge or previous experience; at others it implies the highest exercise of human reason. Now many things may be *beyond* common sense, in the first meaning I have given, but not *contrary* to it; and many things may be *above* common sense, in the last signification, but not *opposed* to it.

Taking common sense to mean, as it often does, previous experience, then every new discovery or invention is beyond, though not contrary to common sense. The first use of the mariner's compass would be quite beyond all previous knowledge, and doubtless was ridiculed as contrary to reason; it would be said of it that though true upon land, it was false upon the waters. With the first use of everything, it has been as we have seen it was in the case of the telescope and the satellites of Jupiter. And so with the small dose. It had never occurred to any one to try it before. It was new to experience; it was beyond former knowledge, but it was not contrary to either. There had been no previous experience; there had been no knowledge to which it could be contrary. The experiment discovered a new fact. The observation of the new fact simply became knowledge in the place of ignorance. When it was said, therefore, that "the patient is certainly better, but it is contrary to common sense to suppose that the small dose can have done him good," it meant only that a cure by the small dose was beyond that person's previous experience; he had not known such a fact before; it was *new to him*, but he will scarcely presume to say, on reflection, that *therefore* it could not be true.

This statement is beyond previous experience, but before any one can with justice say it is contrary to common sense, he must try the doses sufficiently to gain from experience the knowledge that they do no good. Those who have hitherto used this language have not tried these experiments. It has been uttered in ignorance. A few years ago, a book was written to prove the impossibility of steamships navigating the Atlantic, it was contrary to common sense; the answer to which, as every one knows, was the immediate performance of the impossible undertaking; it was simply beyond previous experience; the experiment had never before been made. When

Mr. Stephenson had invented his locomotive engine, to move upon smooth iron rails—having discovered that the resistance of friction would be sufficient to prevent the rotation without progression of the wheels—he did not venture to propose a speed of more than twelve miles an hour, and even this proposition was laughed at as contrary to common sense; had he said forty miles, his discovery would have been scouted, and railway travelling, perhaps, a thing yet unknown.

To drag forward common sense in this manner, as opposed to new experiments and investigations of nature, is greatly to dishonour it. Where there is no experience, what common sense does, in such a case, is to urge inquiry, and to dictate a suspension of judgment until inquiry is completed.

Again, taking common sense in its other signification, as the highest human reason, the new fact may be *above* this reason to understand or explain, but it cannot be *contrary* to reason if it exist, nor can it be contrary to reason for us to believe in its existence, if that is proved to us by sufficient evidence.

I have observed that we know nothing of the objects in nature beyond their *surface*; the knowledge which our bodily senses give us not extending beyond that. Even if our intellectual vision *could* penetrate below the surface, and show us something of the interior mechanism, our circle of knowledge would still be a contracted one. All nature being the handiwork of a Being infinite in wisdom and power, it must, of necessity, be *beyond* the grasp of a finite intelligence like the human mind. But the internal movements of the particles of all bodies, and their mode of acting on each other, are not within our ken, however much we may long to know them. Everything therefore is a mystery, and it is the attribute of the highest reason to be chiefly employed in the discovery of facts. We are surrounded by marvels which we cannot explain; lest I should be tedious, I will mention only three. The sun will take your likeness in a second of time; a message may be sent hundreds of miles still more instantaneously; any one may breakfast in Rugby, be in London (82 miles) in two hours, spend six hours in that city, and be at home to dinner. Now these are marvels which even our own fathers never dreamed of; had we talked to them about such things, they would have

thought us insane, and yet they are true. It is not the less a fact because it is a marvel, that the sun will take your picture in a moment. It is not the less a fact because it is a marvel, that a message may be sent instantaneously any distance by a wire of metal. It is not the less a fact because it is a marvel, that any one can travel forty miles an hour. And if we have marvels in the science of light, why may we not have a marvel in the science of medicine? If a marvel of electricity, why not in medicine? If in mechanics, I ask again, why not in medicine? If in the things which concern inanimate bodies, why not much more in the things which belong to living beings?

The works of God are for ever setting our reason at defiance. If we attempt to take one step beyond the evidences of our bodily senses, except to draw a few useful inferences, with a view to make some practical applications, we lose ourselves at once in conjecture. "Things perceived by sense are more assured and manifest than matters inferred by reason; inasmuch as the latter proceed from and are illustrated by the former."¹

It results from these remarks that if the statement of a new marvel bears the rigid scrutiny of careful observation, common sense or reason at once admit its truth; and thus the common sense of Homœopathy lies, where the common sense of everything else lies,—in the truth and value of the fact.

It is a statement which admits of ready confirmation. "Is there anything more difficult than the establishment of a fact?" said a very intelligent neighbour to me the other day. My reply is, that though the establishment of a new fact may be difficult, it is not impossible. Any fact may be established by evidence, but some men may not like to see the evidence. "Dissatisfaction with evidence may possibly be men's own fault."²

The confirmation of the fact we are now considering is open to the observation of any medical practitioner every day, and that without reading books on Homœopathy. He knows well that *ipêcacuanha* causes sickness; when he is requested to prescribe for a child who is suffering from sickness and vomiting from a disordered stomach, let him give a few small doses

¹ William Harvey.

² Butler.

of this drug. He will thus at once test both the principle and the dose ; and unless there is something more about the case than I have supposed, he will find his patient very quickly cured. He knows that *mercury* acts upon the salivary glands ; let him give it in a case of mumps, and he will find his patient recover more rapidly than he has been accustomed to observe. He knows that *corrosive sublimate* produces dysentery ; let him give this substance in an ordinary case of dysentery, and the disease will most probably yield more speedily than if he had adopted any other mode of treatment. He knows that *white hellebore* is a most powerful purgative ; let him give it in a purging, if chilliness be an accompanying symptom, and he will perhaps be surprised at the beneficial result. He knows that *arsenic* and *phosphorus* produce inflammation of the stomach and bowels ; let him have courage to try either of these poisons, and he will probably see severe sufferings subside under the influence of the small dose. He knows that *cantharides* act upon the bladder, and readily cause strangury ; let him give them in a similar case, and his patient will most likely need no other remedy. He knows that *nux vomica* acts very much upon the spinal marrow, and upon the organs dependent upon the spinal nerves, and those of the great sympathetic ; let him try it in various affections of these organs, and he will often succeed in curing his patient. He knows that *lead* often causes paralysis of the extremities ; let him give it in cases resembling those of poisoning by lead, but which have arisen from some other cause, and he may find a very difficult and troublesome affection considerably relieved.

If the practitioner is acquainted with the literature of his profession, he will know that *copper* and *stramonium* produce muscular spasm ; *ipecacuanha*, symptoms resembling asthma ; *cocculus*, paroxysms of vertigo with nausea ; *antimony*, derangement of the stomach and chest ; *sulphur* and *arsenic*, affections of the skin. From the same sources he will know the injurious effects of other substances, when acting as poisons upon persons previously in health.

So far as I have yet learned, every medical man who has thus examined the subject, with candour and perseverance, has seen and acknowledged the confirmation in his own hands

of the truth of the statement. Nothing remains but for others to pursue a similar course ; but, if men will not look through Galileo's telescope, it is not surprising if they do not see Jupiter's moons.

Before concluding this Essay I must notice another topic. There is a strong feeling in the minds of professional men that Homœopathy is only a species of quackery, and that its practitioners are nothing better than charlatans. Now this is not true. I am willing to grant that there may be a few persons practising Homœopathy whose temperaments are somewhat tintured with the spirit of quackery, as there are in the ranks of our opponents, but there are many wholly free from it ; and, as regards Homœopathy itself, it is as far removed from quackery as light is from darkness. What is quackery ? A pretension to some sovereign remedy, to be purchased of such a person. The exclusive sale of this nostrum, the composition of which is carefully concealed, being often secured to the vendor, by her Majesty's letters patent ; or it is " fifty thousand cures without medicine," by some article of diet, sold exclusively in a similar manner. What is there in Homœopathy at all resembling this ? Where are its secrets ? its nostrums ? its exclusive sales ? They are not found ; and the person who calls Homœopathy quackery, must be content to be condemned as either very ignorant, or guilty of knowingly uttering untruth.

In laying before my professional brethren the results of an independent investigation of Homœopathy, I have fulfilled a duty, and given an honest testimony ; and I now lay it on the conscience of every practitioner, as it was laid upon my own, to investigate the matter for himself. " I therefore whisper in your ear, friendly reader, and recommend you to weigh carefully in the balance of exact experiment all that I have delivered in these exercises. I would not that you gave credit to aught they contain, save in so far as you find it confirmed and borne out by the unquestionable testimony of your own senses."¹

¹ William Harvey.

While, however, I thus appeal to others to examine for themselves, and while I reject the hypotheses and speculations of Hahnemann, it must not be supposed that I have any doubt remaining on my own mind, either of the truth of the principle, or of the efficacy of the small dose. If it may be done without presumption, I would say of the truth of these, in the words of John Locke, "Give me leave to say, with all submission, that I think it may be proved, and I think I have done it."

ESSAY XIII.

REVIEW OF HAHNEMANN'S SYSTEM.

“ He (Sir Isaac Newton) wanted no other recommendation for any one article of science than the recommendation of *evidence*; and with this recommendation he opened to it the chamber of his mind, though authority scowled upon it, and taste was disgusted by it, and fashion was ashamed of it.”—CHALMERS.



ESSAY XIII.

REVIEW OF HAHNEMANN'S SYSTEM.

"In natural science there is one language universally intelligible, *the language of facts*; it belongs to nature, and it is permanent as the objects of nature."—SIR HUMPHRY DAVY.

MOST of the preceding Essays were first published four or five years ago. They were written during the two years which I originally allowed myself for the investigation of the new system of medicine to which the name of Homœopathy has been given. As some considerable time has elapsed since that period, and as I continue to practice exclusively according to the principle of the new system, it may be expected that I should give some further account of my progress in this inquiry. I will, therefore, in this Essay, state briefly the results of my investigation of Homœopathy, up to the present moment.

I present these results to my professional brethren with all due respect; but at the same time in all sincerity and earnestness, believing them to be the truth. I beg them to listen to me as a witness of what I have seen; or, if I may adopt the language of another profession, of what I know of my own knowledge.

I. I will, first, give some account of those things in the system and teaching of Hahnemann which I reject.

II. I will recapitulate what my practical trial of Homœopathy has led me to acknowledge and accept as true.

III. I will then state what those parts of the usual method of treating diseases are, the discontinuance of which is involved in the adoption of Homœopathy.

IV. Lastly, I will point out what those parts of the usual method are, which still remain available and useful, and are to be retained.

I. The following are statements of Hahnemann which I reject, or sentiments in which I cannot agree.

1. The explanation of the principle of Homœopathy thus announced in the 'Organon':—

"As every disease (not strictly surgical), depends only on a peculiar morbid derangement of our vital force in sensations and functions, when a homœopathic cure of the vital force deranged by the natural disease is accomplished by the administration of a medicinal potency selected on account of an accurate similarity of symptoms, a somewhat stronger but similar artificial morbid affection is brought into contact with, and as it were, pushed into the place of the weaker, similar, natural, morbid irritation, against which the instinctive vital force now merely (though in a stronger degree) medicinally diseased, is then compelled to direct an increased amount of energy, but on account of the shorter duration of the action of the medicinal potency that now morbidly affects it, the vital force soon overcomes this, and as it was in the first instance relieved from the material morbid affection, so it is now at last freed from the artificial (the medicinal) one, and hence is enabled again to carry on healthily the vital operations of the organism."¹

This explanation of the principle of Homœopathy is fanciful and illusory, and as such I necessarily reject it.

¹ 'Organon,' § xxix.

2. Not only is Hahnemann's exposition of the principle an imaginary hypothesis, but the very statement itself of the homœopathic law, which he gives, has, so far as I can discover, no trustworthy evidence to support it. On the contrary, his statement is open to an insuperable objection, so that if it really expresses the principle of Homœopathy, that principle itself must be rejected.

"The following," says Hahnemann, "is the homœopathic law of nature, some vague presentiment of which has indeed occasionally been entertained, but which, until now, has not been acknowledged, and on which depends every real cure that has ever taken place.

"A weaker dynamic affection is permanently extinguished in the living organism by a stronger one, if the latter (while differing in kind) is similar to the former in its manifestations."¹

I have already rejected (in Essay VI) this definition of Homœopathy, and must again state that I have not the slightest belief in its truth. "The medicinal disease," he says, "must naturally be somewhat stronger than the malady to be cured, if it is to overpower and extinguish the latter;"² and thus "the instinctive vital force is compelled to direct an increased amount of energy" to overcome this artificial morbid affection, which has been "as it were pushed into the place of the weaker, similar, natural, morbid irritation."

I repeat that I wholly reject this definition of the principle of Homœopathy, for the adoption of it would compel me to believe that the vital force can overcome a stronger disease when it is not able to overcome a similar but weaker one.

3. As the explanation of the principle of Homœopathy given by Hahnemann is an imaginary hypothesis, and his definition of it a mere assertion without proof, so his view of the extent to which it applies is vague and erroneous. He was apparently so enamoured with his discovery, and his imagination was so unrestrained by reason and judgment, that he could not brook the idea of any limitation of his law; he would have it to be of universal application. Do the symptoms of a disease on any occasion subside while those of another ailment arise?—this

¹ 'Organon,' § xxvi.

² Ibid., § clviii.

must be Homœopathy; "invariably and in every case (such is the dogmatic assertion) do two diseases, differing certainly in kind, but very similar in their phenomena and effects, and in the sufferings and symptoms they severally produce, annihilate one another, whenever they meet together in the organism."¹ Does "the brilliant Jupiter vanish in the early dawn from the gaze of the beholder,"—this must be Homœopathy. The weaker light is annihilated "by a stronger very similar power acting on his optic nerve, the brightness of approaching day."² Fetid odours are to be homœopathically cured by taking snuff! The cries of battle are to be homœopathically banished from the ear "by the shrill notes of the fife, and the roll of the noisy drum!" The fear inspired by the roar of the enemy's cannon is to be homœopathically destroyed "by the mimic thunder of the big drum!"³ And so of the physical agencies, heat, electricity, and magnetism; all, with the most extraordinary confusion of thought and boldness of assertion, all are pressed into the service, all are compelled to be subservient to the favorite discovery, the law of "*similia similibus curantur*." Nor does Hahnemann stop here; he rushes with reckless impetuosity to measure mental emotions and moral feelings with the same material rule. For, says he, "thus are cured both physical affections and moral maladies." "Mourning and sorrow will be *effaced* from the mind, by the account of another and still greater cause for sorrow happening to another, even though it be a mere fiction." Even nations, in their political career and national developments, are not to be exempted from the universal law,—they are to progress homœopathically, and not otherwise. "Nations, like the Germans, who have for centuries been gradually sinking deeper and deeper in soulless apathy and degrading serfdom, must first be trodden still deeper in the dust by the Western Conqueror, until their situation became intolerable; their mean opinion of themselves was thereby overstrained and removed; they again became [being homœopathically cured] alive to their dignity as men, and then for the first time they raised their heads as Germans!"⁴

¹ 'Organon,' § xlv.

³ Ibid., § xxvi, note.

² Ibid., § xxvi, note.

⁴ Ibid.

These successive assertions seem to me a climax of folly. In Essay VI, I have given reasons for rejecting them all. On careful investigation they appear nothing better than grave trivialities. I do not believe that a law of "*similia similibus curantur*" has any power or influence whatever in these departments of nature. I have been strongly remonstrated with by several Homœopathists for excluding these things from the operation of this law, but I still retain my conviction.

The result, then, of my examination of the manner in which Hahnemann teaches the principle of Homœopathy, is this:—I think him in error in his explanation of it, in his definition of it, and in the extent to which he applies it.

4. Hahnemann's notion that "the medicinal disease, produced by the appropriate drug, must naturally be somewhat stronger than the malady to be cured, if it is to overpower and extinguish the latter," involves him in another doctrine which I also reject;—that of medicinal aggravation as essential to cure. He expresses this doctrine thus:—

"A dose of an appropriate homœopathic medicine, not the very smallest possible, does *always, during the first hour after its ingestion, produce a perceptible homœopathic aggravation.*"¹ I have seen nothing in my practice to justify such a statement. I do not believe that it is founded upon careful or extensive observation. On the contrary, phenomena which can reasonably be called medicinal aggravation are, according to my experience, not common. This notion, therefore, I reject.

5. The doctrine of Hahnemann, that the sum of the symptoms is the sum of the disease is, at least, indistinctly announced, and very liable to be understood in a sense which is not true. If he meant to exclude pathology, or the morbid changes of structure from rendering aid in the choice of remedies, which the condemnatory language he uses with reference to that science would seem to indicate, and his method of arranging his provings confirms, I entirely dissent from it. I am "well aware of the nullity of transcendental speculations which can receive no confirmation from experience;" but I never read any author more addicted to transcendental speculations than Hahnemann himself. His writings are filled

¹ 'Organon,' § clx.

with what William Harvey would have called "phantoms of darkness."

6. Connected with the last subject is the dismemberment of the symptoms observed in the description of Hahnemann's "provings," or experiments with drugs upon the healthy body, to which I have already alluded. These provings are contained in two works, the "*Materia Medica Pura*," and the "*Chronic Diseases*." The symptoms are broken up and artificially arranged in this manner:—

" Head.
Face.
Eyes.
Ears.
Nose.
Jaws.
Mouth," &c., &c.

By this arrangement the real and distinctive features of each case of proving are so disfigured and concealed as to defy detection; and any attempt to connect the symptoms with the internal pathological condition of the prover is rendered hopelessly impossible. Were a physician to report a series of cases of fever, or of any other disease, with the symptoms dislocated in a similar manner, how absurd it would appear! It is quite clear that the reports of cases of provings must be given in the same manner as reports of natural disease; how otherwise can the two pictures be compared with each other?

7. The statements of Hahnemann relative to a supposed "primary and secondary action of medicinal substances," are too vague and doubtful to claim assent. He says, "most medicines have more than one action, the first a *direct* action, which gradually changes into the second, which I call the *indirect* secondary action. The latter is generally a state exactly the opposite of the former."¹ Afterwards he alters his expressions, and calls them "alternating" actions. At one time, he lays great stress upon this distinction, and declares that the primary action is the one which is homœopathic to a disease, while the secondary is only palliative, at other times, he loses sight of the distinction he has attempted to establish, and at last seems tacitly to abandon it altogether.

¹ 'Lesser Writings,' p. 312.

8. When announcing the efficacy of the small dose, Hahnemann falls into his usual error. He speaks of it as the "spiritual power which lies hid in the inner nature of medicines." Of the mechanical processes of rubbing and shaking, in the preparation of the medicines, he says, "such a mode of preparation developes *almost all* the properties that lie hid in the essential nature of the medicinal substance, which thereby alone can attain any activity." He calls the processes themselves "dynamizations;" the earlier divisions of the grain of medicine he calls lower, and the further subdivisions higher "potencies."

I must acknowledge that I greatly dislike the hypothetical style of expression uniformly indulged in by Hahnemann, and disclaim any faith in such pretended explanations of natural phenomena. Such fanciful speculations are not true science, nor sound philosophy; they are not real knowledge; and they come with a bad grace from one who, on the adjoining page, sneers at "the prevailing school of medicine, which," he unjustly asserts, "affects to possess a supernatural insight into the inner nature of things."

Sir Humphry Davy remarks of the *honest* professors of alchemy, that "they had discovered a *light* capable of guiding them in that dark night of ignorance, but they mistook their path. The *light*, however, was not extinguished, and it became subservient to the ends and the views of the chemical philosophers."¹ It seems to me that Hahnemann is precisely in the position of the speculative alchemists, such as Van Helmont and Helvetius; he discovered a *light*, but could not walk steadily in the path which it illumined. May this newer light subserve the ends of future physicians, as the older light has done that of the chemical philosophers!

9. Hahnemann has fallen into the same kind of exaggeration in the use of the small dose, as he has done in the application of the principle. He says:—

"The best dose of the properly selected remedy is always the very smallest one in one of the high dynamizations (the 30th), as well for chronic as for acute diseases."²

¹ 'Works of Sir H. Davy,' vol. i, p. 145.

² 'Organon,' § cxxlvi, note.

I entirely reject this ; my own experience abundantly testifying that the dose must vary. The dose, I think, ought to be regulated by the susceptibility of the patient's constitution ; by the nature of the disease ; and by the character of the drug. The nervous system of some individuals is much more sensitive to the action of medicines than that of others ; some diseases increase, and others diminish this susceptibility ; and some drugs act best in comparatively large doses, and others in small ones.

10. In connection with the small dose, I may remark of the practice of *olfaction*, or allowing the patient only to smell the medicine, adopted and recommended by Hahnemann in his old age, that I have not tried it, and do not intend to do so, except with such substances as camphor, musk, or ammonia.

11. Hahnemann's doctrine of the "psoric" or itch origin of most chronic diseases. There is nothing against which Hahnemann exclaims more loudly than against pathological hypotheses. "Physicians," he says, "wished by *à priori* reasoning to find out an undiscoverable source of disease in regions of speculation which are not to be penetrated by terrestrial mortal. Our system-builders delighted in these metaphysical heights ; where it was so easy to win territory ; for in the boundless region of speculation every one becomes a ruler who can most effectually elevate himself beyond the domain of the senses."¹ He speaks of "the *maniacal* principles of Broussais ;"² and condemns the attempts of other physicians to explain the nature and connections of disease as "castles in the air."

It is not a little remarkable, after perusing such effusions as these, to find Hahnemann adopt a speculative pathological hypothesis in no way superior to those he has so vehemently condemned. Observation, he says, "left me no doubt about the internal enemy which I had to combat in my medical treatment. This internal enemy I shall designate by the general term *psora*. It is an internal disease,—a sort of internal itch,—and may exist either with or without an eruption upon the skin." "I found that thousands of tedious ailments, which we find enumerated in our pathological works under distinct names, originate, with a few exceptions, in this widely

¹ 'Lesser Writings,' p. 482.

² 'Organon,' Introduction.

ramified *psora*.”¹ This “is the common mother of most chronic diseases,” and it is to be treated by a peculiar class of remedies, which he calls “*antipsorics*.” Thereby departing, as it seems to me, from the very basis of Homœopathy; forsaking the principle of “*similia similibus curantur*,” embarking in the old allopathic ship, and placing his remedies side by side with the *antispasmodics* of Cullen, one of his great rivals in medical speculation.

It is asserted by one of Hahnemann's most indefatigable disciples that, “it is absurd for any one who professes to have a clear perception of Homœopathy, to reject the doctrine of an hereditary morbidic miasm (*psora*). Both these doctrines must stand or fall together.”² Notwithstanding this assertion, I decline to adopt this psoric hypothesis. It cannot be verified as a fact, and the reasoning of Hahnemann respecting it is not satisfactory. That a case is one of *psora* is, he thinks, proved if it has been cured by one of the remedies which he calls *antipsoric*; and that a medicine belongs to his class of antipsorics, he considers proved, if it has cured a case he has called psoric. This is a mode of reasoning in a circle not characteristic of an enlightened or philosophic mind.

That *psora* is “a miasmatic chronic disease,” to which belong nine-tenths of all chronic cases, I reject as an unproved hypothesis.

12. I entirely repudiate the re-introduction of astrological considerations among the reasons for prescribing remedies for disease. Some of Hahnemann's symptoms in the ‘Provings’ manifested themselves “at the new or full moon,” and some “when the moon is waning.” It has been said in apology, “as in Hahnemann's early days the moon was generally thought to be a very influential personage, he may be pardoned for connecting a new moon with certain symptoms he noticed to be simultaneous with her appearance.” Perhaps we may be disposed to admit this apology, though the fact that he made such references detracts much from his credit as a careful and discriminating observer, and greatly diminishes our confidence in his inferences and conclusions. But it is

¹ ‘Chronic Diseases,’ vol. i, p. 21.

² Note by Hempel in ‘Chronic Diseases,’ vol. i, p. 2.

high time that those who call themselves Homœopathists in the present day should disavow such untenable notions; and as some of his disciples, so far from doing this, are even more given to them than Hahnemann, I must needs deliver myself from the imputation. "Give a dose of *sulphur* when the moon is on the decline;" says Jahr, "at the next full moon give a dose of *mercury*." "If the distress should return at new or full moon, *sulphur* should be given, either during the decline or increase of the moon," &c., &c.¹ Now I am "ready to adopt whatever is demonstrated, or concede whatever is rendered highly probable, however new and uncommon the points of view may be in which objects the most familiar may thereby become placed."² But I am as yet unacquainted with any reliable series of facts which demonstrates, or even renders probable, the lunar influences on the action of poisons in health, or of remedies in disease. These references to the supposed influence of the moon I therefore reject.

13. While on the subject of other departments of science, I will notice a supposed connection between homœopathy and magnetism, entertained by Hahnemann, and lately asserted to have been proved by a new philosophical instrument contrived by Mr. Rutter, of Brighton. I have not yet met with any evidence which renders a connection between homœopathy and magnetism probable, beyond the facts which go to show that a union or "correlation" exists between all physical forces, and perhaps between physical and vital forces. I have no doubt that the movements of the instrument contrived by Mr. Rutter are simply mechanical. Some Homœopathists contended that it was able to show physically the action of the infinitesimal doses by its movements. Dr. Quin gave lectures upon it to this effect, in London. I published a letter at the time, containing an account of some experiments which proved that this instrument has no connection whatever with magnetic forces, and that it can prove nothing as to the action of the small doses.

14. I wish to state that I dislike and reject the use of preparations of disgusting substances, such as products of disease,

¹ Jahr's 'Clinical Guide,' article "Worm Affections."

² Herschel's 'Treatise on Astronomy,' p. 2.

&c., which some Homœopathists have attempted to introduce as remedies. It is very true that such things have been greatly resorted to in old time, but their use is very much laid aside, and must not be again revived. The tendency of an improved system of medicine should be to get rid of the objectionable things which still cling to the old methods.

15. Having just now spoken rather of the disciples than of the master, I will take this opportunity of saying that I entirely condemn and protest against the mingling of medical facts and theories with the doctrines of revealed religion. I cannot sympathise with such writers as the Rev. Thomas Everest in this country, and Dr. Mure and others abroad. Mr. Everest says, in a published sermon, "When the old system (of medicine) shall have quite vanished from the earth, and the new one (Homœopathy) shall be established, then, for the first time, will the gospel of the kingdom of grace be preached . . . and received as God intended," &c; with other sentiments still more objectionable.

I thankfully believe the Holy Scriptures to be the word of God, and nature to be His work; but the study of the one is to be kept distinct from the study of the other; and for the reason assigned long ago by Lord Bacon, "because of the extreme prejudice which both religion and philosophy have received, and may receive, by being commixed together; as that which undoubtedly will make an heretical religion, and an imaginary and fabulous philosophy."

16. To return to Hahnemann. I deeply regret and repudiate the rancour and animosity which he exhibits towards his professional brethren; and greatly dislike the mean and vulgar language he condescends to adopt when speaking of them. I will not give more than a single specimen: "The old school dreamed of effecting causal cures by endeavouring to remove these imaginary and presumed material causes of disease. Hence their assiduous evacuation of the bile by vomiting; . . . their diligence in purging; . . . and more especially all their varieties of bloodlettings; . . . following the precepts of a well-known *bloodthirsty* Parisian physician [Broussais], as a flock of sheep follow the bell-wether, even into the butcher's slaughter-house."¹

¹ 'Organon,' pp. 11, 12.

17. I am shocked and astonished at the effrontery with which Hahnemann announces his dogmatic assertions. I have given some examples of this in the Essay on the Difficulties of Homœopathy; I will add a few more; at the same time it is to be remarked that this disagreeable tone pervades the whole of his principal works, the 'Organon' more especially. Everything is "unerring," "infallible," "invariable," "unquestionable," "incontrovertible," and "not to be refuted by any experience in the world."¹ "All experiments and observations demonstrate in the most convincing manner that among medicines—that one alone which can produce in the healthy individual a similar morbid state, is capable of transforming a given case of disease, rapidly, gently, and permanently into health; *indeed, that such a medicine will never fail to cure the disease.*"² Again, "If physicians would but approach the cholera patient, in order to treat him at the commencement of his sickening with this medicine (camphor dissolved in alcohol), *which alone is efficacious*, and which most certainly destroys the miasm about the patient, by giving him, as I have taught, every five minutes one drop of it, if they would but do this, then *every patient would not only be infallibly restored within a couple of hours* (as the most undeniable facts and instances prove), but by the cure of the disease with pure camphor, they would at the same time *eradicate and annihilate the miasm.*"³ The tone of Hahnemann's writings, and the style which he adopts, tend to associate him with the class of bold and ignorant empirics, rather than with that of able and conscientious physicians.

I think I have now noticed every feature of Hahnemann's exposition of his system, and there is not one which I admire, or can adopt in the terms in which they are propounded by him. As expressed in his writings, they all, without exception, excite in my mind a strong repugnance. Every detail is presented in so distasteful a manner as to produce a feeling of absolute dislike; so that I cannot but repeat what I have already said on a former occasion, that had I read Hahne-

¹ 'Organon,' *passim*.

² 'Lesser Writings of Hahnemann, p. 811.

³ *Ibid.*, p. 854.

mann's works *before* making a practical trial of the method, I never should have been induced to begin it. They are filled with unproved assertions, illogical arguments, fanciful speculations, and obvious contradictions.

It is due to myself to have made these statements. Inasmuch as I have adopted the practice of Homœopathy, I may be supposed to be a disciple of Hahnemann, and be held responsible for his follies. I altogether disclaim such responsibility and relationship.

On the other hand, I have met with nothing in the writings of Hahnemann which would lead me to suspect him of dishonesty. Before the controversy respecting Homœopathy commenced, he was acknowledged by his professional brethren to be a man of talent and reputation, and I think he is still entitled to this character; I admire his untiring industry and perseverance, and believe his efforts on behalf of suffering humanity were sincere; these efforts were requited with derision and ill-treatment, and it is not surprising, though it is much to be regretted, that he was driven to retaliate in kind.

II. I will now endeavour to recapitulate what my *practical trial* of Homœopathy has led me to acknowledge and accept as true. The results of a personal, industrious, and honest investigation of the subject, having for its one object the discovery of truth for the benefit of the sick; and I earnestly entreat my medical brethren to lay aside the prejudices of their education, and their preconceived opinions, to follow my example, and to give the following points a searching investigation and a fair trial in their own hands.

1. *The Principle*.—I think these three propositions may be demonstrated as plain facts:—

That each drug selects certain portions or organs of the body upon which to produce its injurious action.

That the injurious action produced upon the parts or organs of the body thus selected, is more or less peculiar to each drug; that it is characteristic; so that by this action each drug may be known from the rest.

That drugs are to be given as the best remedies for the

diseases which affect the same parts or organs of the body which such drugs affect; and specially when the symptoms manifested by the affected parts or organs resemble the symptoms produced by the drugs.

There does not appear to be any disposition on the part of the profession to deny the first and second of these propositions. They were tacitly admitted, without question or doubt, by a large number of eminent medical men, and equally eminent chemists, on the late trial of Palmer for the murder of Mr. Cook. On that trial one of the leading questions was a question of science;—were the symptoms which preceded the death of Mr. Cook the symptoms of strychnine? Now, unless the first and second of these three propositions were admitted as true, this question would have been a useless one. It was not thought useless, but was entertained and answers given to it by Sir Benjamin Brodie, Dr. Todd, Mr. Solby, Professors Brande, Christison, and Taylor, Mr. Herapath, Dr. Letheby, and many others. Some thought the symptoms were those of strychnine, and others thought they were not; but none denied that strychnine affects organs and produces symptoms peculiar to itself; and if this be true of strychnine, it can be true of it only because it is true of all drugs, that they select the organs of the body upon which they prefer to act, and also because they act upon those organs in a more or less peculiar and characteristic manner. It would seem, therefore, unnecessary to advance proofs of these two propositions.

Of the third proposition it is far otherwise. This is, as yet, almost universally denied, at least in part, for it is admitted that *drugs are remedies* for disease. The denial of the remainder of the proposition raises this question, for what disease is each drug to be given as a remedy? The medical profession have been labouring earnestly for many centuries to discover the answer to this question, and the best answer, in my judgment, and according to my own personal observation and experience, which has yet been found, is the answer given by the law of Homœopathy, as expressed in this third proposition.

Some proofs of the truth of this proposition are stated in Essays IV, V, and VI, on the Principle of Homœopathy. It

is not my intention to add others in this place, as I hope to have another and a better opportunity of doing so. At present I content myself with giving it as a practical fact, of the truth and value of which I have daily experience. And again I call upon medical men to test it for themselves; to try it as a practical guide in the opportunities afforded them every day; and to accept it as a fact, without wasting time in speculations as to its *modus operandi*.

2. *The Provings*.—I entirely approve, and heartily recommend to my profession, the method of learning the properties of drugs by *proving* them on healthy persons. Having obtained some practical acquaintance with this subject, it commends itself to my mind, as the foundation of all real knowledge in therapeutics, and as the only method yet pointed out by which medicine can become a science. Nor are the objections to its adoption so formidable as they may at first sight appear, while the advantages can scarcely be overrated.

The objects aimed at in proving any drug are contained in the first and second propositions of the preceding paragraph. They are to ascertain its sphere of action (first proposition), and the mode in which that action is manifested (second proposition); in other words, to learn what organs of the body are affected by it, and the manner in which the functions of those organs are deranged, or their structure altered. This may commonly be accomplished without pushing the experiment to any serious extent; while, with respect to a large number of important medicines, we learn the more formidable symptoms and alterations of structure they have the power to produce from the numerous cases of poisoning which either accidentally or intentionally occur.

The adoption of this method of discovering the properties of drugs is necessitated by the acknowledgment of the third proposition of the preceding paragraph,—the principle of Homœopathy. Independently of that principle, it has strong claims upon the attention of physicians, but Homœopathy cannot exist practically without it.

In the Essay on this subject, I have given some of the provings of monkshood (*Aconitum Napellus*). In the symptoms there detailed we have a perfect picture of synochus, or inflammatory fever. The commencement by a chill, sense of

fatigue, loss of appetite, nausea; the chill increasing to shiverings, goose-skin, icy coldness. Then the second stage, heat, violent headache, burning in the eyes, roaring in the ears, quickened breathing, with cough, oppression of the chest, acute pain, and a full, strong, frequent pulse. Then, after a few hours, the third stage, perspirations, followed by a remission, and this by the disappearance of all the symptoms. Such is the *proving* of aconite; such the picture produced by the drug, and which is a close resemblance of the cases called simple or inflammatory fever, which are met with so often in daily practice.

That aconite is an admirable remedy for simple and for inflammatory fever, has been abundantly experienced and testified to by Homœopaths, but the witness I shall adduce at present is my opponent, Dr. Routh. In the 'Journal of the Provincial Medical Association' for June 8, 1855, is a paper on the treatment of *pneumonia* by Dr. C. H. F. Routh. In this paper Dr. Routh says, "The pulse must be reduced in frequency. *The surest means to effect this is, I believe, aconite.*" "I seldom if ever bleed (in inflammation of the lungs); bleeding fails in 53 per cent. of pneumonia." "*Here (in aconite) is a remedy to be preferred to bloodletting, because, while it is equally powerful in its action, it has the advantage of sparing the patient's blood for the future contingencies of the disease.*"¹

The following is a proving of another plant, the sumach or poison oak (*Rhus Toxicodendron*). Mrs. — took the tenth part of a drop of the tincture of rhus tox. about seven o'clock in the morning; in about an hour a feeling of great depression came on, with shiverings, coldness of the hands and feet, to which she is not naturally prone, confusion of the head, and little appetite for breakfast. In three hours she felt so ill as to be obliged to go to bed, the symptoms being an indescribable feeling of depression, alternate heats and chills, aching pains in the back and limbs, dryness of the mouth and tongue, with disagreeable taste, entire loss of appetite, feeble pulse, temperature of the skin below the natural standard, though well covered in bed, cold clammy perspirations, secretion of

¹ Braithwaite's 'Retrospect,' vol. xxxii, pp. 96, 97.

the kidneys scanty and high coloured. This state of things continued on the following day, and to it was added considerable discharges of dark blood, which, along with the continuance of the typhoid symptoms, was repeated, but in less quantity, on the third and fourth days. On the fifth day all the symptoms disappeared. This proving of rhus was an epitome of typhus fever.

I know no remedy so efficacious, in many cases of typhus and typhoid fevers, as this same rhus, given in the lowest dilutions.

By such experiments as these, the two plants, monkshood and sumach, are shown to have characteristic relations to two opposite kinds of fever. The former both produces and cures the fever of excitement or exaltation; the latter causes and is a remedy for the fever of depression.

It must not be inferred from these remarks that these two plants have no other relations. By carrying the experimental provings further, new features are discovered in each of them, by which they are indicated as remedies for some other serious diseases.

This method of proving drugs in health may be extended to every article in the *Materia Medica*; and thus, I have no doubt, a counter-part may be found for every diseased condition to which the human body is liable. It has been already so extended, after the fashion of Hahnemann; it requires to be done again with more discrimination and judgment.

3. *The Single Medicine*.—The third point which a practical trial has led me to approve is the use of a single medicine at a time. Like the preceding matter, the proving of drugs upon the healthy, it has strong recommendations of its own, independently of its connection with the principle of Homœopathy; but the adoption of this principle as a guide in the selection of the remedies to be given for disease, and the adoption of the method of provings, as the best way of learning the properties of drugs, render it imperative to prescribe each medicine by itself. The same preparation of the drug which has been taken by the prover to obtain the symptoms, should be given to the patient to remove similar symptoms. The dose alone should be varied.

I have devoted an Essay to this subject to which my readers

will refer. I must add that I daily feel more strongly the advantages of the method. Suppose a case to be well studied, and the remedy carefully selected; at the next consultation disappointment is experienced on finding that the patient has derived no benefit from the remedy. It is clear either that something has been overlooked, some error in diagnosis has been committed, or that there is some idiosyncrasy or peculiarity in the constitution or habits of the patient. If there has been a mistake in the diagnosis, a further and more sifting investigation of the case may correct this, and lead to the choice of a more appropriate remedy. If the other alternative has happened, and the patient's nervous system has not responded satisfactorily to the medicine, in the dose which has been given, the same remedy has to be repeated in a different dose.

Or, as happens more commonly, the remedy has succeeded, and the patient is better. How very much greater is the satisfaction felt on learning this result, when it can be traced to a known remedy used alone, than it was formerly when a mixture of perhaps a dozen ingredients had been given, and when consequently it was impossible to say, with precision, to which the benefit was owing. This doubt attaches to every combination of drugs, whether of many or of few.

The force of truth in this matter has already produced a strong impression on the minds of the leading members of the profession. They are rapidly adopting this peculiarity of Homœopathic practice. Already, also, many of the best remedies of the Homœopaths have been extensively introduced into the prescriptions of allopathists. Several examples of both these statements have lately come under my own observation, and which, were I disposed to indulge in personalities, I could mention; but I will confine myself to one or two general remarks. Such circumstances prove that notwithstanding all the contempt of Homœopathy which such individuals have professed to entertain, and notwithstanding all the ridicule they have expressed, and the indifference they have pretended at the increasing popularity of the unwelcome novelty, it has so commended itself to their judgment and their conscience, that they have been constrained to adopt, or to approach towards the adoption of many of its remedies and

some of its peculiarities. In the present attitude of the profession towards Homœopathy, these things are done with an ill grace, and in the eyes of observing and intelligent lookers on are highly discreditable to men of education, and quite unworthy of their known respectability. Shall I be forgiven for suggesting to such of my brethren as have been tempted thus to disgrace themselves, the propriety of recovering their credit by at once adopting a more candid and straightforward course.

I acknowledge that the difficulties in the way of respectable practitioners, if they contemplate embracing Homœopathy, in its present aspect, are almost insurmountable; but I venture to hope that by this investigation these difficulties have been very much diminished. Physicians will learn from it that they are not required to commit themselves to what they may unavoidably dislike about Hahnemann; that they are not called upon to pledge themselves to any hypotheses, or to any speculations whatever; that what is required of them is a reasonable service, namely, to open their eyes to see, and their mouths to acknowledge what is true and useful as a matter of fact.

The difficulties in the way of embracing Homœopathy thus simplified, and freed from a dress which has rendered it so repulsive to the English mind, are not great. Such an adoption of it would be an easy way of escape from the false position in which many physicians must be sensible they are at present placed; a way by which they may again honestly perform their duties as members of an honorable profession; a way by which they may put themselves right with their countrymen, satisfy the demands of science and of truth, and deliver themselves from the reproaches of a dissatisfied and uneasy conscience.

4. *The Small Dose.*—I adopt the small dose. I have used nothing else for five years. I know that this is the part of Homœopathic practice which brings upon those who embrace it ridicule and contempt; but I am not ashamed to avow anything which I conscientiously believe to be true. Prove to me that I am mistaken, and I will gladly retract the error.

“The Athenæum” takes high ground in its literary and scientific pretensions, I therefore notice the attempt which has

been made by that journal to convince me of my folly, but, as will be learned from my remarks upon the effort, it has failed of success. Indeed, I am persuaded that I shall succeed in convincing others, though I may fail in convincing the writer of this criticism, that he is more in error than the individual he has undertaken to condemn, and that the subject is one which calls for his re-consideration before he again pronounces so dogmatically upon it.

In a review of the 'Tracts on Homœopathy,' the writer observes:—

"The foundation of all inductive science is the law that effects are increased with the increase of their causes, decreased by the decrease of their causes, and changed with the change of their causes. Unless causes and effects answer to these laws, they are not regarded as such by sane people. In the face of these fundamental truths, Homœopathy says effects are increased by the decrease of their causes, and decreased by the increase of their causes,—and, therefore, asserts a folly which it is not worth the while of a man in his senses to look into. Moreover, we may add, the man that is inclined to investigate this folly already betrays unsoundness of mind, and we would warn him against experimentation on the subject, which will be almost sure to end in his adopting the delusion. We feel ashamed to see so intelligent a man as Dr. Sharp the victim of so weak a delusion as the evidence of cure in Homœopathy. Does he not see that an equally imposing array of figures and facts could be brought forward in favour of charms and amulets, the king's touch, the magnets of Mesmer, and the pills of Morison and Holloway? No amount of fine writing can explain away this fact, nor get him out of the unscientific position in which he has placed himself."¹

I cannot avoid remarking, in the first place, the disingenuousness of this writer. In the first Essay it is stated that "Homœopathy is not an infinitesimal dose," and this statement is frequently repeated. Stress is laid upon the principle, the provings, and the single medicine, as the parts of Homœopathy which are to be first investigated, and most earnestly contended for; and though I have used the small dose in my

¹ Extracted from the 'Athenæum' of December 30th, 1854.

own practice, and have found it answer, I have remarked that "Homœopathy, as a principle, was discovered by experiments made with *ordinary doses*, and a man may be a true Homœopathist though he never prescribe any other." The reviewer, therefore, in ignoring these main features of Homœopathy, and assailing only the small dose, betrays the *malus animus* of a prejudiced mind. Nothing short of such prejudice could deliver any one up to be content to make use of the inconclusive arguments advanced in this article of the 'Athenæum.' We will, however, examine them.

The whole of the evidence in proof of the action of the small dose is thought to be disposed of by a knock-down blow. "Effects are increased with the increase of their causes, decreased by the decrease of their causes," and so forth. I grant the truth of this proposition as readily as the writer in the 'Athenæum' does. What then? So do two and two make four; and the inability of small quantities of triturated drugs to act upon the living nervous system of man may as reasonably be inferred from the latter proposition as from the former. There never was a weaker sophism; there never was a conclusion more illogically drawn from any premises. I think I can show this very plainly to all whose eyes are not shut by prejudice.

Let it be remarked that Homœopathy does *not* say that "effects are increased by the decrease of their causes, and decreased by the increase of their causes;" what Homœopathists do say on this subject, (for Homœopathy, as I have stated in Essay I, "says nothing about the dose,") is this:—by diminishing the mechanical adhesion of a drug, or by dividing it into exceedingly minute particles, a very small quantity, so divided, is capable of acting on the vital principle with sufficient energy to cure diseases, even in respect to substances which, *when not so divided, but retaining the mechanical cohesion of their particles*, have little or no effect. This is asserted simply as a matter of fact; the proof being daily observation of its truth. The witnesses who testify to the truth of this fact are the medical men who observe it.

I will now show from unexceptionable sources, that the opponents of Homœopathy practise, in type or embryo, the same thing, and teach and believe the same truth. My

authority for the practice shall be the 'Pharmacopœia' of the Royal College of Physicians, and for the teaching and believing, the 'Pharmacologia' of the present President of that College.

In the 'Pharmacopœia' of the Royal College of Physicians of London, we find the following prescription :—

"Take of Mercury, two drachms,
Confection of Red Rose, three drachms,
Liquorice, powdered, a drachm ;

"Rub the mercury with the confection until globules can no longer be seen ; then, the liquorice being added, beat the whole together until incorporated."¹ Other Colleges give similar prescriptions.

It is well known that mercury, in its ordinary state as quicksilver, has no effect upon the human body beyond what is due to its gravity. In mercury, therefore, we have the type of the inert drugs used by Homœopathists ; and in this process of the trituration of mercury we have the type of the trituration of all other drugs.

Thus then the type or embryo of the whole practice of Homœopathists, as regards the mode of preparing their remedies, is to be found in the Pharmacopœia of the Royal College of Physicians. The elementary fact, the germ of the whole discovery, has laid dormant many years in the Pharmacopœias of the Colleges, and the writer of the article in the 'Athenæum' might, with as much justice, condemn himself as insane, for prescribing or for taking two or three grains of blue-pill, because a large quantity of mercury would have no action on his liver, as adjudge others to be thus insane for prescribing or taking small doses of other inert substances, which have been rendered active by an exactly similar process of trituration. If the axiom proposed by the critic,—“ effects are decreased with the decrease of their causes,”—be applicable to the condemnation of the practice of Homœopathists, it is equally applicable to the condemnation of the practice of all the physicians of the civilised world.

So much for the practice ; now let us examine the teaching and belief of physicians on this subject, and from a source

equally unexceptionable. The President of the Royal College of Physicians of London delivers himself thus:—

“The doses of medicinal substances are specific with respect to each, and can therefore be only learnt from experience. The young and eager practitioner, however, is too often betrayed into *the error of supposing that the powers of a remedy always increase in an equal ratio with its dose.*”

Dr. Paris goes on to say, and the italics are his, not mine, “*Substances perfectly inert and useless in one dose, may prove in another, [meaning, of course, a smaller one], active and valuable.*” Hence may be explained the great efficacy of many mineral waters, whilst the ingredients which impart activity to them are found comparatively inert,” when they are given in larger quantities.

Again, on the mode of preparation by triturating in a mortar, Dr. Paris says, “I think it may be laid down as a general rule, that *extreme pulverization assists the operation of all substances whose active principles are not easily soluble.*”¹

Thus the teaching is in accordance with the practice, and by the sentence of the ‘Athenæum,’ I go to an asylum in good company; having under one arm as many Pharmacopœias as I can carry, and leaning with the other on that of the President of the Royal College of Physicians.

There are, I think, only two remarks which can be made in opposition to the reasoning I have here pursued. It may be said that by triturating mercury a chemical change takes place, and an oxide of mercury is produced, which is the active ingredient in blue-pill. The answer is ready:—“The mercury in this preparation,” says Mr. Phillips, the translator of the ‘Pharmacopœia Londinensis,’ and the best pharmaceutical chemist of our day, “the mercury in this preparation is probably *in the state of minute division only.*”² I well remember how Mr. Phillips dwelt upon this in his Lectures, and how he assured us he had taken every pains to detect an oxide in blue-pill without success. But suppose it to be so, and that some chemical change has taken place during trituration; what this process effects for

¹ Paris's ‘Pharmacologia,’ pp. 152-3, 161, 4th edit.

² ‘Translation of the P. L.,’ article “Pil. Hydrarg.”

one substance it may effect for others, they also may undergo chemical changes, while being pulverized, as well as mercury. Nevertheless, the question is not one belonging to the science of chemistry, but to therapeutics; it is not about chemical changes, but whether, when substances have been minutely divided by trituration and solution, they are capable of acting as remedies in disease? I submit to the 'Athenæum' that this question is not answered by his proposition, and that it can be answered only by experiment. I have made the experiment, and believe that they are so capable of acting.

The second remark which may be made is this:—the practice of the *Pharmacopœia*, and the teaching of the *Pharmacologia* are not applicable to such very minute quantities of the drugs as are contained in the small doses of the Homeopaths. I ask, by what authority is this said? The practice and the teaching apply so far as the College and its President have experience; their small doses act so far as they have tried them; they are not qualified—not entitled to pronounce beyond their experience; others have tried the small doses further; they find that these doses act, and their experience must needs overbalance the mere opinion without experience of any number of their colleagues.

The plain truth upon this point is, that with respect to the action of material agents upon the living body of man, medical men are not in possession of sufficient knowledge to enable them to judge of what is greater or less, or in what way such agents increase or decrease in their power of action. We are not able to say beforehand whether a grain of any substance, or the tenth part of it, shall act most powerfully; the experiment must be tried before the answer can be given. The proposition laid down by the reviewer is therefore altogether irrelevant and inapplicable to the matter in hand. It leaves the evidence of observation unimpeached, and the insanity of the witness unproved.

The writer goes on to say that "an equally imposing array of figures and facts could be brought forward in favour of charms and amulets," &c., &c. I think not, and am persuaded that he could not prove this assertion to be true; but suppose I were to admit its truth, I have yet to learn how that admission would prove that I am in error on a question which

has no connection whatever with charms and amulets, or with the royal touch, or with the pills of Holloway or Morison.

Look at the logic of this reasoning :—an imposing array of facts and figures can be brought forward in favour of the efficacy of charms and amulets, acting through the imagination of their patients ; *therefore*, what Dr. Sharp and other medical men, accustomed to the observation of disease and the effects of remedies, have seen in their own practice, of the action of small material quantities of drugs, not acting through the imagination of the patient, is a delusion.

Again, an imposing array of figures and facts can be brought forward in favour of the pills of Holloway and Morison ; *therefore*, the results observed by Dr. Sharp and others, with very small quantities of the same drugs, is a weak delusion. By this mode of argument anything may be proved. It may be proved that modern chemists are deluded because the alchemists who preceded them were enthusiasts ; that Faraday is in error because “ Elias the artist ” was a rogue.

This is the best reasoning which has yet appeared against the efficacy of the small dose, which efficacy is attested as a fact by every one who has been willing to observe it. Certain other parties are presumed to have been mistaken about certain other things ; *therefore*, Homœopathsists who testify what they have seen, and which their opponents will not take opportunities of seeing, are in a weak delusion !

Such is the miserable refuge of the opponents of Homœopathy ! Does it not excite feelings of indignation to see men, who have been told by their colleagues an observed fact, and have been requested to observe it themselves, hide themselves under such flimsy subterfuges as these, under pretence of argument and science ?

The truth upon this second point is this :—Many erroneous notions on the cure of diseases have prevailed among mankind ; which fact proves that great caution is needed to avoid being misled into other errors on the same subject, but which proves nothing more ; least of all does it prove that observations made with a full consciousness of this liability to be deceived, and therefore made with every reasonable precaution against deception,—least of all does it prove that such observations are erroneous.

I might notice the ludicrous timidity,—the cowardice exhibited in the warning given “against experimentation on the subject, which will be almost sure to end in adopting the delusion,” had I not already given as much attention to this writer as his observations deserve.

I will now show how the small dose, thus theoretically opposed, is practically adopted; which will again oblige me to notice the lack of candour and honesty exhibited by the opponents of Homœopathy.

I have already remarked that many of the most valuable homœopathic remedies have been adopted without acknowledgment, and have adduced, as an example, the recommendation of aconite in inflammatory fever by Dr. Routh. We know that Dr. Routh has studied Homœopathy, and has visited Dr. Fleischman’s hospital at Vienna. He must therefore be well acquainted with the fact that aconite is in daily use among Homœopaths; yet in the paper from which I have quoted, he does not own this fact, but implies that he has obtained his knowledge of aconite from a “work of Dr. Fleming’s.”

Dr. Routh goes on to say, “Unfortunately, aconite is feared and avoided in England, as an internal therapeutic agent, because believed to be most uncertain in its effects; and *this opinion is justified if we employ the ordinary tincture of the London Pharmacopœia*; but it is a prejudice to apply it to the tincture of the alcoholic extract of the root of the *aconitum napellus*.” “The tincture I use contains one grain of the alcoholic extract of the root to twenty drops of alcohol; and the dose for an adult varies from half a drop to three minims. I have given up to five drops, but in this case poisonous symptoms supervened. . . . I therefore use it with great care, especially with children. Thus, if one or two drops be added to eight ounces of water, although only half an ounce be the quantity given for a dose, *i. e.*, from one thirty-second to one sixteenth of a drop, [from the 640th to the 320th part of a grain of the extract,] and repeated every two hours, an effect is usually manifested on the feverish excitement in a very few hours.”¹

Here we have a physician well acquainted with the details

¹ Braithwaite’s ‘Retrospect,’ vol. xxxii, p. 97.

of Homœopathy, and the daily practice of Homœopathists with reference to aconite, its mode of preparation, and its dose, advancing all these,—the drug—the new mode of preparation (slighting the Pharmacopœia of the Royal College of Physicians),—and the small dose up to the 640th of a grain, as novelties of his own! The only item of homœopathic practice not adopted is the use of the fresh juice of the plant with which to make the tincture. When this purer preparation is made use of, it will be found that a still smaller dose will be sufficient. It is to be hoped that educated men of respectability and character will no longer pursue such a suicidal course as this, but that they will take courage to act as honest men;—*honesty is the best policy*.

To conclude what I have to say at present on the small dose—my earnest appeal to my professional colleagues is, that they will investigate the principle of Homœopathy, adopt the method of proving, prescribe the single medicine, and try the small dose; which last, as I have already said, I have used exclusively during five years, and which I shall continue to use, though I do not wish to bind either myself or others, on no occasion to depart from its use.

5. *The Pharmacy*.—The method of preparing drugs for medicinal use. I think the method proposed by Hahnemann better than those followed in the Pharmacopœias of the College of Physicians. In the place of the decoctions, infusions, extracts, mixtures, tinctures, pills, powders, syrups, &c., &c., it is proposed to adopt a single and uniform preparation. All minerals and other dry substances being prepared by pounding or triturating a small quantity with some non-medicinal substance, as sugar of milk, and by subdividing this by repeating the triturations with fresh portions of sugar the required number of times; and of all vegetable juices and other liquids by mixing them with pure alcohol, and dividing these tinctures by mixing small portions of them with fresh quantities of alcohol, as often as required. I have explained in detail this method in Essay II. The preparations are kept either as powders or tinctures, or small pellets or pilules of sugar of milk are saturated with the tinctures, and kept in that state. The medicine in this last form has these advantages,—it does not evaporate, it is less liable to be injured by light, and

it can be administered, especially to children, with little trouble.¹

I adopt, therefore, the new mode of preparing drugs for use as medicines.

III. I will now state what those parts of the usual method of treating diseases are, the abandonment of which is involved in the adoption of Homœopathy.

1. All modes of abstracting blood from a patient. The lancet, the leech, and the cupping-glass are laid aside. So far as my experience has yet gone, they are never required. It is true this has been to me much less of a change than it would be to many practitioners. As a student I was taught that nearly all acute diseases might be benefited by loss of blood; at that time, as Dr. Adams has remarked, "venesection in fever, and in almost every disease, was the established order of the day."² As years rolled on in practice, observation taught me that this mode of proceeding was often fraught with mischief, and my lancet had been laid aside before I had heard of Homœopathy. I still applied leeches. With the remedies to which the principle of Homœopathy directs, no wish is felt even for a leech. On the contrary, great satisfaction is experienced at the quick recovery, avoidance of debility, and shortening of convalescence, experienced by adopting these remedies and abstaining from all abstraction of blood.

2. The blister, the moxa, the issue, the seton, and all means of producing inflammation, vesication, suppuration, or mortification of the sound and healthy skin are abandoned. The rule of Homœopathy, to let well alone, not to meddle with healthy parts so as to make them ill, necessarily leads us to avoid all such applications as these. I can truly say I never wish for these things now, and I am persuaded that my patients never suffer for the want of them. They are more quickly and more effectually relieved by remedies directed to the

¹ We are much indebted to the leading homœopathic chemists of England for the pains they have taken with their preparations of the drugs, which are admirable, and may be relied upon with confidence.

² Adams's 'Translation of Hippocrates,' vol. i, p. 307.

diseased organ, and they are spared all the pain which the use of such means unavoidably occasions.

3. All mixing and compounding of drugs is discontinued. The mischievous "luxuriancy of composition" complained of by Cullen is abandoned. This practice has been, for centuries, one of the stoutest barriers against improvement, one of the greatest difficulties in the advancement of knowledge, so that no regret need follow it to its burial. The adoption of the single medicine opens the door of instruction to the physician, and is a great gain to the patient.

4. All poisonous doses of drugs. We shall never learn the amount of mischief done, by even the most careful and observing amongst us, with the large doses we have been accustomed to give. Not to mention the sudden deaths which annually occur from the mistakes of druggists and compounders of medicines, the effect of over-dosing in all our hands has, I fear, often been disastrous.

I know it will be said, in reply to this, if we have formerly injured our patients by excess of physic, we shall, by adopting the small dose of Homœopathists, allow unchecked disease to injure them still more. On the ground of sufficient observation I deny this, it is not true. The doses used by Homœopathists may always be such as will check disease *as far as drugs can check it*.

5. The multiform preparations of the Pharmacopœia. The infusions, decoctions, extracts, &c., &c., by which the active principles of many drugs are more or less injured or destroyed. The loss of all this variety need not be regretted. It is a Pandora's box, better shut up.

6. The things I have hitherto noticed are external and visible, open to the cognisance of patients, indeed, which cannot be concealed from them, and which have led them to take great interest in the medical transition. There is a greater change, which the adoption of Homœopathy produces, of an internal character, and which belongs to the operations of the mind. It lies in the mode of thought and reasoning pursued by the physician at the bedside of the sick.

On being consulted by a patient the physician investigates the symptoms, and aims at a true diagnosis; he has been accustomed then to ask himself what are the indications, and

what remedies he has seen answer those indications best, in other similar cases; or, if he is young and inexperienced, to ask himself what eminent practitioners have taught him, orally or in their writings, to do for such a case; and he prescribes according to this experience or teaching. The question he is required to ask himself now is this,—what drug, when taken in health, acts upon the organs he sees affected in this case, and produces similar symptoms? The answer to the question indicates the remedy to be used. This is a real and a great change; one which astonishes and perplexes the mind; a true *bouleversement*; and which time only can render natural and easy. I have described it in the Essay on the single medicine. It is so great that I think no medical man can carry on the two modes of reasoning successfully at the same time.

IV.—Lastly, I will point out what those parts of the usual method are which still remain available and useful, and are to be retained.

1. The preliminary study of anatomy and physiology remains, of course, as important as ever. A medical man cannot be too accurately acquainted with the structure and functions of the different organs of the body. The more minute his knowledge on these subjects is, the better.

2. Morbid anatomy and pathology are made more valuable, because more useful to the new, than they were to the old methods. The morbid changes produced by poisons on the one hand, and by diseases on the other, are to be carefully compared; and thus an interest is thrown into this painful study which could not attach to it before.

3. Toxicology, hitherto studied only for the discovery of antidotes, and for the requirements of medico-legal investigations, is advanced into a science of the first importance. Cases of poisoning are studied with deep interest, because they are required to complete the picture, obtained by voluntary provings, of the characteristic properties of all drugs intended to be used as remedies in disease.

4. The operations of surgery and midwifery remain unaffected, except in so far as they are frequently rendered unnecessary by the success of internal treatment. I may remark

here that the small dose of *secale cornutum* has, I think, all the beneficial effect sought for from large quantities of that drug, while its injurious action on the infant seems to be avoided.

5. Any advantages which may be derived from the collateral sciences, such as botany, chemistry, &c., remain as they were. It is highly proper that all medical students should be well instructed in them.

6. Diagnosis. The value of a correct knowledge of the nature of the case, of the actual condition of the patient, cannot be estimated too highly. All preliminary studies should be subservient to these two ends—to qualify the physician to detect disease, and to enable him to prescribe for it in the best possible manner. If diagnosis was important before, under the old régime, it is doubly so under the new. I cannot find words to express the value which a physician should set upon the knowledge of disease, nor the pains he should take to increase that knowledge.

7. Diet. Much has been said, on both sides, upon the subject of diet. Homœopathists have laid so much stress upon it, as almost to justify their opponents in saying that all Homœopathic cures are brought about by diet; and one or two individuals have carried their restrictions in regard to the allowance of food so far in some cases as almost to have caused the death of their patient.

For my own part, I have scarcely made any change in the advice I have given on this subject. It has always seemed to me that the nature of the case, not the kind of medicine to be given, should determine the appropriate supplies of food. With the exception of excluding articles which may operate as antidotes to the medicine, I advise the same diet under the new treatment which I was accustomed to advise under the old.

8. Everything relative to the hygienic and moral treatment of invalids remains unaltered. Suitable clothing, exercise, sleep, sea-air, sponging, bathing, travelling, are as available as before. I need not add that every aid which cheerful and affectionate friends can render, and every consolation which religion can minister, are as acceptable, and may be as beneficial, as they have ever been.

Such are the results of my painful examination of the doctrines of Hahnemann. The inquiry has been extended to every part of his system, and has been continued for nearly seven years. Why the undertaking of such an investigation should have alienated the affections of some of those I most loved, I am unable to understand, but this I know, that, having had it laid upon my conscience as a duty by my friend Dr. Ramsbotham, I have done it with all sincerity and earnestness, and in this report of my proceedings I have kept back nothing. I must therefore remember that God has set the good over against the evil; if, on the one hand, I have lost very dear friends, on the other, I have gained much in medical knowledge; if I have fallen low in the estimation of my medical brethren, my patients have greatly benefited; if I have suffered much in personal feelings, I enjoy the consolation of a quiet mind.

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